

Fibre System Plus™

Ten-day internal cleanse

- Provides a healthy bi-annual cleansing program
- Supports eliminative functions of the body
- Promotes regularity

What is Fibre System Plus™?

Fibre System Plus is a ten-day cleansing program that supports healthy digestive function and regularity. It features key herbs that promote a thorough and comfortable internal cleanse by supporting the eliminative functions of the digestive and urinary systems. Each packet contains six capsules that combine the cleansing and nutritional benefits of psyllium husk, cascara sagrada, black walnut, gentian root, cranberry fruit, prunes, papain, bromelain, and other healthy ingredients.

PRIMARY SUPPORT:

Cleansing
Detox

SECONDARY SUPPORT:

Digestion
Weight Management

Key Features

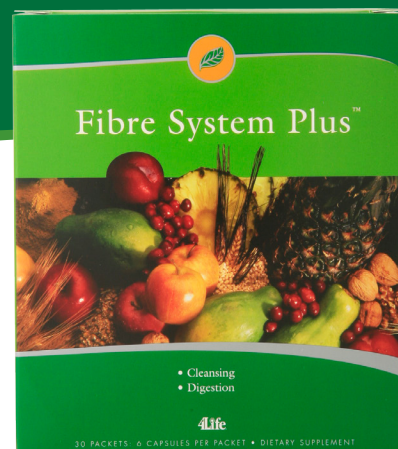
- Contains 25 herbal ingredients to provide thorough intestinal cleansing and purification
- Provides an excellent gastrointestinal cleanse as preparation for any nutritional regimen
- Helps decrease bowel transit time and eliminate the buildup of toxins in the body
- Supports the body's ability to more efficiently absorb essential nutrients

Did You Know?

In addition to the proprietary fiber and cleansing blends, Fibre System Plus also contains proprietary nutrition and herbal blends that promote a healthy environment for friendly flora and help maintain digestive system health.

Ordering Information

Item # 7190 - 30 packets
Item # 7191 - 12 for the price of 11



DIRECTIONS: Take the contents of one packet one-half hour before meals three times daily for ten days. For best results, use Fibre System Plus™ twice per year.

NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, abdominal pain or intestinal inflammation.** Consult your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication or have a medical condition, consult your physician before using this product.

Supplement Facts

Serving Size: One (1) Packet

Servings Per Container: 30

Amount Per Serving	%DV*
Fiber Blend 1450 mg	†
Psyllium (<i>Plantago ovata</i>) husk	
Rice (<i>Oryza sativa</i>) seed bran	
Apple (<i>Malus domestica</i>) fruit fiber	
Slippery Elm (<i>Ulmus rubra</i>) inner bark	
Prune (<i>Prunus domestica</i>) fruit	
Marshmallow (<i>Althaea officinalis</i>) root	
Locust (<i>Ceratonia siliqua</i>) bean gum	
Xanthan Gum	
Cleansing Blend 690 mg	†
Black Walnut (<i>Juglans nigra</i>) hull	
Cascara Sagrada (<i>Rhamnus purshiana</i>) bark	
Gentian (<i>Gentiana lutea</i>) root	
Licorice (<i>Glycyrrhiza glabra</i>) root	
Buckthorn (<i>Rhamnus frangula</i>) bark	
Nutrition Blend 550 mg	†
Cranberry (<i>Vaccinium macrocarpon</i>) fruit	
Pineapple (<i>Ananas comosus</i>) fruit (Bromelain)	
Papaya (<i>Carica papaya</i>) fruit (Papain)	
Sage (<i>Salvia officinalis</i>) leaf	
Parsley (<i>Petroselinum crispum</i>) aerial part	
Irish Moss (<i>Chondrus crispus</i>) whole plant	
Bee Pollen	
Hawaiian Spirulina (<i>Spirulina pacifica</i>)	
Herbal Blend 155 mg	†
Ginger (<i>Zingiber officinale</i>) root	
Hops (<i>Humulus lupulus</i>) flower	
Chamomile (<i>Matricaria recutita</i>) flower	

* Daily Value † Daily Value not established

OTHER INGREDIENTS: Gelatin capsule and magnesium stearate.

4Life
TOGETHER, BUILDING PEOPLE™