

NutraStart® Blue Vanilla

Powder-based vitamin and mineral formula with superfood ingredients

- Supports the immune system with 4Life Transfer Factor® Blend*
- Supports satiety and may reduce feelings of hunger*
- May provide a feeling of fullness*
- Supports cardiovascular health*
- Supports healthy teeth and bones*
- Contains superfood ingredients like wheatgrass powder, blue spirulina, and chia seeds*
- Promotes energy production*

What is NutraStart Blue Vanilla?

Jump-start your healthy eating habits with NutraStart Blue Vanilla, 4Life's nutritious and delicious daily shake mix. NutraStart Blue Vanilla provides essential vitamins and minerals, whey protein, fiber, and 4Life's immune system-boosting powerhouse: 4Life Transfer Factor Blend. Developed as a companion product to RiteStart®, NutraStart is a nutritious start to your day or between-meal snack option that provides quality essential macro and micronutrients to optimize your daily nutrition intake.*

Key Features

- Contains 15 grams of whey protein
- Provides a good source of fiber from oats, apples, and corn*
- Contains nutrient-dense superfoods like chia, wheatgrass, and blue spirulina*
- Is only 120 calories per serving
- Has chia seeds, a superfood ingredient, which provide fatty acids, fiber, and protein to support overall wellness*
- Provides 18 essential vitamins and minerals, including zinc for immune system support*
- Contains wheatgrass powder, a superfood ingredient, which is packed with naturally occurring antioxidants, vitamins, minerals, protein, and fiber*
- Supports the immune system with 4Life Transfer Factor Blend*
- Contains linoleic and oleic acids as a source of healthy mono and polyunsaturated fats*
- Supports a well-nourished lifestyle with macro and micronutrients to keep you feeling your best so you can more easily stick to your weight management program and hit your goals!*

Primary Support:

General Nutrition*
Vitamin and Mineral*

Secondary Support:

Weight Management*
Immune System*

Did You Know?

NutraStart Blue Vanilla gets its beautiful blue hue from an ancient superfood called blue spirulina. This incredible ingredient is a rich source of vitamins A and C, iron, and calcium. Blue spirulina powerfully supports your overall health!*



DIRECTIONS: Add one (1) scoop of NutraStart Blue Vanilla to 8 oz of water. Blend or shake well until smooth and drink immediately.

Supplement Facts

Serving size: One (1) scoop (37 g)
15 servings per container

	Amount Per Serving	% Daily Value*
Calories	120	
Total Fat	3 g	4%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Cholesterol	39 mg	13%
Sodium	151 mg	7%
Total Carbohydrate	14 g	5%
Dietary Fiber	5 g	18%
Total Sugars	4 g	
Includes 2 g Added Sugars		4%
Protein	15 g	30%
Vitamin A (as vitamin A palmitate)	315 mcg RAE	35%
Vitamin C (as ascorbic acid)	32 mg	36%
Vitamin D (as cholecalciferol)	7 mcg	35%
Vitamin E (as d-alpha tocopheryl acetate)	5 mg	33%
Thiamin (as thiamine mononitrate)	0.4 mg	33%
Riboflavin	0.5 mg	38%
Niacin (as niacinamide)	5.6 mg NE	35%
Vitamin B6 (as pyridoxine HCl)	0.6 mg	35%
Folate (as 82 mcg folic acid)	140 mcg DFE	35%
Vitamin B12 (as cyanocobalamin)	0.8 mcg	33%
Biotin	11 mcg	37%
Pantothenic acid (as d-calcium pantothenate)	1.8 mg	36%
Calcium (as dicalcium phosphate)	455 mg	35%
Iron (as ferric citrate)	6.3 mg	35%
Iodine (as potassium iodide)	52 mcg	35%
Magnesium (as magnesium oxide)	147 mg	35%
Zinc (as zinc oxide)	3.5 mg	32%
Copper (as copper gluconate)	0.3 mg	33%
Potassium	125 mg	3%
4Life Transfer Factor® Blend	100 mg	**
UltraFactor®	A proprietary concentrate of ultra-filtered 4Life Transfer Factor® proteins and other peptides from cow colostrum	
OvoFactor®	A patented concentrate of 4Life Transfer Factor® proteins and other peptides from chicken egg yolk	
NanoFactor®	A proprietary concentrate of nano-filtered cow colostrum	

*Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

INGREDIENTS: Whey protein concentrate, sunflower oil powder (sunflower oil, maltodextrin, sodium caseinate, mono and diglycerides, tocopherols, and tricalcium phosphate), modified food starch, soluble corn fiber, organic cane sugar, natural flavors, honey powder, apple fiber, hydrolyzed guar gum, oat fiber, xanthan gum, chia seed protein, sea salt, wheatgrass (*Triticum aestivum*) young leaves, blue spirulina, stevia, immune peptides from whey, and hibiscus extract.

CONTAINS INGREDIENTS FROM MILK, EGG, AND SOY.

Ordering Information

Item #28130—15 serving canister

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE