

# PRODUCTS FOR YOUR LIFE FROM 4LIFE®

Experience the difference

 DIGEST4LIFE™

PRE/O  
BIOTICS™  
Powered by 4Life Transfer Factor™

4Life



**4Life**®

TOGETHER, BUILDING PEOPLE®

# Live Your Best Life

When you feel healthy, you can live your best possible life. In addition to a healthy diet and regular exercise, you need a smart and vigilant immune system to help you with the threats you face each day. That's why people are making the smart choice with 4Life Transfer Factor® products.\*

As a newborn, you received immune information from your mother, gathered from her own experience, through the first milk called colostrum. This information helped your naive immune system adapt to the world around you.

As vital components of this information, transfer factors are messenger molecules composed of amino acids (a unique category of bioactive peptides) that transfer immune memory from an experienced immune system "donor" to a less experienced recipient immune system. With 4Life® products, you benefit from the immune system information of mothers in nature—cows (cow colostrum) and chickens (chicken egg yolks). This knowledge supports your body's natural ability to respond appropriately when challenged with health threats.\*

During more than 20 years of innovation in transfer factor science and product development, 4Life has introduced Targeted Transfer Factor® products to help support specific body system needs, including the brain, heart, kidneys, and more. The 4Life product offering also includes support for general health and wellness, weight management, and skin care.\*

Enjoy learning about our top products in this brochure. Please refer to the 4Life Product Catalog and [4life.com](http://4life.com) for our complete product offering.



# Phenomenal Immune System Support\*

4Life Transfer Factor® products support the immune system's natural ability to recognize, respond to, and remember potential health threats.\*

## **4Life® Transfer Factor Plus® Tri-Factor® Formula**

**Primary Support: Immune System, Overall Wellness\***

Certified 4Life Transfer Factor and additional ingredients to balance and support the immune system response\*

- Blasts off natural killer (NK) cell activity by up to 437%\*†
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast

**Item #24075 (60 capsules) ..... \$56.95**

## **4Life Transfer Factor® Tri-Factor® Formula**

**Primary Support: Immune System, Overall Wellness\***

Foundational product to balance and support the immune system response\*

- Amps up natural killer (NK) cell activity by up to 283%\*†
- Contains 600 mg of 4Life Transfer Factor per serving

**Item #24070 (60 capsules) ..... \$41.95**

## **4Life Transfer Factor® Classic**

**Primary Support: Immune System, Overall Wellness\***

4Life's original colostrum-derived 4Life Transfer Factor product for daily immune system support\*

- Ramps up natural killer (NK) cell function by up to 204%\*†
- Supports immune system function with UltraFactor XF®\*

**Item #24080 (90 capsules) ..... \$38.95**

<sup>†</sup>Test results obtained from an independent, unpublished in vitro experiment conducted at the Russian Academy of Medical Sciences, in Kashirskoe Shosse, Russia. The randomized and controlled in vitro study assessed the effects of 4Life Transfer Factor® Classic, 4Life Transfer Factor® Tri-Factor® Formula, or 4Life® Transfer Factor Plus® Tri-Factor® Formula, versus a positive control (Interleukin-2, or IL-2) on NK cell activity and effectiveness in destroying damaging cells. Blood was collected from healthy volunteers and then incubated for up to 48 hours. (REFERENCE: Kisielevsky MV & Khatturina EO. Unpublished observations)

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

**4Life®**

**LIFE TRANSFER FACTOR**

**CLASSIC**

# Transform Your Life with 4LifeTransform<sup>®\*</sup>

4LifeTransform products and programs help you transform your body to achieve a youthful, vibrant life.\*

## **PRO-TF<sup>®</sup>**

**Primary Support: Weight Management, Muscle & Sports Performance, Immune System\***

**Secondary Support: Heart Health, Muscle, Bone, & Joint Health\***

Highly digestible whey and egg protein supplement to help you transform your body and live a vibrant life\*

- Provides 10 g of patent-pending 4LifeTransform<sup>®</sup> Protein Formula per serving, one of the most advanced and effective proteins available to help you transform your body, optimize performance, and promote health\*
- Includes 300 mg of 4Life Transfer Factor<sup>®</sup> in every serving
- Supports caloric and fat burning, muscle protection and growth, increased metabolism, and hunger suppression\*

**Item #27568 Vanilla Cream (46-serving canister) ..... \$69.95**

**Item #27577 Chocolate (46-serving canister) ..... \$69.95**

## **4LifeTransform Burn<sup>®</sup>**

**Primary Support: Weight Management\***

Thermogenic blend to support accelerated body transformation\*

- Helps adults of all ages achieve a lean, sleek, and healthy body\*
- Provides energy support to ignite your workouts for optimum performance\*
- Ignites fat burning and reduces hunger to accelerate body transformation\*

**Item #27584 (80 capsules) ..... \$44.95**

## **Renuvo<sup>®</sup>**

**Primary Support: Immune System, Healthy Aging, Antioxidant, Overall Wellness\***

A patented adaptogen that targets healthy aging by supporting a more youthful and healthy response to environmental stressors\*

- Promotes total body recovery\*
- Helps counteract the telltale signs of aging\*
- Supports healthy mental acuity, mood, and metabolism\*
- Promotes healthy sexual vitality and energy\*

**Item #24201 (120 capsules) ..... \$48.95**

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# 4LifeTransform® 30-Day Accelerator System for Men or Women

**Primary Support: Weight Management\***

**Secondary Support: Immune System, Energy, Cleansing & Detox\***

Proprietary products with scientifically proven ingredients to help you achieve real and lasting body transformation\*

- Tea4Life®: Simple and effective cleansing tea that prepares your body for the 30-day transformation\*
- PRO-TF® Vanilla Cream: University-tested, patented protein supplement to help you burn fat and build lean muscle\*
- 4LifeTransform Burn®: Scientifically-proven fat burner to help you ignite your body transformation\*
- 4LifeTransform® Man or 4LifeTransform® Woman: Supplement to support healthy aging and vibrant living, and enhance sexual performance and experience\*
- Renuvo®: Total body recovery supplement\*
- Energy Go Stix® Berry: Great-tasting energy support and amino acids on the go\*
- RiteStart® Men or RiteStart® Women: Multivitamin, mineral, and essential fatty acid supplement designed especially for men and women\*
- Accelerator System Guidebook ENG/SP

**Item #53643 Men..... \$225.95**

**Item #53644 Women..... \$225.95**

**Ready to start your transformation? Visit [4lifetransform.com](http://4lifetransform.com) and download the 4LifeTransform® App today!**



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# RioVida®—Antioxidant Powerhouse\*

4Life Transfer Factor® RioVida® Tri-Factor® Formula is the one-and-only liquid dietary supplement that combines the immune-supporting benefits of 4Life Transfer Factor® with antioxidant superfruits. You can also enjoy this product in a portable powder pack with 4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula.\*

## **4Life Transfer Factor® RioVida® Tri-Factor® Formula**

**Primary Support: Immune System, Healthy Aging, Antioxidant, Overall Wellness\***

**Secondary Support: Brain Health, Heart Health, Energy\***

Liquid dietary supplement that combines 4Life Transfer Factor with antioxidant-rich superfruits\*

- Supports the immune system’s natural ability to recognize, respond to, and remember potential health threats with 600 mg of 4Life Transfer Factor\*
- Includes a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry\*
- Contains essential and supporting vitamin C, amino acids, fatty acids, and polyphenols\*

**Item #24105 (2—16.9 oz bottles) ..... \$60.95**

## **4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula**

**Primary Support: Immune System, Healthy Aging, Antioxidant\***

**Secondary Support: Brain Health, Heart Health, Energy\***

The immune system goodness of RioVida in a portable powder pack\*

- Supports the immune system with 600 mg of 4Life Transfer Factor\*
- Delivers essential antioxidants from açai, pomegranate, and blueberry\*
- Replenishes electrolytes to support nerve and muscle function\*
- Is portable and easy to share
- Contains no artificial sweeteners, flavors, or preservatives

**Item #24113 (15 powder packets)..... \$25.95**

**Item #24116 (6 boxes) get a 7th box free..... \$155.70**

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# Target a Fulfilling Life

Targeted Transfer Factor® products combine the immune system benefits of 4Life Transfer Factor® ingredients with additional system-specific nutrients to provide a more focused and personal level of health support.\*

## 4Life Transfer Factor® Cardio

**Primary Support: Heart Health, Energy\***

**Secondary Support: Immune System, Antioxidant\***

A heart-healthy combo of 4Life Transfer Factor® and 18 vitamins, minerals, and antioxidants\*

Item #21002 (120 capsules) ..... \$50.95

## 4Life Transfer Factor® ReCall®

**Primary Support: Brain Health\***

**Secondary Support: Immune System, Healthy Aging\***

Targeted brain support for optimal mental functioning\*

Item #22003 (90 capsules) ..... \$46.95

## 4Life Transfer Factor® GluCoach®

**Primary Support: Glucose Metabolism\***

**Secondary Support: Immune System, Antioxidant, Energy\***

Targeted support for the endocrine and metabolic systems\*

Item #29001 (120 capsules) ..... \$50.95

## 4Life Transfer Factor Vista®

**Primary Support: Eye Health\***

**Secondary Support: Immune System, Antioxidant\***

Support for optimal vision performance and eye health\*

Item #29501 (60 capsules) ..... \$46.95

## 4Life Transfer Factor Reflexion®

**Primary Support: Sleep, Mood, & Stress\***

**Secondary Support: Brain Health\***

Targeted support that promotes relaxation, improved mood, and the ability to focus during occasional stress\*

Item #22005 (60 capsules) ..... \$40.95

Visit [4life.com](http://4life.com) to learn about additional Targeted Transfer Factor products.

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# Daily Support for Healthy Living\*

RiteStart® products contain essential vitamin and mineral building blocks for good nutrition plus 4Life Transfer Factor®. Named for the exact purpose they provide—a right start for your day, for your health, and for your life—RiteStart products help you look and feel great.\*

## RiteStart® Women

**Primary Support:** Immune System, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness\*

**Secondary Support:** Brain Health, Energy, Eye Health, Skin Health\*

Item #27019 (30 packets).....	\$60.95
Item #27020 (2 boxes).....	\$116.95

## RiteStart® Men

**Primary Support:** Immune System, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness\*

**Secondary Support:** Brain Health, Energy, Eye Health, Skin Health\*

Item #26538 (30 packets).....	\$60.95
Item #26539 (2 boxes).....	\$116.95
Item #26541 (1 Men/1 Women).....	\$116.95

## RiteStart® Kids & Teens

**Primary Support:** Immune System, Multivitamin & Mineral, Overall Wellness\*

**Secondary Support:** Energy, Muscle, Bone, & Joint Health, Skin Health\*

Item #24089 (120 tablets).....	\$39.95
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# 4Life™ Essential Oils

4Life Essential Oils include powerful, unique, natural, and 100% pure oils that provide an optimal aesthetic experience for your body, soul, and life.

## 4Life™ Essential Oils TForce™

Patented 4Life Transfer Factor™ in a 100% pure essential oil blend

- Is the only essential oil in the world that features patented 4Life Transfer Factor™
- Imparts phenomenal benefits, especially when applied to the chest area

Item #20009 (0.5 fl oz bottle)..... \$39.95

## 4Life™ Essential Oils Brisa™

100% pure essential oil blend

- Creates fresh air that elevates your senses
- Provides strong aromatic notes of eucalyptus and fresh herbs as an uplifting tonic for the lungs

Item #20015 (0.5 fl oz bottle)..... \$22.95

## 4Life™ Essential Oils CalmaVida™

100% pure essential oil blend

- Bolsters the best benefits of lavender
- Offers aromatically bold and earthy notes to impart a warm sense of tranquility to you and your environment

Item #20001 (0.5 fl oz bottle)..... \$24.95

## 4Life™ Essential Oils CoolTouch™

100% pure essential oil blend

- Creates a dynamic heating and cooling effect when used in massage
- Provides an experience that will put a spring in your step, especially when used with massage after a hard workout

Item #20011 (0.5 fl oz bottle)..... \$39.95

## 4Life™ Essential Oils SweetShape™

100% pure essential oil blend

### Primary Support: Weight Management\*

- Provides an ingestible blend to support healthy energy levels\*
- Promotes proper appetite and fat metabolism for weight management support when used in conjunction with a healthy eating and exercise regimen\*

Item #20013 (0.5 fl oz bottle)..... \$24.95

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# ShapeRite<sup>®</sup> by 4Life<sup>®</sup>

ShapeRite by 4Life products support the idea that every individual—no matter the genetics, body size, or goals—can find his or her own “rite shape” through a combination of exercise, healthy eating, and proper supplementation. Consider incorporating these products into your healthy living plan.\*

## Energy Go Stix<sup>®</sup>

**Primary Support: Energy\***

**Secondary Support: Immune System, Weight Management\***

Energy supplement in ready-to-mix powder packets\*

- Provides a natural energy boost any time of the day\*
- Is available in Berry, Orange Citrus, Pink Lemonade, and Tropical
- Features 4Life Transfer Factor<sup>®</sup> immune system support\*

**Item #27563 (Berry)**

**Item #27572 (Orange Citrus)**

**Item #27575 (Pink Lemonade)**

**30 powder packets..... \$41.95**

**Item #27587 (Tropical)**

**15 powder packets..... \$21.95**

## NutraStart<sup>®</sup>

Low-fat, low-calorie meal replacement drink

- Provides balanced nutrition with whey and soy protein, vitamins, minerals, and dietary fiber
- Includes 4Life Transfer Factor<sup>®</sup>
- Provides a healthy and delicious meal on the go

**Item #28085 (Vanilla)**

**Item #28087 (Chocolate)**

**15-serving canister..... \$35.95**





# enummi® Shower Essentials

enummi® Personal Care products offer effective formulas with fresh, clean fragrances. This product trio contains sulfate-free and silicone-free hydrating ingredients that cleanse, condition, and help restore moisture to hair and skin. Because they are filled with nature-inspired ingredients, these products are gentle enough for the whole family.

## enummi® Shampoo

Item #25113 (12 fl oz bottle)..... \$14.95

## enummi® Conditioner

Item #25115 (12 fl oz bottle)..... \$14.95

## enummi® Body Wash

Item #25111 (12 fl oz bottle)..... \$14.95



# Digest4Life™ Products

Your digestive system incorporates multiple, complex steps, and the products in the Digest4Life line help support the process the entire way. Plus, it is the only line on the market that's powered by 4Life Transfer Factor®!\* Here are just a few of the products in this offering:

## Pre/O Biotics™

**Primary Support: Digestive Health\***

**Secondary Support: Immune System\***

The only prebiotic/probiotic product in the world that's powered by 4Life Transfer Factor®\*

- Optimizes healthy gut bacteria growth with our exclusive microbeadlet delivery\*
- Increases the amount and longevity of beneficial gut flora by up to 1000 times over standard delivery\*
- Stimulates growth of the probiotics found in Pre/O Biotics by up to 868% with the inclusion of 4Life Tri-Factor® Formula\*\*
- Requires no refrigeration

**Item #23020 (15 packets).....\$37.95**

## Fibre System Plus™

**Primary Support: Cleansing & Detox, Digestive Health\***

**Secondary Support: Weight Management\***

An excellent ten-day gastrointestinal cleansing regimen with cascara sagrada, frangula, prunes, pineapple, papain, and bromelain\*

**Item #7190 (30 packets).....\$24.95**

## Super Detox®

**Primary Support: Cleansing & Detox, Digestive Health\***

Support for healthy liver function with milk thistle, red clover, and artichoke\*

**Item #23015 (60 capsules) .....\$24.95**

## Tea4Life®

**Primary Support: Cleansing & Detox, Digestive Health\***

Natural cleansing tea for intestinal maintenance with no artificial colors, flavors, or sweeteners\*

**Item #13004 (30 tea bags).....\$15.95**

\*Independent in-vitro study conducted at Weber State University

# Digest4Life™ Reset System

Primary Support: Digestive Health\*

Secondary Support: Immune System\*

Supporting digestive health can lead to a host of benefits for overall wellness. When you complete this system, you can expect to enjoy the benefits of a strong immune system, a positive mood, more beneficial bacteria in your gut, healthy cardiovascular function, and more!\*

2—Pre/O Biotics™

1—Fibre System Plus™

1—Super Detox®

1—Digestive Enzymes

1—Aloe Vera

1—4Life Transfer Factor® Tri-Factor® Formula

1—Quickstart Guidebook

Item #53996 .....\$199.95

Visit [4life.com](http://4life.com) to learn about more Digest4Life products.



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# General Health and Wellness Products

4Life® General Health and Wellness products complement our 4Life Transfer Factor® line to provide extensive health support for your body's varied needs.\*

## CM Super™

**Primary Support: Muscle, Bone, & Joint Health\***

Calcium and magnesium support for healthy bone metabolism and structural system health\*

- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health\*
- Contains vital ingredients to support bone growth in people of all ages\*

Item #7120 (90 tablets) .....\$13.95

## Flex4Life® capsules

**Primary Support: Muscle, Bone, & Joint Health\***

**Secondary Support: Antioxidant\***

Capsules with nutrients designed to lubricate joints and support a full range of motion\*

- Supports healthy joint tissue, fluids, and overall joint flexibility\*
- Helps maintain mobility for a comfortable, full range of motion\*
- Supports muscle and joint health\*

Item #23516 (90 capsules) .....\$29.95

## Flex4Life™ cream

Skin cream with a soothing formula

- Has a soothing topical blend
- Contains menthol, peppermint extract, and natural vitamin E
- Offers a great combination when used with Flex4Life capsules

Item #23507 (2 fl oz cream).....\$18.95

## MusculoSkeletal Formula™

**Primary Support: Muscle, Bone, & Joint Health\***

Key ingredients that support muscle repair\*

- Includes ingredients to support overworked muscles, tendons, ligaments, and nerves\*
- Supports bone structure by reducing bone breakdown\*
- Supports healthy connective tissue\*

Item #24508 (60 capsules) .....\$19.95



# Quality You Can Trust

Because of our deep commitment to quality, excellence, and scientific innovation, we certify every 4Life Transfer Factor® product we sell. In our state-of-the-art lab, we conduct 20 tests per product to ensure **identity, purity, strength, and composition**. Many products undergo additional, rigorous quality-assurance tests before being released for distribution. Our products are the foundation and heart of our business. We strive to create products that meet and exceed the highest standards, so you can feel confident incorporating them into your health routine and sharing them with your friends and loved ones.

This commitment is what propels our science team to progressively raise the standard for modern-day immune system supplementation. We boast the expertise of both an in-house research and development team and a Health Sciences Advisory Board (HSAB) of medical professionals, nutritionists, and researchers.\*

4Life manufacturing facilities include cutting-edge packaging, encapsulation, and blending equipment and have achieved NSF® International Good Manufacturing Practices (GMP) registration. Earning GMP registration from NSF International verifies that 4Life employs proper methods, equipment, and controls in producing the highest quality dietary supplement products.

4Life Transfer Factor® products are featured in the *Physicians' Desk Reference® (PDR)*, which is distributed to thousands of health professionals throughout the United States. The listing includes in-depth information about the Tri-Factor® Formula product line and synopses on several scientific studies.







4Life

4LIFE™ TRANSFER FACTOR

PLUS™

TRI-FACTOR™ FORMULA

DIETARY SUPPLEMENT  
60 Capsules

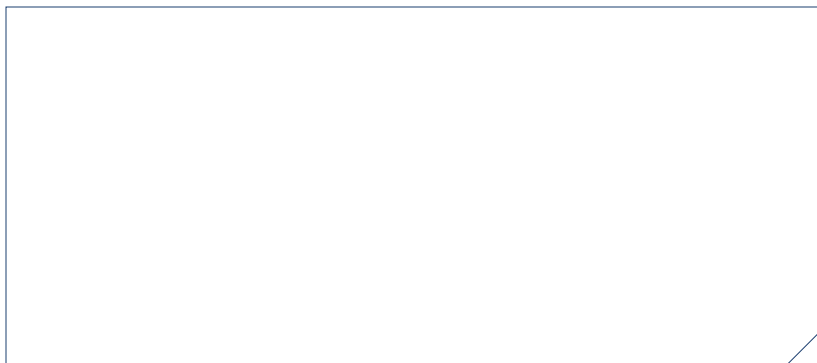
# About Us

- 4Life® Founders David and Bianca Lisonbee launched the company's flagship 4Life Transfer Factor® immune system support product in 1998.\*
- Today, people in more than 50 countries enjoy the immune system support of 4Life Transfer Factor products.\*
- We offer numerous ways to get your daily serving of 4Life Transfer Factor, including capsules, chewable tablets, liquid dietary supplement, bulk powder, gel blend, and throat spray.
- Millions of bottles of 4Life Transfer Factor have been sold throughout the world.
- 4Life and our distributors support humanitarian efforts in countries where we conduct business.
- We're dedicated to further developing innovations in 4Life Transfer Factor science to relevantly combat today's health challenges.\*
- 4Life has received many prestigious awards, including Global Health & Pharma's Best Health & Fitness Supplement Provider in the United States and the People's Choice Stevie® Award.
- Team 4Life is a group of world-renowned athletes who use 4Life products as part of their training regimens. Team 4Life members include athletes such as Super Bowl Champion Sam Madison, Olympic Gold and Silver medalist Torah Bright, and Winner on All Four Major Golf Tours Ian Baker-Finch.



4Life Founders David and Bianca Lisonbee

For more information about 4Life products, contact:



For a complete listing of 4Life products,  
visit [4life.com](http://4life.com).

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