

4LIFE TRANSFER FACTOR® IS CLINICALLY PROVEN TO ACTIVATE THE IMMUNE SYSTEM WITHIN TWO HOURS*²

Technical White Paper

Dr. David Vollmer, PhD

4Life Research, Sandy, Utah

OBJECTIVE

The aim of this study was to determine the effects of a single dose of 4Life Transfer Factor on the immune system of healthy human subjects.*

BACKGROUND

A properly functioning immune system requires constant surveillance, communication, and activation of various immune system cells and signaling proteins. 4Life has a long history of demonstrating the immune system benefits of 4Life Transfer Factor. Across different study types (i.e., in vitro, preclinical, and human clinical) and immune system cell types (e.g., natural killer cells, macrophages, T cells, and B cells), 4Life Transfer Factor has been shown to significantly improve immune system function.¹ One attribute that had not been investigated until this study, however, was how quickly 4Life Transfer Factor could activate the immune system. This is an important question to answer for those who are proactively seeking fast-moving support for their immune system health. This study set out to observe how quickly 4Life Transfer Factor affects the immune system.*

EXPERIMENTAL METHODS

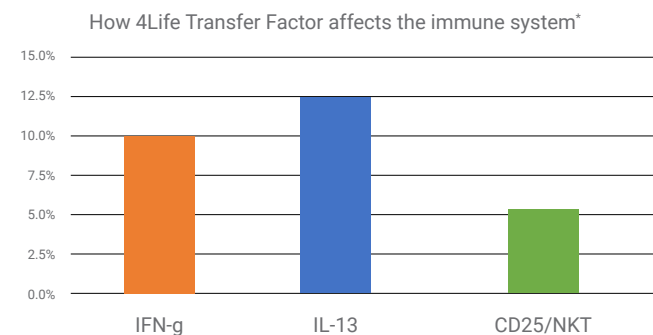
Healthy participants were tested in a placebo-controlled, randomized, double-blind, cross-over study. On each clinic day, participants consumed one dose of either a placebo or 600 mg of 4Life Transfer Factor® Tri-Factor® Formula followed by a one-week washout period. Blood samples were taken just prior to consumption, and then 1, 2, and 24 hours after consumption.

Serum cytokine profiles were simultaneously determined from the collected blood samples via a Luminex, which is a machine that analyzes blood samples. Immune system cell numbers and activation were determined by staining different markers for each immune system cell type (i.e., natural killer cell, T cell, natural killer T cell, and monocyte) and analyzed using flow cytometry.²

RESULTS

Consuming a single dose (600 mg) of 4Life Transfer Factor resulted in rapid changes in serum cytokine levels, reflecting increased activation and communication within the immune system. Specific to this study, IFN-γ and IL-13 changed significantly at two hours compared to the placebo.*

Changes in numbers and activation of different immune system cell types within two hours of ingesting 4Life Transfer Factor suggests that there was a signal transmission to immune system cells to enhance the surveillance for health threats. The CD25 marker on natural killer T cells increased significantly after one hour compared to the placebo.*



CONCLUSION

A single dose (600 mg) of 4Life Transfer Factor is clinically proven to activate the immune system within two hours.* This level of immune system activation can be reached with 600 mg of 4Life Transfer Factor from one product or a combination of products.*²

REFERENCES

1 <https://www.4life.com/corp/Page/47/studies-and-publications>

2 Clinical study on the rapid immune modulating effects of 600 mg of 4Life Transfer Factor Blend compared to placebo.

G. Jensen, NIS Labs Report 058-006.