

# HEALTHY4Life®

## TRANSFORM YOUR LIFE

Are you ready to transform your life? Many people want to make changes but aren't sure how to get started or what to do first. Whether you're looking to transform your body, improve your finances, or develop a stronger connection with a loved one, your time is now!

### What do you dream about?

- Achieving your ideal body\*
- Burning fat\*
- Building muscle\*
- Feeling strong\*
- Optimizing your health\*
- Enjoying healthy energy levels\*
- Handling daily stress gracefully\*
- Enjoying your relationships\*
- Aging well\*
- Increasing sports performance\*
- Improving workout recovery\*
- Contributing to your family finances
- Developing a long-term career plan

Make the decision to turn your dreams into goals today. Embrace the life you've always dreamed of living. With 4Life® as your partner, you can truly transform your life!

*Transform your body.* Our best-selling 4LifeTransform® products can make a big difference—and we've got the studies to prove it. Check out the study results and transformation photos on page 4.\*



*Feel your best.* When you feel healthy, you can live your best life! 4Life offers exclusive 4Life Transfer Factor® products that help strengthen your immune system. Targeted Transfer Factor® products provide a more focused and personal level of support for your body's needs. The ShapeRite® by 4Life® line helps you maintain a healthy weight and meet your lifestyle goals. And that's just the beginning of the products that 4Life offers! Check out our other outstanding products in this brochure.\*

*Achieve your financial goals.* Once you start transforming your body, people will want to know what you're doing. When you become a 4Life distributor, you can earn money by selling products you love to friends and family members. Resell 4Life products for a profit, experience next-day Rapid Rewards bonuses, and enjoy monthly bonus commissions. Plus, when you participate in the 4Life Loyalty Program, you can earn Product Credits and qualify for a free bonus product every month.\*\*^

*Live the life of your dreams.* You can experience all that life has to offer! Turn your dreams into goals, and start taking action to transform your life today. Speak with the distributor who gave you this brochure, or visit [4life.com](http://4life.com) to learn more.

4LIFETRANSFORM®

## Get Ready to Transform Your Body\*

4LifeTransform® 30-Day Accelerator System for Men or Women

This complete and easy-to-follow system includes proprietary and scientifically proven products for people who want to experience an accelerated approach to real and lasting body transformation.\*



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

# IMMUNE SYSTEM SCIENCE AT ITS BEST

Since the launch of 4Life Transfer Factor® almost 20 years ago, 4Life® has never wavered in its commitment to lead the field of immune system support. In fact, we've distinguished ourselves from the competition with products that are researched, patent-protected, proprietary, and effective.\*

## WHAT IS 4LIFE TRANSFER FACTOR®?

4Life Transfer Factor® features immune-rich messenger molecules made by the immune system for the immune system. 4Life Transfer Factor products help you live a healthy life by providing knowledge to your immune system, supporting its ability to respond appropriately when challenged with health threats.\*

"I am grateful for 4Life products. They have provided immune system support for my wife and changed our lives forever. I am taking the business opportunity all around the world and helping make people's dreams come true, one day at a time."\*

Luis & Veronica Soria  
Presidential Diamonds  
Florida, USA



## TESTING AND QUALITY

4Life has spent over a million dollars in state-of-the-art laboratory equipment to create

one of the most advanced analytical and quality labs in our industry. Depending on the product, we perform no fewer than 20 analytical tests before releasing it for distribution. Plus, we follow strict current Good Manufacturing Practices (cGMP) guidelines for supplement manufacturing.

4Life also guarantees product safety and efficacy through exploratory research, scientific publications, and academic associations.

To emphasize our commitment to testing and quality, every 4Life Transfer Factor product includes a certified 4Life

Transfer Factor seal that represents 4Life's guarantee in the areas of identity, purity, strength, and composition.

When you purchase any 4Life Transfer Factor supplement, you can rest assured that you are getting the very best immune system support possible.\*



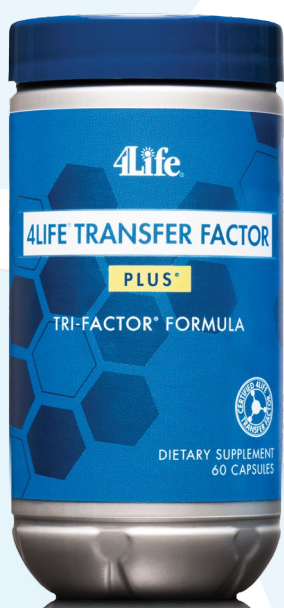
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# TAKE YOUR PICK!

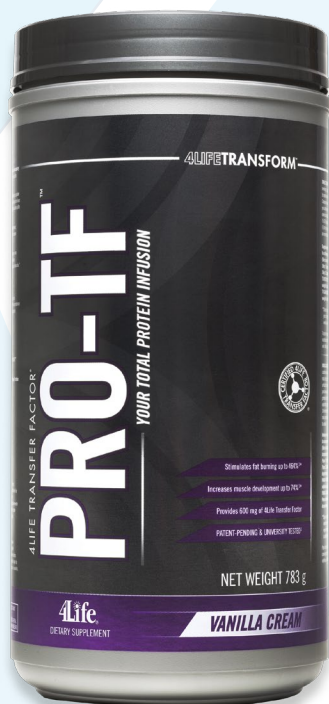
## 4Life Transfer Factor® your way

The 4Life Research and Development department continues to advance immune system science with innovations in production standards, quality, and product formulation. With a host of 4Life Transfer Factor products, there are a variety of ways to get the immune system support you want every day!\*



Get daily immune system support with 4Life® Transfer Factor Plus® Tri-Factor® Formula. These small **capsules** contain the highest level of support we offer.\*

PRO-TF® is a patent-pending and university-tested **protein** to help you transform your body so that you can enjoy a youthful and vibrant life. As the flagship product for the 4LifeTransform® product line, PRO-TF includes 300 mg of 4Life Transfer Factor per serving.\*



"I am very grateful for 4Life products, especially for the way in which they support the health of my family members. I give 4Life Transfer Factor® Chewable Tri-Factor® Formula and 4Life Transfer Factor® RioVida® Tri-Factor® Formula to my granddaughter. She enjoys great health, and we're so thankful for what 4Life has meant in our lives."\*

Grisel Nava  
4Life distributor  
Rhode Island, USA

4Life Transfer Factor® RioVida® Tri-Factor® Formula is the only **liquid dietary supplement** that combines the immune system benefits of 4Life Transfer Factor with antioxidant fruits. You can also enjoy this product in a **portable powder pack** with 4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula, or as a delicious **edible gel blend** with 4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula.\*

Enjoy daily immune system support in a **chewable tablet** with 4Life Transfer Factor® Chewable Tri-Factor® Formula.\*



Take advantage of the many ways to get your daily serving of 4Life Transfer Factor, and you'll be on your way to living a healthy life.\*

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# IGNITE YOUR BODY TRANSFORMATION WITH 4LIFETRANSFORM®!\*

## 4LifeTransform Burn®

4LifeTransform Burn ignites fat burning, increases feelings of fullness, and reduces hunger with minimum jitters or agitation. Our patent-pending and proven formula supports fat loss and weight management, especially when combined with exercise and healthy eating. 4LifeTransform Burn helps you achieve greater success in your quest for a lean, sleek, and healthy body!\*

### PROVEN RESULTS\*\*

During a pilot sponsored study, 4LifeTransform Burn:

- Reduced waist size\*
- Reduced body fat\*
- Reduced feelings of hunger and cravings\*
- Increased feelings of fullness\*



## PRO-TF®

PRO-TF is an exclusive protein developed by 4Life® to help you transform your body and enjoy a youthful, vibrant life. PRO-TF is one of the most advanced and effective proteins available to optimize body composition and increase lean muscle growth. In addition, it's the only protein supplement that contains the exclusive immune system support of 4Life Transfer Factor®.\*

LOW MOLECULAR WEIGHT PRO-TF® PROTEIN BLEND HAS BEEN INDEPENDENTLY AND UNIVERSITY-TESTED TO HELP YOU:

- Maintain a healthy weight\*
- Build or maintain muscle mass\*
- Improve sports performance and recovery\*
- Increase strength\*
- Bolster immune system health\*
- Support healthy glucose levels and appetite\*
- Look and feel great\*



He transformed, and so can you!



Lost 10 pounds

Diamond Roberto Carlos Hernandez used 4LifeTransform Burn and PRO-TF, and made changes in his diet and exercise to lose 10 pounds, improve his self-esteem, and grow his 4Life business.\* \*

\*\*These results are not typical and were achieved through the 4Life independent distributor's commitment to exercising consistently and consuming a healthy diet. Consult with your physician before you begin any lifestyle program that includes a change in diet and/or exercise.

+Results as observed in a pilot sponsored study. Actual results may vary.

^Results as observed in a four-week preclinical study. Actual results may vary.

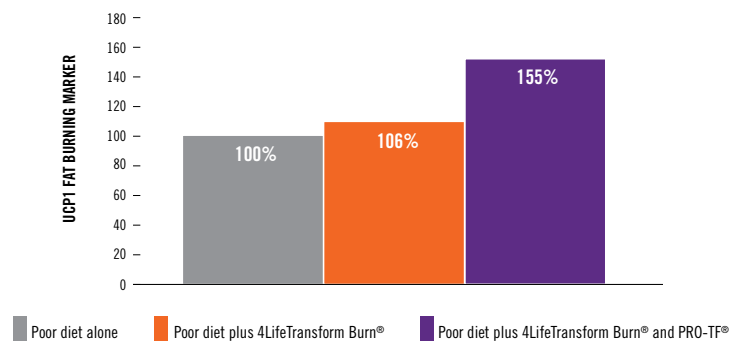
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COMBINE PRO-TF® AND 4LIFETRANSFORM BURN® FOR EVEN BETTER RESULTS!

An independent, pre-clinical study demonstrated the effects of 4LifeTransform Burn in response to a westernized, high-fat diet. When taken with PRO-TF, the product increased the molecular fat burning marker, UCPI, by **more than 50%.\*^**

### INCREASED MOLECULAR FAT BURNING MARKER MORE THAN 50%\*

4LifeTransform Burn® combined with PRO-TF® increased the molecular fat burning marker, UCPI, by more than 50%.\*^





## 4LifeTransform® 30-Day Accelerator System for Men or Women

Achieving fitness goals has never been easier! The 4LifeTransform 30-Day Accelerator System is a complete system containing proprietary products with scientifically-proven ingredients plus a detailed guidebook—perfect for those who want to experience an accelerated approach to real and lasting body transformation.\*



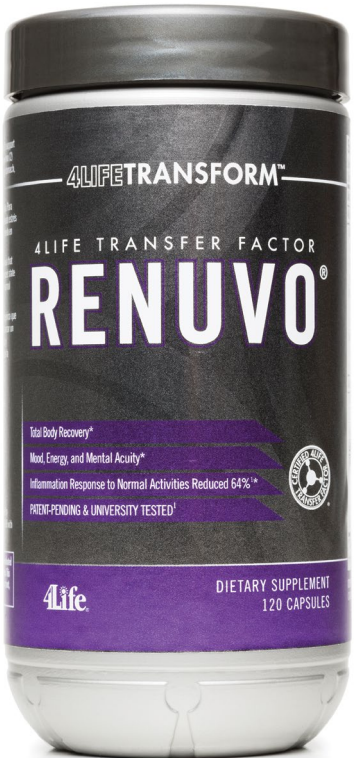
## 4LifeTransform® Man and 4LifeTransform® Woman

Get closer to the one you love with 4LifeTransform Man and 4LifeTransform Woman. These healthy aging and vibrant living supplements support sexual experience and physical health. Man optimizes blood circulation, muscle strength, and overall body vitality. Woman enhances sexual desire and a satisfying sexual experience. These products provide essential support for the transformation journey of every man and woman to enjoy a more youthful, vibrant body and fulfilling life.\*



## Renuvo®

Life is full of challenges that can throw your body off course. Renuvo targets healthy aging by supporting a more youthful response to daily life stressors. Whether it's an unhealthy diet, intensive exercise, or mental stress, this adaptogenic formula supports total body recovery, mental acuity, sexual vitality, energy, mood, and metabolism.\*



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## FOCUSED SUPPORT\*

### Targeted Transfer Factor® products

Targeted Transfer Factor products provide specific support for various systems and functions of the body. These products combine the immune system benefits of 4Life Transfer Factor® with additional system-specific nutrients for a targeted approach to health.\*

Targeted Transfer Factor products feature powerful vitamins, minerals, and nutrients to target brain health, eye health, female and male system health, heart health, and other important areas of the body.\*

#### 4Life Transfer Factor Vista®

Support for optimal vision performance and eye health\*

#### 4Life Transfer Factor® Glucoach®

Targeted Transfer Factor support for the endocrine and metabolic systems\*

#### 4Life Transfer Factor® ReCall®

Targeted brain support for optimal mental functioning\*

#### 4Life Transfer Factor® KBU®

Targeted formula for both men and women to support the urinary tract—the kidneys and the bladder\*

#### 4Life Transfer Factor Reflexion®

Proprietary blend that promotes relaxation, improved mood, and the ability to focus during occasional stress\*

#### 4Life Transfer Factor® Cardio

Heart-healthy combo of 4Life Transfer Factor and 18 vitamins, minerals, and antioxidants\*

#### 4Life® NanoFactor® Glutamine Prime®

Energy source that helps fuel immune cell activity and provides the building blocks of glutathione\*

#### 4Life Transfer Factor® Belle Vie®

Targeted support for superior female gynecological and breast health\*

#### 4Life Transfer Factor® MalePro®

Targeted support for optimal prostate health\*

"I used to work in a tense environment, and the daily pressures put a lot of stress on my body. I searched for a way to better support my cardiovascular system and healthy blood pressure. I started taking BioEFA™ with CLA and 4Life Transfer Factor® Cardio, and the results were amazing. I am so thankful for these products."\*

José Freytes  
Diamond  
Puerto Rico

## NUTRITIONAL SUPPORT FOR YOUR BODY'S VARIED NEEDS\*

Your body is a complex machine. It requires extensive care to function at its highest level. Balanced and high-quality nutrition is a critical component to a healthy lifestyle. However, it can sometimes be difficult to get all of the nutrients you need through diet alone. That's why 4Life® has an extensive offering of general health and wellness products to meet your body's varied health needs.\*



VISIT 4LIFE.COM  
TO LEARN  
ABOUT THE  
ENTIRE GENERAL  
HEALTH AND  
WELLNESS LINE  
OF PRODUCTS.

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"I previously worked as an esthetician, and I have tried a lot of skin care products. enummi® Skin Care products make my skin look young and feel healthy, and they're not greasy like other products. And, since enummi products contain 4Life Transfer Factor™, I am proud to recommend them to others."

Nubia Patricia Pineros  
4Life distributor  
Florida, USA

# LET YOUR BEAUTY SHINE

## enummi® Personal Care

Vibrant skin and hair are signs of a healthy body, plus they are key components of a fantastic first impression. When you look in the mirror and see radiant skin and gorgeous hair, you can feel confident and ready to take on the world. And, when someone compliments you on your overall glow and wants to know your secret, it's a great opportunity to talk about 4Life®!

Let your natural beauty shine through with enummi Personal Care products. This product line features natural botanicals, antioxidant support, and 4Life Transfer Factor™ to give your skin and hair the daily hydration, nourishment, and protection they need.

Use enummi Skin Care in conjunction with enummi Shower Essentials for even better results!

- enummi® Gentle Facial Cleanser
- enummi® Refreshing Toner
- enummi® Protective Day Moisturizer with SPF 15
- enummi® Night Recovery Cream
- enummi® Restoring Eye Cream
- enummi® Life C Energizing Serum®
- enummi® Skin Recovery Supplement
- enummi® Intensive Body Lotion
- enummi® Shampoo
- enummi® Conditioner
- enummi® Body Wash



# SHAPERITE® BY 4LIFE®

ShapeRite by 4Life products can be beneficial for everyone—no matter your genetics, body type, or goals. Combine exercise, healthy eating, and ShapeRite by 4Life supplements to maintain a healthy weight and meet your lifestyle goals!\*



### ENERGY GO STIX®

Energy support powder packets that go anywhere\*

- A natural energy boost any time of the day\*
- Available in Berry, Orange Citrus, Pink Lemonade, and Tropical
- 4Life Transfer Factor® immune system support\*



### NUTRASTART®

Great-tasting drink mix in Vanilla or Chocolate

- Perfect as a meal replacement or in-between-meal snack
- Low in calories
- Vitamins, minerals, and plenty of dietary fiber

"My workouts are nothing without Energy Go Stix®! I feel great drinking this product because I'm supporting my immune system. People always ask me, 'Where do you get all that energy?' I'm happy to tell them about Energy Go Stix. I just throw a packet in my purse to support my energy levels anytime of the day. I love it!"\*

Idelsis Geldhof  
International Diamond  
California, USA

VISIT 4LIFE.COM TO LEARN ABOUT THE ENTIRE LINE OF SHAPERITE BY 4LIFE PRODUCTS.

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# YOU'RE READY TO GO!

RiteStart® is 4Life’s premium all-in-one nutritional supplement option for the whole family. Available in convenient pillow packets, RiteStart® Men and RiteStart® Women are easy to take on the go and share with family members, friends, and new prospects. RiteStart® Kids & Teens comes in great-tasting chewable tablets that are easy for kids to take.\*



### RiteStart provides:

- 4Life Transfer Factor® immune system support\*
- Vitamins and minerals necessary for good nutrition\*
- Support for long-term health and wellness\*



- Support for strong bones, healthy vision, muscles, brain function, energy, and much more\*
- Specific health support for men, women, kids, and teens\*

## COUNT ON OUR CREDIBILITY

For the 13th year, 4Life Transfer Factor® products are featured in the *Physicians’ Desk Reference* (PDR). The 2017 listing includes important details about 4Life Transfer Factor® Tri-Factor® Formula, lists a number of 4Life Transfer Factor® products, and includes synopses on several scientific studies.



4LIFE

LOYALTY

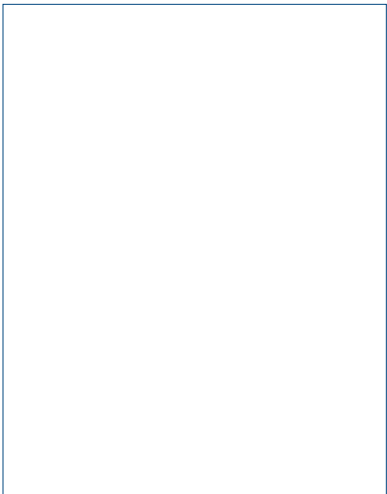
PROGRAM

Earn free

products

Enroll in the 4Life Loyalty Program, and start earning free products today. Find out how at [4life.com/loyalty](http://4life.com/loyalty).^

For more information about 4Life products and the business opportunity, contact:



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