

# Healthy 4Life® Bonus Publication

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FEEL FIT AND FREE!\*

JULY PRODUCT  
SPECIAL



THE IMMUNE SYSTEM *Company®*

\*This statement has not been evaluated by the Food and Drug Administration.  
These products are not intended to diagnose, treat, cure, or prevent any disease.



# Feel Fit and Free!

Over 200 years ago,  
America fought for their  
freedom. This month, in  
honor of the fourth of July,  
we have a product pack to  
help you achieve personal  
freedom through overall  
wellness and fitness.\*

We are The Immune  
System Company®, and  
we're here to help you  
stay healthy 4Life!\*



# Start Your Day on the Right Foot!

Your morning sets the tone for the rest of your day, so give yourself a good start by giving your body the best fuel. Include fruits, vegetables, and protein in your breakfast, and never skip this most important meal of the day!

NutraStart® Blue Vanilla is a great breakfast companion. It’s delicious, nutritious, and chock-full of high-quality protein; superfoods like chia seeds, blue spirulina, and wheatgrass; and 4Life Transfer Factor® to empower your immune system. Your body will thank you for the nutrient boost!\*

[TAP HERE TO BUY](#)



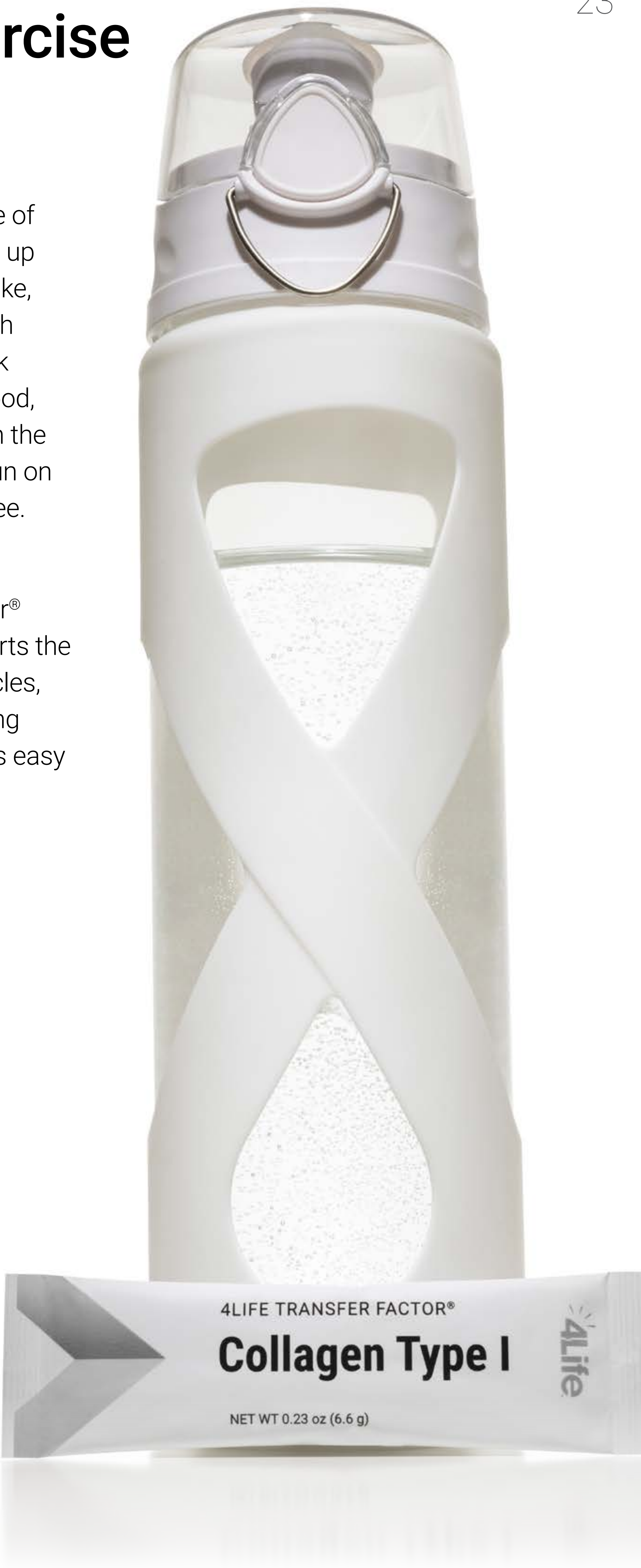
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# Outdoor Exercise and Fitness

This summer, take advantage of the warm weather and shake up your fitness routine! Take a hike, gather some friends for beach volleyball, take a run or a brisk walk around your neighborhood, or swim laps in the pool. With the breeze in your hair and the sun on your face, you'll feel fit and free.

No matter where you go, you can take 4Life Transfer Factor® Collagen Type I, which supports the immune system, joints, muscles, hair, skin, and nails. Supporting overall wellness and fitness is easy with Collagen Type I!\*

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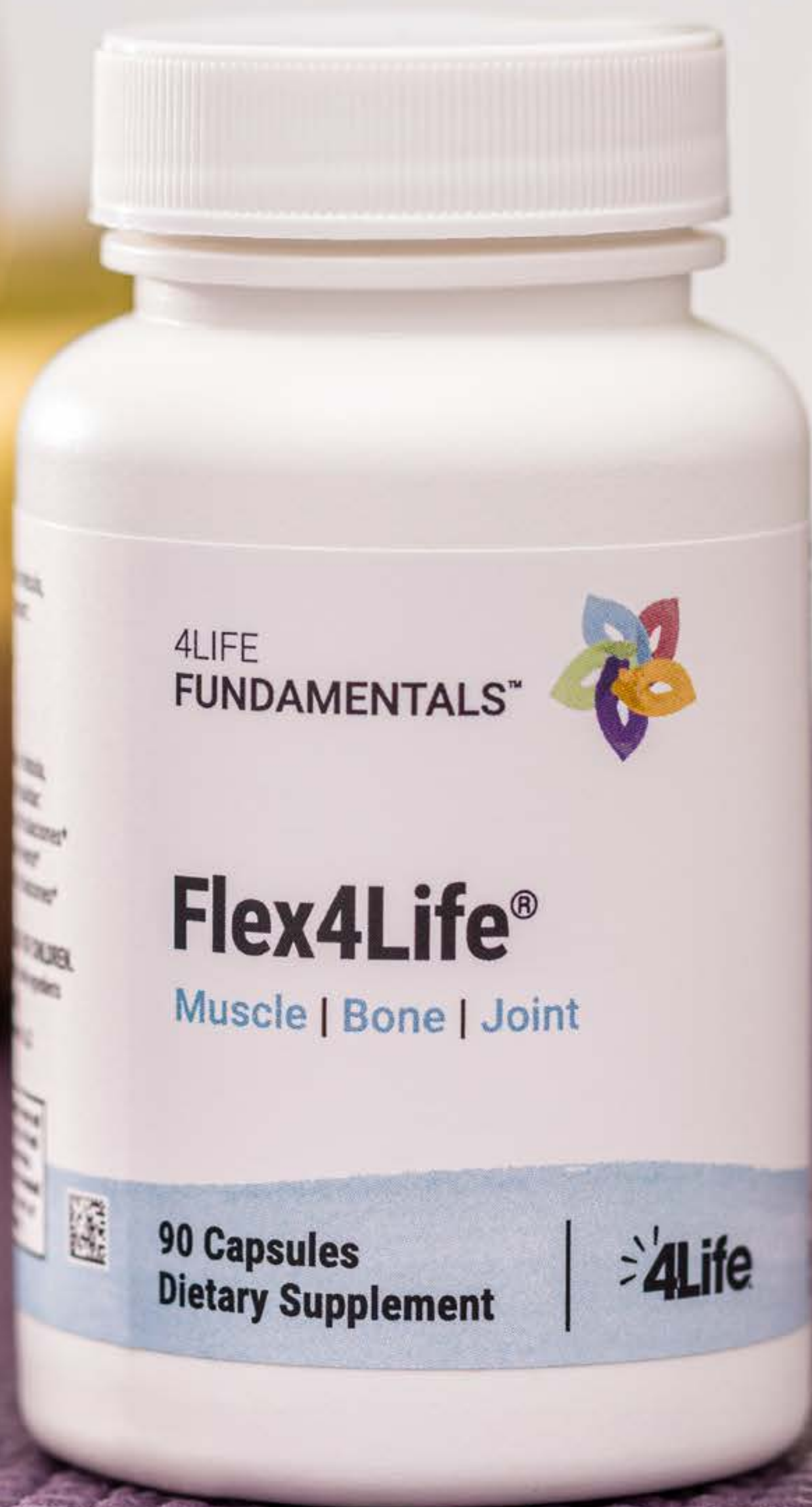


# Healthy Living

Living a fit life is more than just exercising; it's the freedom to do the things you want to do, and for that, you need to support healthy joints and mobility.

Try Flex4Life® capsules! They support healthy joint tissue, flexibility, and mobility. Three of the ingredients—*Terminalia chebula*, hyaluronic acid, and turmeric—have been shown to support healthy knee function in active adults during clinical trials.\*<sup>1, 2, 3</sup>

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1. Nutalapati C, et al. 2016. A randomized, double-blind, placebo-controlled, parallel group clinical study to evaluate the analgesic effect of aqueous extract of Terminalia chebula, a proprietary chromium complex, and their combination in subjects with joint discomfort. Asian J Pharmaceut Clin Res. 9: 264–269.

2. Takahashi M, et al. 2014. Int J Sports Med 35: 469-475

3. Oe M, et al. 2016. Nutr J 15: 11



# Healthy 4Life



Treat yourself to better overall wellness and better quality of life with products from The Immune System Company!\*

Try this month’s product special to boost your overall wellness\*



Try the perfect workout companion: a 4LifeTransform® Pack\*



Try one of our 4Life Transfer Factor® core products to educate your immune system\*



Try our luxurious, Korean-inspired äKwä® skincare products to give your skin a beautiful glow



There’s something for everyone to love at 4Life!  
Try a product today and be Healthy 4Life.\*

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Support overall wellness with the  
July Product Special!\*

**Your Sale Price: \$100**

[TAP HERE TO BUY](#)

**Regular Wholesale Price: \$118**

LP: 55 | Item #55820

Affiliates and Preferred Customers save \$18 off  
the regular wholesale price with this deal.



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# Silver Summer Giveaway

4Life is celebrating its 25th birthday this year! Instead of receiving gifts, we're giving them to you! Place a product order from **July 21 to August 31** to receive a scratch-off ticket. You could win a 65" TV, an iPad® Air, a virtual reality headset, or other prize from our Silver Summer Giveaway.

