





### Founder's Message



Fall is a great reminder to, like the trees, let useless things go."

Living in the Utah valley, I'm surrounded by cascading mountain tops. Autumn is one of my favorite times of year. As I look out my window, the mountainside is ablaze with the colors of crimson and amber—a truly magnificent sight that fills me with gratitude.

As the leaves change and begin to tumble down, it's also a good time for us to "fall" into new habits.

What are you struggling to let go of? What is feeling heavy? What changes in your life could you and your family benefit from? As a quote I read once said, "Fall is a great reminder to, like the trees, let useless things go."

I challenge you to sit down and make two lists: one of things that lift you up and one of things that are weighing you down. When complete, recognize the ways these things fit into your life, and then take it a step further by more fully integrating the things that make you happy and cutting out the things that do not serve you.

Every season can be one of change—one that modifies our course for the better. Let's all look at the road ahead with eyes of wonder, eyes of self-promise, and eyes of personal gratitude.

Sincerely,

David Lisonbee

## General Manager's Message

All of us aspire to be successful in various aspects of our lives, whether in health, personal growth or personal relationships. At 4Life, all of our Affiliates are given the same opportunities to reach success. For those seeking to continue to live healthy and fruitful lives, we have science-backed products for your health and wellness. For those aspiring to do life differently, we have a generous compensation plan and an excellent system that allows you the freedom to determine how much you want to make and when and where you want to conduct your business.

While the 4Life opportunity is the same for all, the road to success is unique for everyone. Two things paramount on your journey to success: motivation and discipline.

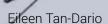
Motivation is the internal drive that pushes us toward our goals. Without motivation, it is challenging to even consider taking the first step toward a goal. However, motivation can be short-lived: while it is powerful in igniting the journey, our mood, emotion, setbacks, and other external circumstances can lead to fluctuations in motivation

Hence, motivation is not enough. To create lasting success, we need to develop the discipline to create habits that will help us move consistently towards our vision. Discipline is the commitment to consistently work toward a goal regardless of how motivated one feels. It is the ability to stay focused and stick to a routine, even when challenges arise or motivation dips. Discipline transforms our inspiration into sustainable, goal-oriented actions that become part of our lifestyle, helping us create better habits. Discipline does not always come naturally: it is a learned skill that strengthens over time.

When people have both motivation and discipline, they have a clear sense of purpose as well as a system that enables them to persist toward long-term goals. Allow motivation to help you set ambitious goals, and let discipline keep you

on track to achieve them. When we combine motivation and discipline, we can use them as powerful tools toward our lasting success.

Warm Wishes.





## Platinum Elite



**Dr. Herminio Nevárez**Puerto Rico



**Juan & Damaris Rosado** Florida, USA

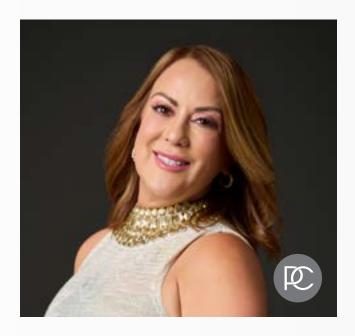


Miguel Bermúdez Marín Puerto Rico



**Jeff & Michelle Altgilbers** Tennessee, USA

### Platinum Elite



**Yadira Olivo**Puerto Rico



Dr. José Benjamín Pérez & Sara Meléndez Puerto Rico



### Platinum



Liya Alekseeva Eurasia



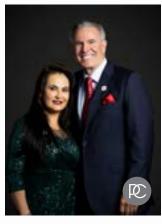
Esdras & Rosa Cabrera Dominican Republic



Iván Rodríguez Texas, USA



Dr. Jase & Dr. Jinsun Khyeam Massachusetts, USA



Dave & Gabriela Daughtrey California, USA



Dr. Eduard Hutabarat & Katharina Sihombing Indonesia



Ángel Molina & Ivelisse López Puerto Rico



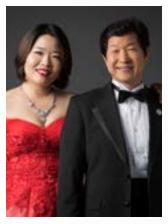
lleana & Hugo Johnson California, USA



Àngels Muñoz Estape Spain



Esthela Carpio Rodas & Galo Celi Ecuador



Bak Mi Ae & Eom Kwang Bok Korea



Lilly Sánchez Florida, USA

## Platinum







Sheri Din Singapore



Barbara Meurer Florida, USA



## Gold Elite

**Olenia Sullivan** Tennessee, USA





Gold

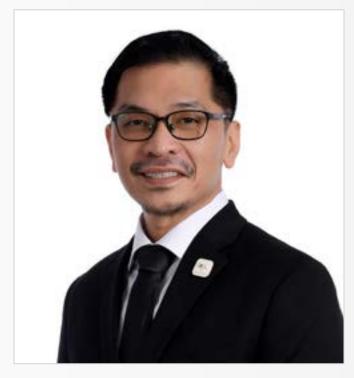
"Success isn't just about the milestones you reach—it's about the lives you touch, the courage you show, and the legacy you leave. Lead with heart, serve with purpose, and success will follow."

### Manny Koh Mandaluyong City



"The size of your network is defined by the depth of relationships you create with them."

Mikhail Jan Jan Koh Mandaluyong City



Gold

"Dreams when written down, reflected on, talked about, acted upon, will come about."

– Ramon Mendoza

**Dr. Catherine Mendoza**Pasig City



"Commitment embodies unwavering dedication, resilience and the willingness to make sacrifices to realize your dreams and aspirations."

## **Cynthia & Jun Orellana** Taguig City









### New Silver Elite



### Billy Quibod Davao City

I humbly see myself as an instrument of God with a specific mission to help and serve others. I believe God gave me both a business mind along with a heart that seek to help others. While engaging in business, it is my ultimate goal to earn not just for myself and my family, but to serve and help a lot of people, especially those working with me. I engaged in multiple business endeavors, which included joining various food supplement companies, but I never experienced the joy and fulfillment 4Life gave me.

4Life is a great business opportunity that bestows substantial financial returns. 4Life also provides amazing incentives like travel abroad, massive giveaways, and free products. Furthermore, the benefits 4Life products offer are truly a gift from God. I personally benefitted from 4Life products, and I look and feel younger. In fact, with the help of 4Life products, I feel better than ever before.\*

I will never stop endorsing 4Life, and I hope that by doing so, I will be able to serve and help others toward a better life.

<sup>\*</sup>Less than 1% of Affiliates qualify for incentive trips.

Silver Elite advancements are for the volume months of December 2023—November 2024.

## New Silver Elite











### New Silver



### Carlos & Mapette Urgino Pasig City

We are fondly called Tito Cary and Tita Mapette not only by our team, but by other 4Life Philippine leaders. Both Mapette and I are seasoned business owners and networkers. When we found 4Life in 2013, Mapette tried and benefited from the products. She started sharing 4Life products with our family and friends.

Learning the 4Life compensation plan was a challenge for us in the beginning, and despite several work offers abroad, we decided to Do Life Differently. We chose to pursue 4Life so we could also help others enjoy healthy and rewarding lives through the amazing 4Life opportunity.

Through perseverance, dedication, and personal sacrifice, we built a team with one International Diamond, seven Presidential Diamonds, and 14 Qualified Diamonds within six months, which we consider to be our greatest 4Life achievement.

We are also one of the consistent top 4Life Philippines Affiliates, and have qualified for several trip incentives. We have also traveled to the U.S. to attend 4Life International Conventions in Atlanta, Salt Lake, and Orlando; as well as qualified for Great Escape cruise trips in Singapore, Vietnam, Bangkok and Bali.

<sup>\*</sup>Less than 1% of Affiliates qualify for incentive trips. Silver advancements are for the volume months of December 2023–November 2024.



New Silver



### Amor Pantinople Iloilo City

It was my husband's cousin who shared 4Life with me in March 2018. Immediately, I was amazed by the products, the strong testimonials from 4Life distributors, and the generous compensation plan.

Although I have a regular job that gives financial peace of mind to my family, it comes with stress and other health challenges. And that was what drew me to 4Life products. Once I experienced amazing results from taking the products, I started sharing the business opportunity with others, and in the process, improved my skills in motivating and managing an organization.

Through 4Life, I helped my co-workers support their health, and my husband and I have traveled outside the Philippines for the Intenational Convention in Salt Lake, Utah. We have also qualified to Great Escape trips to Chiang Mai, Da Nang, and to China, Japan, Singapore and Bali cruises. Most recently, I qualified to the Great Escape Fast Start Challenge that earned me the opportunity to go to Turkey.

<sup>\*</sup>Less than 1% of Affiliates qualify for incentive trips. Silver advancements are for the volume months of December 2023–November 2024.

### Silver



Frank & Emeline Uy Tesy Pasig City



Jocelyn & Arnold Alberto Rizal



Maria Carla Antonette Urgino Mandaluyong City

New Bronze Elite



Ma. May Theresa Caldo Bacolod

I am a registered pharmacist with a passion for helping patients improve their health and well-being. I was introduced to 4Life by a friend and initially started using the products for patients in the chemotherapy unit. The positive feedback from patients encouraged me to keep buying and selling the products, which helped me earn a small profit on the side.

Eventually, I took the leap to join 4Life full-time when I truly understood the business system. At that time, I was facing several challenges like debts and health struggles. Joining 4Life became a lifeline: giving me hope and an opportunity to turn things around.

Professionally, 4Life has allowed me to continue my mission of promoting health and wellness. I've found fulfillment in helping people who had almost given up hope for their health.

Personally, 4Life has made me more conscious of my own health and aging. I've gained a deeper sense of purpose—I help others achieve financial freedom while growing as an entrepreneur.

The best part of 4Life is the endless learning opportunities and the chance to build a community of like-minded individuals. I love the freedom to manage my time, the financial rewards, and the ability to make a meaningful impact on people's lives by sharing the opportunities. I even get to travel around the world.\*

I invite you to join 4Life and experience the life-changing opportunities it offers. Whether you're seeking better health, financial freedom, or personal growth, 4Life has something valuable for you. Take the step today and discover how it can transform your life, too!

\*Less than 1% of Affiliates qualify for incentive trips.

Bronze Elite advancements are for the volume months of December 2023–November 2024.

## Bronze Elite



Dionisia Cleofe-Ibarra Antipolo City



Jun & Odette Vibal Quezon City



Gari Gabrinao Mandaluyong City



New Bronze



Baby Ling Crispo Bacolod City

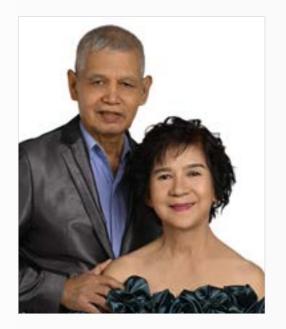
I'm Baby Ling Crispo, a "momprenuer" who used to spend time away from my family for work.

There have been times when life threw challenges and tests my way, but I didn't give up. Some say," In all trials and challenges, there are triumphs in the end." I believe this to be true. Through 4Life, I have triumphed.

A friend introduced me to 4Life and I was encouraged. I knew that that there was something waiting for me...a big opportunity, so I went for it. At first, I faced some difficulties, but I kept going, and you can see the results!

I've been with 4Life for two years now, and have travelled to the US, not to work, but to relax.

I am so happy that 4Life is now part of my story.



Natalia & Pio Galasanay Laguindingan

Prior to joining 4Life, I was employed in a multinational company for 14 years. After my retirement, I focused on my wedding and party gowns business. During this time, my husband Pio faced health challenges that prompted us to seek supplements that could address his concerns.

In June 2022, I read a Facebook post from an acquaintance about "working with an American company." Intrigued, I sought more information from her, who later on became my upline. I also researched studies about Transfer Factor and tried the products.

Convinced by the efficacy of 4Life products, I looked further into the business opportunity and started building my organization. I qualified for a local incentive trip to Boracay which further motivated me. In less than 2 years, I rose to the rank of Bronze Affiliate and have qualified for the US convention contest and Great Escape cruise to Singapore and Bali.

In addition, my son Aries Jay Galasanay is a Bronze Affiliate, while my sister, Welfreda Herbolingo, is a Bronze Elite in the US.

\*Less than 1% of Affiliates qualify for incentive trips.

Bronze advancements are for the volume months of December 2023—November 2024.

## New Bronze



Eduardo Soriano Baguio City

I have no health issues. I am fit and strong at 76. It was a blessing that I decided to become part of the 4Life Family over eight years ago and have been taking a good number of the products daily ever since. I love Transfer Factor so much that without any doubt, I will take it continuously, for life.

I love 4Life and how its innovation and programs support people like me who are not tech-savvy. We thrive, despite the constant changing technology.

Our platform helps us if we want to grow. The more people we help, the higher we go in 4Life. And leadership is not optional in our business. You have to be a good leader by first becoming a good follower.

I am so grateful to my team and to all the other people around me, including our corporate team, from whom I draw my strength, hope and inspiration. I would gladly take the opportunity to reciprocate.

The road to growth in our business, as in any other ventures, is not smooth. It is rough—littered with potholes and barriers meant to stop or slow us down. Some drop out along the way, some stay and move forward. The latter definitely will arrive at their perceived destinations.



Alex Velardo Iloilo



Annabel Ypil Cagayan De Oro City

\*Less than 1% of Affiliates qualify for incentive trips.

Bronze advancements are for the volume months of December 2023-November 2024.

# New Bronze



Carlito Inguito Cebu



Raquel Agbalog Caloocan City



\*Less than 1% of Affiliates qualify for incentive trips.
Bronze advancements are for the volume months of December 2023—November 2024.

# Bronze



Geraldine Alumno Biñan City



Ronilda Amurao Cavite



Moises & Amelia Abuan TGM Prime Estate Quezon City



Leasing Dev't Corp. Rizal



Mae Benita Nicolas & Henry Quiazon Cavite



Cristina & David Wang Mandaluyong City



**Rio Torres** Quezon City



Alfredo Cotejo Panabo City



Ernesto Sosmeña **Tacloban City** 



Danilo & Priscila Cura Tarlac City



Rebecca Encinas Makati City



Stella Suzette Escobal Cebu City



Rosita Chua **Davao City** 



Albert Amurao Cavite



Rowena Marie Amurao Cavite



**Darlene Ysabel Torres** Pasig City



Jean Pelias & Victor Alviar **Baguio City** 



Joel Pepito & Floridel Acojedo Mandaluyong City



Rebecca Balaong Las Piñas City



Nellie Vergara Quezon City

## Bronze



Isidra Merced Tarlac City



Cecilio Merced Jr. Tarlac City



Evangeline & Gemalyn Cabanos Naga City



Fredy & Annabel Pel Naga City



Anilou Aldecoa Camarines Sur



Frederick Quibod Davao City



Emeline Uy Tesy Pasig City



Ramon Angelo Mendoza Pasig City



Yujin & Faith Baydal Laguna



Marinel Villanueva General Santos City



Ederlina Acedo General Santos City



John Michael Orellana Taguig City



Grace Cabaña South Cotabato



Ennaliza Ong Muntinlupa



Rommel Caneda Tagbilaran



Vilma Quibod Davao City



Nycolei Ann Marquez Nueva Ecija



Efie Medialdea Parañaque City

### New Presidential Elite



Gad & Allison Reinne Salen Cavite



Armilyn Castillon Sultan Kudarat



Guillerma & Alfredo Licudine Jr. Baguio City



Mary Rose & Perfecto Agustin Baguio City



Grail Abad Benguet



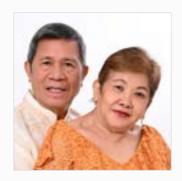
Iris Lim Tarlac



Jocel Dimacutac MIsamis Oriental



Maria Theresa Ponce Pasig City



Zimaco & Susan Otarra Pasig City



Bayani Bayog Jr. Iloilo



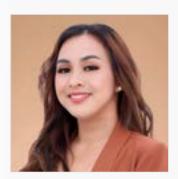
Jaime Faelangca Iloilo



Mary Chris Valderrama Bacolod City

Presidential Elite advancements are for the volume months of December 2023-November 2024.

## New Presidential Elite



Maricar Francisco Saturno Nueva Ecija



### Presidential Elite



Litecia De Guzman Baguio City



Tessa Salen Cavite



Genevieve Quibod Davao City



Geraldine Quibod Davao City



Aries Jay & Artyourfel Galasanay Laguindingan



Dennisa Talao Nueva Ecija



Hyacinth Dacanay Quezon City



Rosario Estologa Cainta



Wilvida Decenon Laguna



Edna Bacarro Cebu

Presidential Elite advancements are for the volume months of December 2023-November 2024.

### New Presidential



Romelyn Barrion Dasmariñas City



Aaron Paul Saturno Nueva Ecija



Raul & Jo Ann Fauni Dasmariñas City



Angelita Licayan Mandaluyong City



Henry Benjamin Cuyuca Bayugan City



Iris Ragmac Misamis Oriental



Noel Galleron Bayugan City



Daisy Bartolaba General Santos City



Dyanne Joyce Licudine Baguio City



Febe Gagatam General Santos City

29



Jennifer Cabalunan Benguet



Rosemarie Gorieza Sultan Kudarat

Presidential advancements are for the volume months of December 2023-November 2024.

### New Presidential



Rianna Herbolingo Davao Del Sur



Catherine Carbonilla Iloilo



Hernane Valderrama Negros Occidental



Irene Tumala Iloilo



Jean Galorio Iloilo



Joselin Malvas Bacolod



Lurilie Galpo Iloilo



Michelle Miller Iloilo



Milvie Laran Iloilo



Reynaldo Bayot Jr. Bacolod City



Rolly Delos Santos Iloilo



Ronald Allan Balaba Iloilo

Presidential advancements are for the volume months of December 2023-November 2024.

## New Presidential



Dana Paulyne Decenon Sta. Rosa, Laguna



Frederick & Aiza Balino Gapan City



John Lherman Apawan Marilao, Bulacan



Presidential advancements are for the volume months of December 2023-November 2024.

Presidential

Dr. Maciste Young | Quezon City

Dr. Samuel Pahm | Cotabato City

Randy Tamayo | Sharif Kabunsuan Province

Isidoro, Jr. & Elizabeth Engracia | Cebu City

Rogelio Bernas | Parañaque City

Felicitas Awa | Manila

Dr. Rhodora Jayme | Cebu

Gloria Esquivel | Davao City

Emma Timario | Benguet

Josephine Mislay | Benguet

May Kalalang | Laguna

Cherry Amor Valenzuela | Canlubang

Normita Galeng | Benguet

Hazel Gatchalian | Davao City

Dr. Rosalind & Renato Quinto | Malabon City

Rosalinda Ramirez | Cavite City

Clemencia Maravillosa | Parañaque City

Sheila Uy | Tagbilaran

Consolacion Rubio | Bulacan

Luzviminda Bernardino | Rizal

Nelida Abella | Rizal

Dr. Maria Luisa Ordoño I La Union

Virginia Sy Tan | Quezon City

Victor Chua | Quezon City

Farida Barandino | Zamboanga City

Dr. Renan Dungog | Cebu

Alicia Ong | Quezon City

Expedita Bernal | Tacloban City

Felicidad Mata | Rizal

Leah Verano | Bacolod City

Francisco Jotojot | Bohol

Maria Cecelia Mejares | Tagbilaran

Rexone & Marife Calucin | Rizal

Sheila Paredes | Tagbilaran

Zaldy & Maria Anunciacion Vivar | Cebu City

Rosalina & Marciano Inso | Baguio City

Rolando & Alnora Almanzor | Marikina

Erwin Depillo | Taguig City

Geraldine Gabrinao | Cavite

Norman & Ana Liza Gabrinao | Las Pinas City

Renato & Marife Pesino | Naga, Camarines Sur

Immaculada & Mary Grace Belza | Antipolo

Marlyn Dela Paz | Cainta, Rizal

Ines Asia Ramos | Quezon City

Milagros & Mae Anne Lavandero | Camarines Sur

Catherine & Michael Aguilar | Parañague City

Janet Rivera | Zamboanga City

Marcial & Jessica Abalos | Taguig City

Vicente Comahig | Panabo City

Rosemarie Yumang | Antipolo City

Dr. Fabian & Dinah Estrada | Bataan

Bienvenido Gamboa | Tagum City

Rolando Madrid | Nueva Ecija

Rhoda Bulatao | Baguio City

Rommel Jong | Bacolod City

Marc Rhen Paul Villanueva | General Santos City

Raquel Asegurado | North Cotabato

Cyril Paga | Camarines Sur

Presidential

Elenita Muyco | Manila Ma. Nima & Manuel Maido Jr. | Bacolod City

James & Joan Sy | Parañaque City Paul Johanne Aldecoa | Camarines Sur

Jasmine Amadea Milo | Baguio City Salvador Aldecoa | Camarines Sur

John & Felicitas Castillo | Laguna Fr. William Santiago | Camarines Sur

Leonardo Morales | Parañaque Julmario & Jane Cabrera | Santa Rosa City

Noemi Himbing | Parañague City Nelson Gepte | Biñan

William Sy | Parañaque Nolasco Macalinao & Remedios Ramos | Calamba

Marites Malanes | Baguio City Susan Comahig | Davao Del Norte

Susan & Ronnie Inso | Baguio City Dr. Luz Quizon | Pateros

Myrna Badiola | Quezon City Christophe Leslie Bulala Jr. | Mandaluyong City

Christine & Apple Tercero | Quezon City Consuelo Briones Caguicla | Batangas

Frederick & Remmalyn Inso | Baguio City Henry Jayme | Davao City

Dinah Cardines | Quezon City Julieta & Ricardo Roberto | Bulacan

Carol Ann Esmas | Luisiana, Laguna Mary Grace Demonteverde | General Santos City

Eduardo Cantos | Cainta Raymond Ralph Mendoza | Pasig City

Donna Lang Ayan & Jamaica Faith Ramon Cynthia Roque | Bukidnon

| Baguio City Danilo Saligumba | Laguna

Aileen Vecino | Bacolod City Leslie Dalman | Valencia City

Eden Almodiel | Quezon City Cecilia Fe Bayot | Bacolod City

Emily & Artemio Roque | Bulacan Kevin Kyle Koh | Manila

Franco Alvior | Bacolod City Marie Valerie & Marilou Macatangay | Las Piñas

Rey Joy & Marissa Bajo | Camarines Sur Mary Anne Judal | Cebu City

Solomon & Lea Sabado | Antipolo City Rosela Lanzaderas | Davao City

Florence Tong | Benguet Michaela & Jericho Ison | Santa Rosa City

Marilyn & Achiles Fernando Berina | Quezon City Napoleon & Sevilla Sumague | Batangas

Jireh Mae & Febe Abagon | Zambales Jeanette Lourdes & Renato Del Rosario

Atty. Cecilio Merced III | Tarlac City | Santa Rosa City

Noel Doronila | Batangas Abdiel Gatchalian | Davao City

Violeta Luna | Bulacan Ernieta Ocampo | General Santos City

Presidential

Richard Demonteverde | General Santos City

Luzviminda Pascua | Naga City

Teresita & Lawrence Sagucio | Benguet

Mapette Urgino | Pasig City

Christopher Guadiz | Pangasinan

Ma. Filomena Pacunana | Bulacan

Diane & Mark Raymund Sabong | Catarman

Eunice Guthrie & Arjay Cefe Mislay Tibangay

| Mountain Province

Jennifer Ferido & Gregor San Juan | Laguna

Lourdes Alviar | Baguio City

Razel Simeon | Cavite City

Elisa Calma | Bulacan

Jasmine & Julius Manipon | Cotabato City

Celestina Osorno | Maguindanao

Francis & Reysan Lizzie Manongdo | Pampanga

Arnold Alberto | Rizal

Dr. Annie Joy & Felixberto Anggana | Cotabato

Delia & Alberto Mirasol | Cotabato City

Gerry Cabana | South Cotabato

Tessie Unabia & John Bernard Lim | Cotabato City

Zennylou Valdez | North Cotabato

Emma Bermillo | Albay

Helga Rizza Visaya | Muntinlupa

Dr. Catherine Vilanueva | Quezon City

Macquiline Adana | Valenzuela City

Dr. Analiza Huerta | Cavite

Monica Agustin | Laguna

Danny Pantinople | Iloilo City

Lilibeth Canas | Cebu

Neilyne Tambungi | Caloocan

Regina Ortiz | Cotabato City

Rochellen Quibod | Davao City

Stephen Daniel Pantinople | Iloilo City

Evelyn Tabaniag | San Juan City

Mercelita Violago | Bulacan

Lilibeth Javier | Cavite

Daisy Cawaling | Romblon

Dr. Christopher Ian Cabalza | Cagayan

Dr. Aldrin Siwao | Kalinga

Mary Ann Cuevas | Iloilo

Doreen & Donovan Jabines | Cebu

Maria Aurora Bartido | Cebu

Candelaria Dequito | Cebu

Danilo Asio | Tarlac

Elvira Urban | Baguio City

Eric Sabado Castaneda | Parañaque City

Helen & Caesar Dacanay | Quezon City

Lyza Marie Quiambao | Biñan, Laguna

Richard Ace Ibarra | Antipolo

Zenaida Portuguez | Pasig City

Aggri John Sabanpan | Davao Oriental

Monette Wilday | Cebu



#### **JANUARY 2024**

Ericson Manalili | Pampanga Jess Joseph Argarin & Nina Cathrina Natavio | Taguig City Loreto Salen | Cavite

### **FEBRUARY 2024**

Remedios Manayon | Mandaluyong City

#### **MARCH 2024**

Johan Lopez | Benguet Miraflor Quiambao | Cavite Roberto Ramada Ang | Davao Del Norte

#### **APRIL 2024**

Rosemarie Usop | Cebu

### **MAY 2024**

Beverly Sansano | Sultan Kudarat
Danielle Nicole Agustin | Baguio City
Edmar Martinez | Nueva Ecija
Elsie Macailing | Sultan Kudarat
Kenneth Dulatre | Urdaneta City
Leonardo & Cristina Cajucom | Nueva Ecija
Pepito & Jemaima Balarag | Nueva Ecija
Ronabel Osian | Baguio City
Rosemarie Torres | Baguio City
Victoria Flores | Naga City

### **JUNE 2024**

Elinore Dulce Castellon | Nueva Ecija
Francisco Estanislao | Leyte
Imelda Bretania | Laguindingan
Jane Ganzan | Misamis Oriental
Joshua Urgino | Pasig City
Maria Theresa Gentiles | Davao Del Norte
Michael Vernon Ponce | Pasig City

Susan Otarra | Pasig City
Suzanne Margaret Gabinete | Pasig City
Vanessa De Leon | Quezon City

#### **JULY 2024**

Jinny Jawod Relunio | General Santos City Paul Kenneth Amurao | Bacoor

#### **AUGUST 2024**

Analiza Ouano | Iligan City Jeneflor Hortelano | Misamis Oriental Lilian Colubio | Laguindingan

#### **SEPTEMBER 2024**

Arbie Dalen | Iloilo
Aurelio Segura | Iloilo
Bernardina Mislay | Mountain Province
Felicito Allona | Iloilo
Maria Corazon Bascon | Talisay City
Maria Jescyll & Rael Cordero | Cotabato City
Nathaniel Castillon | Sultan Kudarat
Rogen Gerona | Iloilo

### **OCTOBER 2024**

Ana May Malagkit & Samantha Angelika Feil Bautista | Paranaque City Dione Marianne Claire Ibarra | Antipolo City Jenny Alarcon | Teresa, Rizal Ma. Filipina Abellanosa | Panabo City Melody Francisco | Nueva Ecija Mercedes Panlilio | Bacolod Minerva Montemayor | Cainta, Rizal Raquel Medina | Isabela

### **NOVEMBER 2024**

Joel Amangan | Cavite

Diamond Elite advancements are for the volume months of December 2023-November 2024



#### **JANUARY 2024**

Aiza Balino | Nueva Ecija Andrea Marie Sofocado | Pasay City Chelsi Nicole Guererro | Nueva Ecija Doris Tiu | Quezon City Edmar Martinez | Nueva Ecija Enrique Barrion | Cavite Geraldine Santiago | Quezon City Merlinda Quibael | Cavite

#### **FEBRUARY 2024**

Aurora Salazar | Parañaque City
Raul Rosales Fauni | Cavite
Ma Virginia Singco | North Cotabato
Procelina & Sabiniano Galabin | Mandaluyong City
Marlon Basadre & John Mark Hordejan
| Mandaluyong City
Angelica Mejia | Taguig City
Manolo Tianzon | Parañaque City
Kristine Castaneda | Parañaque City
Ivan Lee Castaneda | Parañaque City

### **MARCH 2024**

Annaliza Cabiluna | Cebu Benjamin Custodio | Nueva Ecija Celeste Tabinas | Zamboanga Del Norte Desiderio Manayon Jr | Mandaluyong City Editha Butad | Misamis Oriental Francis Irvin Ragmac | Misamis Oriental Jennifer Cabalunan | Benguet Justine Ericca Reyez | Benguet Leonardo & Cristina Cajucom | Nueva Ecija Maria Dolores Cacho | Caloocan City Marjorie De Claro | Agusan Del Sur Melody Bonda | Tarlac Mia Catherine Cassandra Ragmac | Misamis Oriental Michael Tobias | Benguet Phoebe Joy Galbino | Benguet Princess Mavian Florez | Agusan Del Norte Rolando Jaramillo Jr. | Misamis Oriental Tanith Joie Gomez | Negros Occidental

Therecia Maris Ragmac | Misamis Oriental

#### **APRIL 2024**

Bernadette Fornal | Romblon Jay Vicera | Negros Occidental

Bernhardt Andrew Ducante | Bacoor City

### **MAY 2024**

Bethel Grace Torres | Baguio City Carlito Moskito | Puerto Princesa City Carole Jean Tigson | Baguio City Erick Garduño | Bataan Ernesto Jr Docdocil Guines | General Santos City Gerardo Delasan | Sultan Kudarat Grace Guillano | Dipolog City Helen Merced | General Santos City Jennifer Velague | Baguio City Leah Sumagaysay Navarro | South Cotabato Lolita Magallanes | Bacoor City Ma. Venus Inz Franchet Mendoza | Baguio City Magdalena Dagal & Eliseo Recto | Las Piñas City Marivic Amiscua | Parañague City Minda Dayrit | Manila Norma Abad | Baguio City Novie Diane Gagatam | Davao City Rachel Angelette Estologa | Cainta Ruel Paris Gorieza | Sultan Kudarat

### **JUNE 2024**

Gene Lim Bernate | Tarlac Lourdes Redoble | Misamis Oriental Ludy Francisco | Laguna Mark Vincent Ponce | Pasig City Rosa Maria Tabia | Misamis Oriental

#### **JULY 2024**

Ephraim Belisario | Davao City Sunshine Flores Anoche | General Santos City

### **AUGUST 2024**

Analiza Ouano | Iligan City Carina Clarisse Mago | Cavite Clemen Quinto | Ozamis City Edgardo Opaco | Echague, Isabela

Diamond advancements are for the volume months of December 2023-November 2024.





Erickson Opaco | Echague, Isabela Jovelyn Blancaflor | Bacolod City Lilian Colubio | Laguindingan Lorelita Madrid | Nueva Ecija Maria Porres Gaid | Misamis Oriental Nicanor III Vargas | Bacolod City Rosario Corpuz | Cabanatuan

#### **SEPTEMBER 2024**

Ana Mae Abella I Iloilo Annabelle Ompad | Mandaue City Anntoniette Fernandez | Iloilo Aylene Hitones | Iloilo Barbara Rasgo | Bacolod City Charlene Binay An | Benguet Cherryl Galangue | Iloilo Christine Marie Valderrama | Bacolod City

Cyhthia Cordova | Iloilo

Dianne Evangelista | Cabanatuan City

Dinah Basig | Iloilo

Efren Bilbao | Palompon, Leyte

Erma Noynay | Iloilo

Erwin Lopez | Negros Occidental Fairlyn Grace Oriel | Bacolod City Geneveve Montalban | Iloilo Ginver Dene Budlao I Iloilo

Hazel Galutira I Iloilo Juliet Aludo I Iloilo Julyfer Castro | Iloilo

Lalaine Bataga | North Cotabato

Honey Bell Paredes | Iloilo Israel Tablante | Iloilo Jackielou Sabasaje | Iloilo Janice Suarez | Iloilo

Jelvn Samal I Iloilo Jesrel Abello I Iloilo Jofelyn Rostro | Iloilo Joselito Omalay | Iloilo

Lycel Santoyas | Iloilo

Loname Baladhay | Negros Occidental

Luvella Tanicala | Sultan Kudarat

Maricel Villanueva | Iloilo

Marilou Encienzo | Palompon, Leyte

Mary Ann Aranjuez | Iloilo Merissa Samuya | Tagbilaran Patrick Reyes | Iloilo Perla Delasan | Sultan Kudarat Renato Maestre | Bukidnon Reycelle Bayot | Bacolod City Reygil Norman Bayot | Bacolod City Rosita Lachica | Bacolod City Shinar Dagangon | Iloilo

#### OCTOBER 2024

Albert Amurao | Nueva Ecija Alejandro Paliwen | Pangasinan Anelle Airish Jene Alberto | Rizal Arnielaine Jill Alberto I Rizal Celeste Nardo | North Cotabato Cesar Flores | Quezon City Dexterfil Ducao | Iloilo Edna Sescon | Southern Leyte Feric Ardiente Pazcoguin | Antipolo Glady Madrona | Ifugao Icho Ducao | Camiguin Karl & Ernah Lei Abellanosa | Panabo City Johnny Warren Medina | Isabela Julius Realista | Nueva Ecija Marilyn Paez | Nueva Ecija Marlene Cardinal | Bacolod City Maryline Gamboa | Mabalacat City Mary Jean Arline Sejalbo & Jhonny Castillo | Caloocan City Melinda Macalino | Pangasinan Precila Decenon | Pangasinan Roberto Tapang | Pulilan, Bulacan Ronald Alarcon | Imus City Ronald Moreno | San Mateo, Rizal

#### **NOVEMBER 2024**

Bernadette Quiambao | Las Piñas Myla Mhae Ladeño | Marikina City Virginia Amangan | Cavite

Shiarora Amurao | Nueva Ecija

Diamond advancements are for the volume months of December 2023-November 2024.

### January to December 2024

12 consecutive months of qualification

Aaron Paul Saturno

Abraham Pascual

Adela Cabaque

Adela Normita Medina

Adelaida Estanislao

Adelfo Paleracio

Adoracion Tudias

Adrian Rosario Gervacio

Agnes Carolino

Aida Regondique

Aileen Vecino

Ain Galdo

Aiza Balino

Albert Amurao

Alberto Espineda

Alex Ligot

Alex Tan

Alexander Cantor

Alexis Martin Pantaleon

Amie Flor Abad

Amor Pantinople

Ana May Malagkit

Anabelle Briones

Analiza Caminian Tamayo

Analyn Tabon

Angel Bartolaba

Angelica Marie Amurao

Angelica Taruballes

Angelita Santos

Angelita Licayan

Anilou Aldecoa

Annabelle Canindo

Annabelle Garcia

Annadel Pia

Anthony Fernandez Prado

Antonio Combe

Antonio Laron

Ariel Buya

Aries Jay Galasanay

Arlene Ganaden

Arlene Feliciano

Arlene Salvador

Armchel San Pascual

Armilyn Castillon

Arnold Alberto

Arsenia Dallea

Asuncion Blance

Aurora Salazar

Avelina Guiyab

Baby Ling Crispo

Babylyn Fonte

Belle Sabado

Benilda Dimalilay

Benjamin Yap

Bernadette Dungog

Bernardina Flores

Bernardina Mislay

Berthie Dabi

Beverly Amurao

Billy Quibod

Brian Gulay

Brigida Tan

Candelaria Dequito

Carlo Adona

Carlos Urgino

Carmelita Tan

Carol Ann Esmas

Catherine Chua

Catherine Fernandez

Catherine Mendoza

Catherine Rose Quinto

Cathy Mae Toquero

Cecile Aileen Pahilan

Cecilia Cananghan

Cecilia Cariarigilari

Cecilia Fe Bayot

Cecilia Realizan

Cecilio Merced Jr.

Cesar Verdijo

Charito Tasic

Chastine Rose Dungog

Cherry Pepito Jangalay

Chito Homicillada

Christopher Sabalboro

Christy Jangalay

Clemencia Maravillosa

Co Roland Daguro

Coralie De Jose

Corazon Manampan

Crisinciana Tinio

Cristina Malarasta

Cristina Laureno

Cristopher Estanislao

Cynthia Orellana

Daisy Bartolaba

Daisy Cawaling

Daniella Mikhaila Jabines

Danikah Gabriella Jabines

Danilo Asio

Danilo Saligumba

Danny Pantinople

Darlene Ysabel Virtusio

Dauden Federez

Dawn Esquivel

Delia Garcia Pelaez

Delia Laurena

Denise Ng

Deven Dequito

Diane Sabong

Dione Marianne Claire Ibarra

Dionisia Cleofe-Ibarra

Dionisia Omaweng

Divina Vera Cruz Basilio MD



Dominga Chua Erick Escarcha George Ray Maravillosa Jael Moreno **Doreen Jabines** Jake Sabado Erlinda Eugenio Geraldine Quibod Dyanne Joyce Montenegro Erlinda Talosig Gerry Cabana Janet Hubahib Eden Almodiel Ernesto Espelimbergo Gilda Calingasan Jarvey Brion Galdo Edgardo Dawang Ernieta Ocampo Gilray Trickadoo Roa Jasmine Manipon Edita Adrias Esperanza Cruz Gina Arellano Claro Jason Bryan Madrid Editha Jotie Estrellita Pamintuan Girlie Katsuta Jean Quiades Pelias **Edmar Martinez** Etherlyn Ibon Gleba Deguito Jennie Tan Edmundo Laurena Gliceria Dancel Jennifer Ferido Eva Jara Edna Alejandro Evangeline Santos Gloria Ibañez Jeralyn Bernarte Edna Andaya Evangeline Chua Gloria Esquivel Jerry Tan Edna Esperanza Evangeline Paz Gloria Paleracio Jess Joseph Argarin Grace Cabana Edna Mañacap Evelyn Manalog Jessie Del Rosario Aradanas Edna Miranda Expedita Bernal Grace Maribel Buencamino Jimmy Dojino Eduardo Cantos Fatima Cariño Grace Yusop Jimson Marina Uy Regalado Eduardo Soriano Fatima Kabod Grail Abad Jinky Bonita Edward Singson Felicisima Delos Reyes Gretel Joy Marie Tuyor Jinny Jawod Relunio **Edwin Cervantes** Felicitas Awa Guillerma Licudine Joan Develos Ferdinand Flores **Edwin Costales** Hannah Joy Segura Joanna Soat Ing Sy Efie Medialdea Fernando Talavera Helen Dacanay Jocel Dimacutac Eileen Lim Florence Tona Helga Rizza Visaya Jocelyn Alberto Elbie Ferriol Herrera Florentino Tesoro Henry Jayme Jocelyn Viloria Flormarina Catada Eligio Jose Herbert Sumague Joel Bernarte Elinore Dulce Castellon Francisco Del Val Hermilo Dalman Joel Cajilo Elisa Calma Francisco Estanislao Herminia Compala John Michael Orellana Francisco Estanislao Jr. Elizabeth Sagum Hyacinth Dacanay John Nicollo Sapnu Elson Cainday Frank Uy Tesy Imelda Lim Jolly Vea Verdijo Elvira Jamero Frederick Francisco Ines Asia Ramos Jorge Maravillosa Elvira Urban Frederick Quibod Irma Ferniz Jose Florencio Junio **Emeline Uy Tesy** Fredy Pel Isidra Merced Jose Rionilo Torres Gad Salen Ivan Lee Castaneda Emma Piang Joseph Maestro Ennaliza Ong Gari Gabrinao Jackylen Teves Josephine Eronico Eric Avelino Gemma Caneda Jackylyn Sandoval Josephine Mislay **Geoffrey Torres** Eric Carranceja Jacqueline Rose Quinto Josephine Rasalan

Josette Silvosa Lourdes Fatima Nellas Maria Elisha Magpale Mary Grace Demonteverde Lowela Penera Jovelyn Roa Maria Emily Lim Mary Grace Porcalla Ju Maria Aurora Varona Lucia Martinez Maria Hitosis Mary Jean Velasco Juanita Rimando Lydia Libosada Maria Jescyll Cordero Mary Jo Ann Fauni Julie Ansama Lyn Cardenas Maria Lilia Trinidad Adriano Mary Rose Agustin Juliet Rosalijos Maria Lourdes Angela Torres Lynn Alcoseba Maryann Cortez Maria Luisa Ordono Juliet Taneo Lyra Theresa Quimpo Matthew Ed Laurena Juliiet Caande Lyza Marie Quiambao Maria Luisa Pel Melvin Ordona Junios Elad Jr. Ma Gaudiosa Guevara Maria Melba Verdijo Mercedita Coloma Justin Lorence Abuan Ma Jeanette Quinol Maria Purificacion Marichu Mercy Fajardo Nerez Kris Isaac Brugada Ma Luisa Venida Merwyn Magpayo Maria Rachel Reyes Kristine Castaneda Ma Luz Lubao Michael Javier Maricar Francisco Saturno Kylle Christian Dalman Mikhail Jan Jan Koh Ma Virginia Singco Maridel Estanislao Laarni Crumbana Ma. Cristine Gutierrez Milpa Mendoza Marie Kui Ladylene Caritativo Sabate Ma. Dolores Gonzales Moises Abuan Marietta Malinao Laila Ballesteros Ma. Gina Mendoza Mona Esteban Marife Andrade Lauro Asterio Mercado Ma. Henrietta Villanueva Monica Agustin Marilou Guay Juguan Lauro Pinos Ma. Madeliene Cesa Myleen Arciaga Marilou Ocampo Lawrence Estanislao Ma. May Theresa Caldo Myrna Badiola Marilyn Barcenas Lawrence Emmanuel Ma. Reina Joy Bajo Myrna Sterling Talavera Marilyn Berina Ma. Silda Dela Torre Nancy Tianzon Leo Tambungui Marissa Cleofe Ma. Vanessa Bote Napoleon Sumague Marites Bellen Leonida Dumag Mae Benita Nicolas Natalia Galasanay Ligaya Bencito Marites Malanes Manuel Santos Natalia Jardeleza Marites Realizan Lilibeth Canas Manuela Calimpong Godinez Natalia Javier Lilibeth Javier Tessa Salen Marcela Mang Osan Nathaniel Castillon Lina Aleida Ting Marivic Monis Marcial Abalos Neilyne Tambungui Lisa Mogatas Mark Anthony Lagunsay Margarita Andam Nelda Bambalan Litecia De Guzman Marlene Cardinal Maria Aurora Bartido Nellie Navia Vergara Lorenza Rosel Marlon Basadre Maria Carla Antonette Urgino Nerissa Lamsen Lorna Plantado Marlon Robel Maria Corazon Bascon Neysel Desamparado Lory Jon Marrie Lynne Louise Lagman Maria Corazon Precioso Nicetas De Jesus

Maria Eclevia

Maria Elena Valdez

Lourdes Alviar

Lourdes Cerbas

Marvin Emil Tan

Mary Christine Go Torres

Noel Doronila

Norma Felia

Norman Gabrinao Rosario Pama Terence Paul Tan Reynaldo Bayot Jr. Norvie Fernando Teresa Jamias Reynalyn Manalili Rosemarie Torres Nycolei Ann Marquez Rhoda Bulatao Rosemarie Wison Teresita Estrella Olivia Oamil Rhoda De Dios Rosemarie Usop Teresita Balangue Ophelia Protacio Rianna Herbolingo Rosita Chua Tessie Unabia Lim Orlando Velasquez Rianne Benavides Rounellee Daguro Tito Tabuquilde Richard Ace Ibarra Orlando Versola Rowena Caguicla Vicente Comahig Paul Asegurado Richelle Estrella **Ruth Penas** Victor Chua Paulina Pepito Riz Francis Ely Mancera Salvacion Baarde Victoria Flores Pepito Balarag Rizza Estanislao Salvador Aldecoa Vida Amara Manongdo Petronila Hortillas Robel Casidsid Salvador Vibal Jr. Vilma Agapito Piolo Miranda Robert Castaneda Santa Fe Palpal Vilma Quibod Procelina Galabin Sarah Baldelovar Rocelyn Palonpon Violeta Luna Rachel Angelette Estologa Rochell Pacana Saskiabona Estole Virgie Escobillo Rafael Gerson Rodalyn Capili Shalley Pacalna Virgilio Balanday Ramona Alda Sanga Roderick Obsanga Sharon Garingo Virginia Viola Randie Sanchez Roderick Patola Sharon Jotie Vivian Cajilo Raquel Asegurado Rodrigo Jamias Shaun Eriq Galdo William Lengwa Jr. Raul Rosales Fauni Rogelio Bernas Sheila Uy Wilma Edep Rebecca Dalmaso Romeo Perocho Sherwin Lambio Wilma Nuyte Rebecca De Belen Rommel Caneda Sheryl Parcia Wilvida Decenon Rebecca Dedil Rommel Jong Shirley Corpuz Wilvida Decenon Rebecca Encinas Rona Lyn Protacio Simeona Sulit Wilvida Decenon Rebecca Ramirez Ronilda Amurao Sion Binos Winston Boston Reena Ignacio Ronnie Frando Soraida Magarang Yna Nicole Gabrinao Regio Sales Rosa Aranzamendez Stella Suzette Escobal Yochor Marquez Remedios Bisquera Rosa Buena Rebusquillo Stephen Daniel Pantinople Yvette Selorio Remedios Manayon Rosalie Masulit Zenaida Formentera Susan Capili Remedios Ramos Rosalina Inso Susan Comahig Zenaida Portuguez Renan Dungog Rosalina Mercado Susan Inso Zimaco Otarra **Rosalind Quinto** Susan Pascual Renato Sapnu Retchel Mary Robel Rosalinda Pakilit Susan Segura Susana Cardinal Rey Joy Bajo Rosario Corpuz Reymundo Dungca Rosario Estologa Teodora Cruz

# International Convention Vision

April 25-27, 2024 Salt Lake City, Utah























# Diamond Holiday Boracay

November 9-11, 2024 Boracay Island

























### Foundation 4/ife

December 15, 2024 Gawad Kalinga Dasmariñas, Cavite

























### Recognition Gala

December 8, 2024 Crowne Plaza Manila Galleria

























### Top 35 Performers of 2024



Amor Pantinople Silver



Baby Ling Crispo Bronze



Emeline Uy Tesy Bronze



Gad & Allison Reinne Salen Presidential Elite



Geraldine & Romer Alumno Bronze



Hazel & Abdiel Gatchalian Presidential



Isidra Merced Bronze



Joel Pepito & Floridel Acojedo Bronze



John Michael Orellana Bronze



Jun & Odette Vibal Bronze Elite



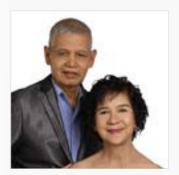
Ma. May Theresa Caldo Bronze Elite



Moises & Amelia Abuan Bronze

<sup>\*</sup>Top 13 to 35 Perfomers In Alphabetical Order

### Top 35 Performers of 2024



Natalia & Pio Galasanay Bronze



Norman & Ana Liza Gabrinao Presidential



Ramon Angelo Mendoza Bronze



Rhoda Bulatao Presidential



Rommel Caneda Bronze



Rosario Estologa Presidential Elite



Rio Torres Bronze



Stella Suzette Escobal Bronze



Tessa Salen Presidential Elite



Wilvida Decenon Presidential Elite



Yujin & Faith Baydal Bronze

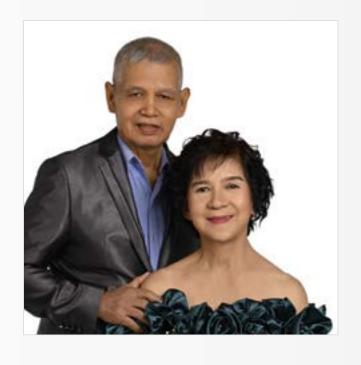
### Special Awards



Trailblazer Awardee 2024 Billy Quibod



### Special Awards



Breakthrough Affiliate 2024 Natalia & Pio Galasanay



### New Hall of Fame Awardee



Hard work pays off! Stay motivated by making small, consistent habits that drive progress. Every step forward fuels motivation, builds momentum, and yields results.

By persisting and celebrating small victories, you'll be rewarded with a sense of accomplishment and progress. Keep pushing forward, every effort counts!



# 2025: New Heights!



### **Manny Koh**

Gold

This 2025, I will focus on helping more people achieve their goals and transform their lives. The goal is to create a ripple effect of growth, positivity, and success within the 4Life PH community. By fostering collaboration, building stronger relationships, and sharing knowledge, we can unlock greater opportunities together. This year is about working as a team, turning challenges into stepping stones, and proving that when we rise together, we achieve more. Let 2025 be the year of collective breakthroughs and limitless potential.





### Mikhail Jan Jan Koh

Gold

In 2025, I'm committed to being a catalyst for improving the lives of my fellow Affiliates, empowering them to reach their full potential and creating a positive impact.

### Dr. Catherine Mendoza Gold

This 2025, I will remind myself and others that everything begins with a thought and that it is empowering to realize that you can take your mind towards the choices that will bring you to your goal. Our goal and purpose are also the fulfillment and the why that's already written in our hearts and minds. We're uniquely equipped to work for and fight for our dreams to completion and we are cut out to live our lives to the fullest and be a blessing to this world.

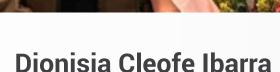


### **Cynthia & Jun Orellana**Gold

2025 is here! Seize every moment and be intentional about your time and who you spend it with. Let's align with strategic goals and be brave to make new choices.

I will continue to do my best and dedicate my time, talent and service to my 4Life partners. I will empower and foster more Diamonds, Presidentials, Bronzes, Silvers and Golds in our team because I proudly serve as a testament to the power of pursuing your goals and that being a Gold Affiliate and living your dreams is possible here in 4Life.





#### Bronze Elite

My vision for 2025 is to create more Bronze Elites and to advance rank to Silver then Gold. Despite numerous personal challenges this year, I emerged stronger and ready for this year's victories. Every chapter of life offers new opportunities to inspire, so I will remain committed to inspiring and helping others with my story.

I am grateful to my family, friends, 4Life mentors and partners and my great Action team. Through prayers, diligence, determination and courage, our team will achieve unparalleled success. 2025 will be a great year for all of us!



#### Bronze Elite

This 2025, I will empower our team to reach new heights by embracing innovation, fostering camaraderie, and celebrating our unique strengths. Together, we will conquer challenges and seize opportunities, proving that with determination and passion, we can achieve anything. Let this year be a testament to our resilience, growth, and unwavering commitment to our mission. Let's inspire each other, uplift our community, and leave a lasting impact that echoes through generations. Here's to a year of extraordinary achievements and boundless potential!



#### **Rebecca Encinas**

#### Bronze

Stay ahead, stay relevant and stay motivated. Take some time to enhance your skills by learning something new and making impactful connections to drive growth and collaboration. Organize regular brainstorming sessions with your team so you can set clear shared goals and leverage on your individual knowledge and experiences to drive growth and success in 2025.





# Jocelyn & Arnold Alberto | Silver

2025 will be a year of unstoppable growth. We will break barriers and shatter limits. This will be our team's mantra as a reminder that barriers fuel growth.

We will keep on moving, keep on going and growing. We will commit to taking bold steps and trust that determination will transform challenges into victories. Let's make this the year of bold victories!

# Jean Pelias & Vic Alviar | Bronze

Exciting times ahead! 2025 is an exciting year that our team can look forward to. Over the years we have continually learned, unlearned and relearned.

We are geared up and fueled by significant learnings from 4Life's corporate, mentors and Affiliates. Together, we will embark on an adventure of a lifetime and enter a new chapter of growth so we can all soar to new heights this 2025.



### Billy Quibod

Silver Elite

May the Good Lord shower His fountain of blessings to all of us now and throughout the year. God Bless 4Life!



### Frank & Emeline Uy Tesy

Silver

Let's embrace excellence in 2025 with open arms and an adventurous heart!

We will feed ourselves mentally by reading books, eating healthy and exercising regularly. We will unite our team by building deeper relationships with our leaders and create fun memories. We will nurture future leaders by spending more time to coach them on how to achieve their dreams. So, let's F-eed, U-nite and N-urture our team and inspire each other to reach new heights! Let's have FUN Starlords!

### Carlos & Mapette Urgino Silver

This 2025 will be Trans4mers team best hurrah in 4life. We will commit to collective excellence, driven by strategic collaboration, training and unwavering dedication. Together with our team, we will achieve high ranks, exclusive trip incentives like Diamond Holiday, Great Escape and International Conventions and travel to various countries.

With divine guidance, unity and harmony, let's all reach the 4 pillars of success - health, wealth, love and purpose. Together we will transform lives and make history!



# Maria Carla Antonette Urgino | Silver

This 2025, I will R.I.S.E.!

R-ally as one team for exponential growth I-nspire extraordinary achievements S-upport each other through challenges E-mpower leaders to duplicate and drive organizational success

Let's RISE together this 2025 as one UNSTOPPABLE TEAM!





### Nycolei Ann Marquez

Bronze

This 2025, I will take my game to the next level! My goal is to create more unshakable leaders and more people to take action in fulfilling what is important to them - their health, dreams, and relationships.

Kudos to my team who's been with me through ups and downs. Thank you for believing that what we have is valuable. And together with 4Life, our visions will unfold through our persistency and consistency in making more meaningful connections! You deserve a better 2025!

### Litecia De Guzman

Presidential Elite

For the year 2025, I will rise to every challenge and face every trial our team will encounter with unwavering determination.

I will take risks and learn from our failures. I will not let fear control our team's future. I will focus on our goal of levelling up, not letting disappointment stop us because every setback is an opportunity to come back stronger, smarter and more prepared.

Let's all make 2025 be the year of transformation, action, and success for our whole team.



# Getting **Your Daily Dose** of Transfer Factor

#### Did You Know . . .

A 600 mg daily dose of 4Life Transfer Factor is clinically proven to activate the immune system within two hours?<sup>1\*</sup>

After about 24 hours, it's time to replenish your 4Life Transfer Factor levels to keep your immune system happy and healthy!\*

Educate and strengthen your immune system every day with your 600 mg daily dose of 4Life Transfer Factor.\*

### How can I get my 600 mg daily dose of 4Life Transfer Factor?

Many 4life products can help you achieve your daily dose. For example, 4Life Transfer Factor® Tri-Factor® Formula, 4Life Transfer Factor® Chewable Tri-Factor® Formula, RioVida®, RioVida Stix®, RioVida Burst®, 4Life Transfer Factor® Immune Boost, RiteStart® Kids & Teens, Pro-TF® Vanilla Cream, Pro-TF® Chocolate, or a combination of the above products are all great daily options to restore your immune support.\*

#### When is the best time to take Transfer Factor?

We recommend taking your daily dose of Transfer Factor when you begin your day! As mentioned, 4Life Transfer Factor is clinically proven to activate the immune system in two hours, so the sooner you take it, the sooner your body will benefit. You can also take a second dose of Transfer Factor in the evening, or whenever you feel you need it, to maintain and optimize your immune system health as you sleep, which is a critical time for your body to repair itself.\*1



## What if I forget to take my Transfer Factor daily dose in the morning?

Don't worry, you can still take your daily dose in the afternoon or evening to maintain and optimize your immune system function.\*

#### **Can I take too much 4Life Transfer Factor?**

While 600 mg is the recommended daily dose of 4Life Transfer Factor, exceeding this amount is a-ok! Since 4Life Transfer Factor is considered a "food," it's nearly impossible to take too much.\*

MAHALAGANG PAALALA: ANG MGA PRODUKTO NG 4LIFE AY HINDI GAMOT AT HINDI DAPAT GAMITIN PANGGAMOT SA ANUMANG URI NG SAKIT.
IMPORTANT REMINDER: 4LIFE PRODUCTS ARE NOT MEDICINE AND CANNOT BE USED TO CURE ANY DISEASES.
\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE

### USCONVENTION PROMO 2025 SALT LAKE CITY UTAH, USA | APRIL 2026



PROMO PERIOD: MARCH - OCTOBER 2025

### 5 WAYS TO EARN CONVENTION CREDITS (CC)

PERSONAL VOLUME 175 LP & UP PERSONAL VOLUME LOYALTY / MYSHOP / REGULAR ORDER

3 CC / month

Maximum CC for this category: 24 CC

**ENROLLMENT** 

70 CC Maximum CC for this category

**FAST START = 6 CC PER ENROLLEE** 150-399 LP ENROLLMENT VOLUME = 2 CC PER ENROLLEE

ACHIEVE MULTIPLIER STATUS

10 CC Maximum CC for this category

ENROLL 10 NEW AFFILIATES WITHIN 3 CALENDAR MONTHS ENROLLEES MUST HAVE 150 LP AND ABOVE

RANK ADVANCEMENT AND RANK MAINTENANCE

Diamond 10 CC

Diamond Elite 15 CC

**Presidential** 20 CC

Presidential Elite 30 CC

Bronze to **Bronze Elite** 40 CC

Silver to Silver Elite 100 CC

Gold & Above 200 CC

#### **BONUS!**

IF AN AFFILIATE ADVANCES IN RANK WITHIN THE PROMO PERIOD, HE CAN RECEIVE THE SAME AMOUNT OF RANK ADVANCEMENT CC IF HE MAINTAINS WITHIN 3 MONTHS OF ADVANCING RANK

**MENTORING NEW LEADERS** 

Diamond 10 CC

Diamond Elite 15 CC

Presidential 20 CC

Presidential Elite & Above 30 CC

AFFILIATE MUST BE PAID AS PRESIDENTIAL AND ABOVE ON MONTH PERSONALLY ENROLLED AFFILIATE BREAKS OR MAINTAINS RANK MECHANICS NUMBER 4 APPLIES TO RANK MAINTENANCE AVAILABLE ONLY IN THE ABSENCE OF RANK ADVANCEMENT AND MAINTENANCE POINTS