

Fortified Colostrum

Q| What is Fortified Colostrum?

A| 4Life Fortified Colostrum is a bovine-sourced colostrum product that features the immune system-boosting power of colostrum, fortified with additional key ingredients to reinforce and support the immune, digestive, and respiratory systems. As The Immune System Company™, 4Life Research has been an expert in colostrum for more than 20 years!*

Q| What ingredients are in Fortified Colostrum?

- A|
- **Bovine Colostrum** – This ingredient is derived from a mother cow the first few days after giving birth and before true milk appears. Colostrum contains antibodies—a group of immune system proteins—that may help boost the immune system.*
 - **Lactalbumin (whey protein)** – This ingredient is the albumin in milk, a component of whey, and an important source of the amino acid tryptophan. Lactalbumin supports healthy body systems—from your muscles to your brain.*
 - **Milk Fat Globule Membrane** – This membrane is made up of lipids and proteins surrounded by milk fat secreted from milk producing cells in mammals: in this case, bovine sources. This ingredient supports intestinal health, respiratory health, and muscle, brain, and motor function.*
 - **Lactoferrin (from bovine)** – This iron-binding protein is found in cow's milk. This protein supports the activity of various immune system cells and may also assist in collagen synthesis.*
 - **Casein Glycomacropeptide** – This ingredient is milk-derived and helps support healthy intestinal flora, which in turn, supports your immune system.*
 - **2'-Fucosyllactose (2'FL)** – A major prebiotic that can provide many benefits:
 - Supports intestinal health*
 - Supports a healthy microbiome*
 - Supports healthy immune system function*
 - May support brain function*
 - Boosts the immune system function of the digestive tract*



Q| Is there human milk in Fortified Colostrum?

A| No. Fortified Colostrum is formulated and fortified to mimic human colostrum but is sourced from bovine colostrum.

Q| How can Fortified Colostrum benefit me and my family?

- A| Fortified Colostrum provides many benefits:
- Supports immune system function in the digestive tract*
 - Supports digestive health and respiratory health*
 - Boosts immune system function*
 - Supports a healthy microbiome and intestinal health*
 - May promote healthy brain function*

Q| Is Fortified Colostrum hormone-free?

A| Yes!

Q| Is Fortified Colostrum gluten-free?

A| Yes!

Q| Why did 4Life create Fortified Colostrum?

A| We created Fortified Colostrum to complement our 4Life Transfer Factor® products. While transfer factors are one of the most potent immune system compounds in colostrum, they are not the only compounds. Taking concentrated transfer factors in combination with 4Life Fortified Colostrum can further enhance your immune system support efforts.*

Q| How is Fortified Colostrum different than 4Life Transfer Factor, which comes from cow colostrum?

A| Although 4Life Transfer Factor from cow colostrum comes from the same source as Fortified Colostrum, 4Life Transfer Factor products contain trillions of transfer factor molecules in every capsule. Fortified Colostrum contains pure unfiltered colostrum, which may inherently contain small amounts of transfer factors. Fortified Colostrum also contains other nutritive ingredients that can benefit human health in addition to immune system support.*

Q| How do I take Fortified Colostrum?

A| Take two (2) capsules daily with 8 oz of liquid.

Q| How many capsules are in a bottle of Fortified Colostrum?

A| A bottle of Fortified Colostrum contains 60 capsules—a 30-day supply.

Q| Does Fortified Colostrum have a taste (or flavor)?

A| Fortified Colostrum is in an easy-to-swallow capsule and, therefore, is flavorless.

Q| Why is colostrum so important to human health?

A| Colostrum is the first milk that mammal mothers provide their newborn young. It is a very concentrated source of vitamins, other nutrients, and, most importantly, immune system cells that can bolster a newborn baby's immune system. This first milk is very important in giving a newborn baby its best possible start in life. Humans of all ages can continue to benefit from the wonders of colostrum. Our colostrum is sourced from cows but enriched with other nutrients to offer you the best health and wellness benefits.*

Q| How long does a bottle of Fortified Colostrum last?

A| Taken as directed, a bottle of Fortified Colostrum will last for 30 days.

Q| How much does Fortified Colostrum cost?

A| Affiliates and Preferred Customers pay Wholesale: \$34 with 25 LP. Retail Customers pay \$43.

Q| Who can benefit from taking Fortified Colostrum?

A| This product is for adults and children ages four and up who are interested in a healthy, natural, and holistic way to fortify their immune system and support digestion function and a healthy microbiome. 4Life Fortified Colostrum can gently support challenged immune systems across a large age range.*

Q| Does this product contain 4Life Transfer Factor?

A| Although transfer factors are extracted from bovine colostrum, the amount of transfer factors found in whole colostrum is very small. To reap the custom immune system-enhancing benefits of trillions of Transfer Factor molecules in every dose, try one of our amazing 4Life Transfer Factor core products:

- 4Life Transfer Factor® Classic
- 4Life Transfer Factor® Tri-Factor® Formula
- 4Life® Transfer Factor Plus® Tri-Factor® Formula with Zinc*

Q| If I have milk allergies, can I take Fortified Colostrum?

A| If you have milk allergies, you should consult your physician before taking Fortified Colostrum.

Q| Can I take too much Fortified Colostrum?

A| While there is no known toxicity for this product, we discourage its use in excess of the label directions. Like many natural products, larger doses tend to provide diminishing returns. Those wishing to take larger amounts should discuss this with their doctor.

Q| Is there a best time to take Fortified Colostrum?

A| It's best when taken with food.

Q| This product comes from mother cows. Do the calves get enough colostrum before 4Life uses it for their products?

A| Yes. Calves always get all the colostrum they need first. Cows make several gallons more than a calf typically consumes. We only use the excess. This is the same situation as with 4Life Transfer Factor.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.