

## Frequently Asked Questions

### **Why can't we make disease claims?**

The current U.S. dietary supplement law states that dietary supplements do not go through FDA review for approval of disease claims, although we are required to submit the structure/function claims we intend to make before a supplement is on the market. In addition, we don't want patients to substitute their medications with 4Life<sup>®</sup> products. Dietary supplements do not go through the necessary research to show efficacy in treating diseases.

### **The regulations in my country are different than in the United States. In my country, disease claims are allowed. Can I make disease claims about 4Life products?**

No. 4Life can't be associated with disease claims, not only because it is the United States law, but because you might be infringing your local law as well. The U.S. law on dietary supplements is not as strict as the law in most countries. Additionally, if you make disease claims on the internet and the U.S. government sees those claims, 4Life is still at risk. If distributors in other countries, especially in the United States, see those claims, they may start making disease claims in their countries and in the United States and put 4Life at further risk.

### **I have found reputable studies about some structure/function benefits of an ingredient in a particular 4Life product. These structure/function claims are not described on the 4Life website or the product label. Since I have good evidence, can I make those claims about the product?**

There are likely several reasons why 4Life didn't include those claims in its marketing materials, and we don't want to send inconsistent messages about our products. There are extensive guidelines that we follow to create claims, and each product was designed for a specific indication. However, you may send a request to include the claims, along with the evidence, to [productsupport@4life.com](mailto:productsupport@4life.com).

### **I found scientific studies that describe the benefits of certain ingredients in 4Life products in preventing cancer. Since these are highly reputable studies, may I make claims that 4Life products prevent cancer?**

Despite scientific evidence, we cannot make disease claims because that breaks the law that governs dietary supplements. Dietary supplements don't go through the FDA pre-market approval for disease claims. The FDA does not provide this service of evaluation of dietary supplements for disease claims, and thus dictates that the label must contain the statement: "This product is not intended to diagnose, treat, cure, or prevent any disease."

### **May I recommend 4Life products to people with organ transplants?**

Before taking any 4Life product, people should consult with their physicians first. Products that boost the immune system, e.g., 4Life Transfer Factor<sup>®</sup> products, might cancel the action of the medications taken after organ transplant (immunosuppressants).

### **What about special populations?**

- Safety and efficacy of products have not been evaluated in pregnant and nursing women.
- We currently have three products labeled for children—RiteStart<sup>®</sup> Kids & Teens, 4Life Transfer Factor<sup>®</sup> Chewable Tri-Factor<sup>®</sup> Formula, and 4Life Transfer Factor<sup>®</sup> RioVida<sup>®</sup> Tri-Factor<sup>®</sup> Formula.

### **Is it safe to break open encapsulated products and add the powder to my infant's formula?**

No. The concerns for products given to infants or children include the potential for choking and the safety of the ingredients themselves.



**I am a doctor. May I recommend 4Life products to my sick patient to help him or her get better?**

No. 4Life products are not intended to diagnose, treat, cure, or prevent any disease.

**Is it safe for me to take more of a product than indicated on the label directions? My upline leader, who is a doctor, recommended a higher dose.**

No. 4Life takes great care in considering the amount of ingredients from a safety standpoint for each product. Do not exceed the amount of product indicated on the label directions.

**I am taking a 4Life product and I don't feel well, but the person who sold the product to me told me that feeling sick is a natural detoxification process and that I should keep taking the product. Should I continue to take the product?**

No.

**Is it safe to give my pet 4Life products that are labeled and intended for human consumption?**

No.

**Since the Animal Health products contain 4Life Transfer Factor, is it safe for me to take them?**

No.

**Is it safe to combine 4Life products?**

A good guide is to first look at the benefits of each of the products. Then, look at the ingredients of each of the products. In general, it's safer to combine products that contain different ingredients so that you don't ingest too much of one ingredient, and it's best to use products that are different from each other that are designed to work synergistically.

**Where can I find everything I can say about 4Life products?**

Visit [4life.com](http://4life.com), click Shop, and go to a particular product page. The Product Profile Sheet lists all of the approved claims.

**Are 4Life products for everyone?**

No. Consult with your physician before taking any 4Life product.

**What is a structure/function claim?**

A structure/function claim describes the role of a nutrient or dietary ingredient intended to affect or maintain normal structure or function of the human body.

**Is 4Life a member of the Direct Selling Association?**

Yes.

**What information will I find in Life Rewards Basics brochure?**

The Life Rewards Basics brochure includes information on how to get paid with the Life Rewards Plan™, plus rewards that 4Life distributors can enjoy through building a 4Life business.