

Essentials Packs CATALOG



Essentials Packs

Immune system health at the top of your mind? We get it. With so many health threats and daily stressors, it's important to care for your immune system. But what products should you take? How frequently? What company can you trust with your health goals? You have a right to ask all these questions.

With a growing list of patents, peer-reviewed studies, and award-winning products to its name, 4Life (The Immune System Company®) makes it easy to benefit from decades of immune system research and expertise. We have everything you'd expect from The Immune System Company—products to **boost and balance** your immune system and products to address your **targeted health needs**. We also have something no other company can offer: 4Life Transfer Factor®!*

Take greater control of your immune system health and feel confident knowing you've put your trust in THE Immune System Company! Get started with 4Life's best products.*



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Why 4Life *Essentials* Packs?

What's so special about our product packs? Simple. First and most importantly, 4Life's team of experts designed the packs with products to give you a strong foundation of immune system coverage, saving you a lot of time. We've already done the research for you! Second, you'll save money. Essentials Packs come with an automatic cost savings versus if you were to buy the same products individually.*

The best way to get started with 4Life is by [signing up as a Preferred Customer](#) with one of our expertly curated Essentials Packs.



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Shiitake Mushrooms **Vitamin C** Ginseng
Omega-3 **Antioxidants**
Elderberry **Probiotics** Açai Grape
4Life Transfer Factor
Biotin **Zinc** Vitamin A **Prebiotics** Amino Acids
Arginine **Protein Collagen** Pomegranate
Blueberry
Turmeric Vitamin E Flaxseed Oil
Resveratrol EFAs Ashwagandha
ALA Cordyceps **Agaricus** Aloe Vera NAC
Maitake Mushrooms Glutamine

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Personal Essentials Pack

Just for you! The Personal Essentials Pack is intended to take care of one person with a 30-day supply of some of 4Life's very best immune system products.*

Included:

- 1 – 4Life Transfer Factor Plus Tri-Factor Formula
- 2 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 2 – Pre/o Biotics
- 2 – 4Life Transfer Factor Collagen (strawberry-mango)
- 1 – 4Life Transfer Factor Renuvo

Retail: \$352

Wholesale: \$329

Your Price: \$293

LP: 200

Item # 90414

Preferred Customers and
Affiliates save **\$36 off** the
regular wholesale price
and **\$59 off** the retail price!



Complete *Essentials* Pack – Core

Give your immune system a major power-up with products from The Immune System Company!*

Included:

- 5 – 4Life Transfer Factor Plus Tri-Factor Formula
- 5 – 4Life Transfer Factor Tri-Factor Formula
- 5 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 1 – 4Life-branded computer bag (a \$50 value)

Retail: \$697

Wholesale: \$685

Your Price: \$581

LP: 400

Item # 90420

Preferred Customers and Affiliates save **\$104 off** the regular wholesale price and **\$116 off** the retail price!



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Complete *Essentials* Pack – Best Sellers

For you and your +1! The Complete Essentials Pack – Best Sellers provides a 30-day supply (for two people) of some of 4Life's very best immune system products.*

Included:

- 2 – 4Life Transfer Factor Plus Tri-Factor Formula
- 2 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 2 – 4Life Transfer Factor RioVida Stix Tri-Factor Formula
- 2 – Pre/o Biotics
- 2 – 4Life Transfer Factor Collagen (strawberry-mango)
- 2 – 4Life NanoFactor Glutamine Prime
- 2 – 4Life Transfer Factor Renuvo
- 2 – Essential Fatty Acid Complex
- 1 – Energy Go Stix Berry
- 1 – 4Life-branded computer bag (a \$50 value)

Retail: \$697

Wholesale: \$655

Your Price: \$581

LP: 400

Item # 90415

Preferred Customers and
Affiliates save **\$74 off** the
regular wholesale price and
\$116 off the retail price!



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Professional *Essentials* Pack

For your tribe! The Professional Essentials Pack provides enough products to cover a 30-day supply (for four people) of some of 4Life's very best immune system products.*

Included:

- 4 – 4Life Transfer Factor Plus Tri-Factor Formula
- 4 – 4Life Transfer Factor RioVida Tri-Factor Formula
- 4 – 4Life Transfer Factor RioVida Stix Tri-Factor Formula
- 4 – Pre/o Biotics
- 4 – 4Life Transfer Factor Collagen (strawberry-mango)
- 4 – 4Life NanoFactor Glutamine Prime
- 4 – 4Life Transfer Factor Renuvo
- 4 – Essential Fatty Acid Complex
- 2 – Energy Go Stix Berry
- 1 – 4Life-branded computer bag (a \$50 value)

Retail: \$1,406

Wholesale: \$1,310

Your Price: \$1,172

LP: 800

Item # 90416

Preferred Customers and
Affiliates save **\$138 off** the
regular wholesale price and
\$234 off the retail price!



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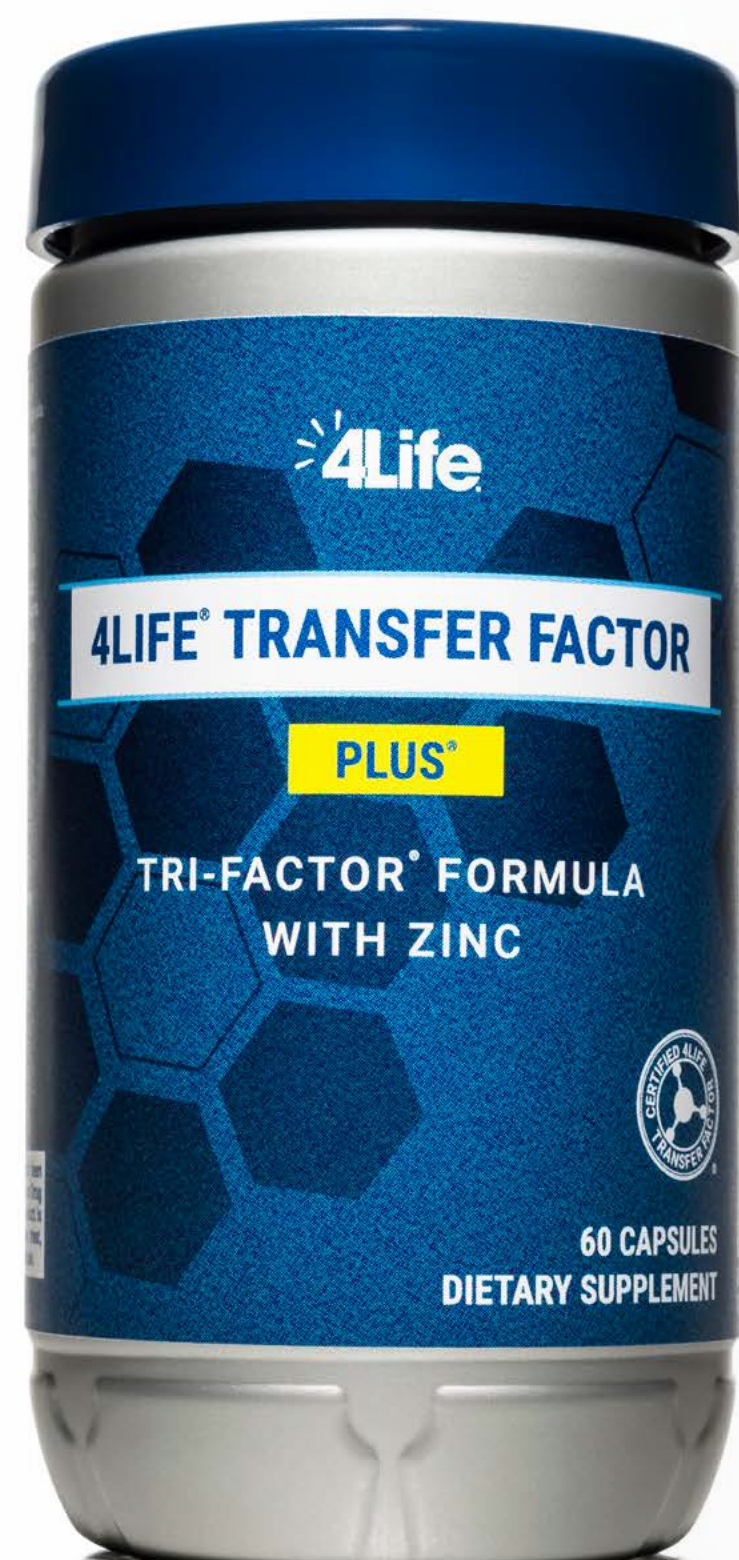
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Let's dive deeper
and learn about the
products in our
Essentials Packs!

4Life Transfer Factor Plus Tri-Factor Formula

*4Life's best-selling immune system product**



Our product packs are headlined by 4Life Transfer Factor Plus Tri-Factor Formula: our most powerful immune system support product combining the patented and effective immune system education of 4Life Transfer Factor with the proven immune system support of ingredients like agaricus, cordyceps, maitake and shiitake mushrooms, aloe vera, and zinc.*

Research:

- Protected by six U.S. patents
- Shown in recent independent laboratory studies to bolster Natural Killer (NK) cell activity in the presence of a health threat, while activating a variety of other immune system cells, such as: B cells, T cells, and Macrophages*†
- Featured in a peer-reviewed publication: Beneficial impact of various compositions of transfer factors on the immune system* [Learn more](#)
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

†P. Vieira-Brock, A. Andersen, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

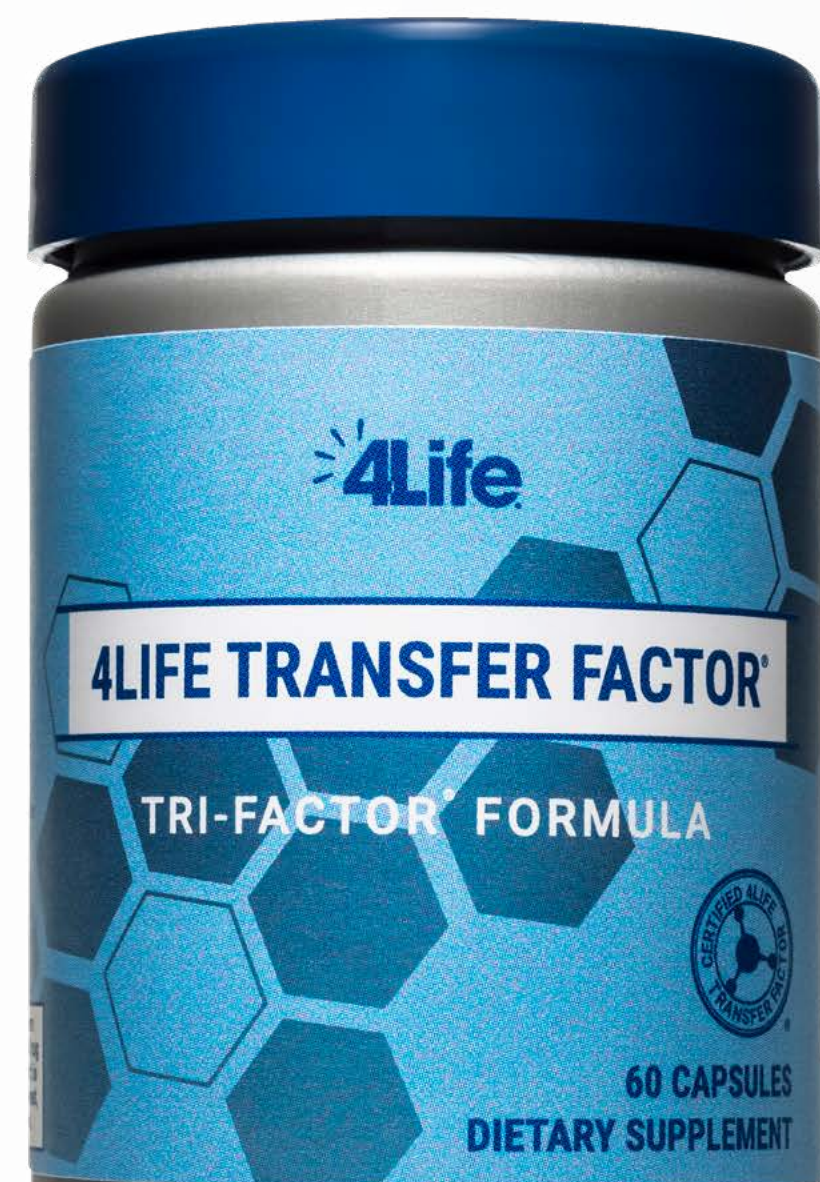
†Vetvicka V, Vetvickova J (2019) J Nutr Health Sci 6(3): 301

†Vetvicka V, Fernandez-Botran R (2020) Int Clin Pathol J. 8(1):1



4Life Transfer Factor Tri-Factor Formula

*Give superior immune support a “tri!”**



This advanced formula helps your immune system recognize, respond to, and remember potential health threats while offering more broad-based immune system support through a proprietary combination of UltraFactor® and NanoFactor® from cow colostrum and OvoFactor® from chicken egg yolks.*

Research:

- Protected by six U.S. patents
- Shown in recent independent laboratory studies to bolster Natural Killer (NK) cell activity in the presence of a health threat, while activating a variety of other immune system cells, such as: B cells, T cells, and Macrophages*†
- Featured in a peer-reviewed publication: Beneficial impact of various compositions of transfer factors on the immune system* [Learn more](#)
- Is clinically proven to activate the immune system within two hours*¹
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

[†]P. Vieira-Brock, A. Andersen, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

[†]Vetvicka V, Vetvickova J (2019) J Nutr Health Sci 6(3): 301

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1. Clinical study on the rapid immune modulating effects of 600 mg of 4Life Transfer Factor Blend compared to placebo. G. Jensen, NIS Labs Report 058-006.

Pre/o Biotics

*Boasts five strains of highly researched probiotics and three types of prebiotics to promote gut health**



Your immune system takes guts . . . literally! About 70% of your immune system resides in your gut. Pre/o Biotics is a top-of-the-line microbiome support product combining prebiotics and probiotics for a more effective immune system response. Our exclusive microbeadlet system delivers the probiotics directly to the colon, increasing the amount and longevity of beneficial gut flora by up to 1,000 times over standard delivery. Plus, the 4Life Transfer Factor Tri-Factor Formula stimulates the growth of the probiotics found in Pre/o Biotics by up to 868%!*

Research:

- Tested at Weber State University via an independent, in vitro study
- Featured in a peer-reviewed publication: Laboratory study shows that four weeks of taking Pre/o Biotics has beneficial effects on gut integrity and microbiome health* [Learn more](#)
- Halal certified
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

*Independent in vitro study conducted at Weber State University

4Life



RioVida

*The world's only liquid dietary supplement featuring the immune-boosting benefits of 4Life Transfer Factor and antioxidant-rich superfruits**

Like 4Life Transfer Factor Plus, RioVida provides the unmatched immune system support of 4Life Transfer Factor, plus beneficial superfruits like elderberry, pomegranate, blueberry, grape, and açai. RioVida is nutritious and packed with antioxidants to form a delicious defense against naturally occurring free radicals!*

4Life Transfer Factor has been clinically proven to activate your immune system within two hours!*

Research:

- Protected by U.S. patents 9,956,258 B2 and 10,905,732 B2
- Kosher certified
- Halal certified
- Shown in recent laboratory studies to bolster NK cell activity in the presence of a health threat, while activating a variety of other immune system cells, such as B cells and T cells*[†]

[†]P. Vieira-Brock, A. Andersen, B. Vaughan, and D. Vollmer. 2019. Method development for the analysis of PBMC-mediated killing of K562 cells by bovine colostrum and various fractions. Immunology 2019.

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4Life Transfer Factor Collagen

*Five types of collagen to support healthy joints, muscles, hair, and skin**



Your skin is your immune system's first line of defense, and 4Life Transfer Factor Collagen is the only collagen product on the market featuring 4Life Transfer Factor to enhance and educate your immune system. In addition, 4Life Transfer Factor Collagen is a total-body, age-defying powder supplement that contains vitamins A, C, and E; biotin; and five types of collagen to help support healthy joints, muscles, hair, and skin. It also includes an Age-Defying Plant Complex to improve skin moisture, tone, and elasticity while reducing the appearance of fine lines and wrinkles. You get all this in a delicious strawberry-mango flavored collagen drink!*

Research:

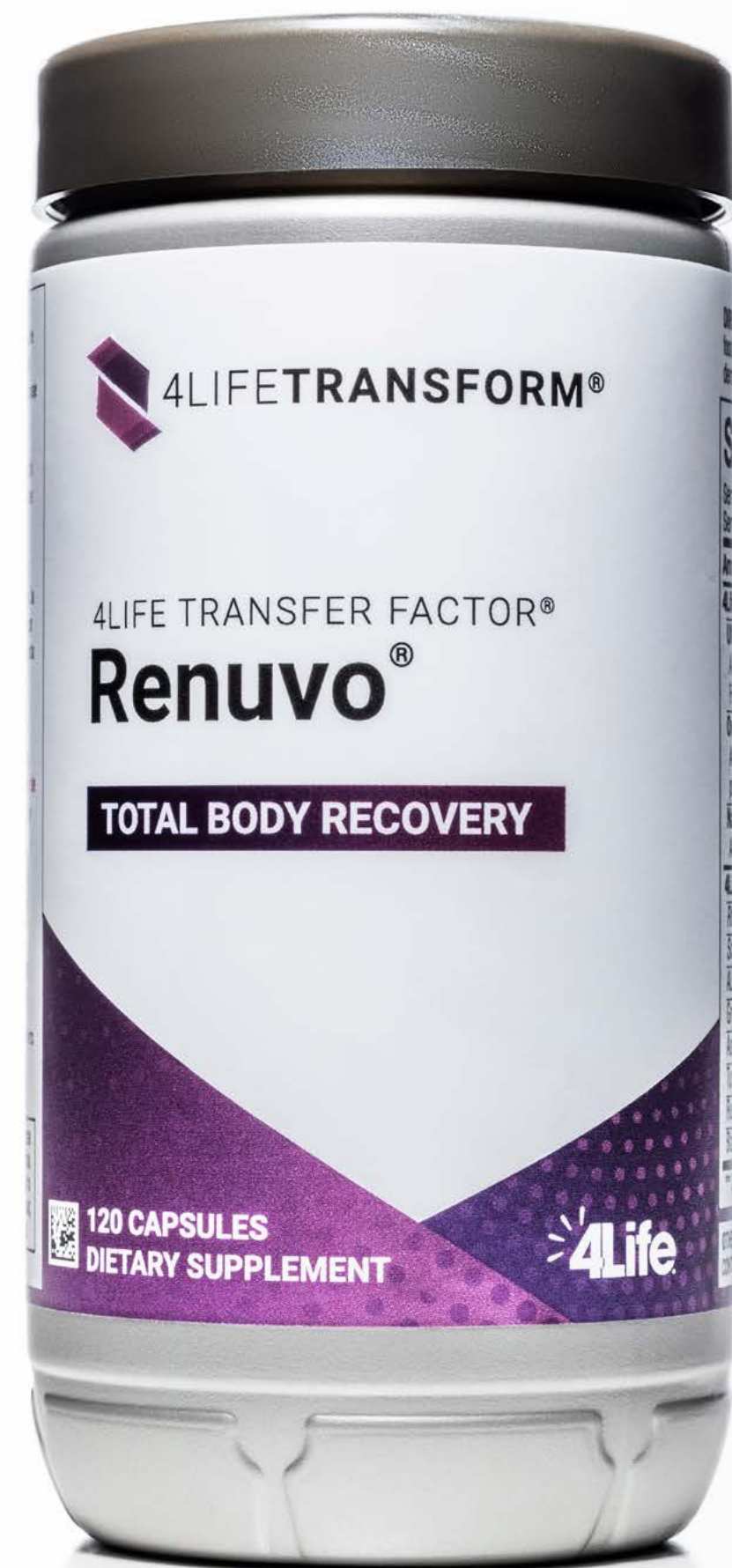
- Clinically shown to improve skin hydration and firmness and reduce fine lines and wrinkles in healthy adults*
- Featured in a peer-reviewed publication: Efficacy of 4Life Transfer Factor Collagen on skin hydration, firmness, and wrinkles in an 84-day clinical study and telomerase activity in an in vitro study* [Learn more](#)
- Dermatologist-tested formula*

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Renuvo

*Patented adaptogenic formula that targets healthy aging and total-body recovery**



One of the best things you can do for your health and immune system is exercise. However, exercise often comes with some soreness or discomfort. Renuvo is a blend of top adaptogens—ashwagandha, schisandra, and rhaponticum—along with potent antioxidants such as green tea, turmeric, and resveratrol. This unique blend of ingredients can aid your body in post-exercise recovery and support a positive, healthy, and active lifestyle.*

Research:

- Protected by U.S. patents 9,566,305 B2; 10,342,843; 10,881,705; and 11,524,043 B2
- Featured in a peer-reviewed publication: Effects of Renuvo on the expression of oxidative stress markers while eating a high-fat, high-sugar diet* [Learn more](#)
- Manufactured in an NSF-certified facility following Good Manufacturing Practices

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RioVida Stix

*Immune system and antioxidant benefits in single-serving powder packs**



RioVida Stix provides the immune system goodness of RioVida in a portable powder pack. It combines a full serving of 4Life Transfer Factor Tri-Factor Formula with a rush of antioxidants and phytonutrients from açai, blueberry, elderberry, grape, and pomegranate, plus all-important electrolytes.*

Research:

- Protected by U.S. patents 6,468,534 and 6,866,868
- Shown in recent independent laboratory studies to bolster NK cell activity in the presence of a health threat, while activating a variety of other immune system cells, such as B cells and T cells**
- Halal certified
- Is clinically proven to activate the immune system within two hours!*

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†Vetvicka V, Vetvickova J (2019) J Nutr Health Sci 6(3): 301

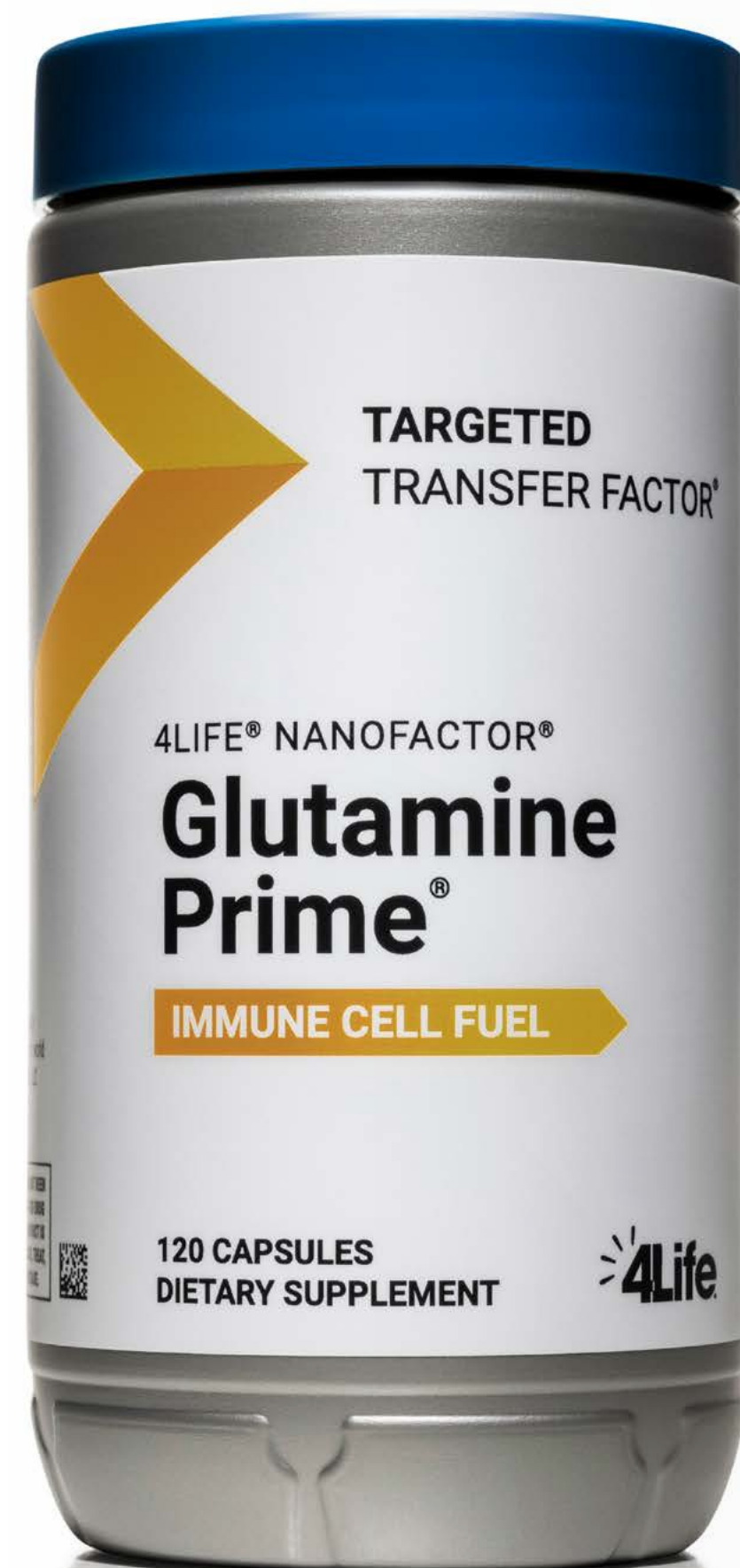
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Glutamine Prime

*Glutamine fuel to power immune system cell activity**



Glutamine is an amino acid that fuels your immune system cells. Your glutamine reserves can get depleted by everyday stress, such as exercise or keeping up with busy day-to-day life. Feed your immune system with an exclusive formula featuring glutamine and the building blocks of glutathione, an important antioxidant that helps protect cells from oxidation caused by free radicals. Plus, this product also has NanoFactor extract for enhanced communication between immune system cells. Glutamine Prime is an excellent companion product to the complete line of 4Life Transfer Factor products.*

Research:

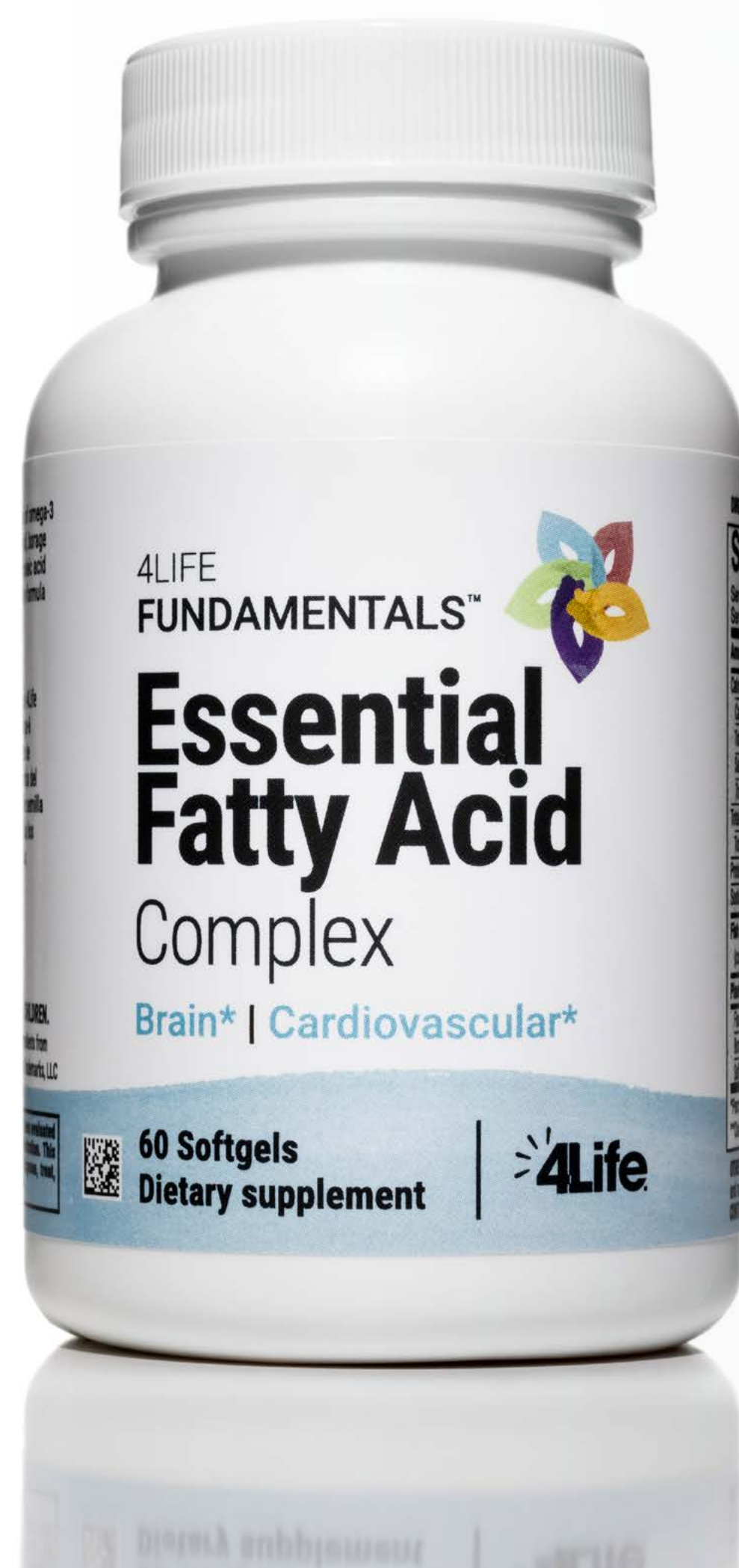
- Manufactured in an NSF-certified facility following Good Manufacturing Practices



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Essential Fatty Acid Complex

*Healthy omega-3 and -6 essential fats from a variety of sources**



Every cell in your body is surrounded by a membrane made of fatty acids from the foods you eat. Eat healthy fats, and your cells will be surrounded by healthy fats. Eat unhealthy fats, and those cell membranes become sluggish and stiff. Essential Fatty Acid Complex is 4Life's superior source of healthy omega-3 and omega-6 fatty acids from flaxseed oil, safflower oil, borage seed oil, and fish oil (1,000 mg per serving!). This product provides the high-quality, essential fats that help every cell in your body function at peak performance.*

Research:

- Contains ultra-pure omega-3 fatty acids and combines the highest-grade fish oils that meet or exceed current standards for heavy metals, including mercury and PCBs
- Manufactured in an NSF-certified facility following Good Manufacturing Practices
- Contains more resolvins and protectins (shown in preclinical studies to support the immune system) than other leading brands*



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Energy Go Stix Berry

*On-the-go packets infused with 4Life Transfer Factor and a blend of energy-boosting ingredients**



Mix Energy Go Stix in eight ounces of water for a synergistic blend of amino acids, botanicals, nutrients, and just enough natural caffeine to keep you alert and active for several hours. Energy Go Stix is a top-selling energy product designed to give you a quick response without a crash. It's a delicious, berry-flavored energy boost!*

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Get an
Essentials Pack
today!

We know you'll enjoy the health benefits—as well as the time- and cost-savings—that purchasing a 4Life Essentials Pack offers. Order today on the 4Life app or at 4Life.com.*



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