WELCOME TO 4LIFE®

More than 14 years ago, we came across the remarkable scientific finding of transfer factors. After experiencing the energizing immune system support of these information-packed molecules ourselves, our passion grew, and we knew we would spend the rest of our lives sharing it with others. Today, with the help of our outstanding research and development team, along with input from our distinguished Health Sciences Advisory Board, our original finding has developed into one of the most revolutionary immune system support supplements available, 4Life Transfer Factor®. Our progress has solidified 4Life as the Immune System Company worldwide and served as the springboard for Transferceutical® Science.

No matter what your age, or where you’re from, we have a safe and effective transfer factor product that’s just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that immune education can have on your personal health. Complemented by a wide range of additional supplements to meet your personal skin care, health care, oral care, and even animal care needs, we are confident that 4Life products will make immune system and overall wellness support something you’ll look forward to every day.

Sincerely,

David and Bianca Lisonbee
4Life Founders

Science at its Best

At 4Life, we’ve dedicated over a decade to researching and developing innovative Transferceutical products—and our commitment has paid off. Revolutionary 4Life Transfer Factor® products don’t simply supplement the body with nutrients; they bring to it knowledge that helps educate your body’s immune system—enhancing its natural ability to know what to do when challenged with health threats.

Further advancing our position as a world leader in Transferceutical Science, 4Life is set apart by our in-house Research and Development team, as well as the supporting expertise of a professional board of medical professionals, immunologists, nutritionists, and researchers, known as the Health Sciences Advisory Board (HSAB). Each of our scientific leaders is dedicated to the continued advancement of Transferceutical Science because of the positive impact we continue to see in people’s lives.
### TRANSFERCEUTICAL® PRODUCTS

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<td>4Life Transfer Factor® Tri-Factor® Formula</td>
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<td>4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula</td>
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<td>4Life Transfer Factor® Classic</td>
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### enummi® SKIN CARE

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<td>enummi® Intensive Body Lotion</td>
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## Shaperite® by 4Life®

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### General Health and Wellness

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*For donation through Feed the Children. Not for personal use.*

ONLINE PREVIEW
4Life’s commitment to transfer factor research and optimal immune system function has propelled our scientific team along a legacy of discovery that has progressively raised the standard for modern–day immune system supplementation. Today, 4Life’s family of Transferceutical products provide an unparalleled source of immune system support for people around the world.
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**4LIFE® TRANSFER FACTOR PLUS® TRI-FACTOR® FORMULA**

This top seller includes 4Life’s Transfer Factor E-XF™ and NanoFactor® combined with the immune boost of our proprietary Cordyvant™ blend

- Supports the immune system’s natural ability to educate, enhance and balance with the exclusive TriFactor® Formula
- Boosts NK cell activity a proven 437%*
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and beta-glucan

**PRIMARY SUPPORT:** Immune, Wellness  
**SECONDARY SUPPORT:** Cardiovascular, Energy

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**4LIFE TRANSFER FACTOR® TRI-FACTOR® FORMULA**

Overall immune system support with the patented punch of Transfer Factor E-XF™ and NanoFactor®

- Supports the immune system’s natural ability to educate, enhance and balance with the exclusive TriFactor® Formula
- Boosts NK cell activity a proven 283%*
- Contains the highest amount of 4Life Transfer Factor® and NanoFactor® per capsule—300 milligrams

**PRIMARY SUPPORT:** Immune, Wellness  
**SECONDARY SUPPORT:** Cardiovascular, Energy

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**4Life Transfer Factor® Tri-Factor® Formula**

*Increases Immune NK Cell Effectiveness*

- Immune cells educated with 4Life Transfer Factor Plus® Tri-Factor® Formula

- Immune cells educated with 4Life Transfer Factor® Tri-Factor® Formula

- Immune cell response without 4Life Transfer Factor® Tri-Factor® Formula

**ONLINE PREVIEW**
The first and only Transfer Factor drink in the world, featuring 4Life’s exclusive Tri-Factor® Formula:

• Supports the immune system’s natural ability to educate, enhance and balance
• Features the exclusive combination of Transfer Factor E-XF™ and NanoFactor®
• Includes a potent fusion of antioxidant juices, including acai, pomegranate, blueberry, and elderberry
• Revs up energy reserves with a composition of essential fatty acids, amino acids, trace minerals, and flavonoids

**PRIMARY SUPPORT:** Immune, Anti-Aging, Antioxidant, Wellness

**SECONDARY SUPPORT:** Brain, Cardiovascular, Energy

(2 - 16.9 oz bottles) Item #24105
4LIFE TRANSFER FACTOR® RIOVIDA BURST® TRI-FACTOR® FORMULA

RioVida Burst® provides the immune system goodness of RioVida® juice, conveniently packaged in a smooth and delicious edible gel blend

- The first and only transfer factor edible gel in the world
- Each convenient, single-serve packet contains a full serving of 4Life Transfer Factor® TriFactor® Formula, and the proven power of RioVida’s antioxidant-rich juice blend
- Easy to share

PRIMARY SUPPORT: Immune, Anti-Aging, Antioxidant, Wellness
SECONDARY SUPPORT: Brain, Cardiovascular, Energy

(15 gel packets) Item #24110
(7 for the price of 6) Item #24111

FORTIFY YOUR DEFENSES!

A preliminary scientific test suggests that 4Life Transfer Factor® TriFactor® Formula strengthens your immune system guard by increasing the number of protective salivary IgA antibodies. Shown in 100% of people tested.

Increased Production of Salivary IgA Antibodies

IgA Antibody (Immune Defender)
A critical first line of defense

Pathogen (Germ Invader)

BEFORE taking 4Life Transfer Factor

AFTER taking 4Life Transfer Factor
for four consecutive weeks*

Immunoglobulin A (IgA) test results obtained from a preliminary, open-label study on 21 reportedly healthy adults. Participants took 4Life Transfer Factor TriFactor Formula for two weeks, followed by 4Life Transfer Factor® RioVida® TriFactor® Formula. *One hundred percent of participants saw an increase in the production rate of salivary secretary IgA by an average of 73% after taking 4Life Transfer Factor products for four weeks when compared to the one-week baseline. A brief drop occurred at the transition between the two products.
Want more information on 4Life Transfer Factor®? See our Science & Synergy brochure, available online at 4life.com.
**DISCOVERY**

- Dr. H. Sherwood Lawrence discovered transfer factor molecules in 1949.
- 4Life Founder and CEO David Lisonbee learned about transfer factors as part of his ongoing personal health research.

**DESCRIPTION**

- Transfer factors are tiny messenger molecules extracted from cow colostrum and egg yolk that transfer immune memory from strong, heroic immune systems to less-experienced ones.

**BENEFITS**

- Supports the immune system’s ability to recognize, respond to, and remember potential threats and stressors.
- Boosts or balances your immune system as needed.
- 4Life® Transfer Factor Plus® Tri-Factor® Formula increases Natural Killer cell activity 437%.
- Promotes healthy T-cell and B-cell function.

**DID YOU KNOW?**

*Please see chart on page 7.*

**4LIFE TRANSFER FACTOR® KIDS**

Chewable daily serving of 4Life Transfer Factor® combined with vitamins and minerals

- Includes a child’s size serving of Transfer Factor EXF™
- Contains 22 essential vitamins and minerals formulated for a child’s growing body
- Comes in fun, animal-shaped chewable tablets

**PRIMARY SUPPORT:** Immune, Multivitamin & Mineral, Wellness

**SECONDARY SUPPORT:** Energy, Muscle Bone & Joint, Skin

(60 berry-flavored chewable tablets) ................................................ Item #24050
Throughout her entire life, it’s vital that a woman protect her health. It’s important to maintain good levels of energy, immune strength, cardiovascular support, and hormonal balance. Good health contributes to a good life.

TAKE RITESTART EVERY DAY FOR:
• Immune building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula
• Specific female system support
• Bone health support
• Skin health support
• A powerful blend of antioxidants
• Cardiovascular and circulatory support
• Healthy hormonal balance support
• Vision and eye health support

PRIMARY SUPPORT: Immune, Anti-Aging, Antioxidant, Cardiovascular, Female Support, Multivitamin & Mineral, Muscle, Bone, Joint, Wellness
SECONDARY SUPPORT: Body Glucose Balance, Brain, Energy, Eye Health, Skin

(60 packets) ......................................................... Item #27010

Look and feel your best while achieving greater energy with RiteStart® Men. This all-in-one nutritional pack provides what your body needs for greater performance, stamina, and health.

TAKE RITESTART EVERY DAY FOR:
• Immune building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula
• Specific male system support
• Healthy bone and joint support
• Skin health support
• A powerful blend of antioxidants
• Cardiovascular and circulatory support
• Vision and eye health support

PRIMARY SUPPORT: Immune, Anti-Aging, Antioxidant, Cardiovascular, Male Support, Multivitamin & Mineral, Muscle, Bone, Joint, Wellness
SECONDARY SUPPORT: Body Glucose Balance, Brain, Energy, Eye Health, Skin

(60 packets) ......................................................... Item #26517
TARGETED TRANSFER FACTOR®
FOCUSED SUPPORT FOR YOUR BODY’S NEEDS

Targeted Transfer Factor products combine the immune system benefits of 4Life’s Transferceutical® ingredients with additional system-specific nutrients to provide a more focused and personal level of health support.

4LIFE TRANSFER FACTOR® KBU
A targeted formula for both men and women to support the urinary tract—the kidneys and the bladder
- Features 4Life’s Targeted Transfer Factor® which educates immune cells and provides support for healthy urinary tract and kidneys
- Supports and protects the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose
- Balances urinary system levels with a proprietary pH balancing blend
- Supports healthy kidney function with the addition of dandelion leaf, juniper berry, chanca piedra, varuna, IP-6, and a pH balancing blend

PRIMARY SUPPORT: Urinary
SECONDARY SUPPORT: Immune, Antioxidant, Cleansing & Detox

(120 capsules)  .................................................................  Item #25501

NEW!
4LIFE TRANSFER FACTOR VISTA™
Targeted support for optimal vision performance and eye health
- Maintains visual acuity and sharpness
- Includes ingredients to help shield the macula of the eyes from excessive blue light and oxidative effects of the sun
- Promotes healthy eye function
- Supports the ability to adapt to varying light conditions

PRIMARY SUPPORT: Vision, Eyes
SECONDARY SUPPORT: Immune, Antioxidant, Skin

(60 capsules) .................................................................  Item #29501

This product information is approved for distribution only in the United States.
4LIFE TRANSFER FACTOR® BELLE VIE®
Targeted support for superior female gynecological and breast health
- Features Targeted Transfer Factor®, strengthening the body’s natural immune response to promote healthy cell growth and function
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the body’s normal detoxification process
- Promotes overall feminine reproductive health

PRIMARY SUPPORT: Female Support
SECONDARY SUPPORT: Immune, Antioxidant

(60 capsules).................................................................Item #22535

4LIFE TRANSFER FACTOR® CARDIO
A heart-healthy combo of Targeted Transfer Factor®, and over 26 vitamins, minerals, and antioxidants
- Features Targeted Transfer Factor® which educates immune cells and provides support for a healthy heart and proper cardiovascular function
- Supports healthy blood pressure, cholesterol levels, and homocysteine levels
- Contains a proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, red rice yeast extract, and ginger oil

PRIMARY SUPPORT: Cardiovascular
SECONDARY SUPPORT: Immune, Antioxidant

(120 capsules).................................................................Item #21002

4LIFE TRANSFER FACTOR® GLUCOACH®
Targeted Transfer Factor® support for the endocrine and metabolic systems
- Targets the superior immune-enhancing benefits of transfer factors and offers direct support for the metabolic and endocrine systems
- Includes minerals, herbs, and phytonutrients to support healthy hormone production, healthy glucose tolerance, and promote pancreatic health

PRIMARY SUPPORT: Body Glucose Balance
SECONDARY SUPPORT: Immune, Anti-Aging, Cardiovascular

(120 capsules).................................................................Item #29001

4LIFE® NANOFACTOR® GLUTAMINE PRIME®
Rich energy source that helps fuel immune cell activity and provide the building blocks of the important antioxidant glutathione
- Supplies fuel to immune cells with the important amino acid glutamine
- Enhances communication between immune cells with 4Life’s exclusive NanoFactor® extract for a more coordinated immune response when under stress
- Supports the body’s production of glutathione, a powerful antioxidant produced by the body

PRIMARY SUPPORT: Immune, Wellness
SECONDARY SUPPORT: Energy, Antioxidant

(180 capsules).................................................................Item #24083

4LIFE TRANSFER FACTOR® MALEPRO®
Targeted support for optimal male prostate and reproductive support
- Features Targeted Transfer Factor® to support proper cell growth
- Includes saw palmetto, and lycopene for prostate health and soyflavones, broccoli extract, and antioxidants for proper cell growth

PRIMARY SUPPORT: Male Support
SECONDARY SUPPORT: Immune, Antioxidant

(90 softgels).................................................................Item #22560

4LIFE TRANSFER FACTOR® RECALL®
Targeted brain support for optimal mental functioning
- Features Targeted Transfer Factor® to lend important support to the brain and central nervous system
- Promotes healthy brain function and blood circulation
- Contains proven ingredients to support brain health like vinpocetine, huperzine A, phosphocholine, bacopa monnieri, and gingko biloba

PRIMARY SUPPORT: Brain
SECONDARY SUPPORT: Immune, Anti-Aging, Cardiovascular

(90 capsules).................................................................Item #22001
enummi® SKIN CARE
THE BEAUTY OF SCIENCE

enummi® Skin Care is the only complete skin care system that includes 4Life Transfer Factor®. Each product is packed with natural botanicals, antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.
In four simple steps cleanse, tone, target, and moisturize to reveal your most vibrant and luminous complexion.

**Step 1: Cleanse**
enummi® GENTLE FACIAL CLEANSER
Gently washes away dirt, makeup, and debris—without stripping your skin of natural moisture—for a fresh, clean complexion.
- Features herbal extracts and vitamins to hydrate and replenish while cleansing.
- Includes a botanical blend to make daily care a soothing ritual.
- Gently cleanses to help maintain fresh, soft skin.
**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin
(4 oz tube) ................................................................. Item #25025

**Step 2: Tone**
enummi® REFRESHING TONER
Nourishes your skin with vitamins, antioxidants, and vital moisture to bring your skin into balance and prepare it for nutrient-rich treatments.
- Fortifies skin with natural humectants to retain hydration and moisture.
- Restores pH balance and clears impurities and dead skin cells from the skin.
- Promotes a smooth, fresh, and radiant complexion.
- Contains Transfer Factor™
**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin
(4 oz bottle) ................................................................. Item #25027

**Step 3: Target**
enummi® LIFE C ENERGIZING SERUM™
Combines vitamin C and other botanicals to help improve texture and luminosity, diminish the appearance of age spots, and give skin the protection it needs.
- Helps brighten skin, improve overall skin tone, and diminish the appearance of age spots with vitamin C and other botanicals.
- Provides skin with beneficial antioxidants to defend against the elements.
- Energizes tired skin for a more luminous complexion.
- Contains Transfer Factor™
**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin
(1 oz tube) ................................................................. Item #25060

enummi® RESTORING EYE CREAM
Reduces the appearance of dark circles, puffiness, fine lines, and wrinkles, while protecting the delicate under-eye area for a brighter eye and smooth appearance.
- Provides superior moisturizing and skin softening benefits with emollients and deep moisturizing ingredients.
- Helps combat dark circles around the eyes with peptides that reduce the appearance of puffiness, fine lines, and wrinkles.
- Restores vital nutrients with amino acids.
- Contains Transfer Factor™
**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin
(.5 oz tube) ................................................................. Item #25035

**Step 4: Moisturize & Protect**
enummi® PROTECTIVE DAY MOISTURIZER
SPF 15 provides vital protection, while nutrients and antioxidants create a moisture barrier to leave your skin hydrated, nourished, and protected.
- Defends with certified SPF 15 broad spectrum sun protection.
- Provides hydration and creates a moisture barrier.
- Provides antioxidants to the skin for excellent protection.
- Contains Transfer Factor™
**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin
(1.7 oz bottle) ............................................................. Item #25029

enummi® NIGHT RECOVERY CREAM
Works hard while you sleep to rejuvenate, retain moisture, and reduce the signs of aging so you can wake up to a refreshed and luminous complexion.
- Includes a moisturizer-rich complex that provides hydration and humectants to help skin retain its natural moisture barrier.
- Fortifies the skin against environmental stresses with powerful antioxidants.
- Rejuvenates and improves skin’s radiance while you sleep.
- Contains Transfer Factor™
**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin
(1.7 oz tube) ............................................................. Item #25048

System & Sets
enummi® SKIN CARE SYSTEM
Best Value! (contains all 6 products)
Item #25062

enummi® MEN’S ESSENTIALS SET
(contains cleanser, day moisturizer, night cream)
Item #25063
enummi® BODY
FORTIFY SKIN WITH ALL-OVER BODY MOISTURIZING

enummi® LITE BODY LOTION
4Life’s Lite formula body lotion for humid climates
- Features the patented support of Transfer Factor E-XF™
- Specially formulated for humid climates
- Contains white tea to protect your skin from the elements
- Provides a complex range of vitamins, minerals, and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin
(8.5 fl. oz bottle) .............................................................. Item #25023

enummi® INTENSIVE BODY LOTION
4Life’s original formula body lotion for dry climates
- Features the patented support of Transfer Factor E-XF™
- Contains white tea to protect your skin from the elements
- Provides a complex range of minerals, and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin
(8.5 fl. oz bottle) .............................................................. Item #25003
enummi® TOOTHPASTE
enummi® Toothpaste is a gentle, fluoride-free formula that cleanses teeth without harsh, abrasive agents, freshens breath, and safely whitens for a cleaner, brighter smile. This great-tasting formula contains a refreshing mint flavor and no sugar.
- Dissolves food film for a clean, bright smile
- Freshens breath

PRIMARY SUPPORT: Oral Care
(4 fl. oz. tube) ............................................ Item #25050
WEIGHT MANAGEMENT

SHAPERITE® BY 4LIFE®

FIND YOUR RITE SHAPE

ShapeRite by 4Life products support the idea that every individual—no matter your genetics, body size, or goals—can find his or her own “rite shape” through a combination of exercise, healthy eating, and proper supplementation.

Maintaining a healthy weight can reap big dividends in terms of your overall health and quality of life. Learn how ShapeRite products can help you maintain a healthy weight and meet your lifestyle goals.

NUTRASTART®

Vanilla-flavored low-fat, low-calorie meal replacement drink
• Contains only 170 low-carbohydrate calories per serving
• Provides balanced nutrition for healthy weight management
• Includes Transfer Factor EX™ for immune system support
• Contains 18 grams of protein and 11 grams of dietary fiber per serving

PRIMARY SUPPORT: Weight Management
SECONDARY SUPPORT: Immune, Energy

(15-serving bag) .......................................................... Item #28085

CARB BLX™

Formula that helps block the amount of fat and carbohydrates your body absorbs
• Features cassia nomame, a plant extract that helps inhibit the digestion and absorption of fat
• Includes polyphenols and flavonoids for potent antioxidant activity
• Provides green tea to help promote natural fat burning, healthy mood, and energy levels, and overall weight management

PRIMARY SUPPORT: Weight Management

(60 capsules) .......................................................... Item #27532

CATALYST® PLUS

Formula for maintaining balanced glucose levels
• Features gymnema sylvestre to help neutralize sugar cravings
• Includes lagasnostemma speciosa and momordica to help support healthy glucose levels
• Contains chromium to support healthy energy levels and aid weight management

PRIMARY SUPPORT: Weight Management
SECONDARY SUPPORT: Body Glucose Balance, Energy

(60 capsules) .......................................................... Item #27533

CHITOLITE®

Fat-binding formula that discourages absorption of fat in the body
• Supports weight management by binding fat through the power of chitosan
• Features folic acid, erythorobic acid, and aloe vera
• Incorporates patented technology to maximize the fat-binding ability of standard chitosan

PRIMARY SUPPORT: Weight Management

(60 capsules) .......................................................... Item #27519

Achieve your healthy shape...
CITRI-SHAPE®
Non-thermogenic fruit extract that helps control appetite and support metabolism
- Features Hydroxycitric acid (HCA) to inhibit fat storage and burn body fats as fuel
- Includes a Vitamin B complex to promote healthy energy levels
- Contains no artificial stimulants and is caffeine free

PRIMARY SUPPORT: Weight Management
(90 capsules) .......................................................... Item #1070

METABOLITE™
Thyroid support to help promote a healthy metabolic rate and cellular efficiency
- Features bladderwrack to nourish and promote a healthy functioning thyroid
- Contains papaya and pineapple enzymes to support digestive function
- Includes a wide spectrum of phytonutrients from spirulina and sage that nourish cells

PRIMARY SUPPORT: Weight Management
(60 capsules) .......................................................... Item #1005

REZOOM®
Liquid energy tonic with herbal extracts and vitamins to promote peak performance, top stamina, energy, and muscle tone
- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters
- Aids cardiovascular health through herbs such as hawthorn and B-vitamins
- Restores essential nutrients for people who work out regularly or exercise at high levels

PRIMARY SUPPORT: Energy
SECONDARY SUPPORT: Wellness
(8 oz bottle) .............................................................. Item #6010
(32 oz bottle) ........................................................... Item #6011
(Gallon bottle with pump) .......................................... Item #6015

WWW.4LIFE.COM
ENERGY GO STIX®

NEW FLAVOR! Convenient energy support in ready-to-mix packets

- Available in fresh citrus and tasty berry flavors
- Features an energy boost from a synergistic amino acid blend of yerba mate, guarana, green tea extract, and three forms of ginseng
- Includes Transfer Factor EXF™ for immune system support
- Simply mix one packet with 8 oz of water and you’re good to go… and go… and go!

PRIMARY SUPPORT: Energy
SECONDARY SUPPORT: Immune, Weight Management

(30 Berry flavor packets)… Item #27563
(30 Citrus flavor packets)… Item #27560

SHAPE-FAST ULTRA®

This top-seller is a potent herbal blend that promotes thermogenesis, lean body mass, appetite control, and improved stamina

- Provides ginseng and chromium to help maintain balanced glucose levels
- Includes Transfer Factor EXF™ for immune system support
- Includes guarana, ginseng, chromium, green tea, and cocoa almond extract to help support healthy energy levels and stamina

PRIMARY SUPPORT: Weight Management
SECONDARY SUPPORT: Immune, Energy

(100 capsules)……………………………………………………………………………………………………………………………… Item #27555
GENERAL HEALTH AND WELLNESS

Providing a strong foundation of support from healthy digestion, to powerful antioxidants and essential fatty acids, the 4Life General Health and Wellness products complement 4Life’s Transferceutical® line and give you extensive health support that meets your body’s varied needs.
While many orphanages struggle to provide food for their children, even those who can manage it rarely supply the proper nutrition that is necessary to sustain a vibrant life. As part of our focus to foster long-term sustainable partnerships with orphanages and child care facilities around the world, 4Life is proud to offer 4Life Fortify. As part of the General Health and Wellness line, distributors can donate 4Life Fortify and receive personal LP to further build their businesses.** Each bag purchased will be donated to children in need around the world using our partner, Feed the Children, a third-party distribution company.

The 4Life Fortify® meal pack provides 24 great-tasting child-sized meals. Each high-quality pack includes a meal of rice, lentils, and beans, along with a complete nutritional complex of vitamins and minerals, and 4Life Transfer Factor® Tri-Factor® Formula—a great foundation of overall wellness support.

- Contains a full complex of vitamins and minerals
- Includes 4Life Transfer Factor® Tri-Factor® Formula
- Provides a protein-rich meal with the texture of a true meal, not simply porridge
- Provides proper nutrition for individuals of all ages, as well as a feeling of satiety
- Tastes great and can be enjoyed by different cultures worldwide

(12-24 servings/bag) .................................................... Item #15005
Family Pack, 5 bags .................................................... Item #87562

*For donation through Feed the Children. Not for personal use.

**4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join Foundation 4Life’s legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.
ALOE VERA
Pure aloe vera juice for overall wellness
- Overall general wellness tonic
- Time-tested benefits
- Features a proprietary harvesting process to retain optimal freshness
PRIMARY SUPPORT: Digestion
SECONDARY SUPPORT: Immune, Wellness
(16 fl. oz bottle) .......................................................... Item #8000

BIOEFA™ WITH CLA
Essential fatty acids for healthy heart, brain, and respiratory function
- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes healthy blood pressure and strong cell membranes
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health
PRIMARY SUPPORT: Brain, Cardiovascular
SECONDARY SUPPORT: Weight Management, Wellness
(60 softgels) .......................................................... Item #28095

WWW.4LIFE.COM
**PROBIOTICS BY 4LIFE**

Proprietary blend of five active probiotic strains for gastrointestinal health and digestive functions

- Supports healthy digestive function
- Promotes immune system wellness
- Helps maintain healthy levels of "good" bacteria

**PRIMARY SUPPORT:** Digestive  
**SECONDARY SUPPORT:** Immune

(30 capsules) ......................................................... Item #23012

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**BIOGENISTEIN ULTRA®**

Hormone and mood-balancing blend for basic female hormonal support

- Contains soy isoflavones, black cohosh, and dong quai for reproductive system support and healthy hormone levels
- Supports positive mood with magnolia extract, L-theanine, and eleuthero extracts
- Includes antioxidants from quercitin and turmeric

**PRIMARY SUPPORT:** Female Support  
**SECONDARY SUPPORT:** Sleep Mood & Stress

(60 capsules) ......................................................... Item #22530

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**BOUNTIFUL HARVEST® PLUS**

Daily serving of nutrient-rich "greens" from whole plant sources

- Provides concentrated vitamins, minerals, and other phytonutrients
- Contains superfood concentrates from blue-green algae and spirulina
- Contains alkaline-forming properties that help balance pH

**PRIMARY SUPPORT:** Wellness  
**SECONDARY SUPPORT:** Antioxidant, Multivitamin & Mineral, Immune

(180 capsules) ......................................................... Item #28092

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**CARDIO FORMULA**

Basic heart-healthy formula that helps the body deliver nutrients and carry away waste

- Features a proprietary nutritional formula to support the body's cardiovascular and circulatory systems
- Contains natural berry and spice powders to promote healthy heart function

**PRIMARY SUPPORT:** Cardiovascular  
**SECONDARY SUPPORT:** Antioxidant

(60 capsules) ......................................................... Item #7010
CHOICE 50®
Superior blend of antioxidants for optimal anti-aging benefits
- Includes a potent blend of antioxidants
- Supports cardiovascular and circulatory system health
- Provides additional support for joint, muscle, brain, and eye health
PRIMARY SUPPORT: Antioxidant
SECONDARY SUPPORT: Immune, Anti-Aging, Cardiovascular, Skin, Wellness

(60 capsules) .......................................................... Item #28061

CM SUPER™
Calcium and magnesium support for healthy bone metabolism and structural system health
- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health
- Contains vital ingredients to support bone growth in people of all ages
PRIMARY SUPPORT: Muscle Bone & Joint

(90 tablets) .......................................................... Item #7120

DIGESTIVE ENZYMES
Complete digestive enzyme solution for all your digestive health needs
- Supports healthy digestion of food
- Reduces intestinal discomfort associated with food consumption
- Supports overall digestive health
PRIMARY SUPPORT: Digestion

(90 capsules) .......................................................... Item #23017

FIBRE SYSTEM PLUS™
This 4Life top-seller is a 10-day gastrointestinal cleanse
- Contains 25 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification
- Provides the perfect gastrointestinal cleanse to start any nutritional regimen
- Contains key ingredients such as cascara, frangula, prunes, pineapple, papain, and bromelain
PRIMARY SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion, Weight Management

(30 packets) .......................................................... Item #7180
FIBRO AMJ® DAY-TIME FORMULA
Scientifically-advanced support for structural and nervous system health
• Contains powerful metabolites—magnesium and malic acid—essential to energy production
• Includes glucosamine and chondroitin for joint support
• Includes boswellia serrata to support healthy inflammation levels

PRIMARY SUPPORT: Muscle Bone & Joint
(90 capsules) .......................................................... Item #24501

FIBRO AMJ® NIGHT-TIME FORMULA
Formulated to help structural and nervous system health while promoting restful sleep
• Promotes relaxation
• Combines relaxing benefits of melatonin, 5-Hydroxytryptophan, valerian, and chamomile
• Supplies important nutrients that aid in muscle tissue health

PRIMARY SUPPORT: Sleep Mood & Stress
SECONDARY SUPPORT: Muscle Bone & Joint
(30 capsules) .......................................................... Item #24502
FEMRITÉ®
FemRitë® is a unique cream formulated especially for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract.
• Includes cucumber extract and aloe
• Includes wild yam extract
PRIMARY SUPPORT: Skin
(2 fl. oz cream) ......................................................... Item #22540

FLEX4LIFE®
Capsules with nutrients designed to lubricate joints and support a full range of motion.
• Provides an upgraded formula with powerful support for muscles and joint lubrication.
• Includes glucosamine to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid.
• Includes chondroitin to support cartilage elasticity and joint viscosity.
PRIMARY SUPPORT: Muscle Bone & Joint
SECONDARY SUPPORT: Antioxidant
(2 fl. oz cream) ......................................................... Item #23507
(10 capsules) ............................................................. Item #23503
Product information pertains to capsule product only.

GURMAR
Ancient Indian herb famous for curbing sugar appetite.
• Helps curb sugar cravings with Gymnema Sylvestre.
• Helps maintain healthy glucose levels.
PRIMARY SUPPORT: Body Glucose Balance
SECONDARY SUPPORT: Weight Management
(60 capsules) ............................................................. Item #4001

IMMUNE FORMULA
A basic formula to provide nutrients that support immune system function all year round.
• Contains echinacea, astragalus, and schizandra for added support.
PRIMARY SUPPORT: Immune
SECONDARY SUPPORT: Wellness
(60 capsules) ............................................................. Item #7050

INNER SUN®
Proprietary formula designed to promote positive mood and healthy energy levels.
• Features a blend of St. John’s Wort, chamomile, rosemary, and hawthorn to promote positive mood.
• Includes potent B-vitamin complex to support healthy energy levels.
PRIMARY SUPPORT: Sleep Mood & Stress
SECONDARY SUPPORT: Wellness
(120 capsules) ............................................................. Item #7100

LIFE C® CHEWABLE
Proprietary blend of vitamin C for enhanced absorption and antioxidant support.
• Provides seven active forms of natural vitamin C.
• Uses varied forms for improved absorption and antioxidant protection.
• Supports the healthy function of multiple body systems.
PRIMARY SUPPORT: Antioxidant, Multivitamin & Mineral
SECONDARY SUPPORT: Immune
(60 chewable tablets) .................................................. Item #28077
**MALE FORMULA**
Basic prostate and hormonal support combined with the protection of potent antioxidants
• Combines DHEA with broccoli powder extract and Korean ginseng to support healthy sexual function, energy levels, and strength
• Contains saw palmetto and pygeum to promote prostate health, urinary health, and energy levels
• Includes a blend of selenium and vitamin E for antioxidant support

**MULTIPLEx™**
Basic daily dose of fundamental vitamins and minerals
• Features essential vitamins and minerals for general health and wellness
• Contains herbal extracts and citrus bioflavonoids to boost energy levels

**MUSCULOSKELETAL FORMULA™**
Herbal support for bones, joints, and muscles
• Contains key ingredients that support muscle repair
• Includes ingredients for soft tissue support of overworked muscles, tendons, ligaments, and nerves
• Contains saw palmetto and alfalfa to support range of motion

**SUPER DETOX®**
Supports healthy liver function
• Includes milk thistle, known to support healthy liver function
• Contains red clover and artichoke to aid in detoxification and liver strength
• Provides antioxidant support through N-acetyl cysteine (NAC)

**PHYTOLAX®**
An effective herbal laxative
• Includes black walnut and alder buckthorn to promote healthy regularity and elimination
• Contains herbal extracts such as cascara sagrada and ginger to safely activate colon muscles
• Gentle enough for daily use or on an as-needed basis

**PRIMARY SUPPORT:** Male Support
(30 capsules) ............................................................. Item #22555

**PRIMARY SUPPORT:** Multivitamin & Mineral, Wellness
(60 capsules) .......................................................... Item #28039

**PRIMARY SUPPORT:** Muscle Bone & Joint
(60 capsules) .......................................................... Item #7030

**PRIMARY SUPPORT:** Cleansing & Detox
(60 capsules) .......................................................... Item #23015

**PRIMARY SUPPORT:** Digestion
(60 capsules) .......................................................... Item #7080
PBGS+®
Antioxidant formula that combines the power of pinebark and grapeseed extracts
- Includes pinebark and grapeseed extracts
- Helps neutralize cells from the aging effects of free radicals
- Promotes healthy circulation
**PRIMARY SUPPORT:** Antioxidant
**SECONDARY SUPPORT:** Immune, Anti-Aging
(60 tablets) ....................................................... Item #1160
(120 tablets) ................................................... Item #1170

RITE LIFE®
Proprietary blend of ionic rare earth minerals and herbal extracts in a potent liquid form
- Offers support for immune, nervous, and circulatory systems
- Includes phytonutrients from hawthorn, ginkgo, and bilberry extracts for heart, brain, and vision support
- Contains herbs that support endurance and immune system function
**PRIMARY SUPPORT:** Wellness
**SECONDARY SUPPORT:** Energy, Multivitamin & Mineral
(16 oz bottle) .................................................. Item #6004
(64 oz bottle) .................................................. Item #6006

SLEEPRITE®
Proprietary blend of natural ingredients for a restful night sleep
- Blends melatonin with 5-Hydroxytryptophan (5-HTP) to support healthy sleep patterns and mood
- Features a synergistic proprietary blend of relaxing herbs, including valerian and chamomile
**PRIMARY SUPPORT:** Sleep Mood & Stress
(30 capsules) .................................................. Item #28090

STRESS FORMULA
A calming herbal formula to help balance daily stress
- Combines chamomile and valerian root to support a calm nervous system and manage anxiety and tension
- Supports balanced autonomic, sensory, and motor functions
- Includes peppermint to soothe stomach discomfort that may be associated with stress
**PRIMARY SUPPORT:** Sleep Mood & Stress
(60 capsules) .................................................. Item #7040

TEA4LIFE®
Natural cleansing tea for intestinal maintenance and nutrient absorption
- Features herbal extracts to support colon health by safely activating under-developed colon muscles
- Provides a gentle alternative for healthy digestive cleansing
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners
**PRIMARY SUPPORT:** Cleansing & Detox
**SECONDARY SUPPORT:** Digestion
(30 bags) .......................................................... Item #13004
ANIMAL HEALTH 4LIFE®
WELLNESS SUPPORT FOR THE BEST FRIENDS IN YOUR LIFE
4LIFE TRANSFER FACTOR® ANIMAL STRESS PACK™
Super serving of 4Life Transfer Factor® and other nutrients for all animals in times of stress, illness, performance, or travel
• Features high levels of Transfer Factor E-XF™
• Supports animal health through times of stress with additional electrolytes, probiotics, and other critical nutrients
• Developed by veterinarians and nutritional scientists
(7 - 2 oz packets) ..................................................... Item #28515

4LIFE TRANSFER FACTOR CANINE COMPLETE®
Comprehensive daily nutritional support with 4Life Transfer Factor®
• Features Transfer Factor E-XF™
• Supports canine wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
• Developed by veterinarians and nutritional scientists
(60 – 7.7g servings) ..................................................... Item #28521

4LIFE TRANSFER FACTOR FELINE COMPLETE®
Comprehensive daily nutritional support with 4Life Transfer Factor®
• Features Transfer Factor E-XF™
• Supports feline wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
• Developed by veterinarians and nutritional scientists
(60 – 2 g servings) ..................................................... Item #28526

4LIFE TRANSFER FACTOR® PERFORMANCE & SHOW™
Comprehensive daily nutritional support for all horses with 4Life Transfer Factor®
• Features Transfer Factor E-XF™
• Provides nutritional support for healthy joints, strong bones, and a gleaming coat
• Contains balanced ratios of minerals, trace minerals, vitamins, probiotics, amino acids, and essential fatty acids
• Developed by veterinarians and nutritional scientists
(30 – 144g servings) ..................................................... Item #28505

4LIFE TRANSFER FACTOR® LIVESTOCK STRESS FORMULA™
Super serving of 4Life Transfer Factor® and other nutrients for livestock in times of stress or illness
• Features high levels of Transfer Factor E-XF™
• Supports livestock health through acute stress situations with added vitamins, minerals, electrolytes, probiotics, and other essential nutrients
• Developed by veterinarians and nutritional scientists
(80 – 1 oz servings) ..................................................... Item #28530
4Life PRODUCT INGREDIENT INDEX

**4Life Transfer Factor® Tri-Factor Formula:** A patented combination of Transfer Factor E-XF® and Digestive Enzymes.

**4Life Transfer Factor Plus® Tri-Factor Formula:** Zinc, Vitamin C, and Leucine, Proprietary Blend (Echinacea, Green Tea Extract, Broccoli Powder Extract, Alpha Lipoic Acid).

**4Life Transfer Factor Vista:** Grape, Blueberry, Acai, Pomegranate and Elderberry juices from concentrate, a patented concentrate of transfer factors and other natural components from cow colostrum and egg yolk.

**4Life Transfer Factor® RenewAll®:** Balm Extract, Ginkgo Biloba Extract, Targeted Transfer Factor from chicken egg yolks, Proprietary Blend (Vinpocetine, Huperzia serrata Extract, BioEFA®, with CLA).

**BioEFA® with CLA:** Pumpkin (Curcubita pepo) fruit, Carrot (Daucus carota) root, Cucumber (Cucumis sativus) fruit, Flax (Linum usitatissimum) seed, Spinach (Spinacia oleracea) leaf, Butterbur (Petasites vulgaris) leaf, Acerola (Malpighia glabra) fruit, Olive (Olea europaea) fruit.

**Zinc, Selenium, Copper, Manganese, Chromium, Transfer Factor E-XF®:** Zinc, Selenium, Targeted Transfer Factor (Tri-Factor Formula), Natural Flavors, Natural Sweeteners (Saccharin, Sucrose), Natural Colors (Calcium Lactate, Potassium Lactate).

**Choice XFA®:** Cysteine, Alanine, Glutamic Acid, Lysine, Arginine, Cellulo Gum, Natural Flavors, Stevia Extract, Cellulo Gum, Natural Flavors, Stevia Extract.

**4Life Transfer Factor® Immune Spray - Mint & Orange:** Natural components from cow colostrum (a patented concentrate of transfer factors and other natural components from cow colostrum and egg yolk).

**4Life Transfer Factor® Maple & Cinnamon:** Maple Syrup, Cinnamon, Inulin, Proprietary Blend (Echinacea, Green Tea Extract, Broccoli Powder Extract, Alpha Lipoic Acid).

**4Life Transfer Factor® CardioLife®:** Olive (Olea europaea) leaf, Apple cider vinegar, Sodium bicarbonate, Potassium bicarbonate, Calcium carbonate.

**4Life Transfer Factor® cucumber (Root) extract, Sunflower (Helianthus annuus) seed extract, Standardized Devil’s Claw, Root Extract, Standardized Boswellia Serrata Gum Extract, Protease Enzyme Blend.** Gelatin Capsule.

**4Life Transfer Factor® Omega 3, 6, 9®:** Flax (Linum usitatissimum) seed, Pumpkin (Curcubita pepo) fruit, Cucumber (Cucumis sativus) fruit, Aloe (Aloe vera) gel, Beta Carotene, Retinyl Palmitate (Vitamin A), Cholecalciferol (Vitamin D), D-Azidothymine, L-Lysine, L-Ornithine, L-Tyrosine, Calcium, Iron, Iodine, Magnesium, Manganese, Selenium, Zinc, Targeted Transfer Factor (Tri-Factor Formula), Natural Flavors, Stevia Extract, Cellulo Gum (Avicel).
For more information about 4Life products and the 4Life opportunity, contact:

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