

# Cal-Mag Complex

Multiple sources of calcium and magnesium for optimal bone and joint support\*

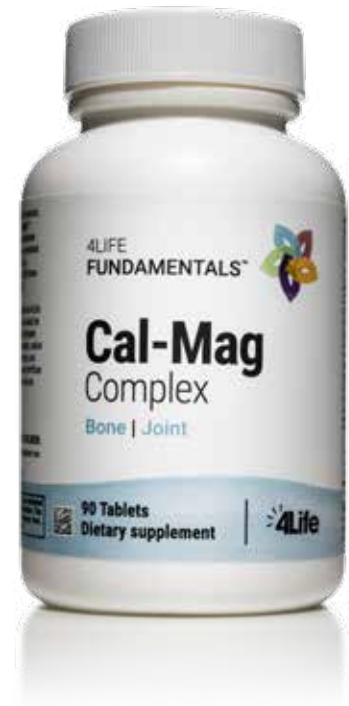
- Contains a potent daily serving of more than 600 mg of calcium, 2,000 IU of vitamin D, and 270 mg of magnesium\*
- Supports bone growth and bone health\*
- Provides four sources of calcium\*

## What is Cal-Mag Complex?

Cal-Mag Complex is part of our 4Life Fundamentals™ product line. This product provides several forms of calcium and magnesium, patented chelated minerals, and other minerals to support healthy bone metabolism and structural system health. Cal-Mag Complex is another value-based, time-tested product that 4Life has offered for over 20 years.\*

## Primary Support:

Bone and joint\*



**DIRECTIONS:** Take three (3) tablets daily with 8 oz of fluid. Best if taken with food.

## Supplement Facts

Serving Size: Three (3) Tablets  
Servings Per Container: 30

| Amount Per Serving  | % Daily Value |
|---|---------------|
| Vitamin C (as ascorbic acid)  | 20 mg 22%     |
| Vitamin D (as cholecalciferol)  | 50 mcg 250%   |
| Vitamin B6 (as pyridoxine hydrochloride)                                  | 1 mg 59%      |
| Calcium (as carbonate, citrate, amino acid chelate, di-calcium phosphate) | 630 mg 48%    |
| Magnesium (as oxide, citrate, amino acid chelate)                         | 270 mg 64%    |
| Zinc (as amino acid chelate)  | 2 mg 18%      |
| Copper (as amino acid chelate)  | 1 mg 111%     |
| Manganese (as amino acid chelate)   | 1 mg 43%      |
| <b>Proprietary Blend</b>  | <b>52 mg</b>  |
| L-Lysine  | **            |
| Vitamin K2 (as Menaquinone-7)   | 80mcg **      |
| Horsetail ( <i>Equisetum arvense</i> ) aerial parts                       | **            |
| Strontium Chloride  | **            |

\*\* Daily Value not established

**OTHER INGREDIENTS:** Microcrystalline cellulose, silicon dioxide, croscarmellose sodium, coating (polyvinyl alcohol, talc, polyethylene glycol, polysorbate 80), stearic acid, magnesium stearate, strontium chloride.

## Ordering Information

Item #23520—90 tablets

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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