

4Life™ Essential Oils Peppermint

100% pure essential oil

- Offers brisk, cool, and invigorating fragrance notes
- Cools and refreshes the skin
- Evokes feelings of freshness and peace

What Are 4Life Essential Oils?

4Life Essential Oils have been carefully collected from the finest plants around the world to provide beneficial properties for your body, soul, and life. Each oil's authenticity and aroma wisdom are guaranteed through the 4Life-PIQ™, a proprietary quality process that carefully screens essential oils for purity, authenticity, aroma power, and plant wisdom. 4Life Essential Oils are liberated through steam distillation, safe and high-quality solvent extraction, and cold pressing.

Aromatic Experience

Brisk, cool, centering, invigorating, minty, sweet, and green

Origins

Peppermint—steam distillation of *Mentha piperita* leaves from the Yakima Valley in Washington, USA further redistilled for top quality scent and therapeutic composition

Did You Know?

Pure essential oils provide pleasant scents and other beneficial properties that come from 100% natural components. Common air fresheners and body sprays often contain synthetic fragrance components that can elicit certain side effects in some people.

Recommended Uses

- Enjoy a wonderful sensory experience with diffused Peppermint.
- Apply diluted Peppermint to your chest during your Breathe In and Begin Practice for enhanced breathing experience.
- Add diluted Peppermint to your wrists, ear lobes, the sides of your neck, or even the soles of your feet. Test a small area of your skin first to make sure you don't have skin sensitivity.

You May Also Be Interested In:

4Life Transfer Factor® Tri-Factor® Formula, 4Life Transfer Factor® Immune Spray, and Digestive Enzymes



DIRECTIONS: Diffuse the oil in an aromatic oil diffuser. To use topically, dilute 1 drop in 4 or more drops of carrier oil. If too cold or hot, apply more carrier oil. If skin irritation occurs, discontinue use.

INGREDIENT: Peppermint (*Mentha x piperita*) oil.

CAUTION: KEEP OUT OF REACH OF CHILDREN. KEEP AWAY FROM EYES, INNER EARS, AND SENSITIVE AREAS. Consult with your physician prior to use if you are pregnant or nursing.

Ordering information

Item #20003—1 15 ml bottle