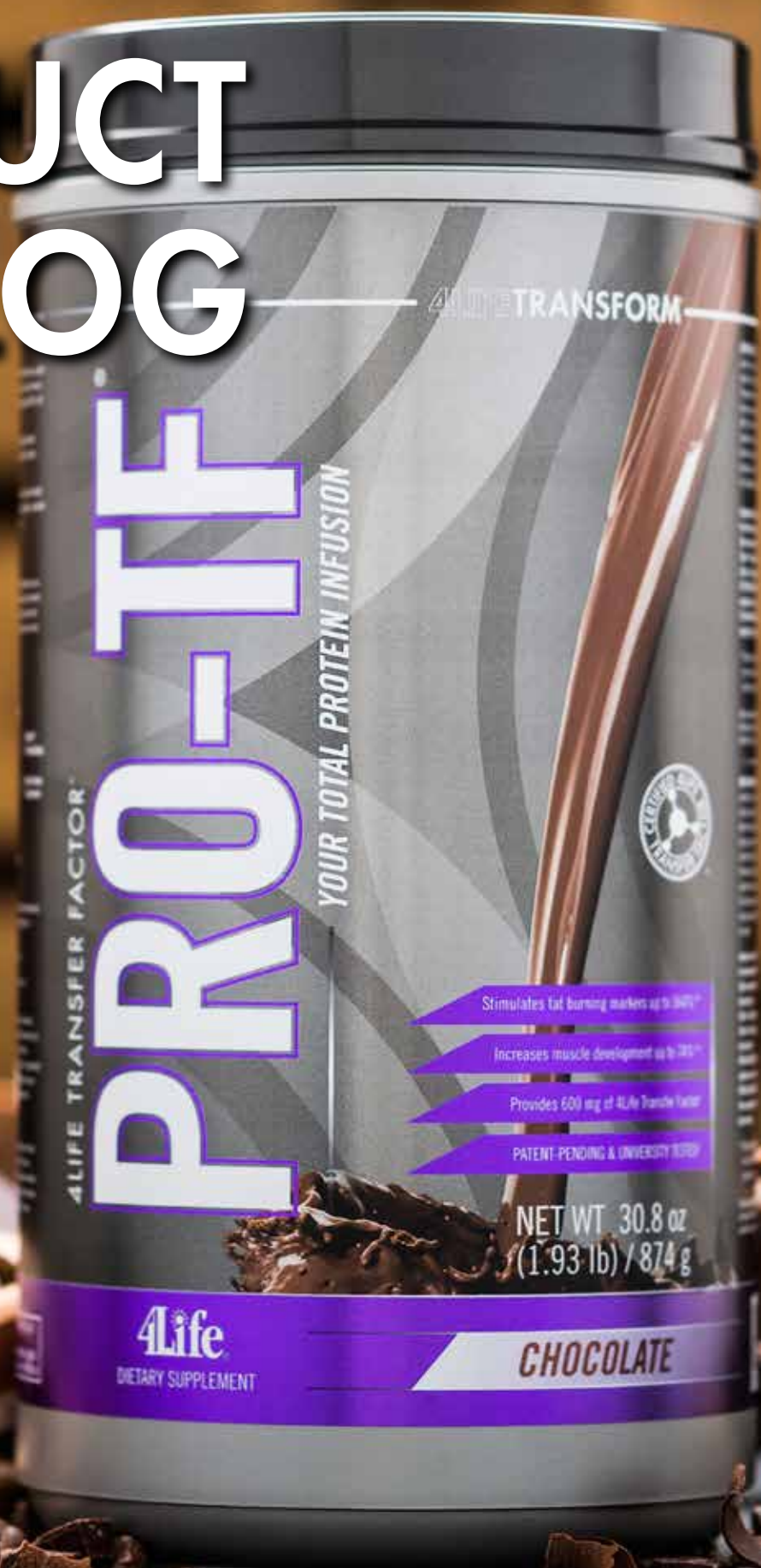


# 4LIFE<sup>®</sup> PRODUCT CATALOG

[U.S. VERSION]



**4Life**  
TOGETHER, BUILDING PEOPLE<sup>®</sup>





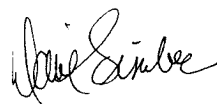


## WELCOME TO 4LIFE®

**M**ore than 18 years ago, we came across the remarkable scientific finding of transfer factors. After experiencing the energizing immune system support of these information-packed molecules for ourselves, our passion grew, and we knew we would spend the rest of our lives sharing what we had learned with others.\* Today, our original product has developed into one of the most revolutionary immune system support ingredients available, 4Life Transfer Factor®.\* Our progress has solidified 4Life as The Immune System Company™ worldwide and served as the springboard for 4Life Transfer Factor® Science.\*

No matter your age, or where you're from, we have a Certified 4Life Transfer Factor product that's just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that *immune education* can have on your personal health.\* Complemented by a wide range of additional supplements to meet your personal skin care, general wellness care, and body transformation needs, we are confident that 4Life products will make immune system and overall wellness support something you'll look forward to every day.\*

Sincerely,

  
Bianca P. Lisonbee

David and Bianca Lisonbee  
4Life Founders

### *Science at its best*

Since 1998, we've been dedicated to researching and developing innovative 4Life Transfer Factor products—and our commitment has paid off. Transfer factors aren't simply nutrients; they provide knowledge to your body's immune system—supporting its natural ability to know what to do when challenged with health threats.\*

Further advancing our position as a world leader in protein sciences, 4Life is set apart by our in-house Research and Development team, as well as the supporting expertise of a professional board of medical professionals, immunologists, nutritionists, and researchers, known as the Health Sciences Advisory Board (HSAB). Each of our scientific leaders is dedicated to the ongoing advancement of 4Life Transfer Factor Science because of the positive impact we continue to see in people's lives.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Products listed in order of recommendation

## IMMUNE SYSTEM\*

RiteStart® Men/RiteStart® Women	17
RiteStart® Kids & Teens	17
4Life® Transfer Factor Plus® Tri-Factor® Formula	11
4Life Transfer Factor® Tri-Factor® Formula	11
4Life Transfer Factor® RioVida® Tri-Factor® Formula	12
4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	13
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	13
4Life Transfer Factor® Chewable Tri-Factor® Formula	11
Renuvo®	19
PRO-TF® <b>New Flavor!</b>	18
PRO-TF® Protein Bar	19
4Life Transfer Factor® Classic	15
4Life® NanoFactor® Glutamine Prime®	23
4Life Transfer Factor® Immune Spray	14
Immune Formula™	39
Probiotics	36

## ANTIOXIDANTS\*

4Life Transfer Factor® RioVida® Tri-Factor® Formula	12
4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	13
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	13
RiteStart® Men/RiteStart® Women	17
Renuvo®	19
PBGS+®	41
Choice 50®	36
Life C®	39

## BRAIN HEALTH\*

4Life Transfer Factor® ReCall®	22
BioEFA™ with CLA	35
RiteStart® Men/RiteStart® Women	17

## CLEANSING & DETOX\*

Fibre System Plus™	37
Super Detox®	40
Tea4Life®	41
PhytoLax®	40

## DENTAL HEALTH

enummi® Toothpaste	27
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## DIGESTIVE HEALTH\*

Aloe Vera	35
Digestive Enzymes	37
Probiotics	36
PhytoLax®	40

## ENERGY\*

Energy Go Stix® <b>New Flavor!</b>	30
ReZoom®	32

## EYE HEALTH\*

4Life Transfer Factor Vista®	23
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## FEMALE SUPPORT\*

4Life Transfer Factor® Belle Vie®	23
RiteStart® Women	17
BioGenistein Ultra®	36
FemRite®	39

## GLUCOSE METABOLISM\*

PRO-TF® <b>New Flavor!</b>	18
PRO-TF® Protein Bar	19
4Life Transfer Factor® GluCoach®	23
Gurmar	39

## HEALTHY AGING\*

Renuvo®	19
RiteStart® Men/RiteStart® Women	17
PRO-TF® <b>New Flavor!</b>	18
4Life Transfer Factor® RioVida® Tri-Factor® Formula	12
4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	13
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	13
enummi® Skin Recovery Supplement*	29

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## HEART HEALTH\*

4Life Transfer Factor® Cardio	22
RiteStart® Men/RiteStart® Women	17
BioEFA™ with CLA	35

## MALE SUPPORT\*

4Life Transfer Factor® MalePro®	23
RiteStart® Men	17
Male Formula	40

## MULTIVITAMIN &amp; MINERAL\*

RiteStart® Men/RiteStart® Women	17
RiteStart® Kids & Teens	17
Multiplex™	40

## MUSCLE, BONE &amp; JOINT HEALTH\*

Flex4Life®	39
Fibro AMJ® Day-Time Formula	37
RiteStart® Men/RiteStart® Women	17
PRO-TF® <b>New Flavor!</b>	18
PRO-TF® Protein Bar	19
CM Super™	37
MusculoSkeletal Formula™	40
SleepRite AMJ™	41

## OVERALL WELLNESS\*

RiteStart® Men/RiteStart® Women	17
Renuvo®	19
4Life® Transfer Factor Plus® Tri-Factor® Formula	11
4Life Transfer Factor® Tri-Factor® Formula	11
4Life Transfer Factor® RioVida® Tri-Factor® Formula	12
4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	13
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	13
4Life Transfer Factor® Chewable Tri-Factor® Formula	11
4Life Transfer Factor® Classic	15
RiteStart® Kids & Teens	17
Bountiful Harvest® Plus	36
Multiplex™	40

## SKIN HEALTH &amp; BEAUTY\*

enummi® Gentle Facial Cleanser	29
enummi® Refreshing Toner	29
enummi® Life C Energizing Serum®	29
enummi® Restoring Eye Cream	29
enummi® Protective Day Moisturizer	29
enummi® Night Recovery Cream	29
enummi® Intensive Body Lotion (now in a convenient tube)	26
enummi® Skin Recovery Supplement*	29
enummi® Shampoo	25
enummi® Conditioner	25
enummi® Body Wash	25
enummi® Men Essentials Set	29
enummi® Skin Care System	29
4Life Transfer Factor® RenewAll™	15

## SLEEP, MOOD, &amp; STRESS\*

SleepRite AMJ™	41
Stress Formula™	41
Inner Sun®	39

## URINARY HEALTH\*

4Life Transfer Factor® KBU®	23
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## WEIGHT MANAGEMENT\*

PRO-TF® <b>New Flavor!</b>	18
PRO-TF® Protein Bar	19
Shape-Fast Ultra®	32
NutraStart® (now in a convenient canister)	31
Citri-Shape®	32
ChitoLite®	31
Catalyst® Plus	31
Carb BLX™	31
MetaboLite™	32
4Life Transfer Factor® GluCoach®	23

## 4LIFE® LOYALTY PROGRAM PACKS

4Life Loyalty Program	42-43
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## COUNT ON OUR QUALITY

4Life® pledges to uphold the highest standards of product design and manufacturing for every product we sell. We will always strive to create products of the utmost quality and efficacy.

In our million-dollar quality and testing lab, we test 4Life ingredients and products for **identity**, **purity**, **strength**, and **composition**. We conduct at least 20 unique and critical quality tests on every product, and many products are tested even more rigorously before being released for distribution.

We certify all 4Life Transfer Factor® products. When you purchase our products, you can rest assured that you're getting the very best.

Read the entire Certified 4Life Transfer Factor Guarantee at [4life.com](http://4life.com).



# BUILDING BLOCKS FOR SUPPLEMENT SUCCESS

Life is full of questions without easy answers. People often wonder, “What’s the best supplement for my specific need?” Below are the key categories to better identify and address real needs, achieve goals, and more confidently build a 4Life® business.

## LEVEL 1: Build a solid foundation

A healthy lifestyle—quality exercise, proper nutrition, and a positive approach to life—forms the foundation for your overall health. 4Life offers real solutions to help you build a core plan for supplement success.

### ▶ Immune system support

Supporting your immune system is paramount to leading a robust life.

**4Life solutions** (pick at least one):  
*4Life Transfer Factor® products\**

### ▶ Supplemental protein

Provide your body with quality protein every few hours to support healthy blood glucose levels, metabolism, and immune system.

**4Life solution:** *PRO-TF®; PRO-TF® Protein Bar\**

### ▶ Multi-vitamin/ multi-mineral

Vitamins and minerals allow chemical reactions to occur in your body.

**4Life solution (pick one):** *RiteStart® Men/RiteStart® Women; RiteStart® Kids & Teens; Multiplex™\**

### ▶ Essential fatty acids

Essential fatty acids provide vital support for every cell in your body, especially heart, brain, skin, hair, teeth, nails, and eyes.

**4Life solutions:** *RiteStart® Men/RiteStart® Women and BioEFA™ with CLA\**

### ▶ Adaptogen/ adaptogenic formula

Adaptogenic ingredients help you recover more efficiently to stress to maintain a healthy, balanced state.

**4Life solution:**  
*Renuvo®\**

### ▶ Bioflavonoids

Supplement your diet with a source of beneficial fruits and vegetables to provide a host of health benefits.

**4Life solutions** (pick at least one):  
*4Life Transfer Factor® RioVida® Tri-Factor® Formula products; Bountiful Harvest® Plus; RiteStart® Men/RiteStart® Women\**

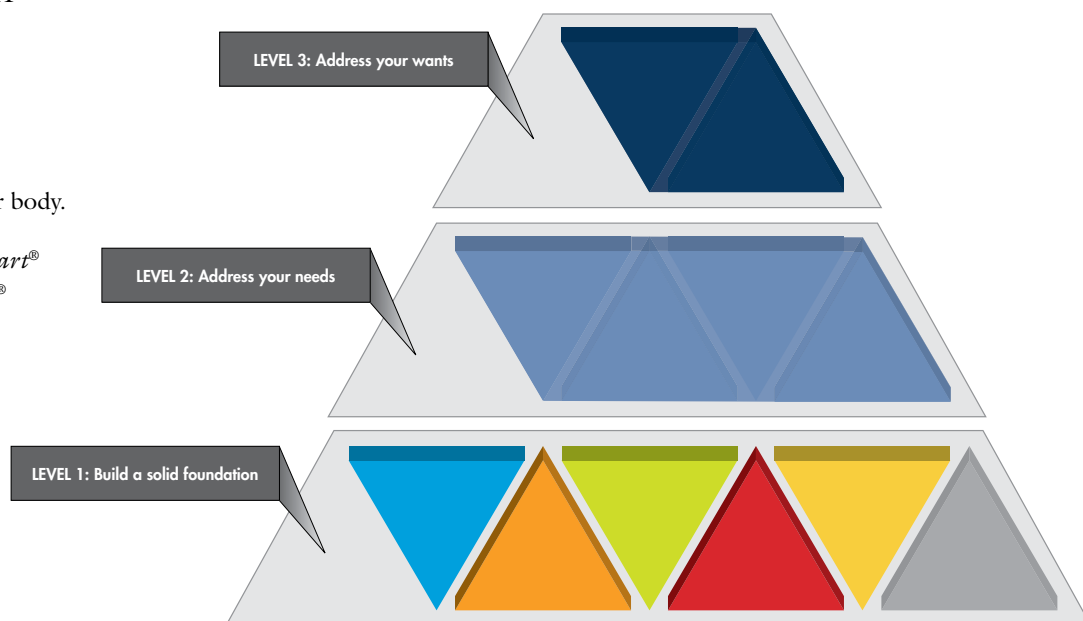
## LEVEL 2: Address your needs

After you’ve built a solid foundation, you may need additional tools to help you live your fullest life. 4Life is here to help with age- and/or gender-specific products like *4Life Transfer Factor® Belle Vie®* and *4Life Transfer Factor® MalePro®\**.

## LEVEL 3: Address your wants

Once your foundation is well-established and you’ve addressed your needs, it’s time to look at your wants. Supplemental wants are like the finishing touches on a new home.

Follow a personalized supplement plan to help you become more focused, effective, and fruitful in your health and long-term business goals.



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4Life

4LIFE TRANSFER FACTOR

CHEWABLE

TRI-FACTOR FORMULA

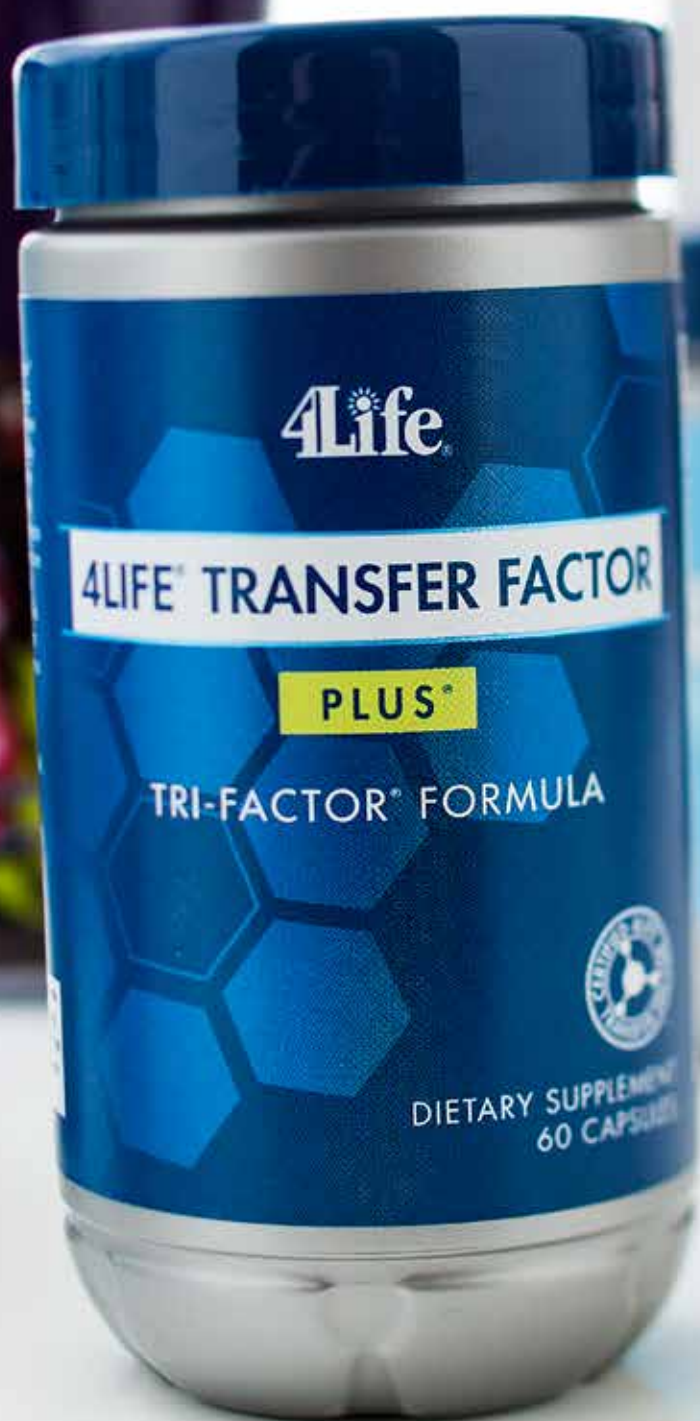


CITRUS CREAM  
FLAVOR



DIETARY SUPPLEMENT  
90 TABLETS





4Life

4LIFE® TRANSFER FACTOR

PLUS®

TRI-FACTOR® FORMULA



DIETARY SUPPLEMENT  
60 CAPSULES



## 4LIFE TRANSFER FACTOR®

LEADING THE WAY IN  
PROTEIN SCIENCES

When you feel healthy, you can live your best possible life. You need a smart and vigilant immune system to help you fight back against the threats you face each day. That's why people are making the smart choice with 4Life Transfer Factor products.

The 4Life commitment to transfer factor research and optimal immune system function has progressively raised the standard for modern-day immune system supplementation.\*



Take advantage of the many ways to get your daily serving of 4Life Transfer Factor immune system support and you'll be on your way to living a healthy life.\*



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### 4LIFE® TRANSFER FACTOR PLUS® TRI-FACTOR® FORMULA

**PRIMARY SUPPORT:** Immune System, Overall Wellness\*

Certified 4Life Transfer Factor and additional support ingredients to balance and support the immune system response\*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats\*
- Boosts Natural Killer (NK) cell activity by up to 437%†
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast
- Includes three proprietary sources of Tri-Factor® Formula—UltraFactor XF®, OvoFactor®, and NanoFactor®

(60 capsules).....Item #24075

(60 vegetable capsules).....Item #24077

### 4LIFE TRANSFER FACTOR® TRI-FACTOR® FORMULA

**PRIMARY SUPPORT:** Immune System, Overall Wellness\*

Foundational immune system support to balance and support the immune system response\*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats\*
- Boosts Natural Killer (NK) cell activity by up to 283%†
- Contains 600 milligrams of 4Life Transfer Factor® per serving, the highest amount in 4Life products
- Includes three proprietary sources of Tri-Factor® Formula—UltraFactor XF®, OvoFactor®, and NanoFactor®

(60 capsules).....Item #24070

(60 vegetable capsules).....Item #24072

† Refer to Natural Killer Cell graph and additional preliminary scientific tests



### 4LIFE TRANSFER FACTOR® CHEWABLE TRI-FACTOR® FORMULA

**PRIMARY SUPPORT:** Immune System, Overall Wellness\*

A great-tasting chewable citrus-cream tablet to balance and support the immune system response\*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats.\*
- Provides a great option for those who prefer not to swallow capsules
- Delights kids and adults alike with a great citrus-cream flavor
- Includes three proprietary sources of Tri-Factor® Formula—UltraFactor XF®, OvoFactor®, and NanoFactor®

(90 chewable tablets).....Item #24042

## 4Life Transfer Factor® Tri-Factor® Formula Increases Natural Killer (NK) Cell Activity

Immune cells educated with  
4Life® Transfer Factor Plus® Tri-Factor® Formula

437%

Immune cells educated with  
4Life Transfer Factor® Tri-Factor® Formula

283%

Immune cell response  
without 4Life Transfer Factor®  
(baseline value)

WITHOUT  
4LIFE TRANSFER FACTOR

WITH  
4LIFE TRANSFER FACTOR

\*Indicates the percentage increase above the baseline value

Test results obtained from an independent, unpublished in vitro experiment conducted at the Russian Academy of Medical Sciences, in Kashinskoe Shosse, Russia. The randomized and controlled in vitro study assessed the effects of 4Life Transfer Factor® Classic, 4Life Transfer Factor® Tri-Factor® Formula, or 4Life® Transfer Factor Plus® Tri-Factor® Formula, versus a positive control (Interleukin-2, or IL-2) on NK cell activity and effectiveness in destroying damaging cells. Blood was collected from healthy volunteers and then incubated for up to 48 hours. (REFERENCE: Kiselevsky MV & Khaliturova EO. Unpublished observations)





**4LIFE TRANSFER FACTOR®  
RIOVIDA® TRI-FACTOR® FORMULA**

**PRIMARY SUPPORT:** Immune System, Healthy Aging, Antioxidant, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Heart Health, Energy\*

The first and only Transfer Factor juice in the world, with added antioxidant energizers\*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats with 600 mg of 4Life Transfer Factor per 1 fl oz serving\*
- Includes a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry\*
- Contains essential and supporting vitamin C, amino acids, fatty acids, and polyphenols
- Includes three proprietary sources of Tri-Factor® Formula—UltraFactor XF®, OvoFactor®, and NanoFactor®

(2— 16.9 oz bottles) ..... Item #24105

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.





### 4LIFE TRANSFER FACTOR® RIOVIDA STIX® TRI-FACTOR® FORMULA

**PRIMARY SUPPORT:** Immune System, Healthy Aging, Antioxidant\*

The immune system goodness of RioVida in a portable powder pack\*

- Supports the immune system with 600 mg of 4Life Transfer Factor per serving\*
- Delivers essential antioxidants from açai, pomegranate, and blueberry\*
- Replenishes electrolytes to support nerve and muscle function\*
- Is portable and easy to share
- Contains no artificial sweeteners, flavors, or preservatives
- Includes three proprietary sources of Tri-Factor® Formula—UltraFactor XF®, OvoFactor®, and NanoFactor®

(15 powder packets)..... Item #24113

(7 for the price of 6)..... Item #24116

### 4LIFE TRANSFER FACTOR® RIOVIDA BURST® TRI-FACTOR® FORMULA

**PRIMARY SUPPORT:** Immune System, Healthy Aging, Antioxidant, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Heart Health, Energy\*

The immune system goodness of RioVida®, conveniently packaged in a smooth and delicious edible gel blend\*

- A delicious, on-the-go source of essential and supporting vitamin C, amino acids, fatty acids, and polyphenols
- Contains Certified 4Life Transfer Factor and a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry\*
- Is easy to share
- Includes three proprietary sources of Tri-Factor® Formula—UltraFactor XF®, OvoFactor®, and NanoFactor®

(15 gel packets)..... Item #24110

(7 for the price of 6)..... Item #24111



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## 4LIFE TRANSFER FACTOR® IMMUNE SPRAY

**PRIMARY SUPPORT:** Immune System\*

Soothing mouth and throat spray that combines UltraFactor XF® and NanoFactor® with colloidal silver, zinc, and more

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats\*
- Soothes the mouth and throat with aloe vera and marshmallow\*
- Is available in fresh mint and orange flavor
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated

Mint (1.7 oz bottle).....Item #24046  
Orange (1.7 oz bottle).....Item #24044



## DID YOU KNOW? 4LIFE TRANSFER FACTOR®

### DISCOVERY

- Dr. H. Sherwood Lawrence discovered transfer factor molecules in 1949.
- 4Life Founder and Chairman of the Board David Lisonbee learned about transfer factors as part of his own personal health research.
- 4Life secured patents (U.S.# 6,866,868 and U.S.#7,815,943) that protect the process and use of transfer factors derived from colostrum ("first milk") and chicken egg yolks.

### DESCRIPTION

- Transfer factors are tiny messenger molecules composed of amino acids (i.e., transfer factors are a unique category of bioactive peptides), that transfer immune memory from an experienced immune system "donor" to a less experienced recipient immune system.\*

### BENEFITS

- Transfer factors support the immune system's natural ability to recognize, respond to, and remember potential threats.\*
- Transfer factors may boost or balance the immune system response to a potential threat.\*
- 4Life® Transfer Factor Plus® Tri-Factor® Formula has been shown to increase Natural Killer (NK) cell activity by up to 437%.\*
- 4Life Transfer Factor® Tri-Factor® Formula promotes healthy T-cell and B-cell function.\*

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#### 4LIFE TRANSFER FACTOR® RENEWALL™

Soothing skin gel with UltraFactor XF®

- Contains ingredients that promote skin health
- Includes aloe vera, rosemary, chamomile, and lavender to nourish skin

(2 fl. oz tube) .....Item #25041



#### 4LIFE TRANSFER FACTOR® CLASSIC

**PRIMARY SUPPORT:** Immune System, Overall Wellness\*

4Life's original colostrum-derived 4Life Transfer Factor product for daily immune system support\*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats\*
- Boosts Natural Killer (NK) cell activity by up to 204%\*
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated

(90 capsules) .....Item #24080

## FORTIFY YOUR DEFENSES!

Results from an open-label, beta-test experiment showed that 4Life Transfer Factor® Tri-Factor® Formula effectively helped strengthen the immune system in **100%** of the people tested.\*†

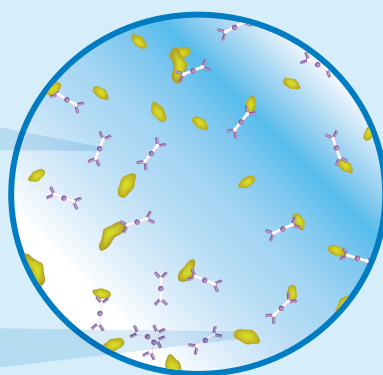
### Increased Production of Salivary IgA Antibodies\*



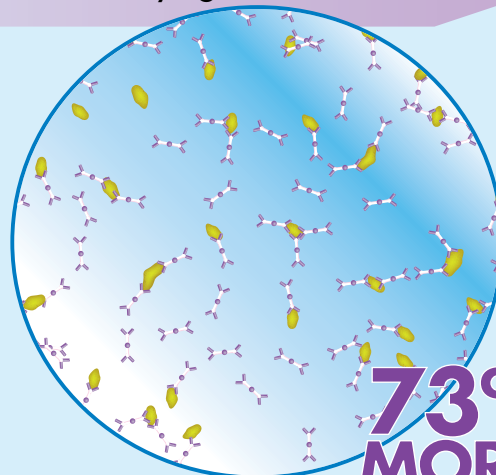
IgA Antibody (Immune Defender)  
A critical first line of defense



Pathogen (Germ Invader)



**BEFORE** taking 4Life Transfer Factor



**AFTER** taking 4Life Transfer Factor  
for four consecutive weeks\*

**73%  
MORE!**

†Immunoglobulin A (IgA) test results obtained from a preliminary, open-label study on 21 reportedly healthy adults. Participants took 4Life Transfer Factor® Tri-Factor® Formula for two weeks, followed by 4Life Transfer Factor® RioVida® Tri-Factor® Formula. \*One hundred percent of participants saw an increase in the production rate of salivary secretory IgA by an average of 73% after taking 4Life Transfer Factor products for four weeks, when compared to the one-week baseline. A brief drop occurred at the transition between the two products. (Bennet RH: Salivary IgA in Healthy Adults is Increased by Dietary Transfer Factors: An open label, cross-over study. Unpublished findings.)

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**RITESTART®**, a top-selling 4Life product, contains essential vitamin and mineral building blocks for good nutrition with the added advantage of 4Life Transfer Factor®. Named for the exact purpose it provides—a right start for your day, for your health, and for your life—RiteStart is designed to help you look and feel great.\*

RiteStart® Men and RiteStart® Women includes 4Life® Transfer Factor Plus® Tri-Factor® Formula immune system support, essential fatty acids (including omega-3 and omega-6), a complex blend of

antioxidants, and hormone support for men or women.\* RiteStart is available in a 30-count box of convenient packets that are easy to take with you anywhere.

RiteStart® Kids & Teens contains vitamins and minerals that are critical for development and growth along with the immune system support of 4Life Transfer Factor® Tri-Factor® Formula.\*

#### RITESTART® WOMEN

**PRIMARY SUPPORT:** Immune System, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Energy, Eye Health, Skin Health\*

Twice-daily supplement packets for women

##### TAKE RITESTART WOMEN EVERY DAY FOR:

- Immune system support from 4Life® Transfer Factor Plus® Tri-Factor® Formula\*
- Contains Certified 4Life Transfer Factor with UltraFactor XF®
- Specific female system support\*
- Joint and bone health support\*
- Skin health support\*
- A unique blend of antioxidants
- Cardiovascular and circulatory support\*
- Healthy hormonal balance support\*
- Vision and eye health support\*

(30 packets) .....Item #27013  
(2-pack) .....Item #27015  
(1 Women, 1 Men) .....Item #26524

#### RITESTART® MEN

**PRIMARY SUPPORT:** Immune System, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness\*

**SECONDARY SUPPORT:** Brain Health, Energy, Eye Health, Skin Health\*

Twice-daily supplement packets for men

##### TAKE RITESTART MEN EVERY DAY FOR:

- Immune system support from 4Life® Transfer Factor Plus® Tri-Factor® Formula\*
- Contains Certified 4Life Transfer Factor with UltraFactor XF®
- Specific male system support\*
- Joint and bone health support\*
- Skin health support\*
- A unique blend of antioxidants
- Cardiovascular and circulatory support\*
- Vision and eye health support\*

(30 packets) .....Item #26521  
(2-pack) .....Item #26523  
(1 Men, 1 Women) .....Item #26524

#### RITESTART® KIDS & TEENS

**PRIMARY SUPPORT:** Immune System, Multivitamins & Mineral, Overall Wellness\*

**SECONDARY SUPPORT:** Energy, Muscle, Bone & Joint Health, Skin Health, Beauty\*

Great for kids and teens ages 2–18

##### TAKE RITESTART KIDS & TEENS EVERY DAY FOR:

- 300 to 600 mg of 4Life® Transfer Factor Plus® Tri-Factor® Formula\*
- Immune system support to help your body recognize, respond to, and remember potential health threats\*
- 22 essential vitamins and minerals for growing bodies\*
- Support for strong bones\*
- Vitamin B for healthy brain function\*
- Healthy vision, muscle function, and skin support\*
- Antioxidant vitamins A, C, and E\*

Available in 120-count bottle of chewable tablets in assorted citrus cream and sour apple. Suggested serving is two (2) or four (4) chewable tablets daily, depending on age.\*

(120 tablets) .....Item #24089

\*A two tablet serving for children ages 2–3 contains 300 mg of 4Life Transfer Factor® Tri-Factor® Formula. A four tablet serving for children ages 4 and over contains 600 mg of 4Life Transfer Factor® Tri-Factor® Formula.

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# 4LIFETRANSFORM®

4LifeTransform® represents the promise of a more vibrant, youthful, and balanced life by empowering you through nutritional products and programs designed to help you change your body.

## PRO-TF®

### YOUR TOTAL PROTEIN INFUSION

**PRIMARY SUPPORT:** Weight Management, Muscle & Sports Performance, Immune System\*

**SECONDARY SUPPORT:** Heart Health, Muscle, Bone, & Joint\*

Transform your body with PRO-TF® and live a more fulfilling and vibrant life!\*

- Every two-scoop serving of PRO-TF® provides 20 grams of patent-pending 4LifeTransform® Protein Formula, the most advanced and effective protein available to help you transform your body, optimize performance, and promote health.\*
- Includes an essential protein source for your body plus 600 milligrams of the exclusive immune system support of 4Life Transfer Factor® in every two-scoop serving\*
- Independently and university-tested to support calorie and fat burning, muscle protection and growth, increased metabolism, and hunger suppression\*
- Only 140 calories per two-scoop serving, gluten free, and contains zero grams of lactose



PRO-TF® Vanilla Cream 46-serving canister ..... Item #27568

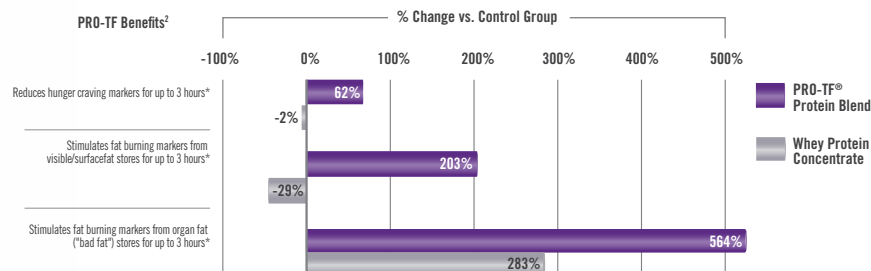
NEW! PRO-TF® Chocolate 46-serving canister ..... Item #27577

## AVAILABLE NOW



The patent-pending 4LifeTransform® Protein Formula was tested in an independent university pre-clinical study and shown to significantly increase muscle protein synthesis (muscle growth) by 74% and was more effective than the leading whey protein in the following areas:<sup>1</sup>

- Reduces hunger cravings by up to 62% for up to three hours\*
- Stimulates fat burning from visible/surface fat by up to 203% for up to three hours\*
- Stimulates fat burning from "bad fat" stores by up to 564% for up to three hours\*



Protein can help protect healthy muscle in people of all ages, by increasing muscle growth and reducing muscle breakdown.\*

<sup>1</sup> 4Life Research and Auburn University's Molecular and Applied Sciences Laboratory in the College of Education, School of Kinesiology, conducted a pre-clinical research study to demonstrate the safety and efficacy of PRO-TF®, a patent-pending product [Mobley CB et. al., J Int Soc Sports Nutr 2015, 12:14]. To learn more, visit 4life.com.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



### PRO-TF® PROTEIN BAR

Get your protein on the go with this delicious, patent-pending snack.\*

- Provides 10 grams of patent-pending Low-Molecular Weight PRO-TF Protein Blend—the most advanced and effective protein available for transforming your body and supporting optimal health.
- Features delicious double chocolate flavor with a chewy and satisfying crunch
- Only 190 calories with 12 grams of high-quality protein, 6 grams of fiber, and just 9 grams of net carbohydrates
- Supports fat burning, helps build lean muscle, and reduces hunger

10 bars per box .....Item #17501



### RENUVO®

**PRIMARY SUPPORT:** Immune System Support, Healthy Aging, Antioxidant, Overall Wellness\*

A patent-pending adaptogen that targets healthy aging by supporting a more youthful and healthy response to environmental stressors\*

- Promotes total body recovery\*
- Helps counteract the telltale signs of aging\*
- Supports healthy mental acuity, mood, and metabolism\*
- Promotes healthy sexual vitality and energy\*

(120 capsules) .....Item #24201



**Use, Share, and Earn**

Download the 4LifeTransform™ App today from the App Store or Google Play.

Visit [www.4lifetransform.com](http://www.4lifetransform.com) for details.

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# BEST IN CLASS PROTEIN

## RESULTS:

Lost five inches from waist

## 4LIFE® PRODUCTS:

PRO-TF®, Renuvo®, RiteStart® Women, 4Life Transfer Factor® RioVida® Tri-Factor® Formula, Shape-Fast Ultra®, MetaboLite™, ChitoLite®, Carb BLX™, Tea4Life®

## MY TRANSFORMATION:

- Committed to a healthy eating plan
- Worked out (cardio and weights) five days per week, plus ran three–four miles daily



**LOURDES GARCÍA**  
Gold International Diamond  
"Future Platinum International Diamond"



**BEFORE**



**AFTER**

## RESULTS:

Lost 7% body fat

## 4LIFE® PRODUCTS:

PRO-TF®, Energy Go Stix®, Renuvo®, BioEFA™ with CLA, 4Life® Transfer Factor Plus® Tri-Factor® Formula

## MY TRANSFORMATION:

- Ate five–six small meals per day with a primary emphasis on protein and fiber
- Worked out (cardio and weights) three times per week and regularly practiced various sports



**NADZRUL SALIM**  
Gold International Diamond  
"Walk the talk"



**BEFORE**



**AFTER**

The before and after photos and testimonials contained herein have been provided by 4Life® customers and distributors. Customers and distributors have not received additional compensation for their testimonials.

Results of consuming 4Life products vary and are dependent upon the degree of lifestyle modification, including diet and exercise programs. As with any diet and exercise program, consult your physician before implementing changes to make certain you are healthy enough to participate.



**RESULTS:**

Lost 15 pounds and 11% body fat

**4LIFE® PRODUCTS:**

PRO-TF®, Renuvo®, NutraStart®, 4Life® NanoFactor®, Glutamine Prime®, RiteStart® Men, Energy Go Stix®, 4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula

**MY TRANSFORMATION:**

- Eliminated soft drinks and ate a high protein, low carb diet
- Worked out (cardio and weights) four–five times per week

**Share your transformation story with us!**  
**Visit [www.4lifetransform.com](http://www.4lifetransform.com) to learn how!**

**RESULTS:**

Lost 15% body fat and 25 pounds

**4LIFE® PRODUCTS:**

PRO-TF®, Renuvo®, 4Life® Nanofactor® Glutamine Prime®, Carb BLX™, ChitoLite®, Fibre System Plus™, Bountiful Harvest® Plus, Super Detox®

**MY TRANSFORMATION:**

- Eliminated fried foods and replaced simple carbs with complex carbs
- Worked out (cardio and weights) consistently

# REAL TRANSFORMATIONS

# TARGETED TRANSFER FACTOR®

FOCUSED SUPPORT FOR **YOUR** BODY'S NEEDS

Targeted Transfer Factor® products combine the immune system benefits of Transferceutical® ingredients with additional system-specific nutrients to provide a more focused and personal level of health support.\*



## 4LIFE TRANSFER FACTOR® CARDIO

**PRIMARY SUPPORT:** Heart Health, Energy\*

**SECONDARY SUPPORT:** Immune System, Antioxidant\*

A heart-healthy combo of 4Life Transfer Factor®, and over 18 vitamins, minerals, and antioxidants\*

- Features Certified 4Life Transfer Factor® which helps educate immune cells\*
- Provides support for a healthy heart and proper cardiovascular function\*
- Supports healthy cholesterol levels already in the normal range\*
- Contains a proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, red rice yeast extract, and ginger oil

(120 capsules) .....Item #21002



## 4LIFE TRANSFER FACTOR® RECALL®

**PRIMARY SUPPORT:** Brain Health\*

**SECONDARY SUPPORT:** Immune System, Healthy Aging\*

Targeted brain support for optimal mental functioning\*

- Features Certified 4Life Transfer Factor® and other ingredients to lend important support to the brain and central nervous system\*
- Promotes healthy brain function with blood circulation support\*
- Contains proven ingredients to support brain health like vinpocetine, *Huperzia serrata*, *Bacopa monnieri*, and *Ginkgo biloba*\*

(90 capsules) .....Item #22003



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#### 4LIFE TRANSFER FACTOR® BELLE VIE®

**PRIMARY SUPPORT:** Female Health, Healthy Aging\*

**SECONDARY SUPPORT:** Immune System, Antioxidant\*

Targeted support for superior female reproductive and breast health\*

- Features Certified 4Life Transfer Factor®, strengthening the body's natural immune response to promote healthy cell growth and function\*
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the female body's endocrine system\*
- Promotes overall feminine reproductive health\*

(60 capsules) .....Item #22535



#### 4LIFE TRANSFER FACTOR® GLUCOACH®

**PRIMARY SUPPORT:** Glucose Metabolism, Weight Management\*

**SECONDARY SUPPORT:** Immune System, Antioxidant, Energy\*

Targeted support for the endocrine and metabolic systems\*

- Targets the superior immune-enhancing benefits of Certified 4Life Transfer Factor® and offers direct support for the endocrine and metabolic systems\*
- Includes minerals, herbs, and phytonutrients to support healthy hormone production and healthy glucose levels, and promote pancreatic health\*

(120 capsules) .....Item #29001



#### 4LIFE® NANOFACTOR® GLUTAMINE PRIME®

**PRIMARY SUPPORT:** Immune System, Overall Wellness\*

**SECONDARY SUPPORT:** Energy, Antioxidant, Digestive Health\*

Glutamine is an energy source that helps fuel immune cell activity and provide the building blocks of the important antioxidant glutathione\*

- Supplies fuel to immune cells with the important amino acid glutamine\*
- Enhances communication between immune cells with 4Life® NanoFactor® extract for a more coordinated immune response when under stress\*
- Provides synergistic immune system support when taken with any 4Life Transfer Factor® product\*

(120 capsules) .....Item #24087



#### 4LIFE TRANSFER FACTOR® KBU®

**PRIMARY SUPPORT:** Urinary Health\*

**SECONDARY SUPPORT:** Immune System, Antioxidant, Cleansing & Detox\*

A targeted formula for both men and women to support the urinary tract—the kidneys and the bladder\*

- Features Certified 4Life Transfer Factor® which educates immune cells and provides support for healthy urinary tract and kidneys\*
- Supports the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose\*
- Supports healthy kidney and urinary tract function with the addition of dandelion leaf, juniper berry, chanca piedra, varuna, and IP-6\*

(120 capsules) .....Item #25501



#### 4LIFE TRANSFER FACTOR® MALEPRO®

**PRIMARY SUPPORT:** Male Health\*

**SECONDARY SUPPORT:** Immune System, Antioxidant\*

Targeted support for optimal prostate health\*

- Features Certified 4Life Transfer Factor® to support immunity at the cellular level
- Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health\*

(90 softgels) .....Item #22562



#### 4LIFE TRANSFER FACTOR VISTA®

**PRIMARY SUPPORT:** Eye Health\*

**SECONDARY SUPPORT:** Immune System, Antioxidant\*

Targeted support for optimal vision performance and eye health\*

- Helps maintain visual acuity and sharpness\*
- Includes ingredients to help reduce the oxidative effects of the sun or of excessive blue light exposure on the macula of the eyes\*
- Promotes healthy eye function\*
- Supports the ability to adapt to varying light conditions\*
- Provides synergistic wellness support when taken with BioEFA™ with CLA

(60 capsules) .....Item #29501

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# enummi® SHOWER ESSENTIALS

A TRUE SENSORY EXPERIENCE



## enummi® Shampoo

A sulfate-free, moisture-rich cleansing experience

- Cleanses gently, yet effectively with coconut-derived ingredients
- Loaded with protein, amino acids, and luscious botanicals
- Helps prevent color fadeout
- Provides protection from the environment, balanced repair, manageability, and vibrant shine
- Works well for daily use on all hair types

(12 fl oz bottle) ..... Item #25113

## enummi® Conditioner

The only conditioner with 4Life Transfer Factor™

- Improves manageability and smoothness
- Saturates hair beautifully and rinses effortlessly, leaving hair feeling soft and silky with vibrant shine
- Features a protein, vitamin, and amino acid-rich formula
- Decadent nature-derived oils and butters help minimize color fading and static, and ease hair and scalp dryness
- Provides environmental protection and balanced repair

(12 fl oz bottle) ..... Item #25115

## enummi® Body Wash

An invigorating cleanser that hydrates the skin

- Features a light gel formula that creates a luxurious lather with a lively fragrance
- Leaves skin feeling soft and smooth, without lingering dryness
- Offers gentle cleansing for the entire family
- Includes nature derived ingredients including mango, avocado, and honey extract
- Combines perfectly with enummi® Body Lotion for ultimate moisturizing benefits

(12 fl oz bottle) ..... Item #25111



## enummi® BATH AND BODY

FORTIFY SKIN WITH ALL-OVER BODY MOISTURIZING



### enummi® INTENSIVE BODY LOTION

4Life's original formula body lotion for drier skin

- Contains 4Life Transfer Factor UltraFactor XF® and OvoFactor®
- Contains white tea to protect your skin from the elements
- Provides a complex range of minerals, and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

(8.5 fl oz tube) .....Item #25003





## enummi® BATH AND BODY

A BRIGHTER, HEALTHIER SMILE



### enummi® Toothpaste

A gentle, fluoride-free formula that cleanses teeth and freshens breath without harsh abrasive agents. By removing surface food residue, it safely whitens for a cleaner, brighter smile.

- Dissolves food film for a clean, bright smile
- Freshens breath
- Contains a refreshing mint flavor and no sugar

(4 fl oz tube) ..... Item #25050

# enummi® SKIN CARE

## THE BEAUTY OF SCIENCE

enummi® Skin Care is the only complete skin care system that includes 4Life Transfer Factor®. Each product is packed with natural botanicals, antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.



# Reveal your most vibrant and luminous complexion in four simple steps.

## Step 1: Cleanse

### enummi® GENTLE FACIAL CLEANSER

A gentle cleanser for a fresh, clean complexion

- Features herbal extracts and vitamins to hydrate and replenish while cleansing
- Includes a botanical blend to make daily care a soothing ritual
- Gently cleanses to help maintain fresh, soft skin

(4 oz tube)..... Item #25025

## Step 2: Tone

### enummi® REFRESHING TONER

Contains biotin, antioxidants, and vital moisture to bring your skin into balance and prepare it for nutrient-rich treatments

- Fortifies skin with natural humectants to retain hydration and moisture
- Restores pH balance and clears impurities and dead skin cells
- Promotes a smooth, fresh, and radiant complexion
- Contains 4Life Transfer Factor® with UltraFactor XF®

(4 oz bottle)..... Item #25027

## Step 3: Target

### enummi® LIFE C ENERGIZING SERUM®

A luxurious waterless formulation that creates brighter-looking skin that feels silky

- Helps brighten skin, improve overall skin tone, and diminish the appearance of age spots with vitamin C and other botanicals
- Provides skin with beneficial antioxidants to defend against the elements
- Energizes tired skin for a more luminous appearance
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(1 oz tube)..... Item #25060

## Step 4: Moisturize & Protect

### enummi® PROTECTIVE DAY MOISTURIZER

A moisture barrier to hydrate, nourish, and protect skin with SPF 15

- Defends with certified SPF 15 broad spectrum sun protection
- Provides hydration and creates a moisture barrier
- Provides antioxidants to the skin for excellent protection
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(1.7 oz bottle)..... Item #25029

### NEW! enummi® SKIN RECOVERY SUPPLEMENT\*

**Primary Support:** Precision-Strength Skin Care\*

**Secondary Support:** Complexion Health and Beauty\*

Daily supplement to promote skin's youthful and vibrant look from the inside out and maximize the rejuvenating potential of the topical treatments\*

- Features 4Life Transfer Factor® with UltraFactor XF® and OvoFactor® for whole-body immune system support\*
- Supports increased moisture levels in skin's barrier from the inside out in as little as three weeks\*
- Supports skin's surface firmness and elasticity from the inside out in as little as eight weeks\*
- Significantly improves the appearance of skin lines and wrinkles in as little as eight weeks\*
- Supports skin's recovery from normal daily environmental exposure\*

(60 capsules)..... Item #25401

### enummi® RESTORING EYE CREAM

Formula to reduce the appearance of dark circles, puffiness, fine lines, and wrinkles, and promote a brighter eye and smooth appearance

- Provides superior moisturizing and skin softening benefits with emollients and deep moisturizing ingredients
- Helps combat dark circles around the eyes with peptides that reduce the appearance of puffiness, fine lines, and wrinkles
- Restores vital nutrients with amino acids
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(0.5 oz tube)..... Item #25035

### enummi® NIGHT RECOVERY CREAM

Nightly cream to rejuvenate, retain moisture, and reduce the signs of aging while you sleep

- Includes a moisture-rich complex that provides hydration and humectants to help skin retain its natural moisture barrier
- Fortifies the skin against environmental stresses with powerful antioxidants
- Rejuvenates and improves skin's radiance while you sleep
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(1.7 oz tube)..... Item #25048

## System & Sets

### enummi® SKIN CARE SYSTEM

**Best Value!** (contains all six topical products)

Item #25062

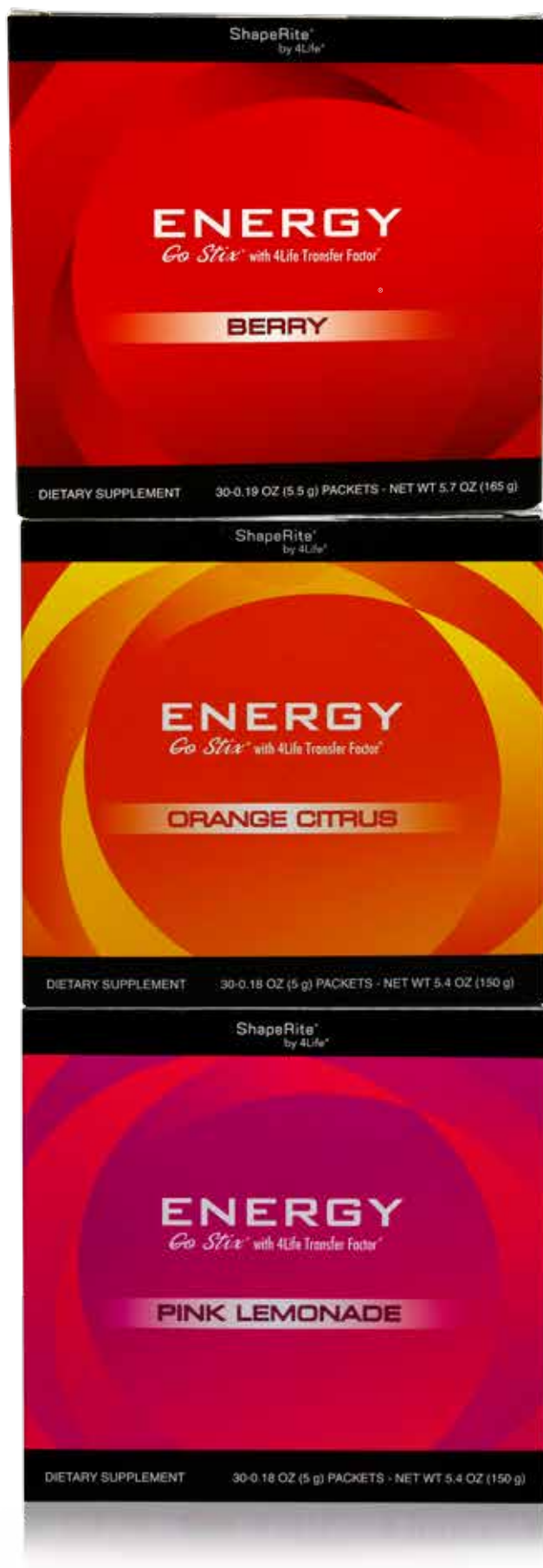
### enummi® MEN'S ESSENTIALS SET

(contains cleanser, day moisturizer, night cream)

Item #25063







## SHAPERITE® BY 4LIFE®

### FIND YOUR RITE SHAPE

ShapeRite by 4Life products support the idea that every individual—no matter the genetics, body size, or goals—can find his or her own “rite shape” through a combination of exercise, healthy eating, and proper supplementation.

Maintaining a healthy weight can reap big dividends in terms of your overall health and quality of life. Learn how ShapeRite products can help you maintain a healthy weight and meet your lifestyle goals.

#### ENERGY GO STIX®

**PRIMARY SUPPORT:** Energy\*

**SECONDARY SUPPORT:** Weight Management\*, Immune System\*

Energy supplement in ready-to-mix powder packs\*

- Features an energy boost from a synergistic amino acid blend and yerba mate, green tea extract, and three forms of ginseng
- Contains 4Life Transfer Factor® to support the immune system\*
- Supports memory, alertness, and mood\*
- Promotes healthy metabolism and weight management when accompanied by a sensible diet and exercise\*
- Available in berry, orange citrus, and pink lemonade

(30 berry-flavored powder packets)..... Item #27563

NEW! (30 orange citrus-flavored powder packets)..... Item #27572

(30 pink lemonade-flavored powder packets) ..... Item #27575

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**NUTRASTART®****PRIMARY SUPPORT:** Weight Management\***SECONDARY SUPPORT:** Immune System, Energy\*

Low-fat, low calorie meal replacement drink

- Provides a healthy and delicious meal on the go!
- Provides balanced nutrition for healthy weight management
- Includes 4Life Transfer Factor® to support the immune system\*
- Contains vitamins and minerals and plenty of dietary fiber per serving
- Available in vanilla and chocolate

NutraStart Vanilla

(15-serving canister) ..... Item #28085

NutraStart Chocolate

(15-serving canister) ..... Item #28087

**CARB BLX™****PRIMARY SUPPORT:** Weight Management\*

Formula that helps reduce the amount of fat and carbohydrates absorbed by the body to help limit the effects of poor meal choices\*

- Features *Cassia nomame*\*
- Includes polyphenols and flavonoids for potent antioxidant activity\*
- Provides green tea to help promote natural fat burning, healthy mood and energy levels, and overall weight management\*

(60 capsules)..... Item #27532

**CATALYST® PLUS****PRIMARY SUPPORT:** Weight Management\***SECONDARY SUPPORT:** Glucose Metabolism, Energy\*

Formula for maintaining balanced glucose levels\*

- Features *Gymnema sylvestre* to help maintain healthy glucose metabolism\*
- Contains chromium to support healthy energy levels and aid weight management\*

(60 capsules)..... Item #27535

**CHITOLITE®****PRIMARY SUPPORT:** Weight Management\*

Fat-binding formula that discourages absorption of fat in the body\*

- Supports weight management by binding fat through the power of chitosan\*
- Features l-ascorbic acid, erythorbic acid, and aloe vera

(60 capsules)..... Item #27519

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**SHAPE-FAST ULTRA®****PRIMARY SUPPORT:** Weight Management\***SECONDARY SUPPORT:** Immune System, Energy\*

Potent herbal blend that promotes thermogenesis, lean body mass, appetite control, and improved stamina\*

- Contains green tea and chromium to help maintain balanced glucose levels\*
- Includes 4Life Transfer Factor® for immune system support\*
- Includes guarana, ginseng, chromium, green tea, and cocoa-almond extract to help support healthy energy levels and stamina\*

(90 capsules).....Item #27566

**CITRI-SHAPE®****PRIMARY SUPPORT:** Weight Management\*

Non-thermogenic fruit extract that helps control appetite and support metabolism\*

- Features *Garcinia cambogia* which has been shown to inhibit fat storage and burn body fats as fuel\*
- Includes a Vitamin B complex to promote healthy energy levels\*
- Contains no artificial stimulants and is caffeine free

(90 capsules).....Item #1070

**METABOLITE™****PRIMARY SUPPORT:** Weight Management\*

Thyroid support to help promote a healthy metabolic rate and cellular efficiency\*

- Features bladderwrack to nourish and promote a healthy functioning thyroid\*
- Contains pineapple enzymes to support digestive function\*
- Includes a wide spectrum of phytonutrients from spirulina to nourish cells\*

(60 capsules).....Item #1005

**REZOOM®****PRIMARY SUPPORT:** Energy\***SECONDARY SUPPORT:** Overall Wellness\*

Liquid energy tonic with herbal extracts and vitamins to promote stamina, energy, and muscle tone\*

- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters\*
- Aids cardiovascular health through a complex of B vitamins\*
- Works well as part of a weight management program\*

(32 oz bottle).....Item #26022

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# GENERAL HEALTH AND WELLNESS

A strong foundation of support from healthy digestion, to powerful antioxidants and essential fatty acids, 4Life General Health and Wellness products complement our 4Life Transfer Factor® line to provide extensive health support for your body's varied needs.\*



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# 4LIFE FORTIFY®

## GOOD WORKS THROUGH GOOD NUTRITION

All over the world, parents and caregivers struggle to provide nourishing food so children can sustain a vibrant life. As part of our service focus to foster long-term sustainable partnerships with families, orphanages, and communities, 4Life® is proud to offer 4Life Fortify, a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor® Tri-Factor® Formula.

With your monthly 4Life Fortify support, you earn 25 LP for your business and help ensure a child doesn't go hungry. Plus, shipping is free!\*

Get your organization involved and watch your business grow!

Each bag purchased will be donated to children in need around the world by our partner, *Feed The Children*, a third-party distribution company.\*\*



### 4LIFE FORTIFY®

Twenty-four great-tasting child-sized meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins and minerals, and 4Life Transfer Factor® Tri-Factor® Formula

- Provides a protein-rich meal with the texture of a true meal, not simply porridge
- Provides proper nutrition for individuals of all ages, as well as a feeling of satiety
- Tastes great and can be enjoyed by different cultures worldwide

(12-24 servings/bag).....Item #15005\*  
Family Pack/5 bags.....Item #87562\*

\*For donation through Feed the Children.  
Not for personal use.

\*\*4Life Research® offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows customers and distributors to invest their time and resources to encourage others to join in a legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.



VISIT [4LIFEFORTIFY.COM](http://4LIFEFORTIFY.COM) TO LEARN MORE ABOUT OUR WORLDWIDE INITIATIVE TO FEED HUNGRY CHILDREN AROUND THE WORLD.





### ALOE VERA

**PRIMARY SUPPORT:** Digestive Health\*

**SECONDARY SUPPORT:** Immune System, Overall Wellness\*

Concentrated aloe vera juice for overall wellness

- Offers an overall general wellness beverage
- Features a proprietary harvesting process to retain optimal freshness

(16 fl oz bottle) .....Item #8000

### BIOEFA™ WITH CLA

**PRIMARY SUPPORT:** Brain Health, Heart Health\*

**SECONDARY SUPPORT:** Weight Management, Overall Wellness\*

Essential fatty acids for healthy heart, brain, and respiratory function\*

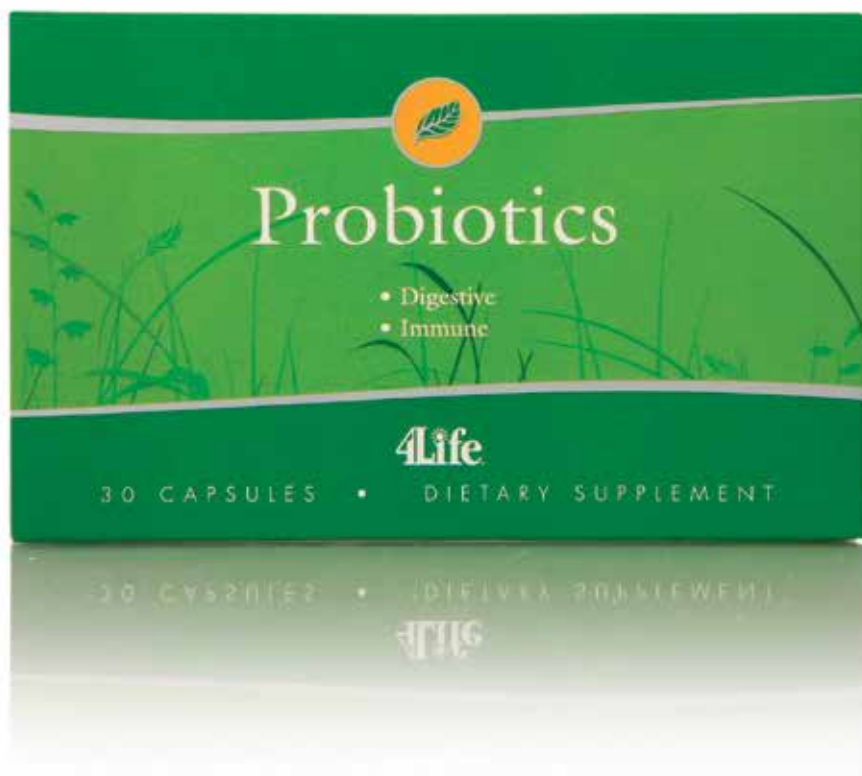
- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes overall cardiovascular health and strong cell membranes\*
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health\*

(60 softgels) .....Item #28095



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## PROBIOTICS

**PRIMARY SUPPORT:** Digestive Health\*

**SECONDARY SUPPORT:** Immune System\*

Proprietary blend of five active probiotic strains for gastrointestinal health and digestive functions\*

- Supports healthy digestive function\*
- Promotes immune system wellness\*
- Helps maintain healthy levels of "good" bacteria\*

(30 capsules) ..... Item #23012



## BIOGENISTEIN ULTRA®

**PRIMARY SUPPORT:** Female Support\*

**SECONDARY SUPPORT:** Sleep, Mood, & Stress\*

Hormone and mood-balancing blend for basic female hormonal support\*

- Contains soy isoflavones, black cohosh, and chaste tree for female health support and healthy hormone levels\*
- Supports positive mood with black cohosh, L-theanine, and chaste tree\*
- Includes antioxidants from quercetin and turmeric

(60 capsules) ..... Item #22530



## BOUNTIFUL HARVEST® PLUS

**PRIMARY SUPPORT:** Overall Wellness\*

**SECONDARY SUPPORT:** Antioxidant, Multivitamin & Mineral, Immune System\*

Daily serving of nutrient-rich "greens" from whole-plant sources

- Provides concentrated vitamins, minerals, and other phytonutrients
- Contains superfood concentrates from blue-green algae and spirulina
- Contains alkaline-forming properties that help balance pH\*

(180 capsules) ..... Item #28092



## CHOICE 50®

**PRIMARY SUPPORT:** Antioxidant\*

**SECONDARY SUPPORT:** Immune System, Healthy Aging, Heart Health, Skin Health, Overall Wellness\*

Superior blend of antioxidants that promotes healthy aging benefits\*

- Includes a blend of potent antioxidants
- Supports cardiovascular and circulatory system health\*
- Provides additional support for joint, muscle, brain, and eye health\*

(60 capsules) ..... Item #28061

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**CM SUPER™****PRIMARY SUPPORT:** Joint & Bone Health\*

Calcium and magnesium support for healthy bone metabolism and structural system health\*

- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health\*
- Contains vital ingredients to support bone growth in people of all ages\*

(90 tablets).....Item #7120

**DIGESTIVE ENZYMES****PRIMARY SUPPORT:** Digestive Health\*

Complete digestive enzyme solution for all your digestive health needs\*

- Supports healthy digestion of food\*
- Reduces intestinal discomfort associated with food consumption\*
- Supports overall digestive health\*

(90 capsules).....Item #23017

**FIBRO AMJ® DAY-TIME FORMULA****PRIMARY SUPPORT:** Joint & Bone Health\*

Scientifically advanced support for structural and nervous system health\*

- Contains powerful metabolites—magnesium and vitamin B6—essential to energy production\*
- Includes glucosamine hydrochloride and methylsulfonylmethane (MSM) for joint support\*
- Includes boswellia serrata for additional support\*

(90 capsules).....Item #24501

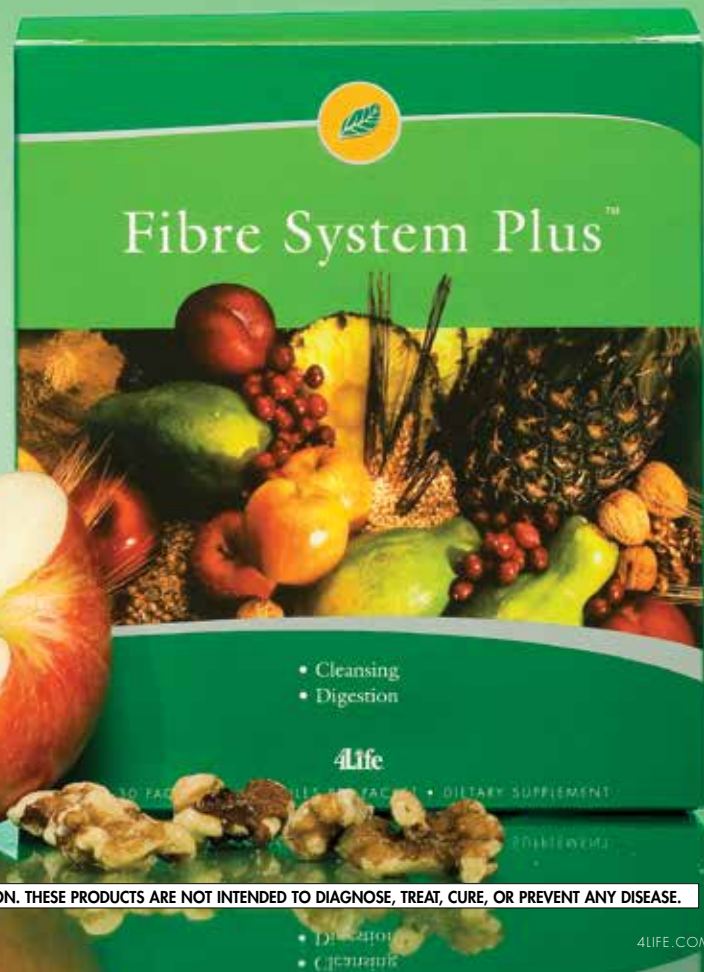
See page 41 for SleepRite AMJ®.

**FIBRE SYSTEM PLUS™****PRIMARY SUPPORT:** Cleansing & Detox\***SECONDARY SUPPORT:** Digestive Health, Weight Management\*

A ten-day gastrointestinal cleanse

- Contains 24 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification\*
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen\*
- Contains key ingredients such as cascara sagrada, frangula, prunes, pineapple, papain, and bromelain

(30 packets).....Item #7190



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**FEMRITE®****PRIMARY SUPPORT:** Female Support\*

A unique cream formulated for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract

- Includes cucumber extract and aloe
- Includes wild yam extract

(2 fl oz cream) ..... Item #22540

**FLEX 4LIFE®****PRIMARY SUPPORT:** Joint & Bone Health\***SECONDARY SUPPORT:** Antioxidant\*

Capsules with nutrients designed to lubricate joints and support a full range of motion\*

- Provides powerful support for muscles and joint lubrication\*
- Includes glucosamine hydrochloride to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid\*
- Includes chondroitin sulfate to support cartilage elasticity and joint viscosity\*

(90 capsules) ..... Item #23503  
(2 fl oz cream) ..... Item #23507*Product information pertains to capsule product only.***GURMAR****PRIMARY SUPPORT:** Glucose Metabolism\***SECONDARY SUPPORT:** Weight Management\*

Ancient Indian herb famous for helping maintain healthy glucose levels\*

- Supports the endocrine system to balance glucose in the body\*
- Helps maintain healthy glucose levels\*

(90 capsules) ..... Item #4001

**IMMUNE FORMULA™****PRIMARY SUPPORT:** Immune System\***SECONDARY SUPPORT:** Wellness\*

A basic formula to provide nutrients that support immune system function all year round\*

- Contains echinacea, astragalus, and schisandra for added support\*

(60 capsules) ..... Item #7050

**INNER SUN®****PRIMARY SUPPORT:** Sleep, Mood, & Stress\*

Proprietary formula designed to promote positive mood and healthy energy levels\*

- Features a blend of St. John's Wort, chamomile, rosemary, and hawthorn to promote positive mood\*
- Includes potent vitamin B complex to support healthy energy levels\*

(120 capsules) ..... Item #7100

**LIFE C®****PRIMARY SUPPORT:** Antioxidant, Multivitamin & Mineral\***SECONDARY SUPPORT:** Immune System\*

Proprietary blend of vitamin C for enhanced absorption and antioxidant support\*

- Features seven active forms of natural vitamin C\*
- Uses varied forms to provide antioxidant protection\*
- Supports the healthy function of multiple body systems\*

(60 chewable tablets) ..... Item #28077

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



### MALE FORMULA™

**PRIMARY SUPPORT:** Male Support\*

Basic prostate and hormonal support combined with the protection of potent antioxidants\*

- Supports healthy sexual function, energy levels, and strength\*
- Contains saw palmetto to promote prostate health, urinary health, and energy levels\*
- Includes zinc for antioxidant support\*

(30 capsules) ..... Item #22555



### MULTIPLEX™

**PRIMARY SUPPORT:** Multivitamin & Mineral, Overall Wellness\*

Basic daily dose of fundamental vitamins and minerals

- Features essential vitamins and minerals for general health and wellness\*
- Contains herbal extracts and citrus bioflavonoids to boost energy levels\*

(60 capsules) ..... Item #28039



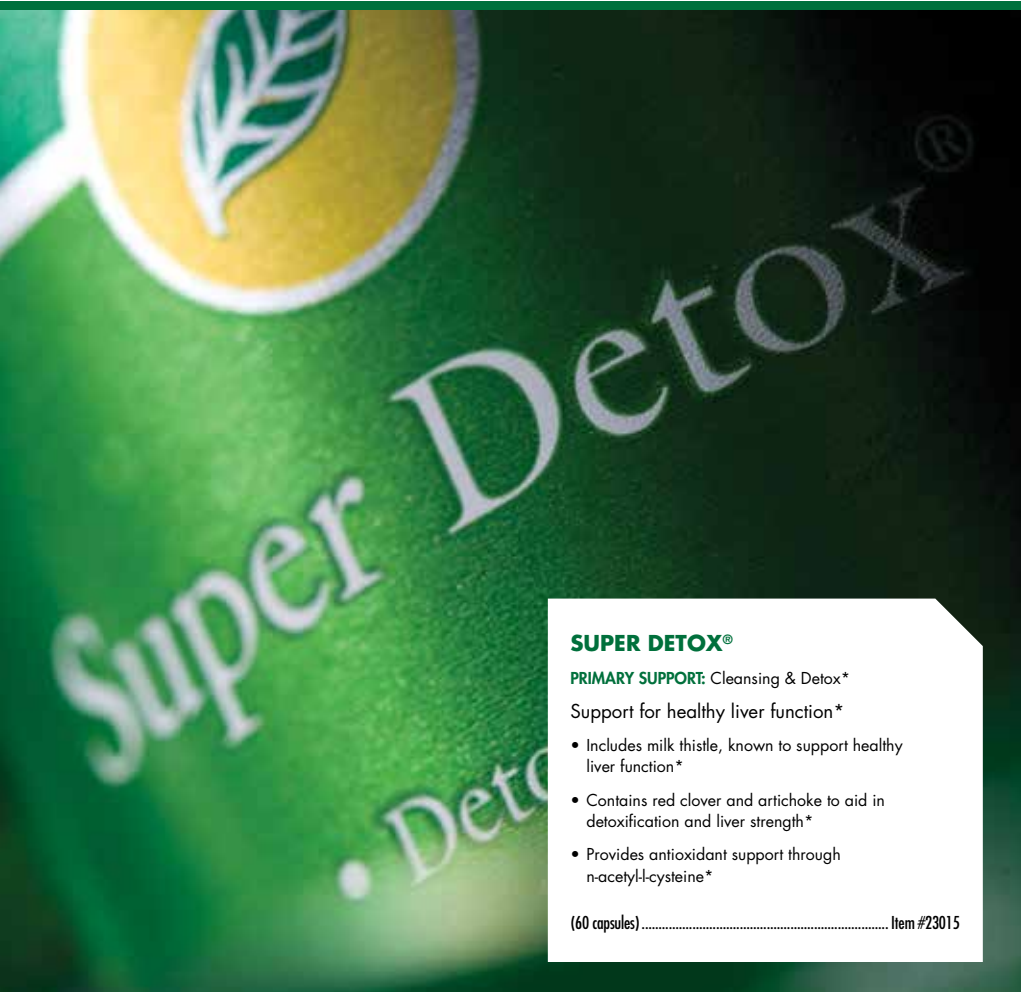
### MUSCULOSKELETAL FORMULA™

**PRIMARY SUPPORT:** Joint & Bone Health\*

Herbal support for bones, joints, and muscles\*

- Contains key ingredients that support muscle repair\*
- Includes ingredients for soft tissue support of overworked muscles, tendons, ligaments, and nerves\*

(60 capsules) ..... Item #7030



### SUPER DETOX®

**PRIMARY SUPPORT:** Cleansing & Detox\*

Support for healthy liver function\*

- Includes milk thistle, known to support healthy liver function\*
- Contains red clover and artichoke to aid in detoxification and liver strength\*
- Provides antioxidant support through n-acetyl-L-cysteine\*

(60 capsules) ..... Item #23015



### PHYTOLAX®

**PRIMARY SUPPORT:** Cleansing & Detox\*

**SECONDARY SUPPORT:** Digestive Health\*

An effective herbal laxative\*

- Contains herbs such as cascara sagrada and ginger to safely activate digestive elimination\*
- Promotes healthy regularity\*

(60 capsules) ..... Item #7080

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



### PBGS+®

**PRIMARY SUPPORT:** Antioxidant\*

**SECONDARY SUPPORT:** Immune System, Healthy Aging\*

Antioxidant formula that combines the power of pinebark and grapeseed extracts\*

- Includes pinebark and grapeseed extracts
- Helps neutralize cells from the aging effects of free radicals\*
- Promotes healthy circulation\*

(60 tablets).....Item #1160  
(120 tablets).....Item #1170



### SLEEPRITE AMJ™

**PRIMARY SUPPORT:** Sleep, Mood, & Stress\*

**SECONDARY SUPPORT:** Joint & Bone Health\*

Proprietary blend of natural ingredients for a restful night sleep\*

- Combines melatonin, a proven alternative to naturally aid sleep, with 5-Hydroxytryptophan, vitamin B6, and a proprietary blend of herbs\*
- Supports healthy sleep patterns to help your body function at its best\*
- Hops flower supplies important nutrients to support healthy muscles, bones, and joints\*

(60 capsules).....Item #28099  
See page 37 for Fibro AMJ® Day-Time Formula.



### STRESS FORMULA™

**PRIMARY SUPPORT:** Sleep, Mood, & Stress\*

A calming herbal formula to help balance daily stress\*

- Contains valerian root to support a calm nervous system\*
- Includes peppermint to soothe stomach discomfort that may be associated with stress\*

(60 capsules).....Item #7040

### TEA4LIFE®

**PRIMARY SUPPORT:** Cleansing & Detox\*

**SECONDARY SUPPORT:** Digestive Health\*

Natural cleansing tea for intestinal maintenance and to support regularity\*

- Features herbs to support colon health\*
- Provides an herbal alternative for healthy digestive cleansing\*
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners

(30 bags).....Item #13004



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.





Build your business and earn free products

**Enroll in the 4Life Loyalty Program and earn Product Credits to redeem for the products of your choice. Plus, qualify to receive the bonus product of the month with a Loyalty Program order of 125 LP or higher!**

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## Transfer Factor Loyalty Pack

**Save \$66!**

- 4—4Life® Transfer Factor Plus® Tri-Factor® Formula
- 1—4Life Transfer Factor® RioVida® Tri-Factor® Formula
- 2—4Life Transfer Factor® Cardio
- 2—Energy Go Stix® Berry

Item #53433

Cust/Distr: \$399.95 (340 LP)



## Transform Loyalty Pack

**Save \$70!**

- 3—4Life® Transfer Factor Plus® Tri-Factor® Formula
- 2—Renuvo®
- 1—PRO-TF® Vanilla Cream
- 1—PRO-TF® Chocolate
- 2—Energy Go Stix® Berry

Item #53434

Cust/Distr: \$414.95 (340 LP)



## Targeted Transfer Factor® Loyalty Pack

**Save \$57!**

- 3—4Life® Transfer Factor Plus® Tri-Factor® Formula
- 1—Renuvo®
- 2—4Life Transfer Factor® Cardio
- 1—4Life Transfer Factor® ReCall®
- 1—4Life Transfer Factor® Belle Vie®
- 1—4Life Transfer Factor® GluCoach®

Item #53457

Cust/Distr: \$399.95 (340 LP)



*Earn the maximum of 100 LP in Product Credits every month with a 340 LP Loyalty Program order at the 30% level.*

# 4LIFE® PRODUCT INGREDIENT INDEX

## 4LIFE TRANSFER FACTOR®

**4Life Transfer Factor® Classic:** UltraFactor XF®

**4Life Transfer Factor® Chewable Tri-Factor® Formula:** 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®)

**4Life Transfer Factor® Immune Spray—Mint and Orange:** Zinc, 4Life Transfer Factor® Blend (UltraFactor XF® and NanoFactor®), and Proprietary Blend (Colloidal silver, marshmallow, aloe, and lactoferrin)

**4Life® Transfer Factor Plus® Tri-Factor® Formula:** Zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and Cordyvan™ Proprietary Polysaccharide Complex (IP-6, β-Sitosterol and other phytosterols, Mycelium (*Cordyceps sinensis*) extract, baker's yeast extract, fruiting body (*Agaricus blazei*) extract, aloe leaf gel extract, oat seed extract, olive leaf extract, maitake fruiting body extract, and shiitake fruiting body extract)

**4Life Transfer Factor® RenewAll™:** Purified water, UltraFactor XF®, aloe vera (*Aloe barbadensis*) leaf juice, lavender (*Lavendula angustifolia*) flower extract, chamomile (*Anthemis nobilis*) flower extract, rosemary (*Rosmarinus officinalis*) leaf oil, eucalyptus (*Eucalyptus globulus*) leaf oil, glycerin, carrageenan, yeast polysaccharides, panthenol, allantoin, sodium PCA, PPG-2 isoceteth-20 acetate, PEG-12 dimethicone, carbomer, triethanolamine, butylene glycol, polysorbate 20, disodium EDTA, phenoxyethanol, caprylyl glycol, ethylhexylglycerin, hexylene glycol, propylene glycol, and citric acid

**4Life Transfer Factor® RioVida® Tri-Factor® Formula:** Vitamin C, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Juice Blend (Apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate)

**4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula:** 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Juice Blend (Apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate)

**4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula:** 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Proprietary Blend (Açai, blueberry, and elderberry fruit powder, grape seed extract, and pomegranate hull extract)

**4Life Transfer Factor® Tri-Factor® Formula:** 4Life Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®)

**RiteStart®:** Vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, boron, vanadium, **4Life® Transfer Factor Plus® Tri-Factor® Formula, BioEFA™ with CLA**, Proprietary OPC Blend (Grapeseed extract and pinebark extract), Proprietary Antioxidant Blend (Rutin, marigold petals extract, green tea leaf extract, alpha lipoic acid, coenzyme Q10, and bilberry fruit extract), and Proprietary Support Blend (Glucosamine hydrochloride, calcium d-glucarate, n-acetyl-L-cysteine, hydrolyzed collagen powder, and *Ginkgo biloba* leaf extract).

**RiteStart® Men also includes:** Men's Health Blend (Turmeric root extract, broccoli sprout extract, tomato fruit extract, soya bean seed extract, and diindolylmethane) **RiteStart® Women also includes:** Women's Health Blend (Ipriflavone, turmeric, soya bean seed extract, turmeric, broccoli sprout extract, and diindolylmethane)

**RiteStart® Kids & Teens:** Vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamin, riboflavin, niacin (as niacinamide), vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®)

## 4LIFETRANSFORM®

### PRO-TF® Chocolate and Vanilla Cream:

4LifeTransform® Protein Formula, Low-Molecular Weight PRO-TF Protein Blend (Extensively Hydrolyzed Whey Protein Concentrate, Extensively Hydrolyzed Egg White Protein, 4Life® Tri-Factor® Formula [UltraFactor XF® (ultra-filtered colostrum powder), OvoFactor® (egg yolk powder), NanoFactor® (nano-filtered colostrum powder)])

**PRO-TF® Protein Bar:** 4LifeTransform® Protein Formula, [Low-Molecular Weight PRO-TF Protein Blend (Extensively Hydrolyzed Whey Protein Concentrate, Extensively Hydrolyzed Egg White Protein, 4Life® Tri-Factor® Formula [UltraFactor XF® (ultra-filtered colostrum powder), OvoFactor® (egg yolk powder), NanoFactor® (nano-filtered colostrum powder)]), whey protein concentrate], vegetable glycerine, and oligofructose

**Renuvo®:** 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and 4Life® Adaptogenics Blend (*Rhaponticum carthamoids* root extract, *Schisandra chinensis* fruit extract, ALCAR, green tea leaf extract, ashwagandha root extract, turmeric rhizome extract, resveratrol, and black pepper fruit extract)

## TARGETED TRANSFER FACTOR®

### 4Life® NanoFactor® Glutamine Prime®:

L-Glutamine, Immune Energy Blend (L-arginine, n-acetyl-L-cysteine, alpha lipoic acid, L-alanyl-L-glutamine, and NanoFactor®)

**4Life Transfer Factor® Belle Vie®:** 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Antioxidant Proprietary Blend (Green tea leaf extract and grape seed extract), Phytoestrogen Proprietary Blend (Flax seed extract, kudzu root extract, and red clover plant extract), and Cruciferous Proprietary Blend (Broccoli, cabbage, kale, containing Indole-3-Carbinol, diindolyl methane, ascorbigen, and other dietary indoles, and calcium d-glucarate)

**4Life Transfer Factor® Cardio:** Vitamin A, vitamin C, vitamin E, niacin, vitamin B6, folate, vitamin B12, magnesium, zinc, selenium, copper, potassium, OvoFactor®, and Proprietary Blend (Garlic bulb extract, hawthorn leaf/flower extract, butcher's broom root extract, red rice yeast extract, *Ginkgo biloba* leaf extract, ginger root oil, resveratrol, and coenzyme Q10)

**4Life Transfer Factor® GluCoach®:** Chromium, 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), vanadium, alpha lipoic acid, and

Proprietary Blend (*Pterocarpus marsupium* heart wood extract, gymnema leaf extract, fenugreek seed extract, *Momordica charantia* fruit extract, and Korean ginseng root extract)

**4Life Transfer Factor® KBU®:** 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Bladder Support Blend (Cranberry fruit powder and extract, d-mannose, blueberry fruit, and lingonberry fruit), Kidney Support Blend (IP-6, *Chanca piedra* herb, juniper berry, dandelion leaf, and varuna stem bark extract), and pH Balancing Blend (Apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate)

**4Life Transfer Factor® MalePro®:** Zinc, selenium, 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), saw palmetto fruit extract, lycopene, and Proprietary Blend (Nettle root extract, kudzu root extract, soy bean extract, broccoli whole plant extract, and calcium d-glucarate)

**4Life Transfer Factor® ReCall®:** Magnesium, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Proprietary Blend (Soy seed extracts, lemon balm herb extract, aerial parts (*Bacopa monnieri*) extract, n-acetyl-L-tyrosine, n-acetyl-L-cysteine, *Ginkgo biloba* leaf extract, *Huperzia serrata* herb extract, and vinpocetine)

**4Life Transfer Factor Vista®:** Vitamin A, vitamin C, vitamin E, zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), lutein, zeaxanthin, and Ocular Health Proprietary Blend (*Haematococcus pluvialis* microalgae extract, bilberry fruit extract, *Spirulina microalgae*, citrus bioflavonoids peel extract, black currant fruit extract, *Ginkgo biloba* leaf extract, blackberry fruit extract, and ascorbigen)

## WEIGHT MANAGEMENT

**Carb BLX™:** Proprietary Blend (*Cassia nomame* whole herb extract, white kidney bean extract, green tea leaf extract, arabinose, cocoa almond seed blend, and jaborandi leaf extract)

**Catalyst® Plus:** Chromium, vanadium, and Proprietary Blend (*Gymnema sylvestra* leaf powder alpha lipoic acid, *Momordica charantia* fruit extract, and banaba leaf extract)

**ChitoLite®:** Vitamin C and Proprietary Blend (Chitosan, erythorbic acid, and aloe ferox leaf)

**Citri-Shape®:** Thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, manganese, chromium, and *Garcinia cambogia* fruit extract

**Energy Go Stix®—Berry, Orange Citrus, and Pink Lemonade:** 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), Amino Acid Blend (L-glutamine, L-arginine, taurine, creatine, L-carnitine, L-methionine, and α-ketoglutarate), Proprietary Blend (Eleuthero root extract, Korean ginseng plant extract, and American ginseng root extract), and Herbal Energy Blend (Green tea leaf extract, yerba mate leaf extract, guarana root extract, maca root extract, and *Rhodiola rosea* root extract)

**MetaboLite™:** Proprietary Herbal Blend (Bladderwrack herb, red wheat seed bran, Hawaiian spirulina, sage leaf, papaya fruit, pineapple fruit, buckthorn bark extract, and artichoke leaf)



**NutraStart® Chocolate:** Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, cocoa powder, maltodextrin, fructose, soy fiber, natural cocoa flavors, Vitamin and Mineral Blend (Magnesium, vitamin C, copper, vitamin E, biotin, niacin, zinc, vitamin A, iron, calcium, pantothenic acid, vitamin B6, thiamin, riboflavin, vitamin B12, folic acid, and potassium), cellulose, stevia leaf extract, UltraFactor XF®, OvoFactor®, salt, silicon dioxide, and dextrose

**NutraStart® Vanilla:** Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, maltodextrin, natural vanilla cream flavor, fructose, soy fiber, Vitamin and Mineral blend (Magnesium, vitamin C, copper, vitamin E, biotin, niacin, zinc, vitamin A, iron, calcium pantothenic acid, vitamin E, vitamin B6, thiamine, riboflavin, vitamin B12, folic acid, and potassium), cellulose, stevia leaf extract, UltraFactor XF®, OvoFactor®, and salt

**ReZoom®:** Thiamin, riboflavin, niacin, vitamin B6, and Herbal Proprietary Blend (Yerba mate leaf extract, aloe vera leaf gel extract, *Echinacea purpurea* leaf extract, *eleutherococcus senticosus* root extract, and Korean ginseng root extract)

**Shape-Fast Ultra®:** Niacin, vitamin B6, vitamin B12, selenium, chromium, potassium, and Shape-Fast Proprietary Blend (Guarana seed extract, acetyl-L-carnitine, green tea leaf extract, *Coleus forskohlii* root extract, white willow bark, cocoa almond seed blend, alpha lipoic acid, cayenne fruit, UltraFactor XF®, OvoFactor®, panax ginseng root extract, and *Ginkgo biloba* leaf extract)

## GENERAL HEALTH & WELLNESS

**Aloe Vera:** Aloe vera gel concentrate, ascorbic acid, ethanol, erythorbic acid, sodium benzoate, potassium sorbate, and monoglycerides

**BioEFA™ with CLA:** Fish Oil Blend (containing 500 mg EPA and DHA), and Plant Oil Blend (Flax seed oil (alpha linolenic acid), borage seed oil (gamma linolenic acid), and safflower seed oil (conjugated linoleic acid))

**BioGenistein Ultra®:** Hormone Balance Blend (Soy seed extract, black cohosh root extract, dong quai root extract, chaste tree fruit extract, and turmeric rhizome extract) and Proprietary Female Blend (Magnolia bark extract, eleuthero root extract, quercetin, and L-theanine)

**Bountiful Harvest® Plus:** Super Food Blend (Chia seed, spirulina, chlorella, and blue-green algae), Whole Food Nutrient Blend (Red pepper fruit, spinach leaf, purple butterbur leaf extract, acerola fruit, pumpkin fruit, carrot root, cucumber fruit, flax seed, brown rice seed flour, asparagus shoots, spearmint leaf, peppermint leaf, and bladderwrack herb), and pH Balancing Blend (Apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate)

**Choice 50®:** Vitamin C, vitamin E, and Proprietary Blend (Citrus bioflavonoid fruit complex, fo-ti root, grape seed extract, turmeric rhizome extract, rutin, milk thistle fruit extract, quercetin, bilberry fruit extract, and resveratrol).

**CM Super™:** Vitamin C, vitamin D, vitamin K, vitamin B6, calcium, magnesium, zinc, copper, manganese, and Proprietary Blend (Boron glycinate, Lysine, soy lecithin, horsetail aerial parts, and strontium chloride)

**Digestive Enzymes:** Proprietary Enzyme Blend (Amylase, protease 4.5, glucosamylase, acid maltase, α-galactosidase, pectinase, cellulase, peptidase, protease 3.0, bromelain, lipase, invertase, hemicellulase, β-glucanase, xylanase, and papain)

**Fibre System Plus™:** Fiber Blend (Psyllium husk, rice seed bran, apple fruit fiber, slippery elm inner bark, prune fruit, marshmallow root, locust bean gum, and xanthan gum), Cleansing Blend (Black walnut hull, cascara sagrada bark, gentian root, licorice root, and buckthorn bark), Nutrition Blend (Cranberry fruit, pineapple fruit, papaya fruit, sage leaf, parsley leaf, Irish moss whole plant, bee pollen, and spirulina), and Herbal Blend (Ginger root, hops flower, and chamomile flower)

**Fibro AMJ® Day-Time Formula:** Vitamin B6, magnesium, and Proprietary Joint Blend (Glucosamine hydrochloride, methylsulfonylmethane, bovine cartilage powder, *Boswellia serrata* tree resin extract, bromelain, and devil's claw root extract), and Antioxidant Blend (Malic acid, n-acetyl-L-cysteine, L-cysteine, grape seed extract, and alpha lipoic acid)

**Flex 4Life® (capsules):** Joint Health Blend (Glucosamine hydrochloride, chondroitin sulfate, and avocado fruit/soy seed extract), and Proprietary Blend (Devil's claw root extract, polyglyceryl-6 distearate, glycerin, cetyl myristoleate, avocado/soy unsaponifiables, dimethyl sulfone, glucosamine sulfate, lecithin, cetearyl alcohol, behenyl alcohol, menthol, tocopheryl acetate, butylene glycol, willow bark extract, devil's claw root extract, sunflower seed oil, rosemary leaf extract, *Capsicum oleoresin* extract, benzyl alcohol, phenoxyethanol, sodium hyaluronate, carbomer, xanthan gum, sodium hydroxide, and phytic acid)

**Gurmar:** Gymnema leaf and gymnema leaf extract

**Immune Formula™:** Proprietary Blend (Astragalus root, echinacea herb, shisandra fruit, eleuthero root, licorice root, gotu kola leaf and stem, and Korean ginseng root), and Proprietary Extract Blend (Astragalus root extract, licorice root extract, Korean ginseng root extract, eleuthero root extract, schisandra fruit extract, gotu kola leaf, and stem extract)

**Inner Sun®:** Thiamin, riboflavin, niacin, vitamin B6, folic acid, vitamin B12, biotin, pantothenic acid, and Proprietary Blend (St. John's Wort aerial parts, chamomile aerial parts, hawthorn berry, choline, hops flower, rosemary leaf, inositol, and para-aminobenzoic acid)

**Life C®:** Vitamin C (as calcium ascorbate, ascorbic acid, dehydroascorbic acid, erythorbic acid, magnesium ascorbate, ascorbyl palmitate, and ascorbigen)

**Male Formula™:** Zinc, selenium, and Proprietary Blend (*Tribulus terrestris* whole plant extract, L-arginine, saw palmetto berry extract, broccoli stalks/florets extract, Korean ginseng root extract, *Pygeum africanum* bark extract, and chrysin)

**Multiplex™:** Vitamin A, vitamin C, vitamin D, vitamin E, thiamin, riboflavin, niacin, vitamin B6, folic acid, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, and Proprietary Blend (Citrus bioflavonoid fruit complex, spirulina, para-aminobenzoic acid, and rose hips fruit)

**MusculoSkeletal Formula™:** Proprietary Blend (Alfalfa aerial parts, gotu kola herb, devil's claw root, turmeric root, ginger rhizome, saw palmetto berry, and wild yam root), and Proprietary Extract Blend (Alfalfa herb extract, devil's claw root extract, gotu kola aerial parts, ginger root extract, saw palmetto berry extract, and wild yam root extract)

**PBGS+®:** Vitamin C, Proprietary Blend (Grape seed/skin extract, cranberry fruit fiber, citrus fruit extract, green tea leaf extract, quercetin, rutin, acerola fruit juice, apple fruit, and pine bark extract), and NDS Digestive Enzyme Blend (Fungal protease, fungal amylase, fungal lipase, cellulase, and pectinase)

**PhytoLax®:** Proprietary Blend (Cascara sagrada bark, ginger root, buckthorn bark extract, parsley leaf, xanthan gum, and black walnut hull)

**Probiotics:** Probiotic Blend [*Lactobacillus acidophilus*, *Bifidobacterium lactis* (HN019), *Bifidobacterium longum* (BLO5), *Lactobacillus rhamnosus* (LR32), and *Streptococcus thermophilus* (ST21)]

**SleepRite AMJ™:** Vitamin B6, Sleep Blend (Valerian root extract, hops flower, 5-HTP, chamomile aerial parts, and melatonin), and Repair Blend (Creatine monohydrate, n-acetyl-L-cysteine, grapeseed extract, and alpha lipoic acid)

**Stress Formula™:** Proprietary Blend (Peppermint leaf, chamomile flower, passion flower, *Ginkgo biloba* leaf, linden flower, lemon balm leaf, and valerian root), and Stress Proprietary Extract Blend (Chamomile flower extract, *Ginkgo biloba* leaf extract, hops flower extract, peppermint leaf extract, passion flower herb extract, and valerian root extract)

**Super Detox®:** Detox Proprietary Blend (Red clover flower tops, milk thistle fruit extract, calcium D-glucarate, broccoli stalks/florets extract, buplerum root extract, n-acetyl-L-cysteine, and artichoke leaf)

**Tea4Life®:** Proprietary Blend (Senna leaf, stevia leaf, cinnamon bark, buckthorn bark, ginger root, orange peel, green tea leaf, echinacea aerial parts, rooibos branch and leaf, astragalus root, and bitter orange fruit)

**Note:** For ingredient listings for enumi® Personal Care and 4Life Animal Health products, please visit [4life.com](http://4life.com).

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**UltraFactor XF®:** a proprietary concentrate of ultra-filtered 4Life Transfer Factor® proteins and other peptides from cow colostrum

**OvoFactor®:** a patented concentrate of 4Life Transfer Factor® proteins and other peptides from chicken egg yolk

**NanoFactor®:** a proprietary concentrate of nanofiltered cow colostrum





CONSUMER FACTOR

PRO-IT

YOUR TOTAL PROTECTIVE SOLUTION





For more information about 4Life products and the 4Life business opportunity, contact:

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**4Life**  
TOGETHER, BUILDING PEOPLE™