

HEALTHY4Life®

FALL 2016 ISSUE

TRANSFORM YOUR LIFE

Are you ready to transform your life? Many people want to make changes but aren't sure what they want, how to get started, or what to do first. Whether you're looking to transform your body, improve your finances, or develop a stronger connection with a loved one, your time is now!

What do you dream about?

- Achieving your ideal body*
- Burning fat*
- Building muscle*
- Feeling strong*
- Optimizing your health*
- Enjoying healthy energy levels*
- Handling daily stress gracefully*
- Enjoying your relationships*
- Aging well*
- Increasing sports performance*
- Improving workout recovery*
- Contributing to your family finances
- Developing a long term career plan



Make the decision to turn your dreams into goals today. Embrace the life you've always dreamed of living. With 4Life® as your partner, you can truly transform your life!

Transform your body. Our best-selling 4LifeTransform® products can make a big difference—and we've got the studies to prove it. Check out the study results and transformation photos on pages 4.*

Feel your best. When you feel healthy, you can live your best life! 4Life offers exclusive 4Life Transfer Factor® products that help strengthen your immune system.

Targeted Transfer Factor® products provide a more focused and personal level of support for your body's needs. The ShapeRite® by 4Life® line helps you maintain a healthy weight and meet your lifestyle goals. And that's just the beginning of the products that 4Life offers! Check out our other outstanding products in this brochure.*

Achieve your financial goals. Once you start transforming, people will want to know what you're doing. When you become a 4Life distributor, you can earn money by selling products you love to friends and family

members. Resell 4Life products for a profit, experience next-day Rapid Rewards bonuses, and enjoy monthly bonus commissions. Plus, when you participate in the 4Life Loyalty Program, you can earn Product Credits and qualify for a free bonus product every month.

Live the life of your dreams. You can experience all that life has to offer! Turn your dreams into goals and start taking action to transform your life today. Speak with the distributor who gave you this brochure or visit 4life.com to learn more.

4LIFETRANSFORM®



Get Ready to Transform Your Body

4LifeTransform 30-Day Accelerator System

This complete and easy-to-follow system that includes proprietary and scientifically proven products is perfect for people who want to experience an accelerated approach to real and lasting body transformation.*

4Life® scientists and fitness experts have done all of the research, so you'll have everything you need to accelerate through the 30-day transformation.*

Available for men and women.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

IMMUNE SYSTEM SCIENCE AT ITS BEST

Since the launch of 4Life Transfer Factor® almost 20 years ago, we have never wavered in our commitment to lead in the field of immune system support. In fact, 4Life® has distinguished itself from the competition with products that are researched, patent-protected, proprietary, and effective.

WHAT IS 4LIFE TRANSFER FACTOR®?

4Life Transfer Factor® features immune-rich messenger molecules made by the immune system for the immune system. 4Life Transfer Factor products help you live a healthy life by providing knowledge to your body's immune system, supporting its ability to respond appropriately when challenged with health threats.*

"I am grateful for 4Life products. They have provided immune system support for my wife and changed our lives forever.* I am taking the 4Life opportunity all around the world and helping make people's dreams come true, one day at a time."

Luis & Veronica Soria
Presidential Diamonds
Florida, USA



TESTING AND QUALITY

4Life has spent over a million dollars in state-of-the-art laboratory equipment to create

one of the most advanced analytical and quality labs in our industry. Depending on the product, we perform no fewer than 20 analytical tests before releasing it for distribution. Plus, we follow strict current Good Manufacturing Practices (cGMP) guidelines for supplement manufacturing.

4Life also works to guarantee product safety and efficacy through exploratory research, scientific publications, and academic associations.

To emphasize our commitment to testing and quality, every 4Life Transfer Factor product includes a certified 4Life

Transfer Factor seal that represents 4Life's guarantee in the areas of identity, purity, strength, and composition.

When you purchase any 4Life Transfer Factor supplement, you can rest assured that you are getting the very best immune system support possible.*



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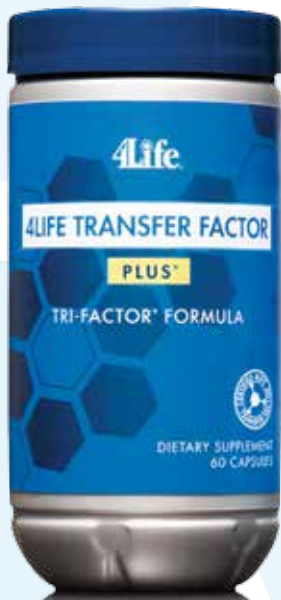
TAKE YOUR PICK!

4Life Transfer Factor® your way

The 4Life Research and Development department continues to advance immune system science with innovations in production standards, quality, and product formulation. With a host of 4Life Transfer Factor products, there are a variety of ways to get the immune system support you want every day!*

"I am very grateful for 4Life products, especially for the way in which they support the health of my family members. I give 4Life Transfer Factor® Chewable Tri-Factor® Formula and 4Life Transfer Factor® RioVida® Tri-Factor® Formula to my granddaughter. She enjoys great health, and we're so thankful for what 4Life has meant in our lives."*

Grisel Nava
4Life distributor
Rhode Island, USA

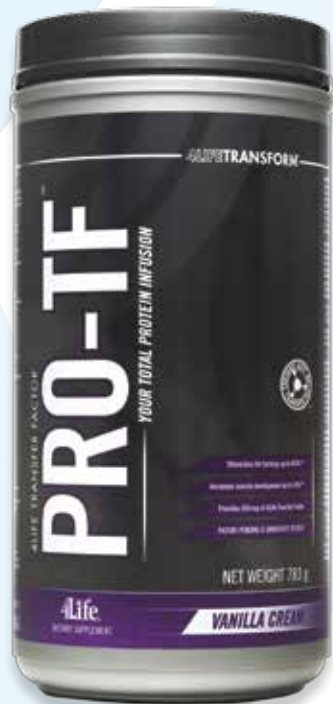


Get daily 4Life Transfer Factor immune system support with 4Life® Transfer Factor Plus® Tri-Factor® Formula. These small **capsules** contain the highest level of support we offer.*

PRO-TF® is a patent-pending and university-tested **protein blend** to help you transform your body so that you can enjoy a youthful and vibrant life.* As the flagship product for the 4Life Transform® product line, PRO-TF includes 300 mg of 4Life Transfer Factor per serving.



4Life Transfer Factor® RioVida® Tri-Factor® Formula is the one-and-only **liquid dietary** supplement that combines the immune system benefits of 4Life Transfer Factor with antioxidant fruits.* You can also enjoy this product in a **portable powder pack** with 4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula, or as a delicious **edible gel blend** with 4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula.



Enjoy daily immune system support in a **chewable tablet** with 4Life Transfer Factor® Chewable Tri-Factor® Formula or 4Life® Transfer Factor Plus® Chewable Tri-Factor® Formula.



Take advantage of the many ways to get your daily serving of 4Life Transfer Factor, and you'll be on your way to living a healthy life.*

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IGNITE YOUR BODY TRANSFORMATION WITH 4LIFETRANSFORM[®]!

4LifeTransform Burn[™]

4LifeTransform Burn ignites fat burning, increases feelings of fullness, and reduces hunger with minimum jitters or agitation. Our patent-pending and proven formula supports fat loss and weight management, especially when combined with exercise and healthy eating. 4LifeTransform Burn helps you achieve greater success in your quest for a lean, sleek, and healthy body!*

PROVEN RESULTS! **

During a pilot sponsored study, 4LifeTransform Burn:

- Reduced waist size*
- Reduced body fat*
- Reduced feelings of hunger and cravings*
- Increased feelings of fullness*



PRO-TF[®]

PRO-TF is an exclusive protein blend developed by 4Life[®] to help you transform your body and enjoy a youthful, vibrant life. PRO-TF is the most advanced and effective protein available to optimize body composition and increase lean muscle growth. In addition, it's the only protein supplement that contains the exclusive immune system support of 4Life Transfer Factor[®].*

LOW MOLECULAR WEIGHT PRO-TF[®] PROTEIN BLEND HAS BEEN INDEPENDENTLY AND UNIVERSITY-TESTED TO HELP YOU:

- Maintain a healthy weight*
- Build or maintain muscle mass*
- Improve sports performance and recovery*
- Increase strength*
- Bolster immune system health*
- Support healthy glucose levels and appetite*
- Look and feel great*



She transformed, and so can you!+



Lost 7.7% body fat and gained 4 pounds of muscle

During the pilot sponsored study, participants took 4LifeTransform Burn, but didn't make any changes to diet or exercise. 4Life employee Veronica Zavala continued the study for an additional three weeks and incorporated a healthy diet and exercise. The results were even more astounding! **

+Results as observed in a pilot sponsored study. Actual results may vary.
^Results as observed in a four-week preclinical study. Actual results may vary.

COMBINE PRO-TF[®] AND 4LIFETRANSFORM BURN[™] FOR EVEN BETTER RESULTS!

An independent, pre-clinical study was conducted to show the effects of 4LifeTransform Burn in response to a westernized, high-fat diet. When taken with PRO-TF, the product increased the molecular fat burning marker by up to 50%. *^

ACCELERATED METABOLISM*

Over a 12-week period, 4LifeTransform Burn[™] accelerated metabolism and doubled the body's ability to burn fat.*



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4LifeTransform[®] Man and 4LifeTransform[®] Woman

Get closer to the one you love with 4LifeTransform Man and 4LifeTransform Woman. These healthy aging and vibrant living supplements support sexual experience and physical health. Man optimizes blood circulation, muscle strength and overall body vitality. Woman enhances sexual desire and satisfying sexual experience. These products provide essential support for the transformation journey of every man and woman to enjoy a more youthful, vibrant body and fulfilling life.*



Renuvo[®]

Life is full of challenges that can throw your body off course. Renuvo targets healthy aging by supporting a more youthful response to daily life stressors. Whether it's an unhealthy diet, intensive exercise, or mental stress, this adaptogenic formula supports total body recovery, mental acuity, sexual vitality, energy, mood, and metabolism.*



4LifeTransform[®] 30-Day Accelerator System

This complete and easy-to-follow system includes proprietary products with scientifically proven ingredients to help you achieve real and lasting body transformation.* 4Life scientists and fitness experts have done all of the research, so you'll have everything you need to accelerate through your 30-day transformation. Available for men and women.



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TARGET A HEALTHY LIFE

Targeted Transfer Factor® products

Targeted Transfer Factor products provide specific support for various systems and functions of the body.* These products combine the immune system benefits of 4Life Transfer Factor® with additional system-specific nutrients for a targeted approach to health.*

Targeted Transfer Factor products feature powerful vitamins, minerals, and nutrients to target brain health, eye health, female and male system health, heart health, and other important areas of our body.*

4Life Transfer Factor Vista®

Support for optimal vision performance and eye health*

4Life Transfer Factor® GluCoach®

Targeted Transfer Factor support for the endocrine and metabolic systems*

4Life Transfer Factor® ReCall®

Targeted brain support for optimal mental functioning*

4Life Transfer Factor® KBU®

Support for the urinary tract, kidneys, and bladder that includes 4Life Transfer Factor®*

4Life Transfer Factor Reflexion™

Proprietary blend that promotes relaxation, improved mood, and the ability to focus during occasional stress*

4Life Transfer Factor® Cardio

Heart-healthy combo of 4Life Transfer Factor and 18 vitamins, minerals, and antioxidants*

4Life® NanoFactor® Glutamine Prime®

Rich energy source that helps fuel immune cell activity and provides the building blocks of glutathione*

4Life Transfer Factor® Belle Vie®

Targeted support for superior female gynecological and breast health*

4Life Transfer Factor® MalePro®

Targeted support for optimal prostate health

NUTRITIONAL SUPPORT FOR YOUR BODY'S VARIED NEEDS

Your body is a complex machine. It requires extensive care to function at its highest level. Balanced and high-quality nutrition is a critical component to a healthy lifestyle. However, it can sometimes be difficult to get all of the nutrients you need through diet alone. That's why 4Life® has an extensive offering of general health and wellness products to meet your body's varied health needs.*

"I used to work in a tense environment, and the daily pressures of that job put a lot of stress on my body. I searched for a way to better support my cardiovascular system and healthy blood pressure. I started taking BioEFA™ with CLA and 4Life Transfer Factor® Cardio, and the results were amazing.* I am so thankful for these products."

José Freytes
Diamond
Puerto Rico



VISIT 4LIFE.COM TO LEARN ABOUT THE ENTIRE GENERAL HEALTH AND WELLNESS LINE OF PRODUCTS.

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"I previously worked as an esthetician, and I have tried a lot of skin care products. I think enummi® Skin Care is a great line of products. These products make my skin look young and feel healthy, and they're not greasy like other products. And, since enummi products contain 4Life Transfer Factor, I am proud to recommend them to others."

Nubia Patricia Pineros
4Life distributor
Florida, USA

LET YOUR BEAUTY SHINE

enummi® Personal Care

Vibrant skin and hair are signs of a healthy body, plus they are key components of a fantastic first impression. When you look in the mirror and see radiant skin and gorgeous hair, you can feel confident and ready to take on the world. And, when someone compliments you on your overall glow and wants to know your secret, it's a great opportunity to talk about 4Life®!

Let your natural beauty shine through with enummi Skin Care and Body Care products. This product line features natural botanicals, antioxidant support, and 4Life Transfer Factor® to give your skin and hair the daily hydration, nourishment, and protection they need.

Use enummi Daily Skin Care in conjunction with enummi Body Care for even better results!

- enummi® Gentle Facial Cleanser
- enummi® Refreshing Toner
- enummi® Protective Day Moisturizer with SPF 15
- enummi® Night Recovery Cream
- enummi® Eye Restoring Cream
- enummi® Life C Energizing Serum®
- enummi® Skin Recovery Supplement
- enummi® Body Lotion
- enummi® Shampoo
- enummi® Conditioner
- enummi® Body Wash



SHAPERITE® BY 4LIFE®

ShapeRite by 4Life products can be beneficial for everyone—no matter your genetics, body type, or goals. Combine exercise, healthy eating, and ShapeRite by 4Life supplements to maintain a healthy weight and meet your lifestyle goals!*



ENERGY GO STIX®

Energy support powder packets that go anywhere*

- A natural energy boost any time of the day*
- Available in Berry, Orange Citrus, and Pink Lemonade
- 4Life Transfer Factor® immune system support*



NUTRASTART®

Great-tasting drink mix in vanilla or chocolate

- Perfect as a meal replacement or in-between-meal snack
- Low in calories
- Vitamins, minerals, and plenty of dietary fiber

"My workouts are nothing without Energy Go Stix®! I feel great drinking this product because I'm supporting my immune system.* People always ask me, 'Where do you get all that energy?' I'm happy to tell them about Energy Go Stix. I just throw a packet in my purse to support my energy levels anytime of the day.* I love it!"

Idelsis Geldhof
International Diamond
California, USA

VISIT 4LIFE.COM TO LEARN ABOUT THE ENTIRE LINE OF SHAPERITE BY 4LIFE PRODUCTS.

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YOU'RE READY TO GO!

RiteStart® is 4Life's premium all-in-one nutritional supplement option for the whole family. Available in convenient pillow packets, RiteStart® Men and RiteStart® Women are easy to take on the go and share with family members, friends, and new prospects. RiteStart® Kids & Teens comes in great-tasting chewable tablets that are easy for kids of any age to take.*



RiteStart provides:

- 4Life Transfer Factor® immune system support*
- Vitamins and minerals necessary for good nutrition*
- Support for long-term health and wellness*

- Support for strong bones, healthy vision, muscle, brain function, energy, and much more!*
- Specific health support for men, women, kids, and teens*

COUNT ON OUR CREDIBILITY

For the 12th year, 4Life Transfer Factor® products are featured in the *Physicians' Desk Reference (PDR)*. The 2016 listing includes important details about 4Life Transfer Factor® Tri-Factor® Formula, lists a number of 4Life Transfer Factor® products, and includes synopses on several scientific studies.

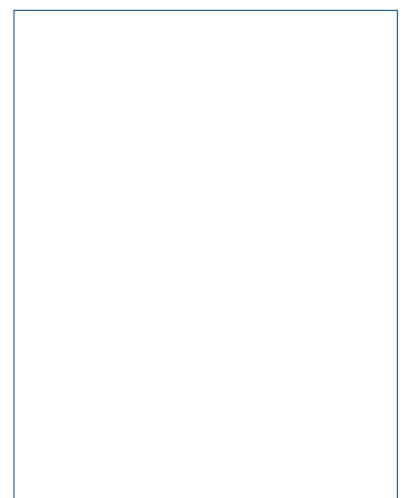


Earn free products

Enroll in the 4Life Loyalty Program, and start earning free products today. Find out how at 4life.com/loyalty.



For more information about 4Life products and the 4Life opportunity, contact:



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