4Life® IS BUILDING PEOPLE THROUGH SCIENCE, SUCCESS & SERVICE

**Science:**
4Life Transferceutical™ Science extends beyond cellular nutrition, specializing in molecular support that educates and informs the immune system for optimal immune response.

**Success:**
4Life Success supports individuals in the pursuit and fulfillment of their dreams through encouraging integrity, leadership, and careful attention to relationships.

**Service:**
4Life Service builds individuals and communities by bringing people together in worldwide humanitarian causes.
A little over a decade ago, we made a scientific finding so remarkable that we knew we would spend the rest of our lives sharing it with others. The response to this finding, which led to the development of 4Life Transfer Factor and the pioneering of Transferenceutical™ Science, has been nothing short of amazing. As you read through this product catalog, you’ll see that 4Life has developed a wide range of wellness products. These products all share 4Life’s heritage of innovation—continual advancements born of scientific rigor, a passion for natural alternatives, and a determination to work with the body’s own processes to support optimal well-being.

We’re excited to share the proven effectiveness of these patented products with you, yet 4Life’s commitment to innovation goes far beyond an impressive product list. What you won’t see in these pages is equally as important—4Life’s dedication to building people. Behind these products are inventive scientists and doctors, spirited distributors, and committed leaders who work together for your success. It’s working together to build a difference that personifies 4Life’s culture. It’s why you’ll always see the 4Life logo coupled with the phrase “Together, Building People®.”

So please, investigate our science and try our products. We’re sure they’ll help support your physical well-being. But we’re also ready to welcome you to the 4Life family of caring distributors and employees who are all dedicated to helping you live a truly optimal life.

David and Bianca Lisonbee
4Life Co-founders
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Life is proud to say that we are the innovators of Transferceutical™ Science. Our unique products support the immune system. Most people don’t think about the vital role their immune systems play in keeping other body systems and structures working smoothly. At 4Life, we recognize that a strong, healthy immune system means a quick and effective response to any potential threat or stressor. The faster your body deals with nasty invaders, the more energy it can spend on your body’s other needs. The impact of the immune system, whether healthy or weak, is felt throughout the entire body.

Robust support for the immune system is vital. Modern life does plenty to stress and weaken a normal system. Immune system function can be impaired by too little sleep, environmental hazards, poor diet, or a high-stress lifestyle. At 4Life, we’ve dedicated over a decade to researching and developing innovative Transferceutical™ Products—and our commitment has paid off. In the next few pages, you’ll discover that 4Life’s patented products (1) are proven effective, (2) use exclusive manufacturing technology, and (3) are available in numerous forms of delivery. Read on to see which 4Life Products will best help you build a strong, healthy immune system.
IMMUNE SYSTEM SUPPORT FOR ALL
Life Research is a wellness company that goes beyond most nutritional supplements. Sure, we offer superior products—including proprietary extracts and patented blends—but 4Life is more than potent fruits, herbs, and vitamins. We are the leader in Transferceutical™ Science and offer an extensive line of 4Life Transfer Factor products.

**WHAT ARE TRANSFER FACTORS?**
Unlike ingredients that simply add nutrients, transfer factors are tiny messenger molecules that transfer immune memory and education from strong, heroic immune systems to less-experienced immune systems, literally teaching your immune systems how best to recognize, respond to, and remember potential threats and stressors.

**HOW ARE 4LIFE TRANSFER FACTORS MANUFACTURED?**
The most effective and abundant sources of transfer factors are extracted from cow colostrum (mother’s first milk) and chicken egg yolks, then tested for potency, and manufactured according to GMP Standards & Guidelines. For over 10 years, 4Life innovations in Transferceutical™ Science have remained unmatched by anyone else in the industry.
THE IMPORTANCE OF TRANSFER FACTORS

Transfer factor molecules are components at the core of your immune system’s intelligence. 4Life was the first company to license the rights to the patented extraction of transfer factors from cow colostrum, but we didn’t stop there. We now have 11 issued and pending patents—including an exclusive patent for the extraction process of transfer factors from chicken egg yolks (6,468,534) and another for the exclusive combination of transfer factors from both eggs and colostrum. (6,866,868).

TRANSFER FACTOR FORMULATIONS

- **Transfer Factor XF®** — transfer factors from cow colostrum
- **Transfer Factor E-XF™** — transfer factors from cow colostrum and chicken egg yolks, combined for a broad range of support
- **Targeted Transfer Factor®** — transfer factors targeted to support specific body structures and functions
- **Nanofactor™** — 4Life’s proprietary extract of nanofraction molecules from cow colostrum
- **Tri-Factor® Formula** — the intelligence of Transfer Factor E-XF combined with the intuition of Nanofactor

NANOFACTOR™... TINY MOLECULES, BIG IMPACT

4Life has pioneered the research and study of something even smaller than transfer factors—Nanofactor, 4Life’s proprietary extraction of nanofraction molecules. Light-weight nanofraction molecules provide intuition for the immune system so immune cells know when to act, how to act, and finally when to rest. Through patent-pending technology, 4Life scientists have extracted nanofraction molecules from cow colostrum, providing the most comprehensive immune system support products available.
Our leading role in Transferceutical™ Science has lead to one break-through discovery after another. To understand just how potent 4Life Transfer Factor® is, you need to see how it stacks up against the competition. The following chart illustrates how our latest immune innovation—4Life Transfer Factor Tri-Factor® Formula—measures up.

**4Life Transfer Factor Tri-Factor Formula**

*Increases Immune Cell Effectiveness*

<table>
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<th>Product</th>
<th>Increase in NK Cell Activity Over Baseline</th>
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<tbody>
<tr>
<td>4Life Transfer Factor Plus® Tri-Factor Formula</td>
<td>437%</td>
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<tr>
<td>4Life Transfer Factor Tri-Factor Formula</td>
<td>283%</td>
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<tr>
<td>Shiitake Mushroom</td>
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<tr>
<td>Specialized Fruit Juice</td>
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<td>Bovine Colostrum</td>
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<td>Maitake Mushroom</td>
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Test results obtained from independent NK cell studies conducted by Dr. Anatoli Vorobiev, head of Immunology, at the Russian Academy of Medical Science. The blind studies tested 4Life Transfer Factor E-XF™ (the primary ingredient in Tri-Factor Formula) and other immune system products.
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4LIFE TRANSFER FACTOR® PRODUCTS:
LEADING THE WAY IN TRANSFERCEUTICAL™ SCIENCE
OPTIMAL IMMUNE SYSTEM SUPPORT
OUR BEST-SELLERS

4Life Transfer Factor® supplements form the core of 4Life® immune system support. By educating naïve immune cells to recognize, respond to, and remember past invaders, 4Life Transfer Factor helps support a quick and effective immune response.

4LIFE TRANSFER FACTOR PLUS®
TRI-FACTOR® FORMULA

This top seller includes 4Life’s Transfer Factor E-XF® and NanoFactor™ combined with the immune boost of our proprietary Cordyvant™ blend
• Educates, enhances and balances the immune system with the exclusive Tri-Factor Formula
• Boosts immune cell activity a proven 437%*
• Includes Cordyvant, a proprietary blend of nutrients such as maitake mushrooms, shiitake mushrooms, cordyceps, and beta-glucan

PRIMARY SUPPORT: Immune, Wellness
SECONDARY SUPPORT: Cardiovascular, Energy
(60 capsules) ......................... Item #24070
(60 vegetable capsules)** ............... Item #24072

4LIFE TRANSFER FACTOR
TRI-FACTOR FORMULA

Overall immune system support with the patented punch of Transfer Factor E-XF and NanoFactor
• Educates, enhances and balances the immune system with the exclusive Tri-Factor Formula
• Boosts immune cell activity a proven 283%*
• Contains the highest amount of 4Life Transfer Factor and NanoFactor per capsule—300 milligrams

PRIMARY SUPPORT: Immune, Wellness
SECONDARY SUPPORT: Cardiovascular, Energy
(60 capsules) ......................... Item #24075
(60 vegetable capsules)** ............... Item #24077

* See Natural Killer Cell Graph and studies on page 11.
** Halal certified.
4LIFE TRANSFER FACTOR RIOVIDA®
TRI-FACTOR FORMULA

The first and only Transfer Factor drink in the world, featuring 4Life’s exclusive Tri-Factor Formula.

• Educates, enhances and balances the immune system
• Featuring Transfer Factor E-XF and NanoFactor, combined with the potent antioxidants of super fruits
• Includes a potent fusion of antioxidant juices, including açaí, pomegranate, blueberry, and elderberry
• Revs up energy reserves with a composition of essential fatty acids, amino acids, trace mineral and flavonoids

PRIMARY SUPPORT: Immune, Anti-Aging, Antioxidant, Wellness
SECONDARY SUPPORT: Brain, Cardiovascular, Digestion, Energy

(2–16.9 oz. bottles) ....................... .Item #24105
PICK ONE, PICK THEM ALL!
4LIFE TRANSFER FACTOR® PRODUCTS FOR EVERY BODY

4LIFE TRANSFER FACTOR CHEWABLE TRI-FACTOR® FORMULA
Chewable daily serving of Transfer Factor E-XF™ and NanoFactor™ in a great-tasting citrus cream tablet
- Educates, enhances and balances the immune system with the exclusive Tri-Factor Formula
- Provides a great option for those who prefer not to swallow capsules
- Delights kids and adults alike with great citrus-cream flavor

PRIMARY SUPPORT: Immune, Wellness
SECONDARY SUPPORT: Cardiovascular, Energy
(90 chewable tablets) ...................... Item #24004

4LIFE TRANSFER FACTOR KIDS
Chewable daily serving of 4Life Transfer Factor combined with vitamins and minerals
- Includes a child’s size serving of Transfer Factor E-XF
- Contains 22 essential vitamins and minerals formulated for a child’s growing body
- Comes in fun, animal-shaped chewable tablets

PRIMARY SUPPORT: Immune, Multivitamin & Mineral, Wellness
SECONDARY SUPPORT: Energy, Muscle Bone & Joint, Skin
(60 berry-flavored chewable tablets) ... Item #24050
4LIFE TRANSFER FACTOR RENEWALL™

Soothing skin gel with Transfer Factor XF®

- Features the support of Transfer Factor XF delivered straight to the skin
- Contains herbal extracts such as aloe vera, rosemary, chamomile and lavender, to support the skin’s natural healing ability

**PRIMARY SUPPORT:** Skin

(2 fl. oz. tube)................................. Item #25001

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4LIFE TRANSFER FACTOR IMMUNE SPRAY

Soothing mouth and throat spray that pairs Transfer Factor XF with colloidal silver

- Features the immune-boosting support of Transfer Factor XF
- Protects the mouth and throat with the time-tested strength of colloidal silver

**PRIMARY SUPPORT:** Immune

(1 oz. bottle).................. Item #24013
TAKE AIM AT OPTIMAL HEALTH!
TARGETED TRANSFER FACTOR® PRODUCTS

Targeted Transfer Factor products harness the benefits of transfer factors focused to support specific body systems, resulting in revolutionary levels of support.

4LIFE TRANSFER FACTOR® CARDIO™
A heart-healthy combo of Targeted Transfer Factor, and over 26 vitamins, minerals, enzymes, and antioxidants

- Features Targeted Transfer Factor which educates immune cells to support a healthy heart and proper cardiovascular function
- Supports healthy blood pressure, cholesterol levels, homocysteine levels, and inflammation levels
- Contains a proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, red rice yeast extract, and ginger oil

**PRIMARY SUPPORT:** Cardiovascular  
**SECONDARY SUPPORT:** Immune, Antioxidant

(120 capsules)............................... Item #21002

4LIFE TRANSFER FACTOR GLUCOACH®
Targeted Transfer Factor support for endocrine and metabolic systems

- Targets the superior immune-enhancing benefits of transfer factors to directly support the metabolic and endocrine systems, including a normal inflammatory response
- Includes minerals, herbs, and phytonutrients to support healthy hormone production, healthy glucose tolerance, and promote pancreatic health

**PRIMARY SUPPORT:** Body Glucose Balance  
**SECONDARY SUPPORT:** Immune, Antioxidant

(120 capsules)............................... Item #29001

4LIFE TRANSFER FACTOR RECALL®
Targeted brain support for optimal mental functioning

- Features Targeted Transfer Factor to lend important support to keep inflammation at normal and healthy levels within the brain and central nervous system
- Promotes healthy brain function and blood circulation to stimulate neurotransmitters
- Contains proven ingredients to support brain health like vinpocetine, huperzine A, phosphocholine, bacopa monnieri, and gingko biloba

**PRIMARY SUPPORT:** Brain  
**SECONDARY SUPPORT:** Immune, Anti-Aging, Cardiovascular

(90 capsules)............................... Item #22001


4LIFE TRANSFER FACTOR BELLE VIE®
Targeted support for superior female gynecological and breast health

- Features Targeted Transfer Factor®, strengthening the body’s natural immune response to promote healthy cell growth and function
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the body’s normal detoxification process
- Promotes overall feminine reproductive health, including healthy antioxidant and inflammation levels

PRIMARY SUPPORT: Female Support
SECONDARY SUPPORT: Immune, Antioxidant
(60 capsules) .................................. Item #22535

4LIFE TRANSFER FACTOR MALEPRO®
Targeted support for optimal male prostate health, reproductive and urinary function

- Features Targeted Transfer Factor to support proper cell growth and normal inflammation levels
- Includes saw palmetto, pygeum africanum, and lycopene for prostate health isoflavones, broccoli extract and antioxidants for proper cell growth

PRIMARY SUPPORT: Male Support
SECONDARY SUPPORT: Immune, Antioxidant
(90 softgels) ................................. Item #22560
TRANSFERCEUTICAL™ PRODUCTS

PRODUCTS
ENUMMI® PERSONAL CARE
FACE, BODY, AND SPECIALTY PRODUCTS

The only line of personal care products to include the protective support of Transfer Factor E-XF™, enummi products provide the intelligence and nutrition your body needs for skin that’s nourished, refreshed, and protected. Try enummi Face for facial skin care, enummi Body for overall skin moisture and protection, and enummi Specialty for oral care and more.
enummi FACE
SKIN CARE FEATURING TRANSFER FACTOR E-XF

Healthy, smooth skin begins with daily care. enummi Face is a synergistic four-step system designed to protect, nourish, and restore your skin.

enummi GENTLE FACIAL CLEANSER
A gentle foaming cleanser that leaves skin feeling soft, smooth, and hydrated
- Features herbal extracts and vitamins to hydrate while cleansing
- Includes aloe vera and Arnica Montana flower extract to make daily care a soothing ritual
- Offers a natural solution for all skin types

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin, Wellness

(4 fl. oz. bottle) ..................... Item #25025

enummi REFRESHING TONER
A refreshing spritz to mist away the day and balance pH levels
- Features Transfer Factor XF to protect the skin
- Fortifies skin with natural humectants like royal jelly and peony flower extract
- Restores pH balance and clears impurities and dead skin cells from the skin

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin, Wellness

(4 fl. oz. bottle) ..................... Item #25027
enummi® PERSONAL CARE

**enummi PROTECTIVE DAY MOISTURIZER**

A daily moisturizer with sunscreen for soft, nourished, and totally touchable skin

- Features Transfer Factor E-XF™ to protect the skin
- Defends with certified SPF 15 UVA and UVB sun protection
- Includes potent antioxidants such as vitamin E, vitamin C, and white tea to fight the effects of aging

**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin, Wellness

(1.7 fl. oz. bottle) ......................... Item #25029

**enummi NIGHT RECOVERY CREAM**

A rich moisturizer that works with the body’s nocturnal rejuvenation processes to help restore skin’s natural elasticity and hydration

- Features Transfer Factor E-XF to rejuvenate the skin
- Includes a super dose of vitamins B5 and E, potent antioxidants, to help fight the effects of aging
- Contains moisture-hugging humectants to help skin retain its natural moisture

**PRIMARY SUPPORT:** Anti-Aging, Antioxidant, Skin, Wellness

(1 fl. oz. jar) ............................... Item #25031
enummi RESTORING EYE CREAM

A penetrating anti-aging moisturizer for the delicate and sensitive skin around the eyes

• Features Transfer Factor E-XF to protect the skin
• Provides superior moisturizing and skin softening benefits with phospholipids and other deep moisturizers
• Includes several potent antioxidants and peptides known to combat dark circles under the eyes, swelling, and wrinkles around the eyes and forehead

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin, Wellness

(.5 fl. oz. jar) ...................................Item #25035
enummi BODY AND SPECIALTY

enummi LITE BODY LOTION
4Life’s lite formula body lotion for humid climates
• Features the patented support of Transfer Factor E-XF
• Specially formulated for humid climates
• Contains white tea to protect your skin from the elements
• Nourishes skin with the Moringa plant, a nutritional powerhouse with a complex range of naturally-occurring vitamins, minerals, and amino acids
• Promotes soft, smooth skin with aloe vera and shea butter

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin, Wellness
(8.5 fl. oz. bottle) ......................... Item #25023

enummi INTENSIVE BODY LOTION
4Life’s original formula body lotion for dry climates
• Features the patented support of Transfer Factor E-XF™
• Contains white tea to protect your skin from the elements
• Nourishes skin with the Moringa plant, a nutritional powerhouse with a complex range of naturally-occurring vitamins, minerals, and amino acids
• Promotes soft, smooth skin with aloe vera and shea butter

PRIMARY SUPPORT: Anti-Aging, Antioxidant, Skin, Wellness
(8.5 fl. oz. bottle) ......................... Item #25003
enummi TOOTHPASTE

*Daily fluoride-free support for bright, healthy teeth and strong gums*

- Features the healing support of Transfer Factor E-XF
- Blends coenzyme Q-10 and lactoferrin to promote healthy teeth and gums
- Fights plaque through a combination of xylitol and sorbitol

**PRIMARY SUPPORT:** Oral Care  
**SECONDARY SUPPORT:** Immune, Antioxidant

(4 fl. oz. tube) ............................................. Item #28007
LOOKIN’ GOOD!
SHAPERITE® BY 4LIFE®—FOR ACTIVE LIVING AND WEIGHT MANAGEMENT

Look good, live great! ShapeRite by 4Life products promote healthy weight management and energy levels, for all the activities you love. Featuring proprietary blends, ShapeRite by 4Life supplements are unique and very effective in helping you look and live the way you want.
CARB BLX™
Formula that helps block the amount of fat and carbohydrates your body absorbs
- Features cassia nomame, a plant extract that inhibits the digestion and absorption of fat
- Includes polyphenols and flavonols for potent antioxidant activity
- Provides green tea to help promote natural fat burning, healthy mood and energy levels, and overall weight management

PRIMARY SUPPORT: Weight Management

(60 capsules) .................................. Item #27532

CATALYST® PLUS
Formula for balancing glucose levels
- Features gymnema sylvestre to help neutralize sugar cravings
- Includes lagerstroemia speciosa and momordica to help support healthy glucose levels
- Contains chromium to support healthy energy levels and aid weight management

PRIMARY SUPPORT: Weight Management
SECONDARY SUPPORT: Body Glucose Balance, Energy

(60 capsules) .................................. Item #27535

CHITOLITE®
Fat-binding formula that inhibits absorption of fat in the body
- Supports weight management by binding fat through the power of chitosan
- Features l-ascorbic acid, erythorbic acid, and aloe vera
- Incorporates patented technology to maximize the fat-binding ability of standard chitosan

PRIMARY SUPPORT: Weight Management

(60 capsules) .................................. Item #27519
CITRI-SHAPE®

Non-thermogenic fruit extract that helps control appetite and support metabolism
- Features Hydroxycitric acid (HCA) to inhibit fat storage and burn body fats as fuel
- Includes a Vitamin B complex to promote healthy energy levels
- Contains no artificial stimulants and is caffeine free

**PRIMARY SUPPORT:** Weight Management
(90 capsules) .................................... Item #1070

ENERGY GO STIX™

Citrus-flavored energy drink in ready-to-mix powder-packs
- Features an energy boost from a synergistic amino acid blend of yerba mate, guarana, green tea extract, and three forms of ginseng
- Includes Transfer Factor E-XF™ for immune system support
- Simply mix one citrus-orange pack with 8 oz of water and you’re good to go…and go…and go!

**PRIMARY SUPPORT:** Energy
**SECONDARY SUPPORT:** Immune, Weight Management
(30 powder packs) .......................... Item #27560

METABOLITE™

Thyroid support to help promote a healthy metabolic rate and cellular efficiency
- Features bladderwrack to nourish and promote a healthy functioning thyroid
- Contains papaya, pineapple, and globe artichoke enzymes to support digestive function
- Includes a wide spectrum of phytonutrients from spirulina and sage that nourish cells

**PRIMARY SUPPORT:** Weight Management
(60 capsules) ............................ Item #1005
NUTRASTART®
Vanilla-flavored low-fat, low-calorie meal replacement drink
• Contains only 160 low-carbohydrate calories per serving
• Provides balanced nutrition for healthy weight management
• Includes Transfer Factor E-XF™ for immune system support
• Contains 18 grams of protein and 10 grams of dietary fiber per serving
PRIMARY SUPPORT: Weight Management
SECONDARY SUPPORT: Immune, Energy
(15-serving bag).............................. Item #28085

SHAPE-FAST® ULTRA
This top-seller is a potent herbal blend that promotes thermogenesis, lean body mass, appetite control, and improved stamina
• Features ForsLean, patented for its use in promoting lean body mass
• Provides ginseng and chromium to help balance glucose levels
• Includes Transfer Factor E-XF™ for immune system support
• Includes guarana, ginseng, chromium, green tea, and cocoa almond extract to help support healthy energy levels and stamina
PRIMARY SUPPORT: Weight Management
SECONDARY SUPPORT: Immune, Energy
(100 capsules).............................. Item #27555
RiteStart®, a 4Life top-seller, contains all the essential building blocks for good nutrition and the added advantage of 4Life Transfer Factor Plus® Tri-Factor® Formula immune education. With essential fatty acids (including Omega 3’s and 6’s), a complex blend of potent antioxidants, and hormone support formulated specifically for males and females, these convenient packets make daily supplementation simple and stress-free.

RITESTART MEN

Daily serving of vitamins, minerals, and 4Life Transfer Factor Plus Tri-Factor® Formula for men

Take RiteStart every day for:

- Superior immune support with 4Life Transfer Factor Plus Tri-Factor Formula
- Specific male system support and protection
- Healthy muscles and joints
- Skin integrity and health
- Powerful antioxidant support
- Support for mental acuity and alertness
- Cardiovascular and circulatory support
- Vision and eye health support

(60 packets) .................................. Item #26506

RITESTART WOMEN

Daily serving of vitamins, minerals, and 4Life Transfer Factor Plus Tri-Factor® Formula for women

Take RiteStart every day for:

- Superior immune support with 4Life Transfer Factor Plus Tri-Factor Formula
- Specific female system support for optimum hormonal balance
- Bone density support
- Skin integrity and health
- Powerful antioxidant support
- Cardiovascular and circulatory support
- Support for mental acuity and alertness
- Vision and eye health support

(60 packets) .............................. Item #27006
RITESTART MEN

PRIMARY SUPPORT:
- Immune
- Anti-Aging
- Antioxidant
- Cardiovascular
- Male Support
- Multivitamin & Mineral
- Muscle Bone & Joint
- Wellness

SECONDARY SUPPORT:
- Body Glucose Balance
- Brain
- Energy
- Skin

RITESTART WOMEN

PRIMARY SUPPORT:
- Immune
- Anti-Aging
- Antioxidant
- Cardiovascular
- Female Support
- Multivitamin & Mineral
- Muscle Bone & Joint
- Wellness

SECONDARY SUPPORT:
- Body Glucose Balance
- Brain
- Energy
- Skin
4Life General Health and Wellness supplements are designed to promote health for specific body functions and systems. From healthy digestion to powerful antioxidants and essential fatty acids, the products within this line are a perfect complement to 4Life Transfer Factor Products to provide extensive wellness support for your body’s varied needs.
ALOE VERA

Pure aloe vera juice to support healthy digestion and overall wellness

• Overall general wellness tonic, good for healthy digestion and support for internal organs
• Includes all 20 amino acids, including the eight amino acids the body cannot produce on its own
• Includes mannans that help activate immune response
• Features a proprietary harvesting process to retain optimal freshness

PRIMARY SUPPORT: Digestion
SECONDARY SUPPORT: Immune, Wellness
(16 fl. oz. bottle) ............................... Item #8000

BIOEFA™ WITH CLA

Essential fatty acids for healthy heart, brain and respiratory function

• Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
• Promotes healthy blood pressure, strong cell membranes, and joint function and mobility
• Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health

PRIMARY SUPPORT: Brain, Cardiovascular
SECONDARY SUPPORT: Weight Management, Wellness
(60 softgels) ................................. Item #28050

BIOGENISTEIN ULTRA®

Hormone- and mood-balancing blend for basic female hormonal support

• Contains soy isoflavones, black cohosh, and dong quai for reproductive system support and healthy hormone levels
• Supports positive mood with magnolia extract, L-theanine, and eleuthero extracts
• Boosts antioxidant levels with quercitin and turmeric

PRIMARY SUPPORT: Female Support
SECONDARY SUPPORT: Sleep Mood & Stress
(60 capsules) ................................. Item #22530
CARDIO FORMULA™
Basic heart-healthy formula that helps the body deliver nutrients and carry away waste
• Features a proprietary nutritional formula to support the body’s cardiovascular and circulatory systems
• Contains natural berry and spice powders to promote healthy heart function
PRIMARY SUPPORT: Cardiovascular
SECONDARY SUPPORT: Antioxidant
(60 capsules) ......................... Item #7010

CHOICE 50®
Superior blend of antioxidants for optimal anti-aging benefits
• Boosts antioxidant levels with a potent blend
• Supports cardiovascular and circulatory system health
• Provides additional support for joint, muscle, brain, and eye health
PRIMARY SUPPORT: Antioxidant
SECONDARY SUPPORT: Immune, Anti-Aging, Cardiovascular, Skin, Wellness
(60 capsules) ......................... Item #28061

CM SUPER™
Calcium and magnesium support for healthy bone metabolism and structural system health
• Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health
• Contains vital ingredients to support bone growth in people of all ages
• Helps calm restless legs and body at night
PRIMARY SUPPORT: Muscle Bone & Joint
(90 tablets) ......................... Item #7120
DIGESTIVE ENZYMES AND PROBIOTICS™ WITH ENZYGUARD-D®

Digestive enzymes and probiotics for effective digestion and food absorption

• Supplies vital probiotics (good bacteria) for optimal intestinal flora balance which provides healthy immune function and proper digestion
• Comprehensive blend of digestive enzymes

**PRIMARY SUPPORT:** Digestion

**SECONDARY SUPPORT:** Immune

(90 caplets) ........................................... Item #23010

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ENZY-RITE®

Potent plant-based enzymes that assist in the digestion of proteins, fats, and carbohydrates

• Balances digestive enzyme levels within the body
• Contains 4Life’s proprietary Nutrient Delivery System (NDS) to ensure efficient absorption of nutrients

**PRIMARY SUPPORT:** Digestion

(60 capsules) ........................................... Item #7170

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FEMRITE®

Natural progesterone cream for female hormone balancing

• Contains wild yam and soy extracts to support healthy hormone levels
• Supports healthy progesterone levels within the body, which helps the body use fat as energy and acts as a natural mood lifter

**PRIMARY SUPPORT:** Female Support

**SECONDARY SUPPORT:** Sleep Mood & Stress

(2 fl. oz. bottle) .......... Item #22520
FIBER4LIFE®

Daily drink mix of soluble and insoluble fiber for healthy digestion and cholesterol

- Provides eight grams of fiber in a single serving to help support healthy digestion
- Improves nutrient absorption, bowel regularity, and friendly bacteria growth
- Includes Transfer Factor E-XF™ for immune system support

PRIMARY SUPPORT: Digestion
SECONDARY SUPPORT: Immune, Cardiovascular, Cleansing & Detox, Weight Management

(30 servings) .................................. Item #13024

FIBRE SYSTEM PLUS™

This 4Life top-seller is a 10-day gastrointestinal cleanse

- Contains 27 herbal extracts to provide thorough, comfortable intestinal cleansing and purification
- Provides the perfect gastrointestinal cleanse to start any nutritional regimen
- Contains key ingredients such as cascara, frangula, prunes, pineapple, papain, and bromelain

PRIMARY SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion, Weight Management

(30 packets) ...................................... Item #7180

FIBRO AMJ® DAY-TIME FORMULA

Scientifically-advanced support for structural and nervous system health

- Contains powerful metabolites—magnesium and malic acid—essential to energy production
- Includes boswellia serrata to support healthy joints
- Contains herbal extracts to support healthy inflammation levels

PRIMARY SUPPORT: Muscle Bone & Joint

(90 capsules) ..................................... Item #24501
FIBRO AMJ NIGHT-TIME FORMULA
Formula for structural and nervous system health that also promotes restful sleep

• Promotes deep relaxation and REM sleep
• Combines relaxing benefits of melatonin, 5-hydroxytryptophan, valerian, and chamomile
• Supplies important nutrients that aid in muscle tissue health

PRIMARY SUPPORT: Sleep Mood & Stress
SECONDARY SUPPORT: Muscle Bone & Joint
(30 capsules) .................................. Item #24502

FLEX4LIFE®
Capsules and cream with nutrients designed to lubricate joints and support a full range of motion

• Provides an upgraded formula with powerful support for muscles and joint lubrication
• Includes glucosamine to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid
• Includes chondroitin to support cartilage elasticity and joint viscosity

PRIMARY SUPPORT: Muscle Bone & Joint
SECONDARY SUPPORT: Body Glucose Balance
(2 fl oz. cream) ............................. Item # 23505
(90 capsules) ............................. Item #23501

GURMAR
Ancient Indian herb famous for curbing sugar appetite

• Helps curb sugar cravings with Gymnema Sylvestre
• Helps maintain healthy glucose levels

PRIMARY SUPPORT: Body Glucose Balance
SECONDARY SUPPORT: Weight Management
(90 capsules) ............................. Item #4001
GENERAL HEALTH AND WELLNESS

IMMUNE FORMULA
A basic formula to provide nutrients for immune system function
• Contains echinacea, asparagus, and schizandra for added support during the cold winter months

PRIMARY SUPPORT: Immune
SECONDARY SUPPORT: Wellness
(60 capsules) ........................................... Item #7050

INNER SUN®
Proprietary formula designed to promote positive mood and healthy energy levels
• Features a blend of St. John’s Wort, chamomile, rosemary, and hawthorne to promote positive mood
• Includes potent B-vitamin complex to support healthy energy levels

PRIMARY SUPPORT: Sleep Mood & Stress
(120 capsules) ......................................... Item #7100

MALE FORMULA
Basic prostate and hormonal support combined with the protection of potent antioxidants
• Combines DHEA with broccoli powder extract and Korean ginseng to support healthy sexual function, energy levels, and strength
• Contains saw palmetto and pygeum to promote prostate health, urinary health, and energy levels
• Includes a blend of selenium and vitamin E for antioxidant support

PRIMARY SUPPORT: Male Support
(30 capsules) ..................... Item #22555
MULTIPLEX™
Basic daily dose of fundamental vitamins and minerals
- Features essential vitamins and minerals for general health and wellness
- Contains herbal extracts and citrus bioflavonoids to boost energy levels and promote healthy hair and nail growth

PRIMARY SUPPORT: Multivitamin & Mineral, Wellness
60 capsules ......................................... Item # 28039

MUSCULOSKELETAL FORMULA™
Herbal support for healthy inflammation and muscles
- Contains key ingredients that move metabolic waste through the body for elimination
- Includes ingredients for soft tissue support of overworked muscles, tendons, ligaments, and nerves
- Contains saw palmetto and alfalfa to support relief from stiffness and strain

PRIMARY SUPPORT: Muscle Bone & Joint
60 capsules ......................................... Item #7030

PBGS+®
Antioxidant formula that combines the power of pinebark and grapeseed extracts
- Includes pinebark and grapeseed extracts to deliver 50 mg of Oligomeric Proanthocyanidins (OPCs)
- Helps protect cells from the aging effects of free-radicals
- Promotes healthy blood flow and support circulatory strength

PRIMARY SUPPORT: Antioxidant
SECONDARY SUPPORT: Immune, Anti-Aging, Cardiovascular, Skin, Wellness
60 tablets ........................................... Item #1160
120 tablets ......................................... Item #1170
GENERAL HEALTH AND WELLNESS

PHYTOLAX®
An effective all-natural laxative
- Includes black walnut and alder buckthorn to promote healthy regularity and elimination
- Contains herbal extracts such as cascara sagrada and ginger to safely activate colon muscles
- Gentle enough for daily use or on an as-needed basis

PRIMARY SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion
(60 capsules) .................................. Item #7080

REZOOM®
Liquid energy tonic with herbal extracts and vitamins to promote peak performance, top stamina, energy and muscle tone
- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters
- Aids cardiovascular health through herbs such as hawthorne and yarrow
- Restores essential nutrients for people who work out regularly or exercise at high levels

PRIMARY SUPPORT: Energy
SECONDARY SUPPORT: Wellness
(8 oz bottle) .................................. Item #6010
(32 oz. bottle) ................................. Item #6011
(Gallon bottle with pump) ............... Item #6015

RITE LIFE®
Proprietary blend of ionic rare earth minerals and herbal extracts in a potent liquid form
- Offers support for immune, nervous, and circulatory systems
- Includes phytonutrients from hawthorn, ginkgo, and bilberry extracts for heart, brain, and vision support
- Contains herbs that support endurance and immune system function

PRIMARY SUPPORT: Wellness
SECONDARY SUPPORT: Energy, Multivitamin & Mineral
(16 fl. oz. bottle) .............................. Item #6004

PRODUCTS
**SLEPRITE®**
Proprietary blend of natural ingredients for a restful night sleep
- Blends melatonin with 5-Hydroxytryptophan (5-HTP) to support healthy sleep patterns and mood
- Features a synergistic proprietary blend of relaxing herbs, including valerian and chamomile
**PRIMARY SUPPORT:** Sleep Mood & Stress
(30 capsules)......................... Item #28090

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**STRESS FORMULA**
A calming herbal formula to help balance daily stress
- Combines chamomile and valerian root to support a calm nervous system and manage anxiety and tension
- Supports balanced autonomic, sensory, and motor functions
- Includes peppermint to soothe stomach discomfort that may be associated with stress
**PRIMARY SUPPORT:** Sleep Mood & Stress
(60 capsule bottle)....................... Item #7040

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**SUPER DETOX®**
A powerful liver detoxifying formula
- Includes milk thistle, known to support healthy liver function
- Contains red clover and artichoke to aid in detoxification and liver strength
- Provides antioxidant support through calcium D-glucarate, N-acetyl cysteine (NAC), and sulforaphane
**PRIMARY SUPPORT:** Cleansing & Detox
(60 capsules).............................. Item #23015
TEA4LIFE®

Natural cleansing tea for intestinal maintenance and nutrient absorption

- Features herbal extracts to support colon health by safely activating under-used colon muscles to promote daily elimination
- Provides a gentle alternative for healthy digestive cleansing
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners

PRIMARY SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion

(30 bags) ....................................... Item #13004
4LIFE TRANSFER FACTOR®
ANIMAL STRESS PACK™
Super serving of Transfer Factor and other nutrients for all animals in times of stress, illness, performance, or travel
- Features high levels of Transfer Factor E-XF™ for immune system support
- Supports animal health through times of stress with additional electrolytes, probiotics, and other critical nutrients
- Developed by veterinarians and nutritional scientists
(2 oz. packets)............................ Item #28515

4LIFE TRANSFER FACTOR
CANINE COMPLETE®
Comprehensive daily nutritional support with the immune strength of 4Life Transfer Factor
- Features Transfer Factor E-XF for superior immune system support
- Supports canine wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
- Developed by veterinarians and nutritional scientists
(60 – 7.7g servings)....................... Item #28521

4LIFE TRANSFER FACTOR FELINE COMPLETE®
Comprehensive daily nutritional support with the immune strength of 4Life Transfer Factor
- Features Transfer Factor E-XF for superior immune system support
- Supports feline wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
- Developed by veterinarians and nutritional scientists
(60 – 2 g servings)....................... Item #28526
PRODUCTS

ANIMAL HEALTH

4LIFE TRANSFER FACTOR

PERFORMANCE & SHOW™

Comprehensive daily nutritional support for all horses with the immune strength of 4Life Transfer Factor

- Features 4Life Transfer Factor for immune system support
- Provides nutritional support for healthy joints, strong bones, and a gleaming coat
- Contains balanced ratios of minerals, trace minerals, vitamins, probiotics, amino acids, and essential fatty acids
- Developed by veterinarians and nutritional scientists

(30 – 144g servings) ......................  Item #28521

4LIFE TRANSFER FACTOR

LIVESTOCK STRESS FORMULA™

Super serving of Transfer Factor and other nutrients for livestock in times of stress or illness

- Features higher levels of Transfer Factor E-XF for immune system support
- Supports livestock health through acute stress situations with added vitamins, minerals, electrolytes, probiotics, and other essential nutrients
- Developed by veterinarians and nutritional scientists

(80 – 1 oz. servings) .....................  Item #28530

**enumbi Toothpaste**: Sorbitol, Purified Water, Hydrated Silica, Glycerin, Calcium Carbonate, Sodium Lauryl Sulfonate, Sodium Bicarbonate, Xylitol, Flavour, Transfer Factor EX3, Lecithin, Carrageen Methyll Cellulose, Titanium Dioxide, Concosmy Q10, Stevia, Sodium Benzoate.

**Fenrite™**: Purified Water, Wild Yam Extract (Dioscorea villosa), Glyceryl Stearate, Cetyl Alcohol, Glycine, Sodium Behenylate Lactate, USP Natural Progestosterone (from soy), Aloe Barbadensis Leaf Juice, Cucumber Extract, Jojoba Seed Oil, Hybrid Sunflower Seed Oil, Avocado Extract, Sodium PCA, Sodium Hyaluronate, Hydrolyzed Glycosaminoglycans, Sodium Lactate, Sorbitan, Prunus, Tocopheryl Acetate, Disodium EDTA, Propanediol Glycol, Dodecyl Dimer, Methylparaben, Propylparaben.

4Life business tools are designed to tell the story for you. Regardless of how much you know about the immune-boosting power of 4Life Transfer Factor® or the unparalleled advantages of our Life Rewards Plan™, you can be confident that 4Life’s dynamic tools will convey our unique message of optimal health and well-being.

- For general information tools about the 4Life Products and 4Life Opportunity, see Business Tools
- For customized tools, see Personalized Tools
GET THE WORD OUT
DVDS AND AUDIO CDs

DISCOVER THE 4LIFE OPPORTUNITY DVD
Let this DVD do the talking when you’re introducing someone new to 4Life—this 10-minute introduction to the 4Life Opportunity explains five unique reasons why prospects should join 4Life.

- English/Spanish single ............... Item #80860
- English/Spanish 5 pk ............... Item #80861

TOGETHER, BUILDING PEOPLE® DVD
Together, Building People is what we’re all about—spread the 4Life message with this compelling and inspirational video.

- English/Spanish single .......... Item #80851
- English/Spanish 5 pk .......... Item #80852
- English/Spanish 25 pk .......... Item #80853

4LIFE TRANSFER FACTOR® RIOVIDA® DVD
As the only Transfer Factor beverage in the world, RioVida delivers a powerful edge over other juice drink companies. Help your prospects understand more about the remarkable and refreshing RioVida with this compelling and informative video.

- English/Spanish single .... Item #80842
- English/Spanish 5 pk ...... Item #80843

SCIENCE OF SUCCESS DVD
A five-minute introduction to 4Life, this video is a companion piece to the 4Life issue of Success from Home magazine.

- English 10 pk ............... Item #80859
- Spanish 10 pk ............... Item #280859
BROCHURES, MAGAZINES, AND NEWSLETTERS

DISCOVER 4LIFE BROCHURE
Ready to make that first contact? Then hand over this great first impression. The Discover 4Life brochure gets to the heart of what 4Life is all about and leaves your prospects wanting to know more.

English 10 pk .................................. Item #84596
Spanish 10 pk .................................. Item #284596

LIFE REWARDS PLAN™ BROCHURE
Use this brochure to explain to your prospects why the Life Rewards Plan™ is the best financial opportunity around. It includes a full-page diagram of 4Life’s payout system.

English 10 pk ................................. Item #80507
Spanish 10 pk ............................... Item #280507

IN GREAT COMPANY BROCHURE
Let your prospects know they’ll be doing business with a solid, reliable company whose products and opportunity have stood the test of time. This brochure details the history of 4Life and introduces readers to company founders and key discoveries.

English 10 pk ............................... Item #84593
Spanish 10 pk ............................... Item #284593

SCIENCE & SYNERGY BROCHURE
Impress your prospects with this glossy 44-page brochure on 4Life Transfer Factor® and the science behind 4Life’s best-selling products. They won’t know whether to be more impressed by the design or the contents.

English 5 pk ................................. Item #84607
HEALTHY 4LIFE NEWSLETTER

It’s a great prospecting piece for a reason! This newspaper-style publication offers full-color photos and information on our top products, details and benefits of the Life Rewards Plan, executive bios, distributor testimonials, and more.

English 20 pk ................................. Item #80537
English 100 pk .............................. Item #80538
Spanish 20 pk ............................. Item #280537
Spanish 100 pk ............................ Item #280538

SUCCESS FROM HOME MAGAZINE

The 4Life issue of Success From Home is a valuable resource of both information and inspiration for our leaders around the world. It combines 4Life-specific product and opportunity information, articles from experts in the field of direct selling, and a five-minute introduction to the Science of Success DVD.

English 10 pk ............................. Item #80586
Spanish 10 pk ............................. Item #280586

4LIFE TRANSFER FACTOR TRI-FACTOR FORMULA BROCHURE AND Q&A

Always carry these handy brochures with you to help share the 4Life Transfer Factor story. They introduce key information on 4Life’s best-selling 4Life Transfer Factor products.

4Life Transfer Factor Tri-Factor Formula brochure
- English 20 pk ................................. Item #84001
- English 100 pk .............................. Item #80677
- Spanish 20 pk ............................. Item #284001
- Spanish 100 pk ............................ Item #280677

4Life Transfer Factor Tri-Factor Q&A pamphlet
- English 25 pk ................................. Item #84015
- Spanish 25 pk ............................. Item #284015

4LIFE TRANSFER FACTOR RIOVIDA TRI-FACTOR® FORMULA BROCHURE

These are the perfect way to let prospects know that RioVida is more than just an antioxidant powerhouse—it’s the only Transfer Factor beverage in the world!

English 20 pk ................................. Item #84509
Spanish 20 pk ............................. Item #284509
SHAPERITE® BY 4LIFE® BROCHURE
Reach prospects who want to know about the weight management products that 4Life offers. This brochure lists key benefits of all the products in the ShapeRite line.

English 20 pk ............................. Item #84599
Spanish 20 pk ............................. Item #284599

ENUMMI® FACE BROCHURE
enummi is the only skin care line in the world that contains 4Life Transfer Factor. Let this brochure do the talking when introducing people to 4Life’s personal care products.

Eng/Spanish/Japanese 20 pk .......... Item #84603

4LIFE TARGETED TRANSFER FACTOR® BROCHURES AND Q&AS
Our Targeted Transfer Factor line features unique products for each body system. Use the brochure to introduce the whole line of products, and for specific questions, pull out the convenient Q&A pamphlets for individual body systems.

4Life Targeted Transfer Factor Brochure
English 20 pk ............................. Item #83017
Spanish 20 pk ............................. Item #283017

4LIFE TRANSFER FACTOR BELLE VIE® Q&A PAMPHLET
English 25 pk ............................. Item #83028
4Life Transfer Factor Belle Vie Q&A pamphlet
Spanish 25 pk ............................. Item # 283028

4LIFE TRANSFER FACTOR CARDIO™ Q&A PAMPHLET
English 25 pk ............................. Item #83013
Spanish 25 pk ............................. Item # 283013

4LIFE TRANSFER FACTOR GLUCOACH® Q&A PAMPHLET
English 25 pk ............................. Item #83015
Spanish 25 pk ............................. Item # 283015

4LIFE TRANSFER FACTOR MALEPRO® Q&A PAMPHLET
English 25 pk ............................. Item #83024
Spanish 25 p ............................... Item # 283024

4LIFE TRANSFER FACTOR RECALL® Q&A PAMPHLET
English 25 pk ............................. Item #83011
Spanish 25 pk ............................. Item # 283011
4LIFE ACCEPTANCE CARD
Give your prospects this great takeaway piece to help their family understand why 4Life is such a good choice. This small, inexpensive card is an easy way to keep 4Life on their minds until you follow up.

English 25 pk ................................. Item #90836
Spanish 25 pk .............................. Item #290836

INC. MAGAZINE POSTCARD/FLYER
Let your prospects know that 4Life was named the 15th fastest growing privately-held company by Inc. magazine. It’s available in English as a postcard, and in Spanish as a flyer.

English 50 pk ................................. Item #80611
Spanish 25 pk .............................. Item #280614
PERSONALIZED BUSINESS CARDS

4Life’s personalized business cards are professional and perfect for handing out. Order yours today by calling Town and Country Printing. Phone: 1-800-480-8440, Fax: 1-800-310-1302.

INVITATIONS

Invitations are easy to customize with your own contact information. You can also download these invitations from www.4life.com.

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STATIONERY, NOTECARDS, AND ENVELOPES

Complement your business cards with matching stationery, note card sets, and envelopes, all available from Town and Country Printing at the contact numbers listed above.
FOLLOW-UP NOTE CARD PACK

Once you’ve introduced someone to the 4Life Opportunity, keep in touch in a classy way by sending them a follow-up notecard. You can also download follow-up notecards from www.4life.com.

English 5 pk ................................... Item #80672
Spanish 5 pk .................................. Item #280672

MAGNETIC DOOR SIGN

This 4Life logo magnetic car-door sign will pique interest and give potential prospects an easy way to contact you. To order, contact Town & Country Printing.
Phone: 1-800-480-8440,
Fax: 1-800-310-1302.

WINDOW STICKER

Make people take notice when you post this window sticker on your vehicle, complete with name, phone number, and your my4life.com web address. To order,
At 4Life, we know success means something different to each individual. It may mean the freedom to decide each day how to spend your time… or the ability to take your family on vacation wherever and whenever you want to go. It may mean sending your child to the best school or having the money to purchase the car you’ve always wanted to drive. Regardless of what success means to you, 4Life has an opportunity that can help you reach your goals.

**4Life Products Benefit Everyone**

Our immune-system focus means our products can benefit just about everybody.

**4Life Holds the Patents**

Our patented formulations and technology equal exclusive products you can’t get anywhere else.

**4Life’s Compensation Plan is Unique**

The Life Rewards Plan is generous to both beginners and fulltime business builders, with up to four checks a month.

**4Life Has a System**

Our Compass educational system guides you through the unique challenges of starting your own business with proven success.

**4Life is Togetherness, Building People®**

Our focus on working together for mutual success means everyone wins at 4Life… including you!
Life Rewards

Making the Most of the 4Life® Opportunity
For more information about 4Life Products and the 4Life Opportunity, contact: