

# RiteStart® Women

All-in-one nutrition for women\*

- Provides comprehensive nutritional support\*
- Addresses the unique nutritional and hormonal needs of women\*
- Increases immune cell activity by up to 437%<sup>†</sup> with 4Life® Transfer Factor Plus® Tri-Factor® Formula\*
- Offers flexibility with convenient pillow packets in a 30-count box



## What is RiteStart Women?

Named for the exact purpose it provides... a right start for your day, for your health, and for your life, this product supplies a combination of key nutritional supplements for comprehensive wellness support.\* In addition to a quality vitamin and mineral blend, RiteStart features the patented immune system support of 4Life Transfer Factor Plus Tri-Factor Formula, a proprietary women's health blend, essential fatty acids, antioxidants, and important nutrients to support eye health, bone health, skin health, and healthy joint function.\* This complete formula makes RiteStart one of the best and most complete wellness products available today.\*

### PRIMARY SUPPORT:

Immune System\*  
Healthy Aging\*  
Antioxidants\*  
Heart Health\*  
Multivitamin & Mineral\*  
Muscle, Bone, & Joint Health\*  
Overall Wellness\*

### SECONDARY SUPPORT:

Brain Health\*  
Energy\*  
Eye Health\*  
Skin Health\*

## Key Features

- Makes it easy to follow a complete wellness supplement regimen
- Promotes healthy immune system function that, in turn, supports healthy energy levels and the healthy function of all other systems throughout the body\*
- Contains transfer factors (immune messenger molecules) that help educate immune cells, supporting your immune system's ability to recognize, respond to, and remember potential threats\*
- Helps meet the unique nutritional needs of women with increased amounts of folic acid, calcium, magnesium, and ipriflavone for bone health, as well as soya bean seed extract and broccoli sprout extract for healthy hormone balance\*
- Contains a potent source of antioxidants, including: vitamins A, C, and E, OPCs (oligomeric proanthocyanidins) such as pinebark and grapeseed extracts, bilberry, lutein, CoQ10, alpha-lipoic acid, and green tea
- Includes Cordyvant™, a proprietary blend of maitake mushrooms, shiitake mushrooms, cordyceps,

IP-6 (inositol hexaphosphate), olive leaf extract, and other ingredients to further nourish innate immune system function\*

- Provides a quality source of essential fatty acids
- Ensures exclusivity with protective United States patents: 6,468,534 (extraction process for transfer factors from egg sources) and 6,866,868 (combination process of transfer factors from cow colostrum and chicken egg yolk)

<sup>†</sup>Test results obtained from an independent, unpublished in vitro experiment conducted within the Blokhin Cancer Research Center, at the Russian Academy of Medical Sciences, in Kashirskoe Shosse, Russia. The randomized and controlled in vitro study assessed the effects of 4Life Transfer Factor® Classic, 4Life Transfer Factor® Tri-Factor® Formula, or 4Life® Transfer Factor Plus® Tri-Factor® Formula, versus a positive control (Interleukin-2, or IL-2) on NK cell activity and effectiveness in destroying damaging cells. Blood was collected from healthy volunteers and then incubated for up to 48 hours. (REFERENCE: Kiselevsky MV & Khalutina EO. Antitumor and cytotoxic activity of mononuclear blood cells. Unpublished observations).

## Ordering Information

Item # 27013 – Women's box (30 packets)  
Item # 27015 – 2 Women's boxes - SAVINGS!  
Item # 27014 – 12 Women's boxes  
for the price of 11  
Item # 26524 – 1 Women's box,  
1 Men's box - SAVINGS!  
Item # 26525 – 6 Women's boxes,  
6 Men's boxes - SAVINGS!

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**4Life**  
TOGETHER, BUILDING PEOPLE™

# RiteStart® Women

All-in-one nutrition for women\*

**DIRECTIONS:** Take two (2) packets daily with 8 oz of fluid. For best results, take with morning and evening meals.

## Supplement Facts

Serving Size: Two (2) Packets  
Servings Per Container: 15

Amount Per Serving	% DV*
Vitamin A (75% as beta carotene from <i>Blakeslea trispora</i> extract and retinyl acetate)	10,000 IU 200%
Vitamin C (as ascorbic acid and calcium ascorbate)	500 mg 830%
Vitamin D (as cholecalciferol)	1500 IU 380%
Vitamin E (as d-alpha tocopheryl succinate)	220 IU 730%
Vitamin K (phytonadione)	26 mcg 35%
Thiamin (as thiamin mononitrate)	4 mg 270%
Riboflavin (Vitamin B <sub>2</sub> )	4 mg 240%
Niacin	26 mg 130%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	6 mg 300%
Folate (as folic acid)	800 mcg 200%
Vitamin B <sub>12</sub> (as cyanocobalamin)	18 mcg 300%
Biotin (d-biotin)	300 mcg 100%
Pantothenic Acid (as d-calcium pantothenate)	26 mg 260%
Calcium (as calcium carbonate, amino acid chelate, citrate, and ascorbate)	1108 mg 110%
Iron (as iron amino acid chelate)	15 mg 80%
Iodine (as potassium iodide)	76 mcg 50%
Magnesium (as magnesium oxide and acid chelate)	400 mg 100%
Zinc (as zinc amino acid chelate)	15 mg 100%
Selenium (as l-selenomethionine)	35 mcg 50%
Copper (as copper amino acid chelate)	1 mg 50%
Manganese (as manganese amino acid chelate)	2 mg 100%
Chromium (as chromium amino acid chelate)	120 mcg 100%
Molybdenum (as molybdenum amino acid chelate)	40 mcg 60%
<b>4Life® Tri-Factor® Formula</b>	<b>300 mg †</b>
<b>UltraFactor XP®</b>	
A proprietary concentrate of ultra-filtered 4Life Transfer Factor® proteins and other peptides from cow colostrum	
<b>OvoFactor®</b>	
A patented concentrate of 4Life Transfer Factor® proteins and other peptides from chicken egg yolk	
<b>NanoFactor®</b>	
A proprietary concentrate of nano-filtered cow colostrum	
<b>Cordyvant™ Proprietary Polysaccharide Complex</b>	<b>843 mg †</b>
IP-6 (inositol hexaphosphate)	
β-Sitosterol and other phytosterols	
<i>Cordyceps sinensis</i> mycelia extract	
Baker's yeast ( <i>Sacharomyces cerevisiae</i> ) extract	

Amount Per Serving	% DV*
<i>Agaricus blazei</i> fruiting body extract	
Aloe ( <i>Aloe barbadensis</i> ) leaf gel extract	
Oat ( <i>Avena sativa</i> ) seed extract	
Olive ( <i>Olea europaea</i> ) leaf extract	
Maitake ( <i>Grifola frondosa</i> ) fruiting body extract	
Shiitake ( <i>Lentinus edodes</i> ) fruiting body extract	
<b>Fish Oil</b>	<b>1000 mg †</b>
(containing 500 mg EPA and DHA)	
<b>Plant Oil Blend</b>	<b>597 mg †</b>
Flax ( <i>Linum usitatissimum</i> ) seed oil (Alpha Linolenic Acid (ALA))	
Borage ( <i>Borago officinalis</i> ) seed oil (Gamma Linolenic Acid (GLA))	
Safflower ( <i>Carthamus trictorius</i> ) seed oil (Conjugated Linoleic Acid (CLA))	
<b>Proprietary OPC Blend</b>	<b>100 mg †</b>
Grapeseed ( <i>Vitis vinifera</i> ) seed extract	
Pinebark ( <i>Pinus maritima</i> ) bark extract	
<b>Proprietary Antioxidant Blend</b>	<b>264 mg †</b>
Marigold ( <i>Tagetes erecta</i> ) petals extract (lutein and zeaxanthin)	
Rutin	
Green Tea ( <i>Camellia sinensis</i> ) leaf extract	
Alpha Lipoic Acid	
Bilberry ( <i>Vaccinium myrtillus</i> ) fruit extract	
Coenzyme Q10	
<b>Women's Health Blend</b>	<b>259 mg †</b>
Ipriflavone	
Turmeric ( <i>Curcuma longa</i> ) root extract	
Soya bean ( <i>Glycine max</i> ) seed extract	
Broccoli ( <i>Brassica oleracea</i> ) sprout extract	
Dandelion Methane (DIM)	
<b>Proprietary Support Blend</b>	<b>186 mg †</b>
Glucosamine Hydrochloride	
Boron Citrate	
Calcium d-Glucarate	
N-Acetyl L-Cysteine	
Hydrolyzed Collagen powder	
<i>Ginkgo biloba</i> leaf extract	
Vanadyl Sulfate	
* Daily Value	† Daily Value not established

**OTHER INGREDIENTS:** Microcrystalline cellulose, gelatin, glycerine, water, croscarmellose sodium, stearic acid, lemon peel powder, silicon dioxide, calcium silicate, mixed tocopherols, maltodextrin, crospovidone, coatings (hydroxypropyl methylcellulose, glycerin, and sodium copper chlorophyllin).  
CONTAINS INGREDIENTS FROM MILK, EGG, AND SOY.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**4Life**  
TOGETHER, BUILDING PEOPLE™