

4Life™ Essential Oils Brisa™

100% pure essential oil blend

- Creates fresh air that elevates your senses
- Provides strong aromatic notes of eucalyptus and fresh herbs as an uplifting tonic for the lungs
- Elevates your workout and outlook

What Are 4Life Essential Oils?

4Life Essential Oils have been carefully collected from the finest plants around the world to provide beneficial properties for your body, soul, and life. Each oil's authenticity and aroma wisdom are guaranteed through the 4Life-PIQ™, a proprietary quality process that carefully screens essential oils for purity, authenticity, aroma power, and plant wisdom. 4Life Essential Oils are liberated through steam distillation, safe and high-quality solvent extraction, and cold pressing.

Aromatic Experience

Uplifting, inspired, fresh, spicy, woody, mint, green, camphor, and tonic

Origins

Eucalyptus essential oil—*Eucalyptus globulus* leaf from China

Peppermint essential oil—steam distillation of the *Mentha x piperita* plant from the United States

Clove essential oil—*Eugenia caryophyllus* leaf from India

Thyme essential oil—*Thymus vulgaris* leaf from Spain

Frankincense essential oil—*Boswellia carterii* from Somalia

Camphor white essential oil—steam distillation of the bark of the *Cinnamomum camphora* tree from China

Did You Know?

Pure essential oils provide pleasant scents and other beneficial properties that come from 100% natural components. Common air fresheners and body sprays often contain synthetic fragrance components that can elicit certain side effects in some people.

Recommended Uses

- Enjoy an uplifting and expanded experience with diffused Brisa™.
- Diffuse during your Breathe In and Begin Practice for more open meditation.
- Drop Brisa into your bathwater or onto a dampened towel in the shower.
- Apply diluted Brisa to different pressure points on your body, especially on the chest and back. Test a small area of your skin first to make sure you don't have skin sensitivity.
- Treat yourself or someone you love to a massage with diluted Brisa.

You May Also Be Interested In:

4Life Transfer Factor® Immune Spray Mint and 4Life Transfer Factor® Immune Spray Orange



DIRECTIONS: Diffuse the oil in an aromatic oil diffuser. To use topically, dilute 1 drop in 4 or more drops of carrier oil. If skin irritation occurs, discontinue use.

INGREDIENTS: *Eucalyptus globulus* leaf oil, peppermint (*Mentha x piperita*) leaf oil, clove (*Eugenia caryophyllus*) leaf oil, thyme red (*Thymus vulgaris*) oil, frankincense (*Boswellia carterii*) oil, and camphor white (*Cinnamomum camphora*) bark oil.

CAUTION: DO NOT INGEST. KEEP OUT OF REACH OF CHILDREN. KEEP AWAY FROM EYES, INNER EARS, AND SENSITIVE AREAS. Consult with your physician prior to use if you are pregnant or nursing.

Ordering information

Item #20015—1 15 ml bottle