

Essentials Packs



PRODUCT CATALOG



Essentials Packs

Immune health at the top of your mind? We get it. With so many health threats and daily stressors, it's important to care for your immune. But what products should you take? How frequently? What company can you trust with your health goals?

You have a right to ask all these questions.

With a growing list of patents, peer-reviewed studies, and award-winning products to its name, 4Life (Do Life Differently®) makes it easy to benefit from decades of immune **health** research and expertise. We have everything you'd expect from 4Life —products to **boost and balance** your immune **health** and products to address your **targeted health needs**. We also have something no other company can offer: 4Life Transfer Factor®!*

Take greater control of your immune health and feel confident knowing you've put your trust in 4Life! Get started with 4Life's best products.*



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Why 4Life *Essentials* Packs?

What's so special about our product packs? Simple. First and most importantly, 4Life's team of experts designed the packs with products to give you a strong foundation of immune health coverage, saving you a lot of time. We've already done the research for you! Second, you'll save money. Essentials Packs come with an automatic cost savings versus if you were to buy the same products individually.*

The best way to get started with 4Life is by [signing up as a Preferred Customer](#) with one of our expertly curated Essentials Packs.

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Shiitake Mushrooms **Vitamin C** Ginseng
Omega-3 **Antioxidants**
Elderberry **Probiotics** Acai Grape
Transfer Factor

Biotin Zinc Vitamin A Prebiotics Amino Acids
Arginine **Protein Collagen** Pomegranate
Blueberry

Turmeric Vitamin E Flax Seed Oil
Resveratrol EFAs Ashwagandha

ALA Cordyceps Agaricus Aloe Vera NAC
Maitake Mushrooms Glutamine

Personal *Essentials* Pack (200 LP)

Just for you! The Personal Essentials Pack (200 LP) is intended to take care of one person with a 30-day supply of some of 4Life's very best immune[™] products.*

Included:

- 1 – 4Life Transfer Factor Plus Tri-Factor Formula
- 2 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 2 – Pre/o Biotics
- 2 – 4Life Transfer Factor Collagen (strawberry-mango)
- 1 – 4Life Transfer Factor Renuvo

Wholesale: \$482 before GST

LP: 200

Item #30090414

**Preferred Customers and Affiliates
save \$56 off the wholesale price!**



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Complete *Essentials* Pack (400 LP)

For you and your +1! The Complete Essentials Pack (400 LP) provides a 30-day supply (for two people) of some of 4Life's very best immune health products.*

Included:

- 2 – 4Life Transfer Factor Plus Tri-Factor Formula
- 2 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 2 – 4Life Transfer Factor RioVida Stix Tri-Factor Formula
- 2 – Pre/o Biotics
- 2 – 4Life Transfer Factor Collagen (strawberry-mango)
- 2 – 4Life NanoFactor Glutamine Prime
- 2 – 4Life Transfer Factor Renuvo
- 2 – Essential Fatty Acid Complex
- 1 – Energy Go Stix Berry

Wholesale: \$946 before GST

LP: 400

Item #30090415

**Preferred Customers and Affiliates
save \$119 off the wholesale price!**



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Professional *Essentials* Pack (800 LP)

For your tribe! The Professional Essentials Pack (800 LP) provides enough products to cover a 30-day supply (for four people) of some of 4Life's very best immune health products.*

Included:

- 4 – 4Life Transfer Factor Plus Tri-Factor Formula
- 4 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 4 – 4Life Transfer Factor RioVida Stix Tri-Factor Formula
- 4 – Pre/o Biotics
- 4 – 4Life Transfer Factor Collagen (strawberry-mango)
- 4 – 4Life NanoFactor Glutamine Prime
- 4 – 4Life Transfer Factor Renuvo
- 4 – Essential Fatty Acid Complex
- 2 – Energy Go Stix Berry
- 1 – 4Life-branded computer bag

Wholesale: \$1,935 before GST

LP: 800

Item #30090416

**Preferred Customers and Affiliates save
\$192 off the wholesale price!**



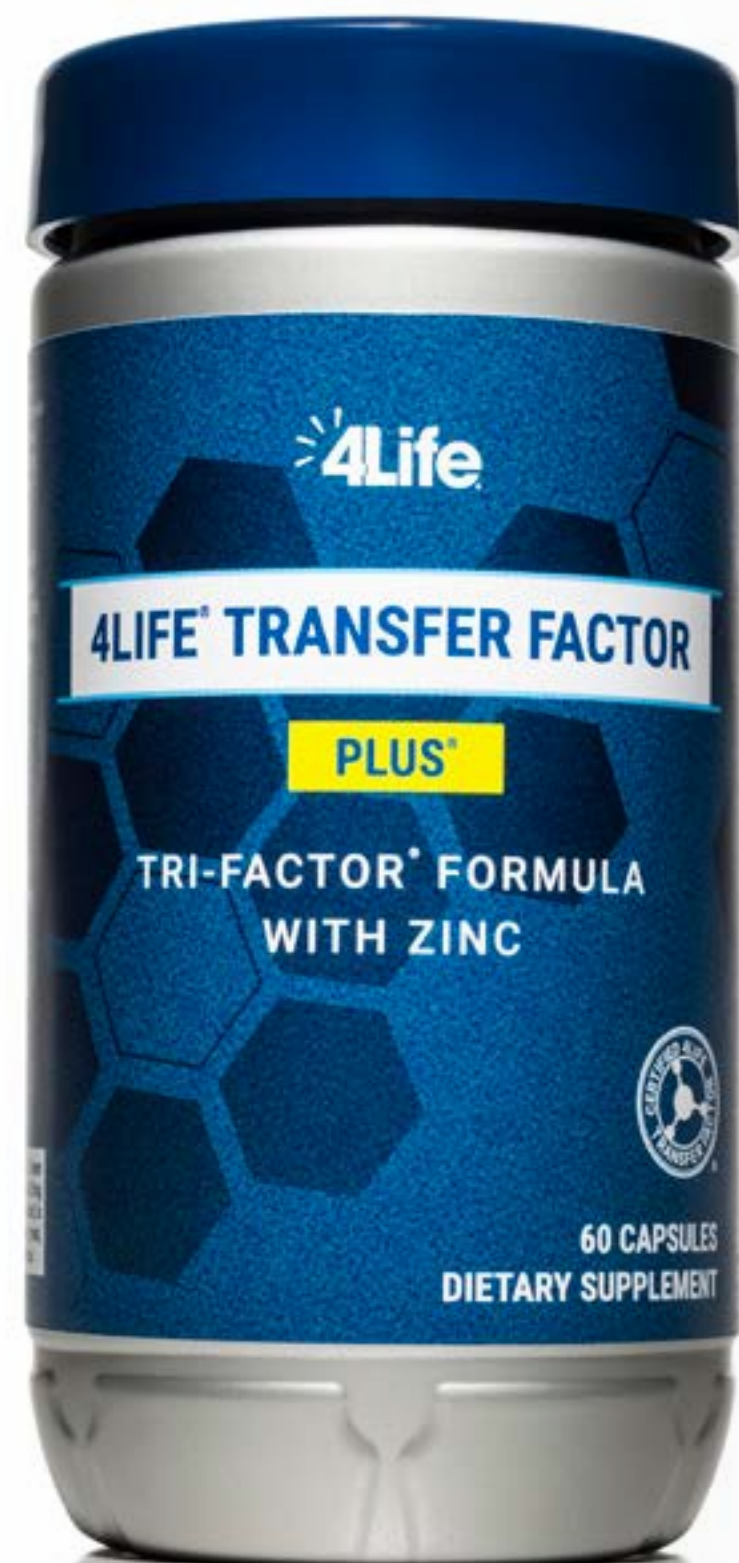
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Let's dive deeper and
learn about the products
in our Essentials Packs!

4Life Transfer Factor Plus Tri-Factor Formula

*4Life's no. 1 best-selling immune **health** product**



Our product packs are headlined by 4Life Transfer Factor Plus Tri-Factor Formula: our most powerful immune **health** support product combining the patented and effective immune **health** education of 4Life Transfer Factors with the proven immune **health** support of ingredients like agaricus, cordyceps, maitake and shiitake mushrooms, aloe vera, and zinc.*

Research:

- Featured in a peer-reviewed publication: Beneficial impact of various compositions of transfer factors on the immune **health*** [Learn more](#)
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

What you get:

Personal Essentials Pack: 1

Complete Essentials Pack: 2

Professional Essentials Pack: 4

*P. Vieira-Brock, A. Andersen, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

*Vetvicka V, Vetvickova J (2019) J Nutr Health Sci 6(3): 301

*Vetvicka V, Fernandez-Botran R (2020) Int Clin Pathol J. 8(1):1

Pre/o Biotics

*Boasts five strains of highly researched probiotics and three types of prebiotics to promote gut health**



Your immune **health** takes guts . . . literally! About 70% of your immune **health** resides in your gut. Pre/o Biotics is a top-of-the-line microbiome support product combining prebiotics and probiotics for a more effective immune **health** response. Our exclusive micro-beadlet system delivers the probiotics directly to the colon, increasing the amount and longevity of beneficial gut flora by up to 1,000 times over standard delivery. Plus, the 4Life Transfer Factor Tri-Factor Formula stimulates the growth of the probiotics found in Pre/o Biotics by up to 868%!^{†*}

Research:

- University-tested via an independent in-vitro study conducted at Weber State University
- Featured in a peer-reviewed publication: Laboratory study shows that four weeks of taking Pre/o Biotics has beneficial effects on gut integrity and microbiome health* [Learn more](#)
- Halal-certified
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

What you get:

Personal Essentials Pack: 2
Complete Essentials Pack: 2
Professional Essentials Pack: 4

[†]Independent in-vitro study conducted at Weber State University



RioVida

*The world's only liquid dietary supplement featuring the immune **health**-boosting benefits of 4Life Transfer Factor and antioxidant-rich superfruits**

Like 4Life Transfer Factor Plus, RioVida provides the unmatched immune **health** support of 4Life Transfer Factor, plus beneficial superfruits like elderberry, pomegranate, blueberry, grape, and açai. RioVida is nutritious and packed with antioxidants to form a delicious defense against naturally occurring free radicals!*

Research:

- Kosher-certified
- Halal-certified

What you get:

Personal Essentials Pack: 2

Complete Essentials Pack: 2

Professional Essentials Pack: 4

*P. Vieira-Brock, A. Andersen, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

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4Life Transfer Factor Collagen

*Five types of collagen to help support healthy joints, muscles, hair, and skin**



Your skin is your **body's** first line of defense, and 4Life Transfer Factor Collagen is the only collagen product on the market featuring 4Life Transfer Factor to enhance and educate your immune **health**. In addition, 4Life Transfer Factor Collagen is a total-body, age-defying powder supplement that contains vitamins A, C, and E; biotin; and five types of collagen to help support healthy joints, muscles, hair, and skin. It also includes an Age-Defying Plant Complex to improve skin moisture, tone, and elasticity while reducing the appearance of fine lines and wrinkles. You get all this in a delicious strawberry-mango flavored collagen drink!*

Research:

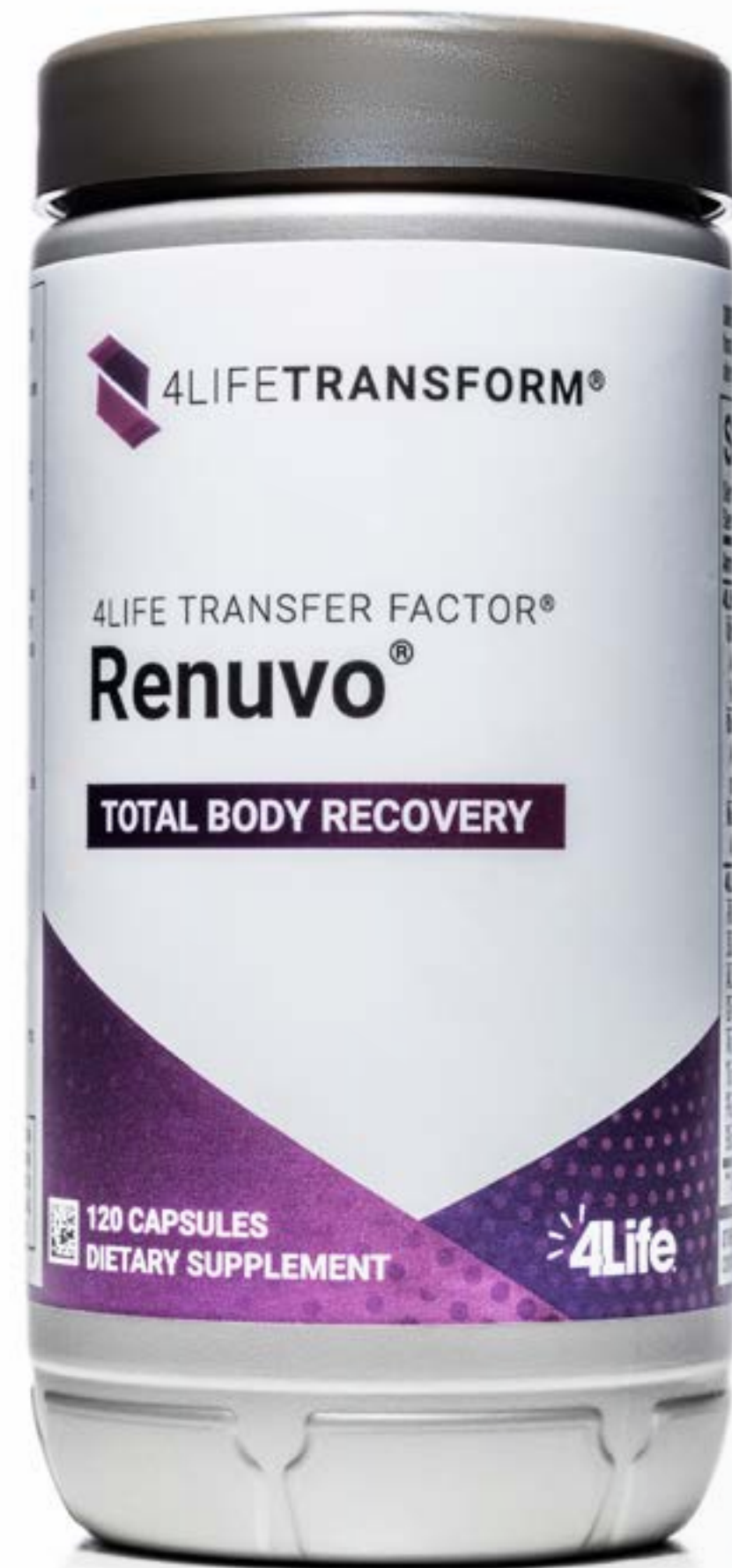
- Clinically tested to improve skin hydration and firmness and reduce fine lines and wrinkles in healthy adults*
- Featured in a peer-reviewed publication: Efficacy of 4Life Transfer Factor Collagen on skin hydration, firmness, and wrinkles in an 84-day clinical study and telomerase activity in an in-vitro study* [Learn more](#)
- Dermatologist-tested formula*

What you get:

Personal Essentials Pack: 2
Complete Essentials Pack: 2
Professional Essentials Pack: 4

Renuvo

*Patented adaptogenic formula that targets healthy aging and total-body recovery**



One of the best things you can do for your health is exercise. However, exercise often comes with some soreness or discomfort. Renuvo is a blend of top adaptogens—ashwagandha, schisandra and rhaponticum—along with potent antioxidants such as green tea, turmeric, and resveratrol. This unique blend of ingredients can aid your body in post-exercise recovery and support a positive, healthy, and active lifestyle.*

Research:

- Featured in a peer-reviewed publication: Effects of Renuvo on the expression of oxidative stress markers while eating a high-fat, high-sugar diet* [Learn more](#)
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

What you get:

Personal Essentials Pack: 1
Complete Essentials Pack: 2
Professional Essentials Pack: 4

RioVida Stix

*Immune health and antioxidant benefits in single-serving powder packs**

RioVida Stix provides the immune health goodness of 4Life Transfer Factor RioVida Tri-Factor Formula in a portable powder pack. It combines a full serving of 4Life Transfer Factor Tri-Factor Formula with a rush of antioxidants and phytonutrients from açai, blueberry, elderberry, grape, and pomegranate, plus all-important electrolytes.*



Research:

- Halal-certified

What you get:

Complete Essentials Pack: 2

Professional Essentials Pack: 4

*P. Vieira-Brock, A. Andersen, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

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Glutamine Prime

*Glutamine fuel to power cell activity**



Glutamine is an amino acid that fuels your immune **health** cells. Your glutamine reserves can get depleted by everyday stress, such as exercise or keeping up with busy day-to-day life. Feed your immune **health** with an exclusive formula featuring glutamine and the building blocks of glutathione, an important antioxidant that helps protect cells from oxidation caused by free radicals. Plus, this product also has NanoFactor extract for enhanced communication between immune **health** cells. Glutamine Prime is an excellent companion product to the complete line of 4Life Transfer Factor products.*

Research:

- Manufactured in an NSF-certified facility following Good Manufacturing Practices

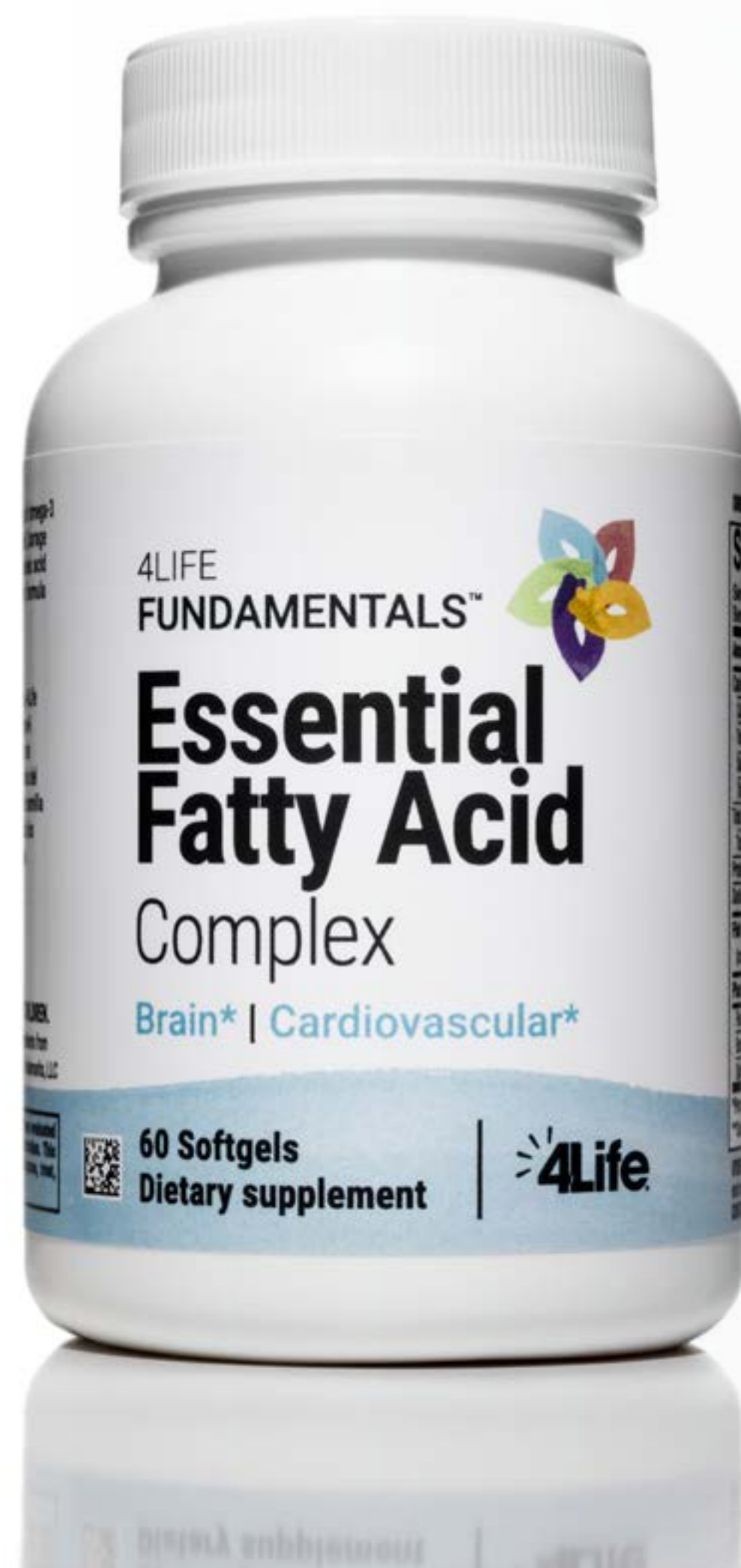
What you get:

Complete Essentials Pack: 2

Professional Essentials Pack: 4

Essential Fatty Acid Complex

*Healthy omega-3 and -6 essential fats from a variety of sources**



Every cell in your body is surrounded by a membrane made of fatty acids from the foods you eat. Eat healthy fats, and your cells will be surrounded by healthy fats. Eat unhealthy fats and those cell membranes become sluggish and stiff. Essential Fatty Acid Complex is 4Life's superior source of healthy omega-3 and omega-6 fatty acids from flaxseed oil, safflower oil, borage seed oil, and fish oil (1,000 mg per serving!). This product provides the high-quality, essential fats that help every cell in your body function at peak performance.*

Research:

- Contains ultra-pure omega-3 fatty acids, combining the highest-grade fish oils, which meet or exceed current standards for heavy metals, including mercury and PCBs
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

What you get:

Complete Essentials Pack: 2

Professional Essentials Pack: 4

Energy Go Stix Berry

*On-the-go packets infused with 4Life Transfer Factor and a blend of energy-boosting ingredients**



Mix Energy Go Stix in eight ounces of water for a synergistic blend of amino acids, botanicals, nutrients, and just enough natural caffeine to keep you alert and active for several hours. Energy Go Stix is a top-selling energy product designed to give you a quick response without a crash. It's a delicious, berry-flavored energy boost!*

What you get:

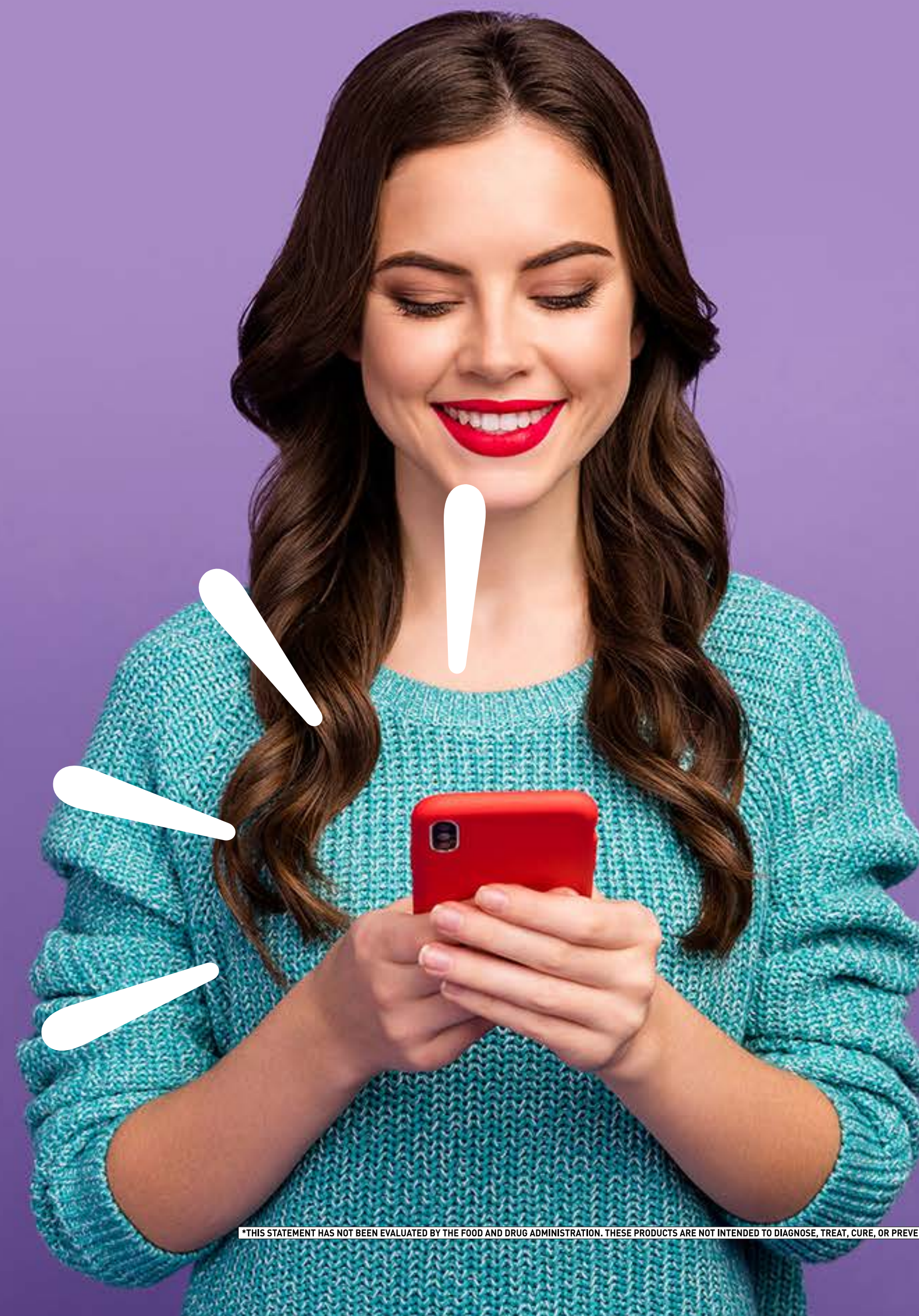
Complete Essentials Pack: 1

Professional Essentials Pack: 2

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Get an
Essentials Pack today!

We know you'll enjoy the health benefits—
as well as the time- and cost-savings—that
purchasing a 4Life Essentials Pack offers.
Order today in the 4Life app or at 4Life.com.*



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