

4LIFE PRODUCT CATALOG 2015

4LIFE EUROPE



ENGLISH

SEPTEMBER 2015

4Life[®]

TOGETHER, BUILDING PEOPLE™

THE TRANSFER FACTOR[®]

YOUR TOTAL PROTEIN INFUSION

4Life[®]

TOGETHER, BUILDING PEOPLE[™]





WELCOME TO 4LIFE®

More than a decade ago, we came across the remarkable scientific finding of transfer factors. After experiencing ourselves this nutritional support, our passion grew, and we knew we would spend the rest of our lives sharing it with others. Today, with the help of our outstanding research and development team, along with input from our distinguished Health Sciences Advisory Board, our original finding has developed into one of the most revolutionary supplements available today, 4Life Transfer Factor®. Our progress has solidified 4Life worldwide and served as the springboard for Transfer Factor™ Science.

No matter what your age, or where you're from, we have a safe and effective transfer factor product that's just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that it can make on your personal wellness. Complemented by a wide range of additional supplements to meet your personal skin care and wellbeing, we are confident that 4Life products will make overall wellness support something you'll look forward to every day.

Sincerely,



David and Bianca Lisonbee

4Life Founders

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TOGETHER, BUILDING PEOPLE™

THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are "Not-For-Resale", distribution, or any other commercial purpose. 4Life limits the number of "Not-For-Resale" products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase "Not-For-Resale" products for personal use.



Our Pillars

4Life® Builds Lives through Success, Science and Service taking Transfer Factor to the world to promote the welfare of people.



Science

4Life promotes wellness and higher quality of life thanks to the revolutionary boost to wellness offered by the whole range of 4Life Transfer Factor products.



Success

4Life offers an unmatched opportunity to help people to achieve their goals and financial freedom through the 4Life Opportunity and the Life Rewards Plan™.



Service

4Life strives to build lives, families and communities around the world through the humanitarian work of Foundation 4Life.



Recognition

4Life Transfer Factor® products work and have been making news for more than a decade.



I.N. Blokhina Award

This prize is usually awarded to university professors, biologists and biochemists. In 2006 David Lisonbee won this prize in recognition of his commitment to research into transfer factors, patents and innovative production processes.



Inc. magazine

4Life was placed 15th in the list of private companies with largest growth in the United States.



\$100 Million Club

In 2010 4Life entered this club on becoming a direct selling company with annual sales of more than \$100 million.

Nexera

In early 2012 Nexera, a major provider of training and educational tools for the network marketing industry, announced its staff choice of the top 25 network marketing companies in the industry and ranked 4Life at number ten.

Success from Home magazine

We have been endorsed by independent organizations in leading publications, such as Success from Home, which promotes credibility and so inspires confidence in the future success and stability of 4Life.

2015 DSN North America 50

Direct Selling News ranks 4Life as #27 among the top direct selling companies in the United States.



TotalHealth magazine

4Life was recognized for its dedication to wellness by this prestigious magazine, a publication recognized for its in depth content on personal wellness.

Our Formulas

As a result of research, 4Life has developed different formulas to adapt to the wellness needs of each individual.

Transfer Factor XF™

Transfer Factors found in cow colostrum.

Targeted Transfer Factor

Transfer Factors formulated for specific wellness.

Transfer Factor E-XF™

Transfer Factors found in cow colostrum combined with transfer factor found in egg yolk.

Tri-Factor™ Formula

A Formula that enhances the function of Transfer Factor E-XF with other cow colostrums nutrients.



From left to right: David and Bianca Lisonbee, Founders of 4Life; Steve Tew, President of 4Life; Dr. Brent Vaughan, PhD, Senior Director of Health Information Services; Dr. David Vollmer, PhD, Chief Scientific Officer; Dr. Shane Lefler, MS, Senior Director of Product Development;

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TRI-FACTOR FAMILY

The exclusive 4Life Tri-Factor Formula is a breakthrough in the wellbeing industry. The Tri-Factor Family products are specially formulated to give broad support to your wellbeing.







4LIFE TRANSFER FACTOR® PLUS® TRI-FACTOR™ FORMULA (90 CAPSULES)

This top seller includes cow colostrum and egg yolk along with a boost of our proprietary Cordyvant™ blend.

- Each capsule contains 3,3 mg of Zinc, nutrient that **contributes to the normal function of the immune system.**⁽¹⁾
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and beta-glucan.

Ingredients: Zinc (Monomethionine), Bovine Colostrum (1.9%), Egg Yolk (8%), Cordyvant Proprietary Polysaccharide Complex [IP-6 (Inositol Hexaphosphate) (27%), Soy Bean Extract (*Glycine max*) (22%), *Cordyceps sinensis* (6%), Beta Glucan (from Baker's Yeast) (5%), Oat Beta Glucan (1%), *Agaricus blazeii* Extract (3%), Aloe Vera Powder Extract (3%), Olive Leaf (*Olea europaea*) (3%), Maitake (*Grifola frondosa*) (1%), Shiitake Mushroom (*Lentinula edodes*) (1%)] Lemon Peel Powder, Stabilizer: Gelatin of Vegetable Origin, Water.
MADE WITH COLOSTRUM.
CONTAINS EGG YOLK AND MINERALS.

Directions: Take two (2) capsules daily with 240 ml of fluid.



RESALE AVAILABLE IN :

Austria, Estonia, Germany, Italy, Latvia, Lithuania, Portugal, Spain and UK.

⁽¹⁾ EFSA Journal 2009; 7(9):1229



**4LIFE TRANSFER FACTOR®
TRI-FACTOR® FORMULA
(60 CAPSULES)**

This product supports your body with cow colostrum and egg yolk.

- 4Life Transfer Factor Tri-Factor Formula is perfect for everyone— young, old, and in between.
- Contains the highest amount of Tri-Factor Formula per capsule—300 milligrams.

Ingredients: Bovine Colostrum (45%), Egg Yolk (20%), Bulking Agent (Maltodextrin, 18%), Glazing Agent (Hydroxypropyl Methylcellulose, 15%-Capsule Shell), Water (1%-Capsule Shell). **AMOUNT PROVIDED BY DAILY DOSE:** 420 mg of colostrum, 180 mg of egg yolk.

Directions: Take two (2) capsules daily with 240 ml of liquid.



RESALE AVAILABLE IN :
Austria, Estonia, Germany, Italy, Latvia, Lithuania,
Norway, Portugal, Spain, Switzerland and UK



**4LIFE TRANSFER FACTOR®
RIOVIDA™ TRI-FACTOR®
FORMULA
(PACK OF TWO 500 ML
BOTTLES)**

The one-and-only beverage supplement in the world that combines the benefits of cow colostrums and egg yolk with antioxidant-rich fruits.

- Features cow colostrum and egg yolk.
- Includes a potent fusion of antioxidant juices, including açai, pomegranate, blueberry, and elderberry.
- Revs up energy reserves with a composition of essential fatty acids, amino acids, trace minerals, and flavonoids.

Ingredients: Apple Juice (30%), Grape Juice (24%), Blueberry Juice (23%), Açai Powder (14%), Pomegranate Juice (5%), Stabiliser: Vegetable Glycerine E-422 (4%), Elderberry Juice (2%), Bovine Colostrum (1%), Egg Yolk (<1%), Vitamin C (<1%), Flavour Enhancer: Berry Cream Flavour (<1%), Silicon Dioxide E-551 (<1%), Emulsifier: Monoglycerides E-471 (<1%).
MADE WITH COLOSTRUM. CONTAINS EGG YOLK.

Directions: Drink 30 ml daily.



SERVINGS
32

2x 500 ml
2x 16.9 fl oz

50 LP



RESALE AVAILABLE IN :
Austria, Italy, Germany, Norway,
Portugal, Spain, Switzerland and UK.

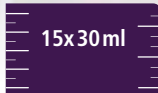
4LIFE TRANSFER FACTOR® RIOVIDA BURST TRI-FACTOR® FORMULA (15 PACKETS)

One-and-only Transfer Factor supplement available in an edible gel. It provides the benefits of cow colostrum and egg yolk, along with an antioxidant-rich blend of açai, pomegranate, blueberry, elderberry, and purple grape. Portuguese for River of Life, RioVida Burst is a delicious way to juice up your day.

- The first and only 4Life Transfer Factor edible gel in the world.
- Supports wellness and vitality.
- Provides the nutritional power of cow colostrum and egg yolk with the proven goodness of RioVida's antioxidant-rich juice blend in every convenient, single-serve packet.
- Each serving contains 30mg of vitamin C, nutrient that contributes to **the normal function of the immune system and to the protection of cells from oxidative stress.** ⁽¹⁾

Ingredients: Apple Juice (*Malus domestica* (Borkh.) Borkh.), Grape Juice (*Vitis vinifera* L.), Blueberry Juice (*Vaccinium myrtillus* L.) Açai (*Euterpe oleracea* C. Martius), Pomegranate Juice (*Punica granatum* L.), Emulsifier (Vegetable Glycerin), Elderberry Juice (*Sambucus nigra* L.), Bovine Colostrum, Egg Yolk, Gelling Agents (Xanthan Gum, Guar Gum), Berry Cream Flavor, Vitamin C, Emulsifier (Monoglycerides).
CONTAINS COLOSTRUM: INGREDIENT DERIVED FROM MILK. CONTAINS EGG YOLK.

Directions: Enjoy one packet daily.



RESALE AVAILABLE IN :
Austria, Italy, Germany, Portugal,
Spain, Switzerland and UK

**WITH VITAMIN C, WHICH CONTRIBUTES TO
THE NORMAL FUNCTION OF THE IMMUNE SYSTEM**

⁽¹⁾ EFSA Journal 2009; 7(9):1226 • EFSA Journal 2010; 8(10):1815



**4LIFE TRANSFER FACTOR®
TRI-FACTOR® FORMULA
CHEWABLE
(90 CHEWABLE TABLETS)**

Chevable daily serving of cow colostrum and egg yolk in a great-tasting citrus cream tablet for overall body wellness support.

- This product supports your body cow colostrum and egg yolk.
- Provides a great option for those who prefer not to swallow capsules.
- Delights kids and adults alike with great citrus-cream flavor.

Ingredients: Fructose, Maltose, Colostrum, Egg Yolk, Sweetener [Sorbitol (E-420)], Orange Flavor, Acidulant [Malic Acid (E-296)], Vanilla Flavor, Anti-Caking Agent [Fatty Acids (E-570)]. CONTAINS COLOSTRUM: INGREDIENT DERIVED FROM MILK. CONTAINS EGG YOLK.

Directions:

Take three (3) tablets daily.



RESALE AVAILABLE IN :

Austria, Germany, Portugal, Spain and UK



4LIFE TRANSFER FACTOR® CLASSIC (90 CAPSULES)

4Life's original Transfer Factor product for daily nutritional wellness support.

- Supports your body's natural wellness.
- Provides effective nutritional support.

Ingredients: Bovine Colostrum, Bulking Agent (Maltodextrin), Gelatine, Water. **CONTAINS COLOSTRUM:** INGREDIENT DERIVED FROM MILK.

Directions: Take three (3) capsules daily with 240 ml of liquid.



<p>TRANSFER FACTOR</p> 	<p>CAPSULES</p>  <p>90</p>	<p>34 LP</p>
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RESALE AVAILABLE IN :
Austria, Germany, Poland, Portugal, Spain and UK.



4LIFE TRANSFER FACTOR® RENUVO™ (120 CAPSULES)

Each serving contains 460 mg of Rhaponticum and 440 mg de Schisandra.

- Schisandra chinensis contributes to the **protection of cells from oxidative stress.**
- It reinforces the recovery of overall well-being.
- Contains Transfer Factor.

Ingredients: Rhaponticum (*Rhaponticum carthamoides* (Willd.) Iljin) root extract, schisandra (*Schisandra chinensis* (Kurz.) Baill.) fruit extract, gelatine, L-carnitine, green tea (*Camellia sinensis* L. Kuntze) leaf extract, ashwagandha (*Withania somnifera* L. Dunal) root extract, turmeric (*Curcuma longa* L.) root extract, Japanese knotweed (*Polygonum cuspidatum* Siebold et Zucc.) root extract, colostrum (milk), black pepper (*Piper nigrum* L.) fruit extract, egg yolk, and anti-caking agent (silicon dioxide).

Directions: Take two (2) capsules twice daily on an empty stomach with 240 ml of water.



40
LP

RESALE AVAILABLE IN:
Germany, Portugal, Spain and UK.



High source of protein

Ideal for the maintenance of muscle mass

With 4Life Tri-Factor™ Formula

Each daily serving provides 20 grams of protein

782g
1 lb 11.5 oz



PRO-TF

YOUR TOTAL PROTEIN INFUSION



READY TO SHAKE PROTEIN WITH TRANSFER FACTOR TRI-FACTOR™ VANILLA CREAM FLAVOR

PRO-TF is a highly concentrate protein designed to reinforce your daily intake of protein.

It contains 4Life Tri-Factor Formula and has a high content of protein, so it **contributes to the increase and the preservation of muscle mass.**^[1]

Directions: Combine one (1) scoop (17 g) powder with 240 ml of cold water. Shake or store until dissolved. Consume two servings daily.

Ingredients: Whey protein (milk), maltodextrin, egg white protein, natural vanilla-cream flavor, thickener (guar gum), medium chain triglycerides, colostrum (milk), sodium chloride, egg yolk powder, sweeteners (sucralose, acesulfame K).

Conservation and precautions: KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. This product is accurately packed by weight. Some settling may occur during storage and shipping.

^[1] EFSA Journal 2010; 8(10):1811, EFSA Journal 2011; 9(6):2203



CONTRIBUTES TO THE GROWTH AND MAINTENANCE OF MUSCLE MASS ^[1]



RESALE AVAILABLE IN:
Germany, Spain and UK.



4LIFE TRANSFER FACTOR® VISTA™ (60 CAPSULES)

As well as lutein and zeaxanthin, 4Life Transfer Factor VISTA contains vitamins A, E and C, zinc, extract of blueberry, black currant berry extract and other ingredients to enhance your overall wellness program. Contains lutein and zeaxanthin, which are fat soluble yellow pigments that are concentrated in the macula of the eye. Each capsule contains:

- 32,5 mg of vitamin C and 11 mg of vitamin E, which **contributes to the protection of cells from oxidative stress.**^{[1] [2]}
- 2,5 mg of zinc and 975 µg of vitamin A, which **contributes to the maintenance of normal vision.**^{[3] [4]}

Ingredients: Bulking agent (maltodextrina), stabiliser (hydroxypropyl methylcellulose), lutein, L-ascorbic acid, colostrum, d-alpha tocopheryl, zeaxanthin, astaxanthin, zinc gluconate, cranberry (*Vaccinium myrtillus* L.) fruit extract, spirulina (*Spirulina Turpin* ex Gomont, 1893 (*Spirulina platensis* (Gomont) Geitler)) algae powder, citrus bioflavonoids, egg yolk, water, anti-caking agent (stearic acid), black currant (*Ribes nigrum* L.) fruit extract, ginkgo (*Ginkgo biloba* L.) leaf extract, blackberry (*Rubus fruticosus* L.) fruit extract, L-ascorbyl 6-palmitate, retinyl palmitate, beta carotene, and antioxidant (ascorbic acid). CONTAINS INGREDIENTS DERIVED FROM MILK AND EGGS.

Directions: Take one (1) capsule daily with 240 ml of liquid.



TRANSFER FACTOR



CAPSULES

38
LP

RESALE AVAILABLE IN :
Portugal, Spain and UK.

^[1] EFSA Journal 2009;7(9):1226, 2010;8(10):1815 — ^[2] EFSA Journal 2010;8(10):1816

^[3] EFSA Journal 2009;7(9):1229 — ^[4] EFSA Journal 2009;7(9):1221, 2010;8(10):1754



**4LIFE TRANSFER FACTOR® BCV™
(120 CAPSULES)**

A Targeted Transfer Factor product that blends egg yolk with over vitamins, minerals, and antioxidants. Each serving contains:

- 185 µg of vitamin A, which **contributes to normal iron metabolism.** [1]
- 50,5 mg of vitamin C, which contributes to normal collagen formation for **the normal function of blood vessels.** [2]
- 10 mg of vitamin E and 12,5 µg of Selenium, which **contributes to the protection of cells from oxidative stress.** [3] [4]
- 0,5 mg of vitamin B6 and 1 µg of vitamin B12, which **contributes to normal red blood cell formation.** [5] [6]
- 2,5 mg of zinc, which **contributes to normal metabolism of fatty acids.** [7]
- 0,5 µg of copper, which **contributes to normal iron transport in the body.** [8]
- A proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, and ginger oil.

Ingredients: Magnesium L-Lysinate (37%), Gelatine (11%), Ascorbic Acid (10%), Garlic (*Allium sativum*) (8%), Egg Yolk (7%), (*Crataegus laevigata* (Poiret) DC.) (6%), Potassium Citrate (5%), Vitamin E [D-Alpha Tocopheryl Succinate] (3%), Butcher's Broom (*Ruscus aculeatus*) (2%), Zinc Gluconate (2%), Magnesium L-Ascorbate (2%), Water (2%), *Ginkgo Biloba* (*Ginkgo biloba* L.) (1%), Vitamin A (Beta-Carotene) (<1%), Ginger (*Zingiber officinale Roscoe*) (<1%), Niacinamide (<1%), Copper Glycinate (<1%), Coenzyme Q10 (<1%), L-Selenomethionine (<1%), Japanese Knotweed (*Polygonum cuspidatum*) (<1%), L-Ascorbyl-6-Palmitate (<1%), Folic Acid (<1%), Vitamin B6 (Pyridoxine Hydrochloride) (<1%), Vitamin B12 (Cyanocobalamin) (<1%). Contains egg yolk.

Directions: Take one (1) capsule daily with 240 ml of liquid.

TRANSFER FACTOR 	ACTIVE LIFE 	CAPSULES 120	46 LP
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RESALE AVAILABLE IN :
Austria, Italy, Germany, Latvia,
Lithuania, Portugal, Spain and UK.

[1] EFSA Journal 2009;7(9):1221 — [2] EFSA Journal 2009;7(9):1226 — [3] EFSA Journal 2010;8(10):1816
 [4] EFSA Journal 2009;7(9):1220, 2010;8(10):1727 — [5] EFSA Journal 2009;7(9):1225 — [6] EFSA Journal 2009;7(9):1223
 [7] EFSA Journal 2009;7(9):1229 — [8] EFSA Journal 2009;7(9):1211



**4LIFE TRANSFER FACTOR®
MALEPRO™
(90 SOFT CAPSULES)**

4Life Transfer Factor combined with other ingredients for providing support for male body wellness. Each capsule contains:

- 5 mg of zinc, which **contributes to the maintenance of normal testosterone levels in the blood and to normal fertility and reproduction.** [1] [2]
- 66 µg of selenium, which **contributes to the normal function of the immune system and to normal spermatogenesis.** [3]
- 33,3 mg of Transfer Factor from cow colostrum and egg yolk.
- Includes saw palmetto and lycopene for male wellness.
- Provides isoflavones, broccoli extract, and antioxidants.

Ingredients: Olive Oil, Gelatin, Corn Oil, Emulsifier (Glycerin), Saw Palmetto (*Serenoa repens*), Nettle (*Urtica dioica*), Broccoli (*Brassica oleracea*), Kudzu (*Pueraria lobata*), Soy (Glycine max), Stabilizer (Yellow Beeswax), Water, Bovine Colostrum, Zinc Oxide, L-Selenomethionine, Lycopene, Egg Yolk, Stabilizer (Lecithin). **CONTAINS DERIVATIVES OF MILK, EGG, AND SOY.**

Directions: Take one (1) softgel daily with 240 ml of liquid.



RESALE AVAILABLE IN :
Portugal, Spain and UK.

[1] EFSA Journal 2010;8(10):1819 — [2] EFSA Journal 2009;7(9):1229 — [3] EFSA Journal 2009; 7(9):1220



4LIFE TRANSFER FACTOR® BELLEVIE® (60 CAPSULES)

A Targeted Transfer Factor™ product providing nutritional support for women.

- Features cow colostrum and egg yolk to fortify your body's natural wellness.
- Includes a blend of herbal antioxidants, phytoestrogens, and indoles.
- Nutritionally promotes overall feminine wellness.

Ingredients: Cruciferous Vegetable Blend (Broccoli, Cabbage, Kale) (*Brassica oleracea* L.), Green Tea Extract (*Camellia sinensis* L. Kuntze), Stabilizer (Gelatin), Flax Seed Extract (*Linum usitatissimum* L.), Kudzu Extract (*Pueraria lobata* [Willd.] Ohwi), Colostrum, Grape Seed Extract (*Vitis vinifera* L.), Red Clover (*Trifolium pratense* L.), Egg Yolk, Stabilizer (Water), Clove Oil (*Syzygium aromaticum* L. Merr.). CONTAINS INGREDIENTS FROM MILK AND EGG.

Directions: Take two (2) capsules daily with 240 ml of liquid.



TRANSFER FACTOR 	CAPSULES 60	40 LP
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RESALE AVAILABLE IN :
 Austria, Italy, Germany, Portugal, Spain and UK.



PERSONAL CARE



The Science of Beauty Your Skin Deserves

enummi™ Skin Care
with Transfer Factor E-XF™

THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WWW.4LIFE.COM [27]

enummi™ Skin Care

with Transfer Factor EXF™

enummi™ Skin Care product line combines 4Life Transfer Factor® with ingredients for the kind of hydration, nourishment, and protection your skin deserves.

Experience and share the benefits of a vibrant and luminous complexion so you can feel your best every day.





GENTLE FACIAL CLEANSER (120ML)

FOR ALL SKIN TYPES

Start and finish every day with a clean slate when you scrub up with enummi™ Gentle Facial Cleanser. The finest in herbal extracts, natural emollients, vitamins, and antioxidants wash away impurities and restore moisture to leave your face soft, pure, and bright. Formulated for all skin types, apply this light, foaming cleanser both morning and night for fresh, clean skin that's ready for whatever the day throws your way.

Ingredients: Water, Lauramidopropyl Betaine, Sodium Coco-Sulfate, Sodium Lauroamphoacetate, Glycerin, PEG-20 Methyl Glucose Sesquistearate, Panthenol, Caprylyl Glycol, Phenoxyethanol, Citric Acid, Fragrance, Hexylene Glycol, *Aloe barbadensis* Leaf Juice, Sodium PCA, Disodium EDTA, *Arnica montana* Flower Extract, *Arctium lappa* Root Extract, *Chamomilla recutita* Extract, *Symphytum officinale* Extract, *Humulus lupulus* Extract, *Equisetum arvense* Extract, *Macrocystis pyrifera* Extract, *Tilia cordata* Flower Extract, *Althaea officinalis* Root Extract, *Moringa pterygosperma* Seed Extract.

Directions: Apply a small amount to washcloth or hands. Massage over entire face and neck. Rinse thoroughly with water. Use day and night for best results. As part of any skin care regimen, 4Life recommends the daily use of SPF 15 sunscreen to protect skin from UVA and UVB rays.



120 ml

4 oz

8
LP

RESALE AVAILABLE IN :
Spain, Portugal and UK.



**enummi™ REFRESHING
TONER (120ML)**

WITH TRANSFER FACTOR XF™

Begin your day with enummi™ Refreshing Toner! Perfect for all skin types, it's infused with vitamins, antioxidants, and plant emollients that neutralize surface impurities and restore needed balance leaving your face feeling smooth, fresh, bright, and primed for moisturizing.

Ingredients: Water, Butylene Glycol, 1,2-Hexanediol, Caprylyl Glycol, Methyl Gluceth-20, Glycerin, Sodium Hyaluronate, Sodium PCA, Betaine, Sodium Citrate, Citric Acid, Tetrasodium EDTA, Cow Colostrum, Royal Jelly Extract, *Paeonia Albiflora* Flower Extract, Biotin.

Directions: Spray enummi Toner directly onto face or apply with a cotton pad. Use day and night after cleansing or anytime for a cool, refreshing boost. As part of any skin care regiment, 4Life recommends the daily use of SPF 15 sunscreen to protect skin from UVA and UVB rays.

120 ml
4 oz

12
LP

RESALE AVAILABLE IN :
Spain, Portugal and UK.



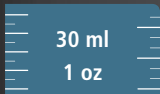
enummi™ LIFE C
ENERGIZING SERUM™
(30ML)

WITH TRANSFER FACTOR E-XF™

enummi™ Life C Energizing Serum™ combines powerful vitamin C and other botanicals to help energize tired looking skin, improve overall texture, and help diminish the appearance of age spots and defend against environmental stresses. Wake up your skin with this velvety, luxurious serum and experience a more luminous complexion. Contains Transfer Factor E-XF™.

Ingredients: Cyclopentasiloxane, dimethicone crosspolymer, tetrahexyldecyl ascorbate, *Olea europaea* fruit oil, phenylethyl resorcinol, tocopheryl acetate, phenoxyethanol, *Citrus aurantium dulcis* peel oil, *Olea europaea* leaf extract, retinyl palmitate, and Transfer Factor E-XF (cow colostrum and egg yolk).

Directions: Apply after cleansing and toning, massaging in upward circular motions. Use morning and evening for best results. Follow with enummi™ Restoring Eye Cream, and enummi™ Protective Day Moisturizer in the morning, and enummi™ Night Recovery Cream in the evening.



RESALE AVAILABLE IN :
Spain, Portugal and UK.



enummi™ PROTECTIVE
DAY MOISTURIZER
(50ML)

WITH TRANSFER FACTOR XF™
WITH SPF 15
FOR ALL SKIN TYPES

Protect your skin from the harsh outside world with enummi™ Protective Day Moisturizer with SPF 15 protection against UVA and UVB rays. This lightweight moisturizer blends together vitamins and other nutrients to support soft, healthy skin, and promote moisture retention and resiliency. Protective Day Moisturizer is formulated for all skin types.

Ingredients: Water, Ethylhexyl Methoxycinnamate, Diethylhexyl Carbonate, C12-15 Alkyl Benzoate, Glyceryl Stearate, Butyl Methoxydibenzoylmethane, Butylene Glycol, Dimethicone, Ethylhexyl Salicylate, Potassium Cetyl Phosphate, Cyclopentasiloxane, Magnesium Aluminum Silicate, Phenoxyethanol, Caprylyl Glycol, Xanthan Gum, Cetyl Alcohol, Ethylhexylglycerin, Cow Colostrum, Fragrance, Hexylene Glycol, *Aloe Barbadosensis* Leaf Juice, Egg Yolk, Tetrasodium EDTA, Sodium Hydroxide, *Camellia Sinensis* Leaf Extract, Glycerin, Phospholipids, *Moringa Pterygosperma* Seed Extract, Retinyl Palmitate, Tocopheryl Acetate, Ascorbyl Palmitate.

Directions: After cleansing and toning, apply to face and neck. Use daily for best results.

50 ml	
1.7 oz	

25
LP

RESALE AVAILABLE IN :
Spain, Portugal and UK.



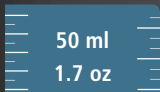
enummi™ NIGHT
RECOVERY CREAM
(50ML)

WITH TRANSFER FACTOR E-XF™

enummi™ Night Recovery Cream is formulated for all skin types to help your face recover from the stress of the day. Contains aloe vera, vitamin A and E, and deep moisturizing agents to balance and rejuvenate your skin. The natural antioxidants provide anti-aging benefits while moisturizing ingredients give dry skin a youthful appearance. Use Night Recover Cream every night and wake up to beautiful, refreshed skin.

Ingredients: Water, Caprylic/Capric Triglyceride, Glycerin, Diethylhexyl Carbonate, Polysorbate 20, Ethylhexyl Palmitate, Cow Colostrum, Phenoxyethanol, Carbomer, Caprylyl Glycol, Acrylamide/Ammonium Acrylate Copolymer, Egg Yolk, Xanthan Gum, Polyisobutene, Tocopheryl Acetate, *Hordeum Distichon* Extract, Sorbic Acid, Sodium Citrate, *Vigna Aconitifolia* Seed Extract, Panthenol, Disodium EDTA, Allantoin, Fragrance, Xylitol, Sodium Hydroxide, *Santalum Album* (Sandalwood) Extract, *Aloe Barbadosensis* Leaf Juice, *Phellodendron Amurense* Bark Extract, Anhydroxylitol, Xylitylglycoside, Sodium Hyaluronate.

Directions: After cleansing and toning, smooth on face and neck. Use nightly for best results. To determine sensitivity, test a small amount on the inner forearm before first use. As part of any skin care regimen, 4Life recommends the daily use of SPF 15 sunscreen to protect skin against UVA and UVB rays.



30
LP

RESALE AVAILABLE IN :
Spain, Portugal and UK.





TOOTHPASTE

(113GR)

WITH TRANSFER FACTOR E-XF™

enummi™ toothpaste provides key ingredients that clean and brighten your teeth. This daily use, fluoride-free formula will keep you smiling all day long.

Ingredients: Sorbitol, Hydrated Silica, Purified Water, Glycerin, Calcium Carbonate, Flavors, Sodium Lauroyl, Sarcosinate, Sodium Bicarbonate, Xylitol, Transfer Factor E-XF, Lactoferrin, Carboxymethylcellulose, Titanium Dioxide, CoEnzyme Q10, Stevia, Sodium Benzoate.

Directions: Apply a small amount of paste to toothbrush and brush thoroughly two times a day (or more) after each meal.
Children ages 2 to 6 should be supervised to minimize swallowing.



113 g
4 oz

5
LP

**NOT FOR RESALE
IN EUROPE.
PERSONAL USE ONLY.**



enummi™ INTENSIVE
BODY LOTION

(250ML)

WITH TRANSFER FACTOR E-XF™
FORMULATED FOR DRY CLIMATES

enummi™ Intensive Body Lotion contains moisture-rich ingredients to treat your skin to optimal moisture levels and softness. This formula absorbs quickly, leaving behind a veil of moisture. With a soothing Thai lemongrass fragrance, this body lotion provides skin moisturizing for the entire family.

Ingredients: Purified Water, *Carthamus tinctorius* Seed Oil, Glycerin, *Helianthus Annuus* Oil, Glyceryl Stearate, Caprylic/ Capric/ Myristic/ Stearic Triglyceride, *Butyrospermum parkii* Fruit, Cetyl Alcohol, Stearic Acid, Sodium Stearoyl Lactylate, *Hordeum distichon* Extract, Cyclomethicone, Phenoxyethanol, Caprylyl Glycol, Triethanolamine, Tocopheryl Acetate, Transfer Factor E-XF™ (a patented concentrate of transfer factors and other natural components from cow colostrum and egg yolk), Dimethicone, *Camellia sinensis* Leaf Extract, Carbomer, *Santalum album* Wood Extract, *Phellodendron amurense* Bark Extract, Parfum, PEG-100 Stearate, Allantoin, Sodium PCA, Sorbic Acid, *Moringa pterygosperma* Seed Extract, Disodium EDTA, *Aloe barbadensis* Leaf Juice, Phospholipids, Retinyl Palmitate, Ascorbyl Palmitate.

Directions: Smooth generously on your skin, daily.

250ml
8,5 fl oz

8
LP

RESALE AVAILABLE IN :
Spain, Portugal and UK.

**RENEWALL™**

(56.7GR)

**MOISTURISING SKIN SOOTHING
GEL WITH TRANSFER FACTOR XF™**

Moisturise and enhance the appearance of your skin with 4Life Transfer Factor® RenewAll™, a soothing gel especially formulated to support healthy skin. This revolutionary product takes Transfer Factor XF™ and blends it with extracts of aloe vera, rosemary, chamomile, and lavender into an easy-to-apply gel that keeps your skin soft and smooth. 4Life Transfer Factor RenewAll helps reduce the appearance of dry patches and continues to moisturise and soothe your skin. The gel may be used whenever you need it, whether it's when you wake up in the morning or after sun exposure and shaving. 4Life Transfer Factor RenewAll gives a healthy appearance to skin and supports its natural state.

Ingredients: Water, Phenoxyethanol, Caprylyl Glycol, Ethylhexylglycerin, Hexylene Glycol, Bovine Colostrum Extract, PPG-2 Isoceteth-20 Acetate, Triethanolamine, Butylene Glycol, Polysorbate 20, Carbomer, Carrageenan, Propylene Glycol, Citric Acid, Yeast Polysaccharides, Dimethicone, *Aloe barbadensis* Leaf Juice, Panthenol, Glycerin, *Anthemis nobilis* Flower Extract, Disodium EDTA, *Eucalyptus globulus* Leaf Oil, *Rosmarinus officinalis* Leaf Oil, Allantoin, Sodium PCA, and *Lavendula angustifolia* Flower Extract.

Directions: Apply freely to desired skin areas.



56.7g	16
2 oz	LP

RESALE AVAILABLE IN :
United Kingdom.

ShapeRite® by 4Life®



4LIFE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Nutrastart™

CHOCOLATE OR VAINILLA FLAVOR WITH TRANSFER FACTOR E-XF™

Who knew that some few calories could taste so big? The all-natural chocolate or vanilla goodness in Nutrastart is a **source of fibre, vitamins and minerals**: is perfect as a between-meal snack or when blended with your favorite fruits or veggies, as a satisfying meal. Start everyday in a positive way with Nutrastart!

Directions: Add two (2) scoops of NutraStart to 8 oz (240 ml) of water. Blend or shake well until smooth and drink immediately. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. **KEEP OUT OF REACH OF CHILDREN.**



960g
2 lb 1.86 oz



780g
1 lb 11.5 oz



Nutrastart™ Chocolate
RESALE AVAILABLE ONLY IN:
Portugal, Spain and UK.

Nutrastart™ Vainilla
NOT FOR RESALE IN EUROPE. PERSONAL USE ONLY.

Nutrastart Chocolate Ingredients:
Fructose, Soy Protein Isolate, Whey Protein Concentrate, Sunflower Oil Creamer (Sunflower Oil, Corn Syrup, Sodium Caseinate), Polydextrose, Cocoa powder, Maltodextrin, Soy Fiber, Natural Cocoa Flavors, Carboxymethyl cellulose sodium, tricalcium phosphate Magnesium Oxide, Salt, Bovine Colostrum, Egg Yolk, Ascorbic Acid, Retinyl acetate, Zinc gluconate, Zinc gluconate, Biotin, Niacinamide, Copper Gluconate, Calcium Pantothenate, DL-Alpha-Tocopherol, Pyridoxine HCl, Thiamine Mononitrate, Cholecalciferol, Riboflavin, Folic Acid, Cyanocobalamin.
CONTAINS MILK, SOY AND EGG.

Nutrastart Vainilla Ingredients:
Soy Protein Isolate, Whey Protein Concentrate, Sunflower Oil Creamer (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate (a milk derivative), Mono and Di-glycerides, Di-potassium Phosphate, Tri-Calcium Phosphate, Soy Lecithin (Tocopherols), Polydextrose, Xylitol, Maltodextrin, Natural Vanilla Cream Flavor, Fructose, Soy Fiber, Vitamin and Mineral Blend (Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid, Copper Gluconate, Vitamin E Acetate, Biotin, Niacinamide, Zinc Oxide, Vitamin A Acetate, Iron, Calcium Pantothenate, Cholecalciferol, Pyridoxine HCl, Thiamine Mononitrate, Riboflavin, Cyanocobalamin, Folic Acid, Potassium Iodide), Cellulose Gum, Stevia Leaf Extract, 4Life Transfer Factor® E-XF (Bovine Colostrum Filtrate and Powdered Egg Yolk), and Salt.
CONTAINS MILK, SOY AND EGG.





CARB BLX™



COMPLEMENT YOUR WEIGHT MANAGEMENT PROGRAM

A proprietary blend of cassia nomame, cocoa and almond extract, green tea, and other ingredients makes Carb BLX the perfect complement to any weight management program. In addition to its antioxidant benefits, Carb BLX:

- Aids in weight management, when combined with proper diet and exercise.
- Contains ingredients shown to inhibit carbohydrate breakdown

Ingredients: *Cassia nomame* whole herb extract, white bean (*Phaseolus vulgaris*) extract, Green Tea (*Camellia sinensis*) leaf extract, Arabinose, Cocoa (*Theobroma cacao*) - Almond (*Prunus dulcis*) seed blend, and Jaborandi (*Pilocarpus microphyllus*) leaf extract.

Directions: Take one (1) capsule twice daily with 8 oz of fluid.

CAPSULES

60

20
LP

ACTIVE LIFE



**NOT FOR RESALE
IN EUROPE.
PERSONAL USE ONLY.**



SHAPE-FAST[®] ULTRA

PEAK ENERGY FORMULA WITH TRANSFER FACTOR E-XF™

Thermogenesis and appetite suppression are two important functions that contribute to successful weight-loss — and Shape-Fast Ultra, featuring a synergistic formula, actively supports these functions to maximize your weight loss program when accompanied by diet and exercise. Shape-Fast Ultra by 4Life provides key ingredients that promote metabolic thermogenesis, fat metabolism, increased energy and nutritional support during weight management. Each capsule contains:

- 10 mg of niacin and 1 mg of vitamin B6, which **contributes to normal energy-yielding metabolism and to the reduction of tiredness and fatigue.** ^{[1][2]}
- 20 µg of vitamin B12, which **contributes to normal energy-yielding metabolism.** ^[3]
- 18 µg of selenium, which **contributes to the normal thyroid function.** ^[4]
- 25 µg of chromium, which **contributes to the maintenance of normal blood glucose levels.** ^[5]

Ingredients: Niacin, Vitamin B6, Vitamin B12, Selenium, Chromium, Potassium, Guarana (*Paulina cupana*) seed extract, Acetyl-L-Carnitine, Green Tea (*Camellia sinensis*) leaf extract, White Willow (*Salix alba*) bark, *Coleous forskohlii* root extract, Cacao (*Theobroma cacao*) - Almond (*Prunus dulcis*) seed blend, Alpha Lipoic Acid, Cayenne (*Capsicum annuum*) fruit, Cow Colostrum and egg yolk, *Panax ginseng* root extract (from China), and *Ginkgo biloba* leaf extract.

Directions: Take (1) capsule before breakfast, lunch and dinner, with 8 oz of fluid. Do not take more than four (4) capsules per day.

Do not exceed the recommended daily dose.
Not a substitute for a varied and balanced diet and a healthy lifestyle.
KEEP OUT OF REACH OF CHILDREN.



CAPSULES

31
LP

ACTIVE LIFE

**NOT FOR RESALE
IN EUROPE.
PERSONAL USE ONLY.**

^[1] EFSA Journal 2010;8(10):1757 — ^[2] EFSA Journal 2010;8(10):1759 — ^[3] EFSA Journal 2009;7(9):2203
^[4] EFSA Journal 2009;7(9):1220, 2010;8(10):1727 — ^[5] EFSA Journal 2010;8(10):1732, 2011;9(6):2203.



4Life ENERGY *Go Stick* with TRANSFER FACTOR-EXTM BERRY





ENERGY GO STIX™



DAILY ENERGY REINFORCEMENT WITH TRANSFER FACTOR E-XF™

Energy Go Stix berry flavor brings power to your day thanks to its synergistic formula that combines green tea, yerba mate, guarana and 4Life Transfer Factor E-XF™.

- Perfect to match with other 4Life Transfer Factor products.
- A good nutritional support in your workout routine.
- Each serving provides 250 mg of taurine, 250 mg of L-glutamine, 52.5 mg of caffeine, and 25 mg of 4Life Transfer Factor E-XF™.
- It contains Isomaltulose (a source of glucose and fructose), which induces to a minor increase of glucose in blood compared with drinks that contain other sugars.

Ingredients: Isomaltulose, acidity regulator (citric acid), L-glutamine, taurine, raspberry flavour, vanilla flavour, green tea (*Camellia sinensis* L. Kuntze) leaf, L-arginine, strawberry flavour, yerba mate (*Ilex paraguariensis* A. St.-Hil) leaf extract, blueberry flavour, anti-caking agent (silicon dioxide), colorant (red beet), sweetener (sucralose), guarana (*Paullinia cupana* Kunth., Bonpl. et Kunth) seed extract, colorant (beta carotene), colostrum, flavour enhancer (sodium acetate), and egg yolk..

Directions: Mix ½ of the packet (2,5 g) in 240 ml of water. Do not exceed the recommended daily dose.



TRANSFER FACTOR



SERVINGS



34 LP

ACTIVE LIFE



RESALE AVAILABLE IN:

Portugal, Spain and United Kingdom.

CONTAINS CAFFEINE. Not recommended for children or pregnant women. Not a substitute for a varied and balanced diet and a healthy lifestyle. KEEP OUT OF REACH OF CHILDREN.



THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



RiteStart®

ALL-IN-ONE
NUTRITION FOR
MEN AND WOMEN

A RIGHT START FOR YOUR DAY

RiteStart is designed to help you look and feel great, and have the energy and specific support you need to enjoy an active life.

A top-selling product, RiteStart contains all the essential building blocks for good nutrition with the added advantage of 4Life Transfer Factor Plus Tri-Factor Formula. With essential fatty acids (including Omega 3's and 6's), a complex blend of potent antioxidants and support formulated specifically for men or women, these convenient packets make daily supplementation simple and stress-free.

Directions: Take two (2) packets daily with 8 oz of fluid. For best results, take with morning and evening meals.



TRI-FACTOR
FORMULA

SERVINGS

30

50
LP

**NOT FOR RESALE IN EUROPE.
PERSONAL USE ONLY.**



For a complete information about the ingredients please, visit: 4LifeRiteStart.com.

**BIO EFA™
(60 CAPSULES)**

This food supplement contains a source of omega-3 fatty acids, which contributes to the maintenance of normal blood cholesterol levels by a daily intake of 2 g of Alpha-linolenic acid ^[1] ^[2].

Each serving contains:

- 1,030 mg of fish oil.
- 266 mg of flax seed oil.

Ingredients: Fish Oil, Gelatin, Flax (*Linum usitatissimum*) Seed Oil, Coating Agent (Glycerin), Borage (*Borago officinalis*) Seed Oil, Safflower (*Carthamus tinctorius*) Seed Oil, Water, Preservative (Tocopherol-Rich Extract). Contains derivatives of fish.

Directions: Take two (2) capsules daily with 8 oz of fluid.



CAPSULES
60

16
LP

RESALE AVAILABLE IN :
Germany, Italy, Portugal, Spain
and UK.

^[1] EFSA Journal 2009; 7(9):1252 — ^[2] EFSA Journal 2011;9(6):2203

**FIBRO AMJ DAYTIME FORMULA (90 CÁPSULAS)**

Fibro AMJ® Day-Time Formula features ingredients known to enhance and support muscle and joint function. Each serving contains:

- 10 mg of vitamin B6, which contributes to normal protein and glycogen metabolism.^[1]
- 200 mg of magnesium, which contributes to normal muscle function and to the maintenance of normal bones.^[2]

Ingredients: Vitamin B6 (as pyridoxine hydrochloride), Magnesium (as magnesium oxide), Proprietary Joint Blend 1409 mg, Glucosamine Hydrochloride, Methylsulfonylmethane (MSM), Bovine Cartilage powder, *Boswellia serrata* tree resin extract, Bromelain, Devil's Claw (*Harpagophytum procumbens*) root extract Antioxidant Blend, Malic Acid, N-Acetyl L-Cysteine, L-Cysteine, Grape (*Vitis vinifera*) seed extract, Alpha Lipoic Acid. (other ingredients: Gelatin capsule, peppermint leaf, boron citrate, stearic acid, peppermint oil and silica).

Directions: Take three (3) capsules daily with 8 oz of fluid.



CAPSULES

90

19
LP**NOT FOR RESALE IN EUROPE.
PERSONAL USE ONLY.**

^[1] EFSA Journal EFSA Journal 2009; 7(9):1225 — ^[2] EFSA Journal 2009;7(9):1216, 2010;8(10):1807

**FIBRE SYSTEM PLUS™
(30 PACKS)**

- Cleansing
- Digestion

Fibre System Plus™ is a ten-day cleansing program that supports healthy digestive function and regularity. Thanks to the presence of: *Plantago ovata*, *Syzygium aromaticum*, *Rhamnus purshiana*, *Zingiber officinale*, *Piper nigrum*, *Gentiana lutea*, *Ulmus rubra*, *Glycyrrhiza glabra*, *Salvia officinalis*, *Rhamnus frangula*, *Humulus lupulus*, and *Matricaria recutita*.

Directions: Take the contents of one packet 30 minutes before meals, three times daily for ten days. For best results, use Fibre System Plus™ twice per year.



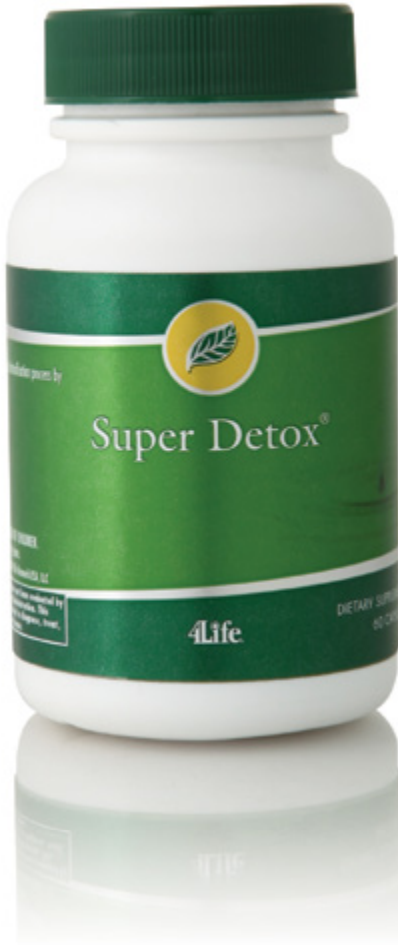
Ingredients: Rice (*Oryza sativa*) bran, stabilizer (hydroxypropylmethylcellulose), psyllium (*Plantago ovata*) husk powder, cranberry (*Vaccinium macrocarpon*) fruit powder, pumpkin (*Cucurbita pepo*) seed powder, clove (*Syzygium aromaticum*) flower powder, Apple (*Malus domestica*) fruit powder, cascara sagrada (*Rhamnus purshiana*) bark powder, ginger (*Zingiber officinale*) root powder, black pepper (*Piper nigrum*) berry powder, gentian (*Gentiana lutea* L.) root powder, slippery elm (*Ulmus rubra* Muhl.) bark powder, licorice (*Glycyrrhiza glabra* L.) root powder, bromelain, papain, parsley (*Petroselinum crispum* Mill.) leaf powder, prune (*Prunus domestica*) fruit powder, sage (*Salvia officinalis* L.) leaf powder, buckthorn (*Rhamnus frangula*) bark extract, magnesium stearate, marshmallow (*Althaea officinalis* L.) root powder, hops (*Humulus lupulus* L.) flower powder, bee pollen, chamomile (*Matricaria recutita* L.) flower powder, Irish moss (*Chondrus crispus*) whole plant powder, locust (*Ceratonia siliqua*) bean powder, xanthan gum, papaya (*Carica papaya* L.) fruit powder, pineapple (*Ananas comosus*) fruit extract, and spirulina (*Arthrospira platensis*).

PAQUETES
 30

20
 LP

RESALE AVAILABLE IN:
 Portugal, Spain and UK.

WARNING: Read and follow instructions carefully. Do not use if you have or develop diarrhea, loose stools, abdominal pain, or intestinal inflammation. Consult with your physician if you have frequent diarrhea. If you are pregnant, nursing, taking a medication, or have a medical condition, consult with your physician before using this product. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not use for more than six weeks without medical advice. KEEP OUT OF REACH OF CHILDREN.



SUPER DETOX™ (60 CAPSULES)

Contains plant extracts (milk thistle fruit, dandelion leaf, and artichoke leaf) that contributes to maintain **normal liver function**.

Ingredients: Red Clover (*Trifolium pretense* L.) flower powder, milk thistle (*Silybum marianum*) fruit extract, gelatin, dandelion (*Taraxacum officinale*) leaf extract, broccoli (*Brassica oleracea* L. Var italica Plenck) seed and leaf extract, artichoke (*Cynara scolymus* L.) leaf extract, and canola oil.

Directions: Take two (2) capsules twice daily with 240 ml of water.

Did you know that the liver...

...is one of the most important organs in our body. It carries out a number of functions through the day and contributes to a good quality of life. Its main functions include:

- **Debugging:** the liver recovers and transforms numerous toxins making them harmless before discarding them. In addition, the liver neutralizes medications once they have produced their effects to help avoid accumulation.
- **Synthesis:** the liver is involved in the metabolism of carbohydrates, lipids and proteins.
- **Storage:** the liver stores the fat-soluble vitamins (A, D, K, E). It also stores glycogen to then provide energy to the body if necessary.

CAPSULES
 60

20
LP

RESALE AVAILABLE ONLY IN:
Spain and UK.

WARNING: KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

For people with hypothyroidism or low thyroid treatment, consult your doctor.



4Life Fortify™

Nutritional Meal Pack



What could a little girl accomplish with a rich, warm meal in her belly? What could she achieve and dream? What could she grow up to be?

In many parts of the world, children don't get the nourishment they need on a daily basis. So many mothers and fathers struggle to provide the life essential of food for their children—let alone, healthy food that will give kids the vitamins and minerals they need to grow up strong. This problem is especially true of children living in orphanages. So often, there just simply isn't enough food, and kids struggle to function with a painful, empty feeling in their stomachs, often unable to concentrate in school.

Each 4Life Fortify meal pack provides 24 high-quality, child-size meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor®. It's the perfect foundation for overall wellness.

These packs are filled with the vitamins and minerals that growing kids so desperately need. Satisfied with a warm and nutrient-rich meal, a child will be able to focus on her daily chores and excelling in math, science, and geography, rather than the distraction of an empty feeling in her stomach.

Visit www.4lifefortify.com to purchase 4Life Fortify and provide a child or a family with a warm and nutrient-rich meal.

www.4lifefortify.com



Fortify a Kid or a Family

Each bag of 4Life Fortify purchased will be donated to children in need around the world with the help of our partner, Feed the Children, a third-party distribution company.

Ingredients: Long Grain White Rice, Lentils, Red Beans, Texturized Vegetable Protein, Dextrin, White Rice Flour, Garlic, Onions, Vitamin Premix (Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Tocopheryl Acetate, D-Calcium Pantothenate, Niacinamide, Zinc Gluconate, Carbonyl Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Manganese Sulfate, Copper Gluconate, Vitamin A Palmitate, Folic Acid, Sodium Selenite, Potassium Iodide, Biotin, Chromium Chloride, Phytonadione, Cyanocobalamin, Cholecalciferol), Green and Red Bell Peppers, Carrots, Salt, Bovine Colostrum Filtrate and Egg Yolk Concentrate, Hydrolyzed Soy and Corn Protein, Xanthan Gum, Parsley, and Flavorings.
CONTAINS MILK, EGG, AND SOY.



 **24**
SERVINGS

25
LP

Not for resale nor personal use.
For donation through Feed the Children.

* NOTE: 4Life Fortify meal packs are not sent to Europe. 4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join Foundation 4Life's legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.

ENROLLMENT REQUIREMENTS FOR EUROPEAN MARKETS

LEARN & SHARE

Thinking about creating your own business?

These are the steps to validate a 4Life Distributor contract in Europe:

1. FILL OUT THE DISTRIBUTOR APPLICATION AND AGREEMENT FORM

Be sure to **sign** on all applicable lines. Even if you sign up online, you must fill out the Distributor Application and Agreement form that can be found on the 4Life web site: www.4life.com.

Be sure to select your country and login.

2. SEND REQUIRED DOCUMENTATION BY FAX OR E-MAIL*

After fulfilling step 1, the following required documentation must be sent by fax or e-mail according to your market*:

- The completed Distributor Application and Agreement form.
- A copy of your passport or any other official ID with a picture.

3. PURCHASE THE COMPASS KIT

To have a better knowledge of your new 4Life business and to complete your request to become a 4Life Distributor it is necessary to purchase the Compass Kit if you are resident in Italy, Germany, Spain or Portugal.

*** PLEASE NOTE:** All documentation should be sent by fax or e-mail according to your country of residence. All documentation must be received within 90 days, or your Distributor ID will be converted to a customer account. If you are resident in Italy, Spain or Portugal, please contact the Distributor Services to know the specific enrollment procedure to your market.





WWW.4LIFE.COM

Austria	Toll Free Phone: 0800-88668258 Toll Free Fax: 0800-88668259 e-mail: austria@4life.com	Latvia	Toll Free Phone: 800.02.977 Toll Free Fax: 800.02.978 e-mail: europa@4life.com
Belgium	Toll Free Phone: 0800.73.969 Toll Free Fax: 0800.73.975 e-mail: europa@4life.com	Lithuania	Toll Free Phone: 8800.31324 Toll Free Fax: 8800.31325 e-mail: europa@4life.com
Czech Republic	Toll Free Phone: 800.143.812 Toll Free Fax: 800.143.811 e-mail: europa@4life.com	Luxemburg	Toll Free Phone: 800.272.11 Toll Free Fax: 800.272.10 e-mail: europa@4life.com
Denmark	Toll Free Phone: 808.87.851 Toll Free Fax: 808.87.852 e-mail: europa@4life.com	Netherlands	Toll Free Phone: 0800.0220.874 Toll Free Fax: 0800.0227.102 E-mail: europa@4life.com
Estonia	Toll Free Phone: 800.0111.469 Toll Free Fax: 800.0111.470 e-mail: europa@4life.com	Norway	Toll Free Phone: 800.173.07 Toll Free Fax: 800.173.08 e-mail: europa@4life.com
Finland	Toll Free Phone: 0800.918.442 Toll Free Fax: 0800.918.441 e-mail: europa@4life.com	Poland	Toll Free Phone: 00800.121.2458 Toll Free Fax: 00800.121.2459 e-mail: europa@4Life.com
France	Toll Free Phone: 0800.910.059 Toll Free Fax: 0800.916.193 e-mail: europa@4life.com	Portugal	Toll Free Phone: 800.789.880 Toll Free Fax: 800.789.899 E-mail: portugal@4Life.com
Germany	Toll Free Phone: 0800.000.4378 Toll Free Fax: 0800.000.4379 e-mail: germands@4life.com	Spain	Toll Free Phone: 900.111.904 Toll Free Fax: 900.111.907 e-mail: espana@4life.com
Greece	Toll Free Phone: 00800.128.610 Toll Free Fax: 00800.128.611 e-mail: europa@4life.com	Sweden	Toll Free Phone: 020.797.919 Toll Free Fax: 020.795.544 e-mail: europa@4life.com
Hungary	Toll Free Phone: 068.0019.418 Toll Free Fax: 068.0019.419 e-mail: europa@4life.com	Switzerland	Toll Free Phone: 0800.555.737 Toll Free Fax: 0800.555.773 e-mail: europa@4life.com
Ireland	Toll Free Phone: 1800.760.726 Toll Free Fax: 1800.760.727 e-mail: europa@4life.com	UK	Toll Free Phone: 0808.234.8028 Toll Free Fax: 0808.234.8029 e-mail: europa@4life.com
Italy	Toll Free Phone: 800.137.003 Toll Free Fax: 800.137.004 e-mail: italy@4life.com		

4LIFE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

4Life Research USA, LLC., sells certain products to Distributors, Demonstrators, and Customers within the European Union that are not available for resale in some countries. These products are for personal consumption or the personal consumption of those in your household only and are "Not-For-Resale", distribution, or any other commercial purpose. 4Life limits the number of "Not-For-Resale" products that can be ordered at one time to an amount reasonably deemed by 4Life to be that which the individuals in your household can consume within a three month period. Failure to abide by these rules may result in the termination of your privilege to purchase "Not-For-Resale" products for personal use.



TOGETHER, BUILDING PEOPLE™



Product	Plus® Tri-Factor™	Tri-Factor™	RioVida Burst Tri-Factor™	RioVida® Tri-Factor™	Masticable Tri-Factor™	Classic	Transfer Factor Renuvo	Transfer Factor Vista™	ReCall	BCV™	Glucoach	MalePro™	Glutamine Prime™	Belle Vie®	Nutrastart™ Chocolate	Nutrastart™ Vanilla	Carb BLX™	Shape-Fast™ Ultra	Energy Go Stix™ Berry
LP	50	35	25	50	35	34	40	38	40	46	46	38	25	40	25	25	20	31	34
Austria	■	■	■	■	■	■	■	●	●	■	●	●	●	■	●	●	●	●	●
Belgium	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Bulgaria	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Cyprus	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Czech Republic	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Denmark	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Estonia	■	■	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Finland	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
France	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Germany	■	■	■	■	■	■	■	*	■	■	●	■	●	■	●	●	●	●	●
Greece	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hungary	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Ireland	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Italy	■	■	■	■	●	●	●	●	■	■	■	●	●	■	●	●	●	●	●
Latvia	■	■	●	●	●	●	●	●	●	■	●	●	●	●	●	●	●	●	●
Lithuania	■	■	●	●	●	●	●	●	●	■	●	●	●	●	●	◇	●	●	●
Luxembourg	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Malta	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Netherlands	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Norway	■	■	◇	■	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	●	◇	◇	◇
Poland	●	●	●	●	●	■	●	●	●	●	●	●	●	●	●	●	●	●	●
Portugal	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	●	●	●	■
Romania	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Serbia	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
Slovakia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Slovenia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Spain	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	●	●	●	■
Sweden	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Switzerland	●	■	■	■	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
United Kingdom	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	●	●	●	■

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Product	Gentle Facial Cleanser	Refreshing Toner	Life C Energizing Serum™	Day Moisturizer	Night Recovery Cream	Restoring Eye Cream	Toothpaste	Intensive Body Lotion	Renewall™	RiteStart™ Women	RiteStart™ Men	BioEFA™	Fibro AMJ™ Day Time Formula	Fibre System Plus™	Super Detox	PRO-TF	4Life Fortify™
LP	8	12	25	25	30	30	5	8	16	50	50	16	19	20	20	50	25
Austria	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Belgium	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Bulgaria	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Cyprus	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Czech Republic	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Denmark	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Estonia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Finland	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
France	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Germany	●	●	●	●	●	●	●	●	●	●	●	■	●	●	●	■	●★
Greece	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Hungary	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Ireland	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Italy	●	●	●	●	●	●	●	●	●	●	●	■	●	●	●	●	●★
Latvia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Lithuania	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Luxembourg	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Malta	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Netherlands	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Norway	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇★
Poland	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Portugal	■	■	■	■	■	■	●	■	●	●	●	■	●	■	●	●	●★
Romania	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Serbia	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇★
Slovakia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	■	■	●★
Slovenia	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Spain	■	■	■	■	■	■	●	■	●	●	●	■	●	■	●	●	●★
Sweden	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
Switzerland	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●★
United Kingdom	■	■	■	■	■	■	●	●	■	●	●	■	●	■	■	■	●★

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