



4LIFE[®] PRODUCT CATALOG

[U.S. VERSION]



TOGETHER, BUILDING PEOPLE[®]




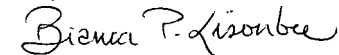


WELCOME TO 4LIFE®

More than 15 years ago, we came across the remarkable scientific finding of transfer factors. After experiencing the energizing immune system support of these information-packed molecules for ourselves, our passion grew, and we knew we would spend the rest of our lives sharing 4Life Transfer Factor® with others.* Today, with the help of our outstanding Research and Development team, along with input from our distinguished Health Sciences Advisory Board, our original product has developed into one of the most revolutionary immune system support ingredients available, 4Life Transfer Factor.* Our progress has solidified 4Life as the Immune System Company worldwide and served as the springboard for Transferceutical® Science.*

No matter your age, or where you're from, we have a Certified 4Life Transfer Factor product that's just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that *immune education* can have on your personal health.* Complemented by a wide range of additional supplements to meet your personal skin care, general wellness care, oral care, and even animal care needs, we are confident that 4Life products will make immune system and overall wellness support something you'll look forward to every day.*

Sincerely,

David and Bianca Lisonbee
4Life Founders

Science at its best

At 4Life, we've dedicated more than 15 years to researching and developing innovative 4Life Transfer Factor products—and our commitment has paid off. Transfer factors aren't simply nutrients; they provide knowledge to your body's immune system—supporting its natural ability to know what to do when challenged with health threats.*

Further advancing our position as a world leader in Transferceutical Science, 4Life is set apart by our in-house Research and Development team, as well as the supporting expertise of a professional board of medical professionals, immunologists, nutritionists, and researchers, known as the Health Sciences Advisory Board (HSAB). Each of our scientific leaders is dedicated to the continued advancement of Transferceutical Science because of the positive impact we continue to see in people's lives.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Products listed in order of recommendation

IMMUNE SYSTEM*

RiteStart® Men/RiteStart® Women	15
RiteStart® Kids & Teens NEW!	15
4Life® Transfer Factor Plus® Tri-Factor® Formula	9
4Life Transfer Factor® Tri-Factor® Formula	9
4Life Transfer Factor® RioVida® Tri-Factor® Formula	10
4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	11
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	11
4Life Transfer Factor® Chewable Tri-Factor® Formula	9
4Life Transfer Factor® Renuvo®	17
PRO-TF™ NEW!	16
PRO-TF™ Protein Bar NEW!	17
4Life Transfer Factor® Classic	13
4Life® NanoFactor® Glutamine Prime®	21
4Life Transfer Factor® Immune Spray	12
Immune Formula	39
Probiotics	36

ANTIOXIDANTS*

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4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	11
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	11
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4Life Transfer Factor Renuvo®	17
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Choice 50®	37
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BRAIN HEALTH*

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BioEFA™ with CLA	35

CLEANSING & DETOX*

Fibre System Plus™	37
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DENTAL HEALTH

enummi® Toothpaste	25
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EYE HEALTH*

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GLUCOSE METABOLISM*

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HEALTHY AGING*

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4Life Transfer Factor® RioVida® Tri-Factor® Formula	10
4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	11
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enummi® advanced Renewing Serum	29
enummi® advanced Hydrating Cream	29
enummi® advanced Skin Recovery Supplement*	29

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HEART HEALTH*

4Life Transfer Factor® Cardio	20
RiteStart® Men/RiteStart® Women	15
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Cardio Formula	36

MUSCLE, BONE & JOINT HEALTH*

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CM Super™	37
MusculoSkeletal Formula™	40
SleepRite AMJ™	41

MALE SUPPORT*

4Life Transfer Factor® MalePro®	21
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Male Formula	40

MULTIVITAMIN & MINERAL*

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RiteStart® Kids & Teens NEW!	15
MultiPlex™	40

OVERALL WELLNESS*

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4Life Transfer Factor® RioVida® Tri-Factor® Formula	10
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4Life Transfer Factor® Chewable Tri-Factor® Formula	9
4Life Transfer Factor® Classic	13
RiteStart® Kids & Teens NEW!	15
Bountiful Harvest® Plus	36
Multiplex™	40

SKIN HEALTH & BEAUTY*

enummi® Gentle Facial Cleanser	27
enummi® Refreshing Toner	27
enummi® Life C Energizing Serum™	27
enummi® Restoring Eye Cream	27
enummi® Protective Day Moisturizer	27
enummi® Night Recovery Cream	27
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enummi® advanced Renewing Serum	29
enummi® advanced Hydrating Cream	29
enummi® advanced Skin Recovery Supplement*	29
enummi® Shampoo NEW!	23
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COUNT ON OUR QUALITY

4Life® pledges to uphold the highest standards of product design and manufacturing for every product we sell. We will always strive to create products of the utmost quality and efficacy.

In our million-dollar quality and testing lab, we test 4Life ingredients and products for **identity**, **purity**, **strength**, and **composition**. Depending on the product, we incorporate no fewer than 20 unique and critical quality tests before releasing the product into distribution.

And, we certify all 4Life Transfer Factor® products. When you purchase our products, you can rest assured that you're getting the very best.

Read the entire Certified 4Life Transfer Factor Guarantee at 4life.com.



BUILDING BLOCKS FOR SUPPLEMENT SUCCESS

Life is full of questions without easy answers. People often wonder, “What’s the best supplement for [fill in the blank]?” Below are the key categories to better identify and address real needs, achieve goals, and more confidently build a 4Life® business.

LEVEL 1: Build a solid foundation

A healthy lifestyle—quality exercise, proper nutrition, and a positive approach to life—forms the foundation for your overall health. 4Life offers real solutions to help you build a core plan for supplement success.

▶ Immune system support:

Supporting your immune system is paramount to leading a robust life

4Life solutions (pick at least one): *4Life Transfer Factor® products**

▶ Supplemental protein:

Provide your body with quality protein every few hours to support healthy blood glucose levels, metabolism, and immune system.

4Life solution: *PRO-TF™; PRO-TF™ Protein Bar*

▶ Multi-vitamin/ multi-mineral

Vitamins and minerals allow every chemical reaction in your body to occur.

4Life solution (pick one): *RiteStart® Men/RiteStart® Women; RiteStart® Kids & Teens; Multiplex**

▶ Essential fatty acids

Essential fatty acids provide vital support for every cell in your body, especially healthy skin, hair, teeth, nails, and eyes.

4Life solutions: *RiteStart® Men/RiteStart® Women and BioEFA™ with CLA**

▶ Adaptogen / adaptogenic formula

Adaptogenic ingredients help you recover more efficiently to stress, helping maintain a healthy, balanced state.

4Life solution:
*4Life Transfer Factor Renuvo®**

▶ Bioflavonoids

Supplement your diet with a source of beneficial fruits and vegetables to provide a host of health benefits.

4Life solutions (pick at least one):
*4Life Transfer Factor® RioVida® Tri-Factor® Formula products; Bountiful Harvest® Plus; RiteStart® Men/RiteStart® Women**

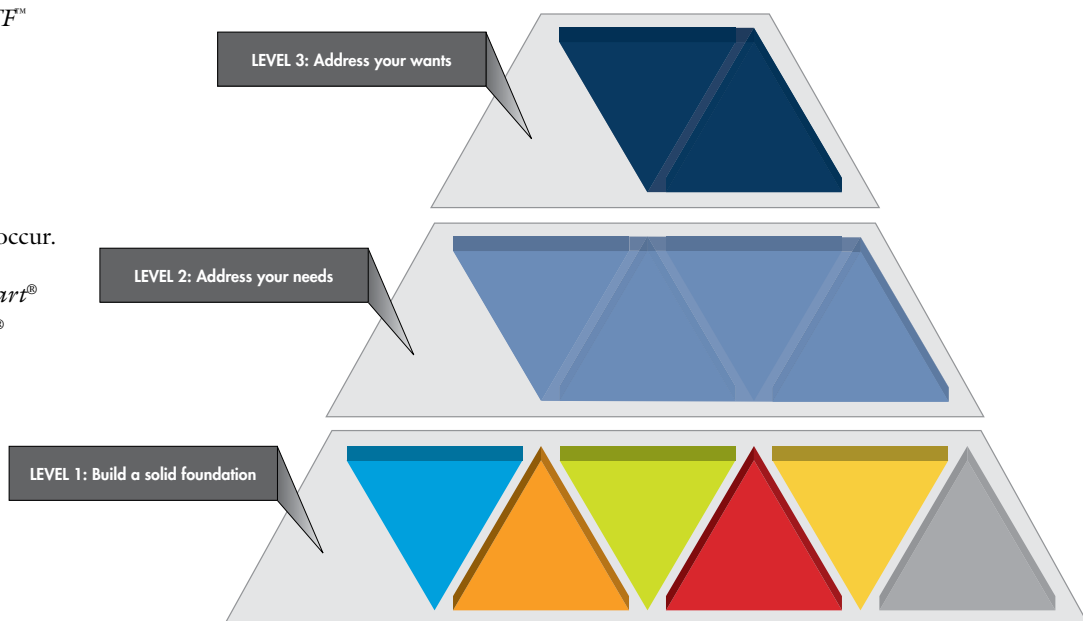
LEVEL 2: Address your needs

After you’ve built a solid foundation, you may need additional tools to help you live your fullest life. 4Life is here to help with age- and/or gender-specific products like 4Life Transfer Factor® Belle Vie® and 4Life Transfer Factor® MalePro®.*

LEVEL 3: Address your wants

Once your foundation is well-established and you’ve addressed your needs, it’s time to look at your wants. Supplemental wants are like the finishing touches on a new home.

Follow a personalized supplement plan to help you become more focused, effective, and fruitful in your health and long-term business goals.





4LIFE TRANSFER FACTOR®

LEADING THE WAY IN
TRANSFERCEUTICAL®
SCIENCE

When you feel healthy, you can live your best possible life. You need a smart and vigilant immune system to help you fight back against the threats you face each day. That's why people are making the smart choice with 4Life Transfer Factor® products.

4Life's commitment to transfer factor research and optimal immune system function has progressively raised the standard for modern-day immune system supplementation.*



Take advantage of the many ways to get your daily serving of 4Life Transfer Factor immune system support and you'll be on your way to living a healthy life.*



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4LIFE® TRANSFER FACTOR PLUS® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness*

Certified 4Life Transfer Factor and additional support ingredients to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts Natural Killer (NK) cell activity by up to 437%†
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated!

(60 capsules).....Item #24075

(60 vegetable capsules).....Item #24077

4LIFE TRANSFER FACTOR® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness*

Foundational immune system support to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts Natural Killer (NK) cell activity by up to 283%†
- Contains 600 milligrams of 4Life Transfer Factor® per serving, the highest amount in 4Life products
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated!

(60 capsules).....Item #24070

(60 vegetable capsules).....Item #24072

† Refer to Natural Killer Cell graph and additional preliminary scientific tests



4LIFE TRANSFER FACTOR® CHEWABLE TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness*

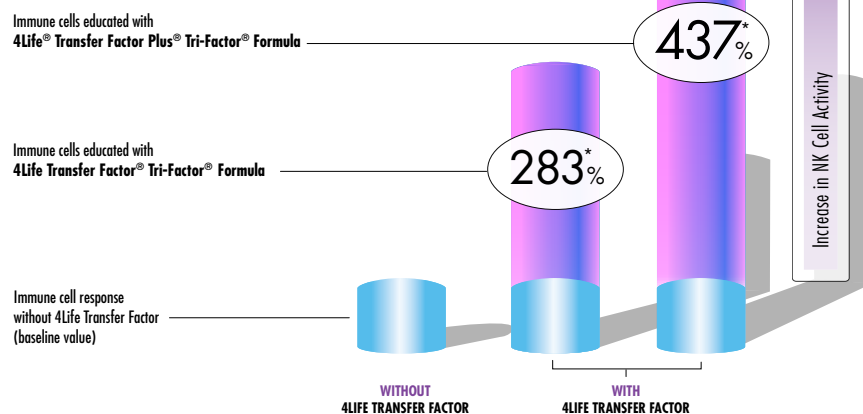
A great-tasting chewable citrus-cream tablet to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats.*
- Provides a great option for those who prefer not to swallow capsules
- Delights kids and adults alike with great citrus-cream flavor
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated!

(90 chewable tablets).....Item #24042

4Life Transfer Factor® Tri-Factor® Formula

Increases Natural Killer (NK) Cell Activity



*Indicates the percentage increase above the baseline value

Test results obtained from an independent, unpublished in vitro experiment conducted within the Blokhin Cancer Research Center, at the Russian Academy of Medical Sciences, in Kashirskoe Shosse, Russia. The randomized and controlled in vitro study assessed the effects of 4Life Transfer Factor® Classic, 4Life Transfer Factor® TriFactor® Formula, or 4Life® Transfer Factor PLUS® TriFactor® Formula, versus a positive control [Interleukin-2, or IL-2] on NK cell activity and effectiveness in destroying damaging cells. Blood was collected from healthy volunteers and then incubated for up to 48 hours. [REFERENCE: Kiselevsky MV & Khalurina EO. Antitumor and cytotoxic activity of mononuclear blood cells. Unpublished observations]



**4LIFE TRANSFER FACTOR®
RIOVIDA® TRI-FACTOR® FORMULA**

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The first and only Transfer Factor juice in the world, with added antioxidant energizers*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats with 600 mg of 4Life Transfer Factor*
- Includes a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Contains essential and supporting vitamin C, amino acids, fatty acids, and polyphenols
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated

(2— 16.9 oz bottles) Item #24105

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4LIFE TRANSFER FACTOR® RIOVIDA STIX® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant*

The immune system goodness of RioVida in a portable powder pack*

- Supports the immune system with 600 mg of 4Life Transfer Factor*
- Delivers essential antioxidants from açai, pomegranate, and blueberry*
- Replenishes electrolytes to support nerve and muscle function*
- Is portable and easy to share
- Contains no artificial sweeteners, flavors, or preservatives
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated!

(15 powder packets)..... Item #24113

(7 for the price of 6)..... Item #24116

4LIFE TRANSFER FACTOR® RIOVIDA BURST® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The immune system goodness of RioVida®, conveniently packaged in a smooth and delicious edible gel blend*

- A delicious, on-the-go source of essential and supporting vitamins, minerals, amino acids, fatty acids, and polyphenols
- Contains a full serving of 4Life® Tri-Factor® Formula, and a proprietary combination of antioxidant and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Is easy to share
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated

(15 gel packets)..... Item #24110

(7 for the price of 6)..... Item #24111



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4LIFE TRANSFER FACTOR® IMMUNE SPRAY

PRIMARY SUPPORT: Immune System*

Soothing mouth and throat spray that combines UltraFactor XF® and NanoFactor® with colloidal silver, zinc, and more

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Soothes the mouth and throat with aloe vera and marshmallow*
- Is available in fresh mint or orange flavor
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated

Mint (1.7 oz bottle).....Item #24046

Orange (1.7 oz bottle).....Item #24044



DID YOU KNOW? 4LIFE TRANSFER FACTOR®

DISCOVERY

- Dr. H. Sherwood Lawrence discovered transfer factor molecules in 1949.
- 4Life Founder and Chairman of the Board David Lisonbee learned about transfer factors as part of his on-going personal health research.
- 4Life secured patents (U.S.# 6,866,868 and U.S.# 7,815,943) that protect the process and use of transfer factors derived from colostrum ("first milk") and chicken egg yolks.

DESCRIPTION

- Transfer factors are tiny messenger molecules composed of amino acids (i.e., transfer factors are a unique category of bioactive peptide), that transfer immune memory from an experienced immune system "donor" to a less experienced recipient immune system.*

BENEFITS

- Transfer factors support the immune system's natural ability to recognize, respond to, and remember potential threats.*
- Transfer factors may boost or balance the immune system response to a potential threat.*
- 4Life® Transfer Factor Plus® Tri-Factor® Formula has been shown to increase Natural Killer (NK) cell activity by up to 437%.*†
- 4Life Transfer Factor Tri-Factor Formula promotes healthy T-cell and B-cell function.*

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4LIFE TRANSFER FACTOR® RENEWAL™

PRIMARY SUPPORT: Skin Health & Beauty*

SECONDARY SUPPORT: Healthy Aging*

Soothing skin gel with UltraFactor XF®

- Combines UltraFactor XF® with herbs such as aloe vera, rosemary, and chamomile
- Is paraben free

(2 fl. oz tube)Item #25041



4LIFE TRANSFER FACTOR® CLASSIC

PRIMARY SUPPORT: Immune System, Overall Wellness*

4Life's original cow colostrum-derived 4Life Transfer Factor product for daily immune system support*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts Natural Killer (NK) cell activity by up to 204%* (see study on page 9)
- Contains Certified 4Life Transfer Factor with UltraFactor XF®—now 25% more concentrated

(90 capsules)Item #24080

FORTIFY YOUR DEFENSES!

Results from an open-label, beta-test experiment showed that 4Life Transfer Factor® Tri-Factor® Formula effectively helped strengthen the immune system in **100%** of the people tested.*

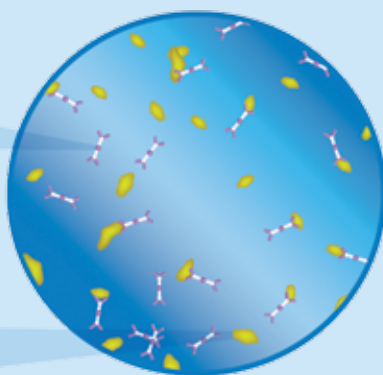
Increased Production of Salivary IgA Antibodies*



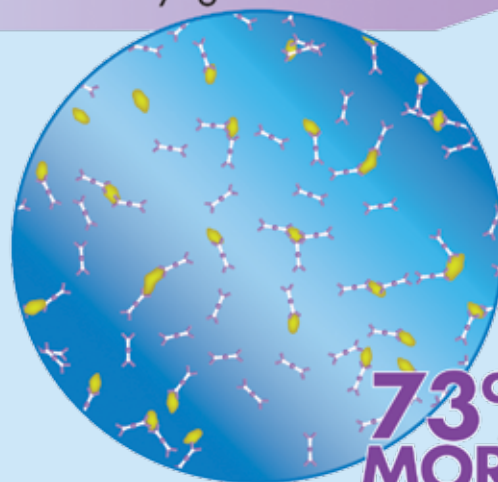
IgA Antibody (Immune Defender)
Avalanche frontline of defense



Pathogen (Germ Invader)



BEFORE taking 4Life Transfer Factor



AFTER taking 4Life Transfer Factor
for four consecutive weeks*

**73%
MORE!**

Immunoglobulin A (IgA) test results obtained from a preliminary, open-label study on 21 reportedly healthy adults. Participants took 4Life Transfer Factor® Tri-Factor® Formula for two weeks, followed by 4Life Transfer Factor® BioVida® Tri-Factor® Formula. *One hundred percent of participants saw an increase in the production rate of salivary secretory IgA by an average of 73% after taking 4Life Transfer Factor products for four weeks, when compared to the one-week baseline. A brief drop occurred at the transition between the two products. (Bennett RH et al. Salivary IgA in healthy adults is increased by dietary Transfer Factors: An open-label, cross-over study. Unpublished observations.)





RITESTART®, a top-selling 4Life product, contains essential vitamin and mineral building blocks for good nutrition with the added advantage of 4Life Transfer Factor®. Named for the exact purpose it provides—a right start for your day, for your health, and for your life—RiteStart is designed to help you look and feel great.* Now available in a formula for **Kids & Teens**, RiteStart provides energy and addresses the specific health support needed to enjoy an active, healthy life.*

RiteStart® Men and RiteStart® Women includes 4Life® Transfer Factor Plus® Tri-Factor® Formula immune system support, essential

fatty acids (including omega-3 and omega-6), a complex blend of antioxidants, and hormone support for men or women.* These convenient packs make daily supplementation simple and stress free.* RiteStart is available in a 30-count box of convenient packets that are easy to take with you anywhere.

RiteStart® Kids & Teens contains vitamins and minerals that are critical for development and growth along with the immune system support of 4Life Transfer Factor® Tri-Factor® Formula.*

RITESTART® WOMEN

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health*

Twice-daily supplements packs for women

TAKE RITESTART EVERY DAY FOR:

- Immune system building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula*
- Contains Certified 4Life Transfer Factor with UltraFactor XF®
- Specific female system support*
- Joint and bone health support*
- Skin health support*
- A unique blend of antioxidants
- Cardiovascular and circulatory support*
- Healthy hormonal balance support*
- Vision and eye health support*

(30 packets) Item #27013
(2-pack) Item #27015
(1 Women, 1 Men) Item #26524

RITESTART® MEN

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health*

Twice-daily supplement packs for men

TAKE RITESTART EVERY DAY FOR:

- Immune system building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula*
- Contains Certified 4Life Transfer Factor with UltraFactor XF®
- Specific male system support*
- Joint and bone health support*
- Skin health support*
- A unique blend of antioxidants
- Cardiovascular and circulatory support*
- Vision and eye health support*

(30 packets) Item #26521
(2-pack) Item #26523
(1 Men, 1 Women) Item #26524

RITESTART® KIDS & TEENS

PRIMARY SUPPORT: Immune System, Multivitamins & Mineral, Overall Wellness*

SECONDARY SUPPORT: Energy, Muscle, Bone & Joint Health, Skin Health, Beauty*

Great for kids and teens ages 2–18

TAKE RITESTART KIDS & TEENS EVERY DAY FOR:

- 300 to 600 mg of 4Life Transfer Factor Tri-Factor Formula
- Immune system support to help your body recognize, respond to, and remember potential health threats*
- 22 essential vitamins and minerals for growing bodies*
- Support for strong bones*
- Vitamin B for healthy brain function*
- Healthy vision, muscle function, and skin support*
- Antioxidant vitamins A, C, and E*

AVAILABLE IN 120-COUNT BOTTLE OF CHEWABLE TABLETS IN ASSORTED CITRUS CREAM AND SOUR APPLE. SUGGESTED SERVING IS TWO (2) OR FOUR (4) CHEWABLE TABLETS DAILY, DEPENDING ON AGE.*

(120 tablets) Item #24089

*A two tablet serving for children age 2–3 contains 300 mg of 4Life® Tri-Factor® Formula. A four tablet serving for children ages 4 and over contains 600 mg of 4Life Tri-Factor Formula.

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4LIFETRANSFORM™

4LifeTransform™ represents the promise of a more vibrant, youthful, and balanced life by empowering you through nutritional products and programs designed to help you change your body.

PRO-TF™

YOUR TOTAL PROTEIN INFUSION

PRIMARY SUPPORT: Weight Management, Immune System*

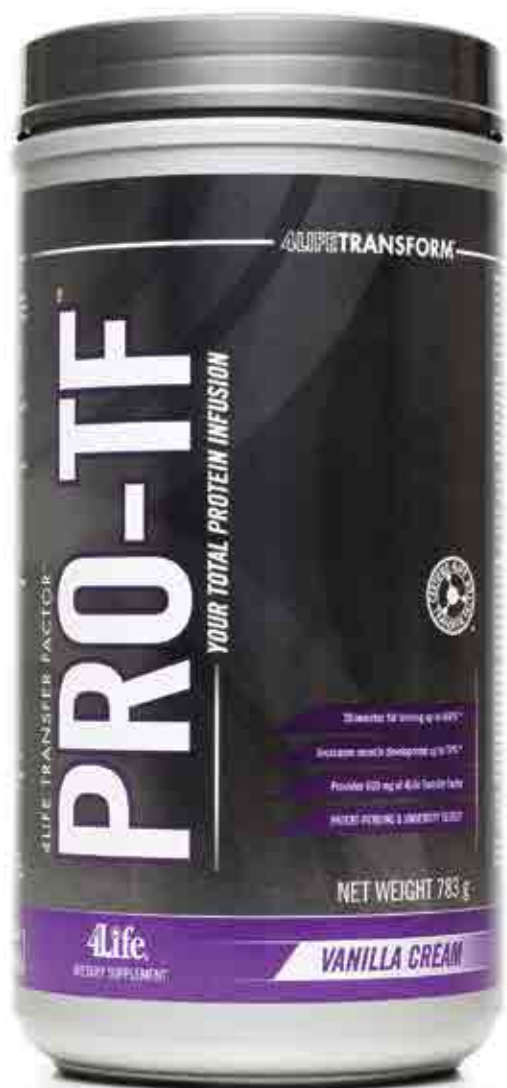
SECONDARY SUPPORT: Heart Support*, Muscle, Bone & Joint*

Transform your body with PRO-TF™ and live a more fulfilling and vibrant life!*

- Every two-scoop serving of PRO-TF™ provides 20 grams of patent-pending PRO-TF Protein Blend, the most advanced and effective protein available to help you transform your body, optimize performance, and promote health.*
- Includes an essential protein source for your body plus 600 mg of the exclusive immune system support of 4Life Transfer Factor® in every two-scoop serving.*
- Independently and university-tested to support calorie and fat burning, muscle protection and growth, increased metabolism, and hunger suppression.*
- Only 140 calories per two-scoop serving, gluten free, and contains zero grams of lactose.

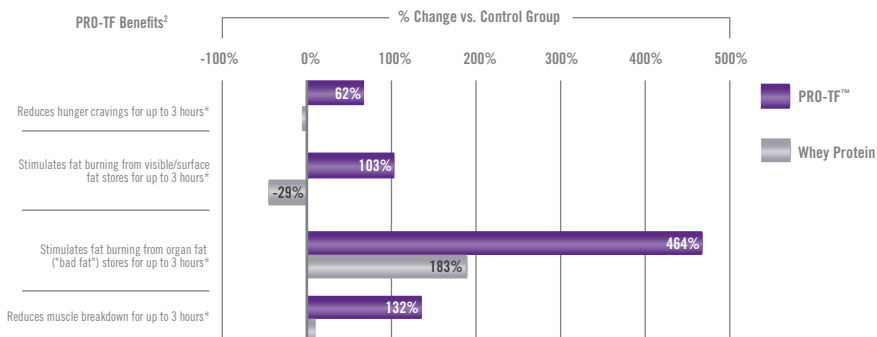
46-serving canister Item #27568

AVAILABLE NOW



PRO-TF™ was tested in an independent, university study and shown to significantly increase muscle protein synthesis (muscle growth) by 74% and was more effective than the leading whey protein in the following areas:¹

- Stimulates fat burning from visible/surface fat for up to three hours by up to 103%*
- Stimulates fat burning from “bad fat” stores for up to three hours by up to 464%*
- Reduces hunger cravings for up to three hours by up to 62%*
- Reduces muscle breakdown (muscle protection) for up to three hours by up to 132%*



¹ 4Life Research, Chris Lockwood, PhD, CSCS, and Auburn University's Molecular and Applied Sciences Laboratory in the College of Education, School of Kinesiology, conducted research to demonstrate the safety and efficacy of PRO-TF™, a patent-pending product (FASEB J 2014;28(1):LB440, FASEB J 2014;28(1):LB439). To learn more, visit 4Life.com.
² Results, as observed under fasted and controlled conditions, and as occurred directly within the samples. Actual results may vary.

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PRO-TF™ PROTEIN BAR**PRIMARY SUPPORT:** Weight Management

Get your protein on the go with this delicious, patent-pending snack.*

- Provides 10 grams of patent-pending PRO-TF™ Protein Blend—the most advanced and effective protein available for transforming your body and supporting optimal health.
- Features delicious double chocolate flavor with a chewy and satisfying crunch
- Only 190 calories with 12 grams of high-quality protein, 6 grams of fiber, and just 9 grams of net carbohydrates
- Supports fat burning, helps build lean muscle, and reduces hunger

10 bars per box Item #17501

AVAILABLE NOW**4LIFE TRANSFER FACTOR RENUVO®****PRIMARY SUPPORT:** Immune System Support, Healthy Aging, Antioxidant, Overall Wellness*

A patent-pending adaptogen that targets healthy aging by supporting a more youthful and healthy response to inflammatory stressors*

- Promotes total body recovery*
- Helps counteract the telltale signs of aging*
- Supports healthy mental acuity, mood, and metabolism*
- Promotes healthy sexual vitality and energy*

(120 capsules) Item #24201



*Ready to start your transformation?
Download the 4LifeTransform™ App today
from the App Store or Google Play.
Visit www.4lifetransform.com for details.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

BEST IN CLASS PROTEIN

RESULTS:

Lost 14.5 pounds and 7% body fat

4LIFE® PRODUCTS:

PRO-TF™, RiteStart® Women, MultiPlex™, 4Life Transfer Factor Renuvo®, PBGS+®

MY TRANSFORMATION:

- Increased protein, decreased carbohydrates, ate six healthy meals per day
- Worked out (cardio and weights) four–six times per week for an hour each session.



TARA LEE
"Early morning warrior"



BEFORE



AFTER

RESULTS:

Lost 24 pounds and 4 inches from waist

4LIFE® PRODUCTS:

PRO-TF™, 4Life Transfer Factor Renuvo®, Energy Go Stix®, RiteStart Men®, Bio EFA™ with CLA, Shape-Fast Ultra®

MY TRANSFORMATION:

- Enjoyed PRO-TF™ first thing every morning and included healthy protein at every meal
- Worked out (cardio and weights) four days per week, 20-40 minutes per session



SHAWN ALFORD
Gold International Diamond
"Protein transformer =
Business transformer"



BEFORE



AFTER

The before and after photos and testimonials contained herein are provided by 4Life® independent Cust/Dists or individual Retailers. 4Life independent Cust/Dists earn bonuses based on product sales. Other than bonuses for product sales, no compensation has been given to 4Life independent Cust/Dists or individual Retailers for their testimonials.

Results of consuming 4Life products vary. Results are dependent upon varying degrees of lifestyle modifications, including diet and exercise programs. As with any diet and exercise program, consult your physician before implementing changes to make certain you are healthy enough to participate.

**RESULTS:**

Lost 11 pounds and 8% body fat

4LIFE® PRODUCTS:

PRO-TF™, RiteStart® Women, MultiPlex™, 4Life Transfer Factor Renuvo®, PBGS+®

MY TRANSFORMATION:

- Focused on quality nutrition
- Worked out (cardio and weights) five times per week for an hour and a half per session

Share your transformation story with us!
Visit www.4lifetransform.com to learn how!

**RESULTS:**

Lost 8% body fat

4LIFE® PRODUCTS:

PRO-TF™, 4Life Transfer Factor Renuvo®, 4Life® NanoFactor® Glutamine Prime®, Energy Go Stix® 4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula, BioEFA™ with CLA, 4Life® Transfer Factor Plus® Tri-Factor® Formula

MY TRANSFORMATION:

- Calculated protein requirements for aggressive muscle-building goals and used PRO-TF™ for half of daily protein needs
- Did HIIT cardio and weight training three times per week

REAL TRANSFORMATIONS

TARGETED TRANSFER FACTOR®

FOCUSED SUPPORT FOR **YOUR** BODY'S NEEDS

Targeted Transfer Factor products combine the immune system benefits of Transferceutical® ingredients with additional system-specific nutrients to provide a more focused and personal level of health support.*



4LIFE TRANSFER FACTOR® **CARDIO**

PRIMARY SUPPORT: Heart Health, Energy*

SECONDARY SUPPORT: Immune System, Antioxidant*

A heart-healthy combo of 4Life Transfer Factor®, and over 18 vitamins, minerals, and antioxidants*

- Features Certified 4Life Transfer Factor® which helps educate immune cells*
- Provides support for a healthy heart and proper cardiovascular function*
- Supports healthy cholesterol levels already in the normal range*
- Contains a proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, red rice yeast extract, and ginger oil

(120 capsules)Item #21002



4LIFE TRANSFER FACTOR® **RECALL®**

PRIMARY SUPPORT: Brain Health*

SECONDARY SUPPORT: Immune System, Healthy Aging, Heart Health*

Targeted brain support for optimal mental functioning*

- Features Certified 4Life Transfer Factor® and other ingredients to lend important support to the brain and central nervous system*
- Promotes healthy brain function and blood circulation*
- Contains proven ingredients to support brain health like vinpocetine, *Huperzia serrata*, *Bacopa monnieri*, and *Ginkgo biloba**

(90 capsules)Item #22003



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4LIFE TRANSFER FACTOR® BELLE VIE®

PRIMARY SUPPORT: Female Health, Healthy Aging*

SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for superior female reproductive and breast health*

- Features Certified 4Life Transfer Factor®, strengthening the body's natural immune response to promote healthy cell growth and function*
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the body's detoxification process*
- Promotes overall feminine reproductive health*

(60 capsules)Item #22535



4LIFE TRANSFER FACTOR® GLUCOACH®

PRIMARY SUPPORT: Glucose Metabolism, Weight Management*

SECONDARY SUPPORT: Immune System, Antioxidant, Energy*

Targeted support for the endocrine and metabolic systems*

- Targets the superior immune-enhancing benefits of Certified 4Life Transfer Factor® and offers direct support for the metabolic and endocrine systems*
- Includes minerals, herbs, and phytonutrients to support healthy hormone production and healthy glucose tolerance, and promote pancreatic health*

(120 capsules)Item #29001



4LIFE® NANOFACTOR® GLUTAMINE PRIME®

PRIMARY SUPPORT: Immune System, Overall Wellness*

SECONDARY SUPPORT: Energy, Antioxidant, Digestive Health*

Rich energy source that helps fuel immune cell activity and provide the building blocks of the important antioxidant glutathione*

- Supplies fuel to immune cells with the important amino acid glutamine*
- Enhances communication between immune cells with 4Life's exclusive NanoFactor® extract for a more coordinated immune response when under stress*
- Provides synergistic immune system support when taken with any 4Life Transfer Factor product*

(120 capsules)Item #24087



4LIFE TRANSFER FACTOR® KBU®

PRIMARY SUPPORT: Urinary Health*

SECONDARY SUPPORT: Immune System, Antioxidant, Cleansing & Detox*

A targeted formula for both men and women to support the urinary tract—the kidneys and the bladder*

- Features Certified 4Life Transfer Factor® which educates immune cells and provides support for healthy urinary tract and kidneys*
- Supports the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose*
- Supports healthy kidney and urinary tract function with the addition of dandelion leaf, juniper berry, chancapiedra, and IP-6*

(120 capsules)Item #25501



4LIFE TRANSFER FACTOR® MALEPRO®

PRIMARY SUPPORT: Male Health*

SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for optimal prostate health*

- Features Certified 4Life Transfer Factor® to support immunity at the cellular level
- Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health*

(90 softgels)Item #22562



4LIFE TRANSFER FACTOR VISTA®

PRIMARY SUPPORT: Eye Health*

SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for optimal vision performance and eye health*

- Maintains visual acuity and sharpness*
- Includes ingredients to help reduce the oxidative effects of the sun or of excessive blue light exposure on the macula of the eyes*
- Promotes healthy eye function*
- Supports the ability to adapt to varying light conditions*
- Provides synergistic wellness support when taken with BioEFA™ with CLA

(60 capsules)Item #29501

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enummi® SHOWER ESSENTIALS

A TRUE SENSORY EXPERIENCE



enummi® Shampoo

A sulfate-free, moisture-rich cleansing experience

- Cleanses gently, yet effectively with coconut-derived ingredients
- Loaded with protein, amino acids, and luscious botanicals
- Helps prevent color fadeout
- Provides protection from the environment, balanced repair, manageability, and vibrant shine
- Works well for daily use on all hair types

(12 fl oz bottle) Item #25113

enummi® Conditioner

The only conditioner with 4Life Transfer Factor™

- Improves manageability and smoothness
- Saturates hair beautifully and rinses effortlessly, leaving hair feeling soft and silky with vibrant shine
- Features a protein, vitamin, and amino acid-rich formula
- Decadent nature-derived oils and butters help minimize color fading and static, and ease hair and scalp dryness
- Provides environmental protection and balanced repair

(12 fl oz bottle) Item #25115

enummi® Body Wash

An invigorating cleanser that hydrates the skin

- Features a light gel formula that creates a luxurious lather with a lively fragrance
- Leaves skin feeling soft and smooth, without lingering dryness
- Offers gentle cleansing for the entire family
- Includes nature derived ingredients including mango, avocado, and honey extract
- Combines perfectly with enummi® Body Lotion for ultimate moisturizing benefits

(12 fl oz bottle) Item #25111

enummi® BATH AND BODY

FORTIFY SKIN WITH ALL-OVER BODY MOISTURIZING



enummi® INTENSIVE BODY LOTION

4Life's original formula body lotion for drier skin

- Contains 4Life Transfer Factor UltraFactor XF® and OvoFactor®
- Contains white tea to protect your skin from the elements
- Provides a complex range of minerals, and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

(8.5 fl oz bottle)Item #25003



enummi® BATH AND BODY

A BRIGHTER, HEALTHIER SMILE



enummi® TOOTHPASTE

A gentle, fluoride-free formula that cleanses teeth without harsh, abrasive agents, freshens breath, and safely whitens for a cleaner, brighter smile

- Dissolves food film for a clean, bright smile
- Freshens breath
- Contains a refreshing mint flavor and no sugar

(4 fl oz tube) Item #25050

enummi® SKIN CARE

THE BEAUTY OF SCIENCE

enummi® Skin Care is the only complete skin care system that includes 4Life Transfer Factor®. Each product is packed with natural botanicals, antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.



*This product information is approved for
distribution only in the United States.*

In four simple steps, cleanse, tone, target, and moisturize to reveal your most vibrant and luminous complexion.

Step 1: Cleanse

enummi® GENTLE FACIAL CLEANSER

A gentle cleanser for a fresh, clean complexion

- Features herbal extracts and vitamins to hydrate and replenish while cleansing
- Includes a botanical blend to make daily care a soothing ritual
- Gently cleanses to help maintain fresh, soft skin

(4 oz tube).....Item #25025

Step 2: Tone

enummi® REFRESHING TONER

Biotin, antioxidants, and vital moisture to bring your skin into balance and prepare it for nutrient-rich treatments

- Fortifies skin with natural humectants to retain hydration and moisture
- Restores pH balance and clears impurities and dead skin cells from the skin
- Promotes a smooth, fresh, and radiant complexion
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(4 oz bottle).....Item #25027

Step 3: Target

enummi® LIFE C ENERGIZING SERUM®

A luxurious waterless formulation that creates brighter-looking skin that feels silky

- Helps brighten skin, improve overall skin tone, and diminish the appearance of age spots with vitamin C and other botanicals
- Provides skin with beneficial antioxidants to defend against the elements
- Energizes tired skin for a more luminous appearance
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(1 oz tube).....Item #25060

Step 4: Moisturize & Protect

enummi® PROTECTIVE DAY MOISTURIZER

A moisture barrier to hydrate, nourish, and protect your skin with SPF 15

- Defends with certified SPF 15 broad spectrum sun protection
- Provides hydration and creates a moisture barrier
- Provides antioxidants to the skin for excellent protection
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(1.7 oz bottle).....Item #25029

enummi® RESTORING EYE CREAM

Formula to reduce the appearance of dark circles, puffiness, fine lines, and wrinkles, and promote a brighter eye and smooth appearance

- Provides superior moisturizing and skin softening benefits with emollients and deep moisturizing ingredients
- Helps combat dark circles around the eyes with peptides that reduce the appearance of puffiness, fine lines, and wrinkles
- Restores vital nutrients with amino acids
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(0.5 oz bottle).....Item #25035

enummi® NIGHT RECOVERY CREAM

Cream to rejuvenate, retain moisture, and reduce the signs of aging while you sleep

- Includes a moisture-rich complex that provides hydration and humectants to help skin retain its natural moisture barrier
- Fortifies the skin against environmental stresses with powerful antioxidants
- Rejuvenates and improves skin's radiance while you sleep
- Contains 4Life Transfer Factor® with UltraFactor XF® and OvoFactor®

(1.7 oz tube).....Item #25048

System & Sets

enummi® SKIN CARE SYSTEM

Best Value! (contains all six products)

Item #25062

enummi® MEN'S ESSENTIALS SET

(contains cleanser, day moisturizer, night cream)

Item #25063

enummi® SKIN CARE SAMPLE SET/5PK

(contains a one-time use of all six products)

Item #25070

enummi® advanced

SKIN CARE INSPIRED BY NATURE'S INTELLIGENCE

PRIMARY SUPPORT: Precision-Strength Skin Care*

SECONDARY SUPPORT: Complexion Health and Beauty*

The enummi® advanced product trio joins forces with you to help confront the appearance of complexion aging and reveal smoother, more luminous, and younger-looking skin.

Get started today with three easy steps.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Step 1: Resurface and Refresh

enummi® advanced RENEWING SERUM

Precision-strength glycolic acid and other powerful nature-derived ingredients to help resurface, refresh, and return skin to a more radiant and youthful appearance

- Features 4Life Transfer Factor® (UltraFactor XF® and OvoFactor®)
- Contains 10% glycolic acid, a highly effective Alpha Hydroxy Acid (AHA) that encourages surface turnover and gently resurfaces skin for a fresher, younger look
- Provides robust support against environmental aggressors
- Provides serious nighttime support, improving the appearance of skin surface smoothness, firmness, and brightness

Sunburn alert: This product contains an alpha hydroxy acid (AHA), which may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.

(1.0 oz bottle)..... Item #25078



Step 2: Lavish and Soothe

enummi® advanced AMPLIFY HYDRATING CREAM

Rich, soothing, conditioning, and hydrating ingredients to infuse skin with nutrients and diminish the appearance of dull, uneven tone and color for a brighter, more healthy-looking complexion

- Features 4Life Transfer Factor® (UltraFactor XF® and OvoFactor®)
- Improves the appearance of fine lines, wrinkles, and imperfections
- Visibly reduces dull, uneven skin tone for a brighter, more luminous complexion
- Provides robust support against environmental stressors
- Restores moisture and nutrients for the amplified appearance of surface firmness and tautness

(1.7 oz bottle)..... Item #25080



Step 3: Recover and Protect*

enummi™ advanced SKIN RECOVERY SUPPLEMENT*

Daily supplement to promote skin's youthful and vibrant look from the inside out and maximize the rejuvenating potential of the topical treatments*

- Features 4Life Transfer Factor® (UltraFactor XF® and OvoFactor®)
- Provides immune system support for the skin, your body's first line of defense*
- Supports increased moisture levels in skin's barrier from the inside out in as little time as three weeks*
- Supports skin's surface firmness and elasticity from the inside out in as little time as eight weeks*
- Significantly improves the appearance of skin lines and wrinkles in as little time as eight weeks*
- Supports skin's recovery from normal daily environmental exposure*

(60 ct/bottle)..... Item #25401



System

enummi® advanced SKIN CARE SYSTEM

Best Value! (contains all three products)

Item #25084



SHAPERITE® BY 4LIFE®

FIND YOUR RITE SHAPE

ShapeRite by 4Life products support the idea that every individual—no matter the genetics, body size, or goals—can find his or her own “rite shape” through a combination of exercise, healthy eating, and proper supplementation.

Maintaining a healthy weight can reap big dividends in terms of your overall health and quality of life. Learn how ShapeRite products can help you maintain a healthy weight and meet your lifestyle goals.

ENERGY GO STIX®

PRIMARY SUPPORT: Energy*

SECONDARY SUPPORT: Weight Management*, Immune System*

Energy supplement in ready-to-mix powder packs*

- Features an energy boost from a synergistic amino acid blend and yerba mate, green tea extract, and three forms of ginseng
- Contains 4Life Transfer Factor® to support the immune system*
- Supports memory, alertness, and mood*
- Promotes healthy metabolism and weight management when accompanied by a sensible diet and exercise*
- Available in citrus, berry, and pink lemonade

(30 berry-flavored powder packs)..... Item #27563

(30 citrus-flavored powder packets)Item #27560

(30 pink lemonade-flavored powder packets) Item #27575

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NUTRASTART®

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Immune System, Energy*

Low-fat, low-calorie meal replacement drink

- Provides a healthy and delicious meal on the go!
- Provides balanced nutrition for healthy weight management

- Includes 4Life Transfer Factor® to support the immune system*
- Contains vitamins and minerals and plenty of dietary fiber per serving
- Available in vanilla and chocolate

NutraStart Vanilla
(15-serving bag) Item #28085

NutraStart Chocolate
(15-serving bag) Item #28087



CARB BLX™

PRIMARY SUPPORT: Weight Management*

Formula that helps reduce the amount of fat and carbohydrates your body absorbs, helping you limit the effects of poor meal choices*

- Features *Cassia nomame**
- Includes polyphenols and flavonoids for potent antioxidant activity*
- Provides green tea to help promote natural fat burning, healthy mood, and energy levels, and overall weight management*

(60 capsules).....Item #27532



CATALYST® PLUS

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Glucose Metabolism, Energy*

Formula for maintaining balanced glucose levels*

- Features *Gymnema sylvestre* to help maintain healthy glucose metabolism*
- Includes *Lagerstroemia speciosa* and *momordica* that also help support healthy glucose levels*
- Contains chromium to support healthy energy levels and aid weight management*

(60 capsules).....Item #27535



CHITOLITE®

PRIMARY SUPPORT: Weight Management*

Fat-binding formula that discourages absorption of fat in the body*

- Supports weight management by binding fat through the power of chitosan*
- Features l-ascorbic acid, erythorbic acid, and aloe vera

(60 capsules).....Item #27519

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**SHAPE-FAST ULTRA®****PRIMARY SUPPORT:** Weight Management***SECONDARY SUPPORT:** Immune System, Energy*

Potent herbal blend that promotes thermogenesis, lean body mass, appetite control, and improved stamina*

- Contains ginseng and chromium to help maintain balanced glucose levels*
- Includes 4Life Transfer Factor® for immune system support*
- Includes guarana, ginseng, chromium, green tea, and cocoa-almond extract to help support healthy energy levels and stamina*

(90 capsules) Item #27566

**CITRI-SHAPE®****PRIMARY SUPPORT:** Weight Management*

Non-thermogenic fruit extract that helps control appetite and support metabolism*

- Features *Garcinia cambogia* which has been shown to inhibit fat storage and burn body fats as fuel*
- Includes a Vitamin B complex to promote healthy energy levels*
- Contains no artificial stimulants and is caffeine free

(90 capsules) Item #1070

**METABOLITE™****PRIMARY SUPPORT:** Weight Management*

Thyroid support to help promote a healthy metabolic rate and cellular efficiency*

- Features bladderwrack to nourish and promote a healthy functioning thyroid*
- Contains papaya and pineapple enzymes to support digestive function*
- Includes a wide spectrum of phytonutrients from spirulina and sage to nourish cells*

(60 capsules) Item #1005

**REZOOM®****PRIMARY SUPPORT:** Energy***SECONDARY SUPPORT:** Overall Wellness*

Liquid energy tonic with herbal extracts and vitamins to promote stamina, energy, and muscle tone*

- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters*
- Aids cardiovascular health through a complex of B vitamins*
- Works well as part of a weight management program*

(8 oz bottle) Item #26020

(32 oz bottle) Item #26022

(Gallon bottle with pump) Item #26024

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GENERAL HEALTH AND WELLNESS

Providing a strong foundation of support from healthy digestion, to powerful antioxidants and essential fatty acids, 4Life General Health and Wellness products complement our Transferteceutical® line and give you extensive health support that meets your body's varied needs.*



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WWW.4LIFE.COM | 33

4LIFE FORTIFY®

GOOD WORKS THROUGH GOOD NUTRITION

All over the world, parents and caregivers struggle to provide nourishing food so children can sustain a vibrant life. As part of our service focus to foster long-term sustainable partnerships with families, orphanages, and communities, 4Life is proud to offer 4Life Fortify, a complete nutritional complex of vitamins, minerals, and 4Life Tri-Factor® Formula.

With your monthly 4Life Fortify support, you earn 25 LP for your business and help ensure a child doesn't go hungry. Plus, shipping is free!*

 Get your organization involved, watch your business grow, and help fill the belly of a hungry child!

Each bag purchased will be donated to children in need around the world by our partner, *Feed The Children*, a third-party distribution company.



4LIFE FORTIFY®

Twenty-four great-tasting child-sized meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins and minerals, and Tri-Factor® Formula

- Contains a full complex of vitamins and minerals
- Includes 4Life Tri-Factor Formula
- Provides a protein-rich meal with the texture of a true meal, not simply porridge
- Provides proper nutrition for individuals of all ages, as well as a feeling of satiety
- Tastes great and can be enjoyed by different cultures worldwide

(12-24 servings/bag).....Item #15005*
Family Pack/5 bags.....Item #87562*

*For donation through Feed the Children.
Not for personal use.*

***4Life Research® offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows Cust/Distrs to invest their time and resources to encourage others to join our legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.*



VISIT 4LIFEFORTIFY.COM TO LEARN MORE ABOUT OUR WORLDWIDE INITIATIVE TO FEED HUNGRY CHILDREN AROUND THE WORLD.



ALOE VERA

PRIMARY SUPPORT: Digestive Health*

SECONDARY SUPPORT: Immune System, Overall Wellness*

Concentrated aloe vera juice for overall wellness

- Offers an overall general wellness beverage
- Features a proprietary harvesting process to retain optimal freshness

(16 fl oz bottle) Item #8000

BIOEFA™ WITH CLA

PRIMARY SUPPORT: Brain Health, Heart Health*

SECONDARY SUPPORT: Weight Management, Overall Wellness*

Essential fatty acids for healthy heart, brain, and respiratory function*

- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes overall cardiovascular health and strong cell membranes*
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health*

(60 softgels) Item #28095



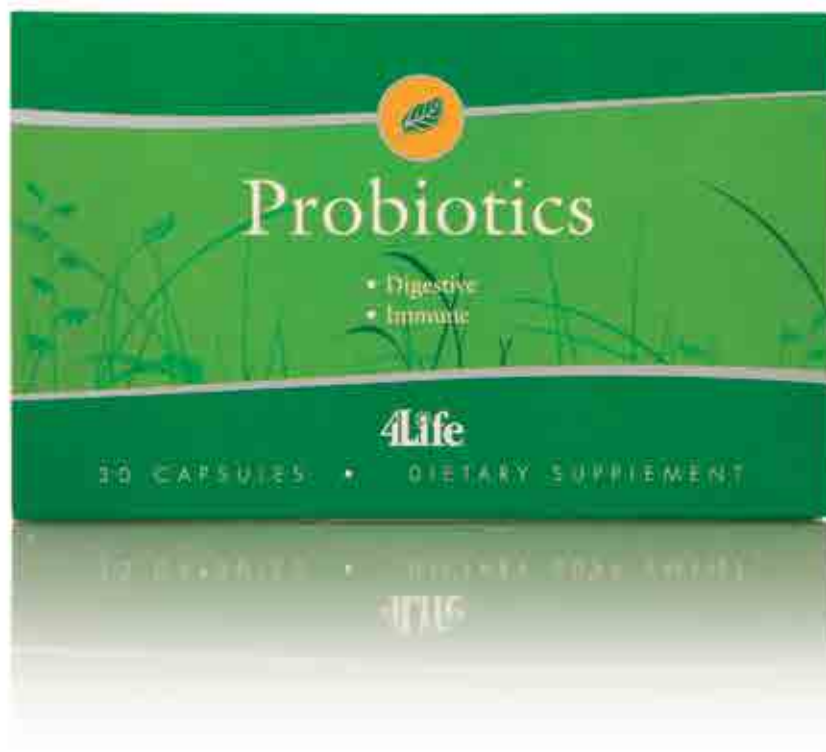
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PROBIOTICS**PRIMARY SUPPORT:** Digestive Health***SECONDARY SUPPORT:** Immune System*

Proprietary blend of five active probiotic strains for gastrointestinal health and digestive functions*

- Supports healthy digestive function*
- Promotes immune system wellness*
- Helps maintain healthy levels of "good" bacteria*

(30 capsules) Item #23012

 **BIOGENISTEIN ULTRA®****PRIMARY SUPPORT:** Female Support***SECONDARY SUPPORT:** Sleep, Mood, & Stress*

Hormone and mood-balancing blend for basic female hormonal support*

- Contains soy isoflavones, black cohosh, and dong quai for female health support and healthy hormone levels*
- Supports positive mood with magnolia extract, L-theanine, and eleuthero extracts*
- Includes antioxidants from quercetin and tumeric

(60 capsules) Item #22530

**BOUNTIFUL HARVEST® PLUS****PRIMARY SUPPORT:** Overall Wellness***SECONDARY SUPPORT:** Antioxidant, Multivitamin & Mineral, Immune System*

Daily serving of nutrient-rich "greens" from whole plant sources

- Provides concentrated vitamins, minerals, and other phytonutrients
- Contains superfood concentrates from blue-green algae and spirulina
- Contains alkaline-forming properties that help balance pH*

(180 capsules) Item #28092

**CARDIO FORMULA****PRIMARY SUPPORT:** Heart Health***SECONDARY SUPPORT:** Antioxidant*

Basic heart-healthy formula that helps the body deliver nutrients and carry away waste*

- Features a proprietary nutritional formula to support the body's cardiovascular and circulatory systems*
- Contains natural berry and spice powders to promote healthy heart function*

(60 capsules) Item #7010

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**CHOICE 50®****PRIMARY SUPPORT:** Antioxidant***SECONDARY SUPPORT:** Immune System, Healthy Aging, Heart Health, Skin Health, Overall Wellness*

Superior blend of antioxidants that promotes healthy aging benefits*

- Includes a blend of potent antioxidants
- Supports cardiovascular and circulatory system health*
- Provides additional support for joint, muscle, brain, and eye health*

(60 capsules) Item #28061

**CM SUPER™****PRIMARY SUPPORT:** Joint & Bone Health*

Calcium and magnesium support for healthy bone metabolism and structural system health*

- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health*
- Contains vital ingredients to support bone growth in people of all ages*

(90 tablets) Item #7120

**DIGESTIVE ENZYMES****PRIMARY SUPPORT:** Digestive Health*

Complete digestive enzyme solution for all your digestive health needs*

- Supports healthy digestion of food*
- Reduces intestinal discomfort associated with food consumption*
- Supports overall digestive health*

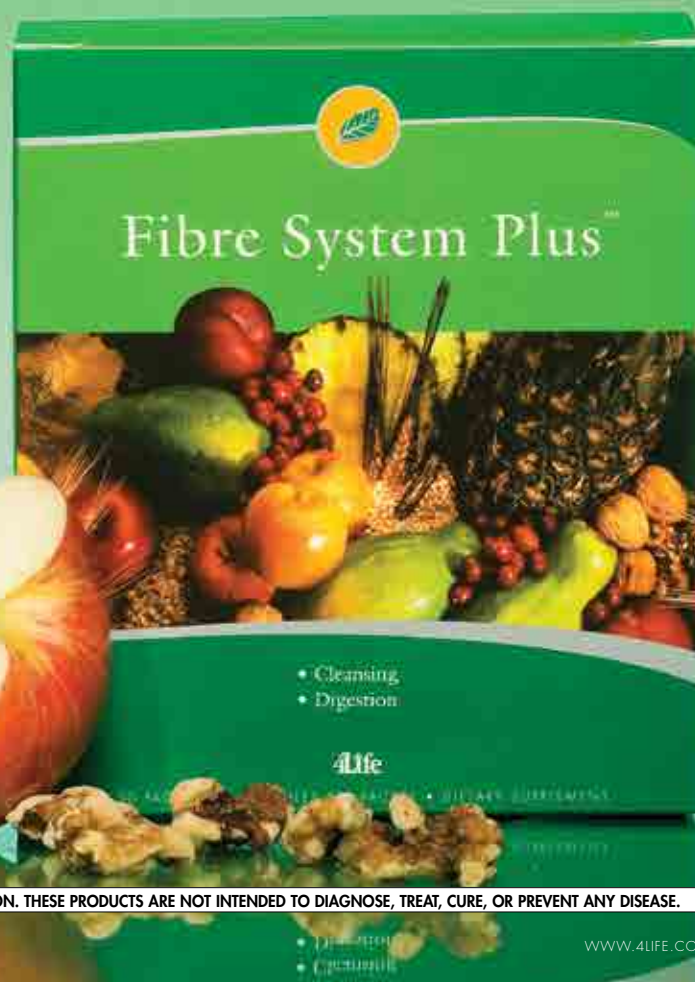
(90 capsules) Item #23017

FIBRE SYSTEM PLUS™**PRIMARY SUPPORT:** Cleansing & Detox***SECONDARY SUPPORT:** Digestive Health, Weight Management*

A ten-day gastrointestinal cleanse

- Contains 24 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification*
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen*
- Contains key ingredients such as cascara sagrada, frangula, prunes, pineapple, papain, and bromelain

(30 packets) Item #7190



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FIBRO AMJ® DAY-TIME FORMULA

PRIMARY SUPPORT: Joint & Bone Health*

Scientifically advanced support for structural and nervous system health*

- Contains powerful metabolites—magnesium and malic acid—essential to energy production*
- Includes glucosamine hydrochloride and methylsulfonylmethane (MSM) for joint support*
- Includes boswellia serrata for additional support*

(90 capsules)Item #24501

SEE PAGE 41 FOR SLEEPRITE AMJ™.

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**FEMRITE®****PRIMARY SUPPORT:** Skin Health*

A unique cream formulated especially for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract

- Includes cucumber extract and aloe
- Includes wild yam extract

(2 fl. oz cream) Item #22540

**FLEX4LIFE®****PRIMARY SUPPORT:** Joint & Bone Health***SECONDARY SUPPORT:** Antioxidant*

Capsules with nutrients designed to lubricate joints and support a full range of motion*

- Provides powerful support for muscles and joint lubrication*
- Includes glucosamine hydrochloride to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid*
- Includes chondroitin sulfate to support cartilage elasticity and joint viscosity*

(2 fl. oz cream) Item #23507

(90 capsules) Item #23503

Product information pertains to capsule product only.

**GURMAR****PRIMARY SUPPORT:** Glucose Metabolism***SECONDARY SUPPORT:** Weight Management*

Ancient Indian herb famous for helping maintain healthy glucose levels*

- Supports the endocrine system to balance glucose in the body*
- Helps maintain healthy glucose levels*

(60 capsules) Item #4001

**IMMUNE FORMULA****PRIMARY SUPPORT:** Immune System***SECONDARY SUPPORT:** Wellness*

A basic formula to provide nutrients that support immune system function all year round*

- Contains echinacea, astragalus, and schisandra for added support*

(60 capsules) Item #7050

**INNER SUN®****PRIMARY SUPPORT:** Sleep, Mood, & Stress*

Proprietary formula designed to promote positive mood and healthy energy levels*

- Features a blend of St. John's Wort, chamomile, rosemary, and hawthorn to promote positive mood*
- Includes potent B-vitamin complex to support healthy energy levels*

(120 capsules) Item #7100

**LIFE C® CHEWABLE****PRIMARY SUPPORT:** Antioxidant, Multivitamin & Mineral***SECONDARY SUPPORT:** Immune System*

Proprietary blend of vitamin C for enhanced absorption and antioxidant support*

- Features seven active forms of natural vitamin C*
- Uses varied forms to provide antioxidant protection*
- Supports the healthy function of multiple body systems*

(60 chewable tablets) Item #28077

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MALE FORMULA

PRIMARY SUPPORT: Male Support*

Basic prostate and hormonal support combined with the protection of potent antioxidants*

- Combines broccoli powder extract with Korean ginseng to support healthy sexual function, energy levels, and strength*
- Contains saw palmetto to promote prostate health, urinary health, and energy levels*
- Includes selenium for antioxidant support*

(30 capsules) Item #22555



MULTIPLEX™

PRIMARY SUPPORT: Multivitamin & Mineral, Overall Wellness*

Basic daily dose of fundamental vitamins and minerals

- Features essential vitamins and minerals for general health and wellness*
- Contains herbal extracts and citrus bioflavonoids to boost energy levels*

(60 capsules) Item # 28039



MUSCULOSKELETAL FORMULA™

PRIMARY SUPPORT: Joint & Bone Health*

Herbal support for bones, joints, and muscles*

- Contains key ingredients that support muscle repair*
- Includes ingredients for soft tissue support of overworked muscles, tendons, ligaments, and nerves*

(60 capsules) Item #7030

A large graphic with a green background. It features a yellow circle with a green leaf inside, and the text 'Super Detox' in a large, stylized font.

SUPER DETOX®

PRIMARY SUPPORT: Cleansing & Detox*

Support for healthy liver function*

- Includes milk thistle, known to support healthy liver function*
- Contains red clover and artichoke to aid in detoxification and liver strength*
- Provides antioxidant support through n-acetyl l-cysteine*

(60 capsules) Item #23015



PHYTOLAX®

PRIMARY SUPPORT: Cleansing & Detox*

SECONDARY SUPPORT: Digestive Health*

An effective herbal laxative*

- Includes black walnut and buckthorn to promote healthy regularity and elimination*
- Contains herbs such as cascara sagrada and ginger to safely activate digestive elimination*

(60 capsules) Item #7080

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**PBGS+®****PRIMARY SUPPORT:** Antioxidant***SECONDARY SUPPORT:** Immune System, Healthy Aging*

Antioxidant formula that combines the power of pinebark and grapeseed extracts*

- Includes pinebark and grapeseed extracts
- Helps neutralize cells from the aging effects of free radicals*
- Promotes healthy circulation*

(60 tablets).....Item #1160
 (120 tablets).....Item #1170

**SLEEPRITE AMJ™****PRIMARY SUPPORT:** Sleep, Mood, & Stress***SECONDARY SUPPORT:** Joint & Bone Health*

Proprietary blend of natural ingredients for a restful night sleep*

- Combines melatonin, a proven alternative to naturally aid sleep, with 5-Hydroxytryptophan, vitamin B6, and a proprietary blend of herbs*
- Supports healthy sleep patterns to help your body function at its best*
- Supplies important nutrients that support healthy muscles, bones, and joints*

(60 capsules).....Item #28099

See page 32 for Fibro AMJ® Day-Time Formula.

**STRESS FORMULA****PRIMARY SUPPORT:** Sleep, Mood, & Stress*

A calming herbal formula to help balance daily stress*

- Combines chamomile and valerian root to support a calm nervous system and manage anxiety and tension*
- Supports balanced autonomic, sensory, and motor functions*
- Includes peppermint to soothe stomach discomfort that may be associated with stress*

(60 capsules).....Item #7040

TEA4LIFE®**PRIMARY SUPPORT:** Cleansing & Detox***SECONDARY SUPPORT:** Digestive Health*

Natural cleansing tea for intestinal maintenance and to support regularity*

- Features herbs to support colon health*
- Provides an herbal alternative for healthy digestive cleansing*
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners

(30 bags).....Item #13004



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CLUB 250® PACK #1

5-4Life® Transfer Factor Plus®
 Tri-Factor® Formula
 2-4Life Transfer Factor Renuvo®
 10-pack-Products for Your Life from 4Life®
 retail catalog

Item #52701
 \$299.95, 250 LP
 Save \$76!



CLUB 250 PACK #2

4-4Life® Transfer Factor Plus®
 Tri-Factor® Formula
 1-4Life Transfer Factor Renuvo®
 1-PRO-TF™
 1-PRO-TF™ Protein Bar (10-count box)
 10-pack-Products for Your Life from 4Life®
 retail catalog

Item #52702
 \$299.95, 250 LP
 Save \$68!



CLUB 250 PACK #3

4-4Life® Transfer Factor Plus®
 Tri-Factor® Formula
 3-4Life Transfer Factor® RioVida Stix®
 Tri-Factor® Formula
 2-Energy Go Stix® Berry
 10-pack-Products for Your Life from 4Life®
 retail catalog

Item #52703
 \$299.95, 250 LP
 Save \$81!



4LIFE® PRODUCT INGREDIENT INDEX

4Life Transfer Factor® Tri-Factor® Formula: 4Life Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®).

4Life® Transfer Factor Plus® Tri-Factor® Formula: Zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and Cordyvant™ Proprietary Polysaccharide Complex (IP-6, β-Sitosterol and other phytosterols, *Cordyceps sinensis* mycelium extract, baker's yeast extract, *Agaricus blazei* fruiting body extract, aloe leaf gel extract, oat seed extract, olive leaf extract, maitake fruiting body extract, and shiitake fruiting body extract).

4Life Transfer Factor® Classic: UltraFactor XF®.

4Life Transfer Factor® RioVida® Tri-Factor® Formula: Vitamin C, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Juice Blend (Apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Juice Blend (Apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Proprietary Blend (Açai, blueberry, and elderberry fruit powder, grape seed extract, and pomegranate hull extract).

4Life Transfer Factor® Belle Vie®: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Antioxidant Proprietary Blend (Green tea leaf extract and grape seed extract), Phytoestrogen Proprietary Blend (Flax seed extract, kudzu root extract, and red clover plant extract), and Cruciferous Proprietary Blend (Broccoli, cabbage, kale, containing Indole-3-Carbinol, diindolyl methane, ascorbigen, and other dietary indoles, and calcium d-glucarate).

4Life Transfer® Cardio: Vitamin A, vitamin C, vitamin E, niacin, vitamin B6, folate, vitamin B12, magnesium, zinc, selenium, copper, potassium, OvoFactor®, and Proprietary Blend (Garlic bulb extract, hawthorn leaf/flower extract, butcher's broom root extract, red rice yeast extract, *Ginkgo biloba* leaf extract, ginger root oil, resveratrol, and coenzyme Q10).

4Life Transfer Factor® Chewable Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®).

4Life Transfer Factor® GluCoach®: Chromium, 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), vanadium, alpha lipoic acid, and Proprietary Blend (*Pterocarpus marsupium* heart wood extract, gymnema leaf extract, fenugreek seed extract, *Momordica charantia* fruit extract, and Korean ginseng root extract).

4Life® NanoFactor® Glutamine Prime®: L-Glutamine, Immune Energy Blend (l-arginine, n-acetyl l-cysteine, alpha lipoic acid, l-alanyl-H glutamine, and NanoFactor®).

4Life Transfer Factor® Immune Spray – Mint & Orange: Zinc, 4Life Transfer Factor® Blend (UltraFactor XF® and NanoFactor®), and Proprietary Blend (Colloidal silver, marshmallow, aloe, and lactoferrin).

4Life Transfer Factor® KBU®: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Bladder Support Blend (Cranberry fruit powder and extract, d-mannose, blueberry fruit, and lingonberry fruit), Kidney Support Blend (IP-6, *Chanca piedra* herb, juniper berry, dandelion leaf, and varuna stem bark extract), and pH Balancing Blend (Apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate).

4Life Transfer Factor® MalePro®: Zinc, selenium, 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), saw palmetto fruit extract, lycopene, and Proprietary Blend (Nettle root extract, kudzu root extract, soy bean extract, broccoli whole plant extract, and calcium d-glucarate).

4Life Transfer Factor® ReCall®: Magnesium, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Proprietary Blend (Soy seed extracts, lemon balm herb extract, *Bacopa monnieri* aerial parts extract, n-acetyl tyrosine, n-acetyl l-cysteine, *Ginkgo biloba* leaf extract, *Hyperzia serrata* herb extract, and vinpocetine).

4Life Transfer Factor Renuvo®: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and 4Life® Adaptogenics Blend (*Rhaponticum carthamoids* root extract, *Schisandra chinensis* fruit extract, ALCAR, green tea leaf extract, ashwagandha root extract, turmeric rhizome extract, resveratrol, and black pepper fruit extract).

4Life Transfer Factor Vista®: Vitamin A, vitamin C, vitamin E, zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), lutein, zeaxanthin, and Ocular Health Proprietary Blend (*Haematococcus pluvialis* microalgae extract, bilberry fruit extract, *Spirulina microalgae*, citrus bioflavonoids peel extract, black currant fruit extract, *Ginkgo biloba* leaf extract, blackberry fruit extract, and ascorbigen).

BioEFA™ with CLA: Fish Oil Blend (containing 500 mg EPA and DHA), and Plant Oil Blend (Flax seed oil (alpha linolenic acid), borage seed oil (gamma linolenic acid), and safflower seed oil (conjugated linoleic acid)).

BioGenistein Ultra®: Hormone Balance Blend (Soy seed extract, black cohosh root extract, dong quai root extract, chaste tree fruit extract, and turmeric rhizome extract) and Proprietary Female Blend (Magnolia bark extract, eleuthero root extract, quercetin, and l-theanine).

Bountiful Harvest® Plus: Super Food Blend (Chia seed, spirulina, chlorella, and blue-green algae), Whole Food Nutrient Blend (Red pepper fruit, spinach leaf, purple butterbur leaf extract, acerola fruit, pumpkin fruit, carrot root, cucumber fruit, flax seed, brown rice seed flour, asparagus shoots, spearmint leaf, peppermint leaf, and bladderwrack herb), and pH Balancing Blend (Apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate).

Carb BLX™: Proprietary Blend (*Cassia nomame* whole herb extract, white kidney bean extract, green tea leaf extract, arabinose, cocoa-almond seed blend, and jaborandi leaf extract).

Cardio Formula: Proprietary Blend (Bladderwrack whole plant, hawthorn berry, cayenne fruit, turmeric root, motherwort aerial parts, butcher's broom root, and rosemary leaf), and Cardio Proprietary Extract Blend (Hawthorn

berry extract, motherwort aerial parts extract, turmeric root extract, bladderwrack whole plant extract, cayenne fruit extract, milk thistle seed extract, and rosemary leaf extract).

Catalyst® Plus: Chromium, vanadium, and Proprietary Blend (*Gymnema sylvestra* leaf powder alpha lipoic acid, *Momordica charantia* fruit extract, and banaba leaf extract).

ChitoLite®: Vitamin C and Proprietary Blend (Chitosan, erythorbic acid, and aloe ferox leaf).

Choice 50®: Vitamin C, vitamin E, and Proprietary Blend (Citrus bioflavonoid fruit complex, fo-ti root, grape seed extract, turmeric rhizome extract, rutin, milk thistle fruit extract, quercetin, bilberry fruit extract, and resveratrol).

Citri-Shape®: Thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, manganese, chromium, and *Garcinia cambogia* fruit extract.

CM Super™: Vitamin C, vitamin D, vitamin K, vitamin B6, calcium, magnesium, zinc, copper, manganese, and Proprietary Blend (Boron glycinate, lysine, soy lecithin, horsetail aerial parts, and strontium chloride).

Digestive Enzymes: Proprietary Enzyme Blend (Amylase, protease 4.5, glucosamylase, acid maltase, α-galactosidase, pectinase, cellulase, peptidase, protease 3.0, bromelain, lipase, invertase, hemicellulase, β-glucanase, xylanase, and papain).

Energy Go Stix® – Berry, Citrus, and Pink Lemonade: 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), Amino Acid Blend (L-glutamine, l-arginine, taurine, creatine, l-carnitine, l-methionine, and α-ketoglutarate), Proprietary Blend (Eleuthero root extract, Korean ginseng plant extract, and American ginseng root extract), and Herbal Energy Blend (Green tea leaf extract, yerba mate leaf extract, guarana root extract, maca root extract, and *Rhodiola rosea* root extract).

Fibre System Plus™: Fiber Blend (Psyllium husk, rice seed bran, apple fruit fiber, slippery elm inner bark, prune fruit, marshmallow root, locust bean gum, and xanthan gum), Cleansing Blend (Black walnut hull, cascara sagrada bark, gentian root, licorice root, and buckthorn bark), Nutrition Blend (Cranberry fruit, pineapple fruit, papaya fruit, sage leaf, parsley leaf, Irish moss whole plant, bee pollen, and spirulina), and Herbal Blend (Ginger root, hops flower, and chamomile flower).

Fibro AMJ® Day-Time Formula: Vitamin B6, magnesium, and Proprietary Joint Blend (Glucosamine hydrochloride, methylsulfonylmethane, bovine cartilage powder, *Boswellia serrata* tree resin extract, bromelain, and devil's claw root extract), and Antioxidant Blend (Malic acid, n-acetyl l-cysteine, l-cysteine, grape seed extract, and alpha lipoic acid).

Flex4Life® (capsules): Joint Health Blend (Glucosamine hydrochloride, chondroitin sulfate, and avocado fruit/soy seed extract), and Proprietary Blend (Devil's claw root extract, polyglyceryl-6 distearate, glycerin, cetyl myristoleate, avocado/soy unsaponifiables, dimethyl sulfone, glucosamine sulfate, lecithin, cetearyl alcohol, behenyl alcohol, menthol, tocopheryl acetate, butylene glycol, willow bark extract, devil's claw root extract, sunflower seed oil, rosemary leaf extract, *Capsicum oleoresin*

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extract, benzyl alcohol, phenoxyethanol, sodium hyaluronate, carbomer, xanthan gum, sodium hydroxide, and phytic acid.

Gurmar: Gymnema leaf and gymnema leaf extract.

Immune Formula: Proprietary Blend (Astragalus root, echinacea herb, shisandra fruit, eleuthero root, licorice root, gotu kola leaf and stem, and Korean ginseng root), and Proprietary Extract Blend (Astragalus root extract, licorice root extract, Korean ginseng root extract, eleuthero root extract, schisandra fruit extract, gotu kola leaf, and stem extract).

Inner Sun®: Thiamin, riboflavin, niacin, vitamin B6, folic acid, vitamin B12, biotin, pantothenic acid, and Proprietary Blend (St. John's Wort aerial parts, chamomile aerial parts, hawthorn berry, choline, hops flower, rosemary leaf, inositol, and para-aminobenzoic acid).

Life C®: Vitamin C (As calcium ascorbate, ascorbic acid, dehydroascorbic acid, erythorbic acid, magnesium ascorbate, ascorbyl palmitate, and ascorbigen).

Male Formula™: Zinc, selenium, and Proprietary Blend (*Tribulus terrestris* whole plant extract, L-arginine, saw palmetto berry extract, broccoli stalks/florets extract, Korean ginseng root extract, *Pygeum africanum* bark extract, and chrysin).

MetaboLite™: Proprietary Herbal Blend (Bladderwrack herb, red wheat seed bran, Hawaiian spirulina, sage leaf, papaya fruit, pineapple fruit, buckthorn bark extract, and artichoke leaf).

MultiPlex™: Vitamin A, vitamin C, vitamin D, vitamin E, thiamin, riboflavin, niacin, vitamin B6, folic acid, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, and Proprietary Blend (Citrus bioflavonoid fruit complex, spirulina, para-aminobenzoic acid, and rose hips fruit).

MusculoSkeletal Formula: Proprietary Blend (Alfalfa aerial parts, gotu kola herb, devil's claw root, turmeric root, ginger rhizome, saw palmetto berry, and wild yam root), and Proprietary Extract Blend (Alfalfa herb extract, devil's claw root extract, gotu kola aerial parts, ginger root extract, saw palmetto berry extract, and wild yam root extract).

PBGS+®: Vitamin C, Proprietary Blend (Grape seed/skin extract, cranberry fruit fiber, citrus fruit extract, green tea leaf extract, quercetin, rutin, acerola fruit juice, apple fruit, and pine bark extract), and NDS Digestive Enzyme Blend (Fungal protease, fungal amylase, fungal lipase, cellulase, and pectinase).

PhytoLax®: Proprietary Blend (Cascara sagrada bark, ginger root, buckthorn bark extract, parsley leaf, xanthan gum, and black walnut hull).

PRO-TF™: 4LIFETRANSFORM™ Protein Formula [PRO-TF™ Protein Blend (Extensively Hydrolyzed Whey Protein Concentrate, Extensively Hydrolyzed Egg White Protein, 4Life® Tri-Factor® Formula [UltraFactor XF® (ultra-filtered colostrum powder), OvoFactor® (egg yolk powder), NanoFactor® (nano-filtered colostrum powder)]]

Probiotics: Probiotic Blend (*Lactobacillus acidophilus*, *Bifidobacterium lactis* (HN019), *Bifidobacterium longum* (BLO5), *Lactobacillus rhamnosus* (LR32), and *Streptococcus thermophilus* (ST21)).

ReZoom®: Thiamin, riboflavin, niacin, vitamin B6, and Herbal Proprietary Blend (Yerba mate leaf extract, aloe vera leaf gel extract, *Echinacea purpurea* leaf extract, *eleutherococcus senticosus* root extract, and Korean ginseng root extract).

RiteStart®: Vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, boron, vanadium, **4Life® Transfer Factor Plus® Tri-Factor® Formula, BioEFA™ with CLA**, Proprietary OPC Blend (Grapeseed extract and pinebark extract), Proprietary Antioxidant Blend (Rutin, marigold petals extract, green tea leaf extract, alpha lipoic acid, coenzyme Q10, and bilberry fruit extract), and Proprietary Support Blend (Glucosamine hydrochloride, calcium D-glucarate, N-acetyl L-cysteine, hydrolyzed collagen powder, and *Ginkgo biloba* leaf extract). **RiteStart® Men also includes:** Men's Health Blend (Turmeric root extract, broccoli sprout extract, tomato fruit extract, soya bean seed extract, and diindolylmethane). **RiteStart® Women also includes:** Women's Health Blend (Ipriflavone, turmeric, soya bean seed extract, turmeric, broccoli sprout extract, and diindolylmethane).

RiteStart® Kids & Teens: Vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamin, riboflavin, niacin (as niacinamide), vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®).

Shape-Fast Ultra®: Niacin, vitamin B6, vitamin B12, selenium, chromium, potassium, and Shape-Fast Proprietary Blend (Guarana seed extract, acetyl-L-carnitine, green tea leaf extract, *Coleus forskohlii* root extract, white willow bark, cocoa-almond seed blend, alpha lipoic acid, cayenne fruit, UltraFactor XF®, OvoFactor®, panax ginseng root extract, and *Ginkgo biloba* leaf extract).

SleepRite AMJ™: Vitamin B6, Sleep Blend (Valerian root extract, hops flower, 5-HTP, chamomile aerial parts, and melatonin), and Repair Blend (Creatine monohydrate, N-acetyl L-cysteine, grapeseed extract, and alpha lipoic acid).

Stress Formula: Proprietary Blend (Peppermint leaf, chamomile flower, passion flower, *Ginkgo biloba* leaf, linden flower, lemon balm leaf, and valerian root), and Stress Proprietary Extract Blend (Chamomile flower extract, *Ginkgo biloba* leaf extract, hops flower extract, peppermint leaf extract, passion flower herb extract, and valerian root extract).

Super Detox®: Detox Proprietary Blend (Red clover flower tops, milk thistle fruit extract, calcium D-glucarate, broccoli stalks/florets extract, buplerum root extract, N-acetyl L-cysteine, and artichoke leaf).

Tea4Life®: Proprietary Blend (Senna leaf, stevia leaf, cinnamon bark, buckthorn bark, ginger root, orange peel, green tea leaf, echinacea aerial parts, rooibos branch and leaf, astragalus root, and bitter orange fruit).

enummi™ Skin Recovery Supplement*: Vitamin A, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Moisture Blend (Fish collagen, Lysine, soy seed extract, and

wheat seed extract), and Skin Protection Blend (Pine bark extract, alpha-lipoic acid, and mixed carotenoids).

4LIFE FOOD INGREDIENT INDEX

Aloe Vera: Aloe vera gel concentrate, ascorbic acid, ethanol, erythorbic acid, sodium Benzoate, potassium sorbate, and monoglycerides.

NutraStart® chocolate flavor: Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, cocoa powder, maltodextrin, fructose, soy fiber, natural cocoa flavors, Vitamin and Mineral Blend (Magnesium, vitamin C, copper, vitamin E, biotin, niacin, zinc, vitamin A, iron, calcium, pantothenic acid, vitamin B6, thiamine, riboflavin, vitamin B12, folic acid, and potassium), cellulose, stevia extract, UltraFactor XF®, OvoFactor®, salt, silicon dioxide, and dextrose.

NutraStart® vanilla flavor: Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, maltodextrin, natural vanilla cream flavor, fructose, soy fiber, Vitamin and Mineral blend (Magnesium, vitamin C, copper, vitamin E, biotin, niacin, zinc, vitamin A, iron, calcium pantothenic acid, vitamin E, vitamin B6, thiamine, riboflavin, vitamin B12, folic acid, and potassium), cellulose, stevia leaf extract, UltraFactor XF®, OvoFactor®, and salt.

PRO-TF™ Protein Bar: 4LIFETRANSFORM™ Protein Formula [PRO-TF™ Protein Blend (Extensively Hydrolyzed Whey Protein Concentrate, Extensively Hydrolyzed Egg White Protein, 4Life® Tri-Factor® Formula [UltraFactor XF® (ultra-filtered colostrum powder), OvoFactor® (egg yolk powder), NanoFactor® (nano-filtered colostrum powder)]), whey protein concentrate], vegetable glycerine, and oligofructose.

Note: For ingredient listings for enummi® Personal Care and 4Life Animal Health products, please visit 4life.com.

UltraFactor XF®—a proprietary concentrate of ultra-filtered 4Life Transfer Factor® proteins and other peptides from cow colostrum.

OvoFactor®—a patented concentrate of 4Life Transfer Factor® proteins and other peptides from chicken egg yolk.

NanoFactor®—a proprietary concentrate of nano-filtered cow colostrum.

4LIFETRANSFORM™



POWER FACTOR

PRO-TEC

YOUR TOTAL PROTECTION



For more information about 4Life products and the 4Life opportunity, contact:

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4Life
TOGETHER, BUILDING PEOPLE™