## Stress Formula<sup>\*\*</sup>

## Evening formula to relax and unwind\*

- Contains valerian root, lemon balm, hops, and ginkgo leaf to support a balanced nervous system\*
- Includes peppermint to soothe stomach discomfort that may be associated with stress\*
- · Provides essential support to comfortably manage daily stress\*

## What Is Stress Formula?

Stress Formula is a calming formula recommended for evening use that supports healthy sleep patterns and improved sleep quality. This synergistic blend of natural ingredients, including a standard dose of lemon balm, modulates the calming region of the brain, promoting overall relaxation.\*

## **Primary Support:**

Sleep, Mood, & Stress\*



DIRECTIONS: Take two (2) capsules with 8 oz of fluid.

Supplem Serving Size: Two (2) Ca Servings Per Container:		S
Amount Per Serving		_
Stress Proprietary Blend	1.04 g	**
Lemon Balm (Melissa officina	alis) leaf extract	**
Ginkgo (Ginkgo biloba) leaf e.	xtract	**
Peppermint (Mentha x piperi	ta) leaf powder and oil	**
Chamomile (Matricaria recut	ita) flower powder	**
Hops (Humulus lupulus) flow	er extract	**
Passionflower (Passiflora inc.	arnata) aerial parts extract	**
	) root extract	**

OTHER INGREDIENTS: Gelatin capsule, maltodextrin, magnesium stearate, and silicon dioxide.

**Ordering Information** 

Item #22007-60 ct/bottle